

28 **Abstract**

29 **Objective:** papillary thyroid microcarcinomas (microPTC) may be “incidental” (Inc-
30 microPTC), occasionally found at histology after surgery for benign disease or “non-
31 incidental” (Non-Inc-microPTC), diagnosed on clinical grounds. It is unclear whether
32 these different microPTC reflect the same disease. The aim of the study was to compare
33 Inc-microPTC and Non-Inc-microPTC for clinical and histological features as well as for
34 serum TSH, a known factor involved in PTC development.

35 **Design:** We evaluated histology and serum TSH levels of consecutive patients submitted
36 to thyroidectomy for goiter with compressive symptoms or for cytological diagnosis
37 suspicious/indicative of PTC.

38 **Methods:** 665 consecutive patients (259 with a single thyroid nodule, SN and 406 with a
39 multinodular gland, MN) were included in the study. According to histology, patients were
40 classified as: benign nodular goiter (Benign, n= 291); Inc-microPTC (n=92); Non-Inc-
41 microPTC (n= 67); PTC \geq 1 cm (macroPTC, n = 215).

42 **Results:** Inc-microPTC were significantly more frequent in MN than in SN (66/406, 16.2%
43 vs 26/259, 10.0%, p = 0.02). Patients with Inc-microPTC compared to Non-Inc-microPTC
44 were older (mean age 53.3 \pm 13.2 years vs 44.9 \pm 14.8 years, p=0.0002), had a smaller
45 tumor size (median 4 mm vs 9 mm, p<0.0001), a higher frequency of multifocality (70/92,
46 76.1% vs 35/67, 52.2% p=0.001) and lower levels of TSH (median 0.6 mU/L, IR 0.4-1.0
47 mU/L vs value 1. mU/L, IR 0.6-1.4 mU/L vs p=0.0001).

48 **Conclusion:** Incidental and Non-incidental papillary thyroid microcarcinomas appear to
49 be two different entities

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53 **Introduction**

54 Thyroid cancer is the most common malignant tumor of the endocrine system and
55 papillary thyroid cancer (PTC) accounts for more than 80% of all thyroid malignancies.

56 The frequency of PTC has been increasing in last years, mainly due to the diagnosis of
57 small cancers (1-4). The increased incidence of thyroid cancer is likely related to an

58 increased diagnosis due to the use of ultrasound and fine needle aspiration (5). Some

59 authors have attributed this to the increasing identification of thyroid nodules during

60 routine imaging for non thyroid-related conditions (e.g. radiological evaluations for carotid

61 disease or magnetic resonance imaging for cervical disease) and the wide spread use of

62 ultrasound guided fine needle aspiration cytology (6). As a result of this phenomenon, the

63 frequency of papillary thyroid microcarcinomas (microPTC), defined by the World Health

64 Organization as a PTC of 10 mm or less in the largest dimension (7), has increased

65 considerably during the past two decades (8). The clinical significance of microPTC is still

66 debated, and many authors consider it as non-progressive disease that has no effect on

67 survival (1), (9-16). On clinical and histological grounds there are two different

68 presentations of microPTC (6): a) "incidental" microPTC identified postoperatively at

69 histological examination of thyroid specimens following thyroid surgery for benign disease,

70 (i.e.compressive goiter) ; b) "non-incidental" microPTC, diagnosed before surgery at fine

71 needle aspiration (FNA) of small thyroid nodules detected at neck ultrasound or at other

72 diagnostic procedure, or for the presence of nodal metastasis.

73 According to some studies, "incidental" microPTC have an overall excellent prognosis

74 and there is nearly no risk of recurrence or death (17,18), while "non incidental"

75 microPTC show a more aggressive behaviour, eventually associated with lymph-node

76 metastases at presentation, neck loco-regional recurrences during follow-up and/or

77 multifocality of the tumor (6,10,16,19,20).However conflicting results are present in

78 literature to date. Thus it is unclear whether these different presentations reflect the same

79 disease or express two different entities with their own underlying pathophysiology

80 (17,21-25).

81 In the last few years it has been reported that, in patients with nodular thyroid disease,

82 the risk of thyroid malignancy increases with increasing concentrations of serum thyroid-

83 stimulating hormone (TSH) and, even within normal ranges, higher serum TSH levels are
84 associated with a higher frequency and more advanced stage of thyroid cancer (26).
85 Furthermore, it has been shown that thyroid diseases, that affect thyroid function,
86 influencing pituitary secretion of TSH, are associated with a different risk of PTC, being
87 the likelihood of thyroid malignancy reduced when TSH is lower, as in nodular goiter with
88 thyroid autonomy (27) and increased when TSH is higher, as in nodular Hashimoto's
89 thyroiditis (28). Moreover, in patients with nodular thyroid disease, L-thyroxine (L-T4)
90 treatment, reducing serum TSH, is associated to a significantly lower risk of developing
91 clinically detected thyroid cancer (28). The relationship between serum TSH and
92 microPTC is not clear, results reported in the literature being discrepant and relying only
93 on retrospective studies (29-35).

94 We designed a prospective study with the aim to analyze clinical and histological
95 presentation of "incidental" and "non incidental" microPTC and the possible role of serum
96 TSH in each of these two entities.

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98 **Subjects and Methods**

99 **Patients**

100 In this study we included consecutive patients submitted to thyroid surgery in our
101 Institution from march 2013 to march 2014 for goiter with compressive symptoms or for
102 nodule(s) with a cytological diagnosis suspicious or indicative of cancer. We included in
103 the study only patients with all clinical data available (previous treatment, use of medicine
104 affecting TSH values) and who underwent to all the diagnostic procedures described
105 below before surgery in our Institution.

106 The diagnostic management of patients included: thyroid ultrasound, technetium-99m-
107 pertechnetate scintiscan in patients with serum TSH lower than 0.4 mU/L, FNA of
108 dominant cold nodules in multinodular goiter, of cold single nodules larger than 1 cm and
109 of nodules smaller than 1 cm with suspicious findings (e.i microcalcifications, a taller-
110 than-wide shape, irregular borders and marked hypoechogenicity) at thyroid ultrasound.
111 TSH, free thyroid hormones, serum thyroid autoantibodies (TAb) and calcitonin (CT)
112 were measured immediately before surgery. As one aim of the study was to evaluate the
113 role of serum TSH, patients were excluded if they were taking L-T4 or methimazole or

114 drugs that may affect serum TSH levels (such as corticosteroids). We also excluded from
115 the study patients with Graves' disease, diagnosed according to the standard criteria and
116 those with a non papillary thyroid tumors, e.g. follicular, anaplastic cancer, lymphoma and
117 those who had high levels of CT suspicious of medullary thyroid carcinoma. All patients
118 included in the study were submitted to total thyroidectomy. Patients included in the study
119 were 665 (males 202, females 463, mean age 50.1 ± 13.8 years). All patients gave their
120 informed consent to the study.

121 Before surgery thyroid ultrasound was performed to determine thyroid volume and the
122 presence of single or multiple nodules. Thyroid volume was calculated according to the
123 formula of the ellipsoid model: (width x length x thickness x 0.52 for each lobe). A thyroid
124 volume greater than 20 mL in males and 15 mL in females was considered as goiter (36).
125 Patients were grouped as follows:

126 - patients with multiple thyroid nodules (MN = 406): in a gland of normal size (MN-no
127 goiter n= 71) or in goiter (MN-goiter n= 335).

128 -patients with a single thyroid nodule (SN = 259): in a gland of normal size (SN-no goiter,
129 n= 122) or in goiter (SN-goiter n= 137)

130 The indication for surgery are summarized in table 1. In MN goiter group patients were
131 submitted to thyroidectomy because of a large goiter with compressive symptoms
132 (n=141) or a goiter with one or more nodules with an indeterminate (TIR3, n= 143) or
133 suspicious or indicative of cancer (TIR4/5, n= 51) cytology. In MN-no goiter group
134 patients had one or more nodules with an TIR3 (n= 41) or TIR4/5 (n= 29) cytology. In this
135 group 1 patient was submitted to surgery because of a clinically suspicious thyroid nodule
136 with a non diagnostic cytology (TIR1), increased in size during the follow up. In SN goiter
137 group the indications for surgery were the presence of a large nodule with compressive
138 symptoms (n=31) or a nodule with a TIR3 (n=77) or TIR4/5 (n= 29) cytology. In SN-no
139 goiter group patients had one nodule with an TIR3 (n= 72) or TIR4/5 (n= 50) cytology

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141 **Thyroid function tests**

142 Serum free T4 (FT4) and triiodothyronine (FT3) were measured by chemiluminescent
143 immunometric assay (VITROS 3600, Siemens, Buckinghamshire, UK FT4– normal
144 values 0.7–1.7 ng/dl; FT3–normal values 2.7-5.7 pg/ml) and expressed as ng/dl and

145 pg/ml respectively. Serum TSH was measured by a solid-phase, two-site
146 chemiluminescent immunometric assay (IMMULITE 2000 Third Generation, DPC 5700
147 Los Angeles, USA– normal values 0.4–3.4 mU/L) and expressed as mU/L. TgAb and
148 TPOAb were measured by an immunoenzymatic assay (AIA-Pack TgAb, and TPOAb,
149 Tosoh, Tokyo, Japan) and expressed as UI/ml. Normal values were <30 UI/ml for TgAb
150 and <10 UI/ml for TPOAb. CT was measured by chemiluminescent immunometric assay
151 (IMMULITE 2000, Siemens Healthcare , Llanberis, Gwynedd LL55 4EL, UK, normal
152 values <10 pg/ml) and expressed as pg/ml.

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154 **FNA and cytological diagnosis**

155 FNA was performed under echo guidance using a 23-gauge needle attached to a 10 ml
156 syringe. The material was air-dried, stained with Papanicolaou and Giemsa. Cytological
157 results were classified according to the criteria of the Italian Consensus for the
158 classification and reporting of thyroid cytology (37).

159

160 **Histopathologic examination**

161 All specimens were accurately described (weight, shape, color and cut surface) and
162 sampled for histology by two independent pathologists. The entire circumference of
163 nodules was sampled. Samples were also made for each centimeter of extra nodular
164 parenchyma. Formalin-fixed, paraffin-embedded tissues obtained from thyroid sampling
165 of each case were stained by hematoxylin and eosin (38). The histological diagnosis was
166 made according to the World Health Organization guidelines (7).

167

168 **Statistical analysis**

169 All variables were described by statistical characteristics: categorical data were described
170 by frequency and percentage and quantitative data by median value and interquartile
171 range . To evaluate “the normality” of the quantitative variables distributions, the
172 *Kolmogorov-Smirnov test* was applied. *Two-tailed Mann-Whitney* and *Kruskall-Wallis*
173 *tests* were employed for quantitative data and *Chi square test* for the categorical variable.
174 Differences were considered significant at $p < 0.05$. The statistical analysis was performed
175 using the statistical software JMP 10 (SAS Institute, Cary, North Carolina, USA).

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Results

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Classification of patients according to thyroid ultrasound and histology

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According to thyroid ultrasound data, cytological diagnosis and results at histology, patients were subdivided as follows (Table 1):

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a) "Incidental" microPTC (Inc-microPTC, n= 92) identified postoperatively at histological examination of thyroid of patients submitted to surgery for large multinodular goiter with compressive symptoms and/or incidentally detected in the extra-nodular parenchyma of thyroid gland of patients submitted to surgery for nodules with an "indeterminate" cytological diagnosis and with a final histological diagnosis of benign nodules;

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b) "Non-incident" microPTC (Non-Inc-microPTC n = 67) diagnosed before surgery as small thyroid nodule incidentally detected at thyroid ultrasound and submitted to FNAC because of the presence of "suspicious" signs at ultrasound

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c) PTC larger than 1 cm (macroPTC): n = 215

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d) Benign nodular goiter (Benign): n= 291;

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Inc-microPTC were significantly more frequent in multinodular glands being detected in 66/406 (16.2%) patients with MN and in the extra-nodular parenchyma of 26/259 (10.0%, $p = 0.02$) patients with SN. On the other hand, Non-Inc microPTC were more frequent in patients with SN (33/259, 12.7%) than in MN (34/406, 8.4%, $p = 0.04$).

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Patients with Inc-microPTC were significantly older compared to Non-Inc-microPTC (mean age 53.3 ± 13.2 years vs 44.9 ± 14.8 years $p = 0.0002$). Age was not significantly different between Inc-microPTC and Benign (51.8 ± 12.7 years) and between Non-Inc-microPTC and macroPTC (46.7 ± 14.8 years).

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No statistically significant differences were found between males and females in the 4 groups of patients, although females were prevalent in all groups.

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No statistically significant differences were found in the frequency of positive serum thyroid autoantibodies in the 4 groups of patients.

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Tumor size and node metastasis at histology

205 Inc-microPTC were significantly smaller (4 mm, IR 2-7 mm) compared to Non-Inc-
206 microPTC, (9 mm, IR 7-10 mm, Mann-Whitney $p < 0.0001$). Median size of macroPTC
207 was 19 mm (IR 15-30 mm).

208 We perform node neck dissection only in patients with suspicious node detected at neck
209 ultrasound before surgery. At histology node metastases were found in 17/67 (25.4%)
210 patients with Non-Inc-microPTC and in 0 of 92 patients with Inc-microPTC ($\chi^2 p < 0.0001$).
211 The frequency of node metastases in patients with Non-Inc-microPTC was not
212 significantly different compared to that found in macroPTC (42/215, 19.5%, $p=ns$).

213

214 **Histological variants**

215 Out of 374 patients with micro and macroPTC, less aggressive variants were diagnosed
216 in 285 (76.2%) patients: classic variant in 119, follicular variant in 166. More aggressive
217 variants were found in 89/374 (23.7%): 32 tall cell, 5 solid and 52 mixed variants
218 (including classic and follicular variants with solid areas, diffuse sclerosing, trabecular and
219 solid variants). The frequency of the different histological variants in Inc-microPTC, Non-
220 Inc-microPTC and macroPTC is reported in Table 2.

221 More aggressive variants were more frequent in Non-Inc-microPTC (18/67, 26.9 %) than
222 in Inc-microPTC (11/92, 11.9%; $\chi^2 p = 0.016$), and not statistically significant differences
223 were found between Non-Inc-microPTC and macroPTC (60/215, 27.9%)

224

225 **Multifocality**

226 Out of the 374 patients with a micro or macro PTC, a multifocal cancer was detected in
227 192 (51.3%).

228 As reported in Figure 1, multifocal PTC were more frequent in Inc-microPTC (70/92,
229 76.1%) compared to Non-Inc-microPTC (35/67, 52.2%, $p=0.001$) and to macroPTC
230 (87/215, 40.5%, $p<0.0001$) and were not statistically different in Non-Inc-microPTC
231 compared to macroPTC.

232 The frequency of multifocal PTC was higher in patients with MN (121/212, 57.1%) than in
233 SN (71/162, 43.8%, $p=0.01$). No significant difference in the frequency of a multifocal
234 PTC was observed between patients with or without goiter both in MN (91/163, 55.8% vs
235 30/49, 61.2%) and in SN (34/72, 47.2% vs 37/90, 41.1%) groups (data not shown).

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237 **Serum TSH levels**

238 All patients had normal FT4 and FT3. In the whole study group median TSH was 0.8
239 mU/L (IR 0.5-1.2 mU/L). As reported in Figure 2, TSH was significantly higher in Non-Inc-
240 microPTC than in Inc-microPTC (1.1 mU/L, IR 0.6-1.4 mU/L vs 0.6 mU/L, IR 0.4-1.0 mU/L,
241 Mann Whitney $p=0.0001$) and in macroPTC than in Benign (0.9 mU/L, IR 0.6-1.4 mU/L vs
242 0.7 mU/L, IR 0.3-1.1 mU/L, Mann Whitney $p<0.0001$). No significant difference was
243 observed between Benign and Inc-microPTC and between macroPTC and Non-Inc-
244 microPTC.

245 When patients were subdivided according to the median TSH level (0.8 mU/L), as
246 reported in Figure 3, Inc-microPTC were significantly more frequent than Non-Inc-
247 microPTC in patients with $TSH \leq 0.8$ mU/L (58/92, 63.0% vs 22/67, 32.8%, $p<0.0001$);
248 while Non-Inc-microPTC were significantly more frequent than Inc-microPTC (34/92,
249 36.9% vs 45/67, 67.1%, $p<0.0001$) in patients with $TSH >0.8$ mU/L.

250 As expected, serum TSH was lower in MN than in SN (0.6 mU/L, IR 0.3-1.1 mU/L vs 0.9
251 mU/L, IR 0.6-1.5 mU/L, Mann Whitney $p<0.0001$) as consequence of development of
252 thyroid autonomy in the first group.

253

254 **Discussion**

255 In the last 10–15 years, several epidemiological studies have reported an increased
256 incidence of PTC, mainly due to tumors smaller than 1 cm in size, while the incidence of
257 larger tumors is stable (1-4). Among newly diagnosed PTC the average prevalence of
258 microPTC is around 39%, although different series in the same country report
259 significantly different prevalence, pointing toward methodological or selection bias (12).

260 The increased incidence of thyroid cancer is likely related to an increased diagnosis due
261 to the use of ultrasound and fine needle aspiration (5) and the clinical benefit of
262 diagnosing small thyroid cancers remains uncertain. The average rate of recurrences and
263 deaths is 3.3% and 0.2%, respectively, cumulating different series (12). The low
264 frequency of recurrences is not surprising in view of the evidence that several risk factors
265 for recurrence and death (multifocality, extrathyroidal extension, lymph node metastases,
266 distant metastases) are dependent on the size of the primary tumor and are thus very low

267 in microPTC (12-16). Higher rate of multicentricity, bilaterality, invasiveness, and lymph
268 node metastases have been reported in several series in Non-Inc-microPTC compared to
269 Inc-microPTC (16,19,20). Thus, to date it is unclear whether “incidental” and “non-
270 incidental” microcarcinomas reflect the same disease or two different entities.

271 In the present study, we observed clinical and histological differences between Inc-
272 microPTC and Non-Inc-microPTC. Inc-microPTC, like benign nodular thyroid disease,
273 were more frequent in older subjects and in multinodular goiter, while Non-Inc-microPTC,
274 similarly to macroPTC, were more frequent in younger subjects and in single nodules.
275 Non-Inc-microPTC with respect to Inc-microPTC were larger and associated with a higher
276 frequency of lymph node metastases at histological examination (25.4% vs 0%), similarly
277 to macroPTC. The majority of microPTC presented a classic or a follicular histological
278 variant. However more aggressive variants (such as tall cell, solid variant etc.) were more
279 frequent in Non-Inc-microPTC (18/67, 26.9%), than in Inc-microPTC (11/92, 11.9%).

280 It has been shown that in patients with nodular thyroid disease, the risk of papillary thyroid
281 cancer clinically detected increases with increasing concentrations of TSH (26) and, in a
282 mouse animal model with a thyroid-specific knock-in of oncogenic Braf, serum TSH was
283 shown to play a key role in the development of papillary thyroid carcinoma (39). Results
284 obtained in the present series of patients confirm our previous data (27), TSH levels
285 being significantly higher in macroPTC with respect to benign nodular disease. Conflicting
286 results have been reported about the relationship between serum TSH and microPTC. In
287 a recent study Shi et al. (29) found that TSH is not a good risk predictor for carcinomas
288 smaller than 1 cm. Similar data were found by Gerschpacher et al. (30) and Shon et al.
289 (31), who did not observe significant associations between serum TSH and the risk of
290 malignancy in patients with thyroid nodules <1 cm. However, in the last study, there was
291 a significant association between serum TSH and malignancy in patients with thyroid
292 nodules > 1 cm in diameter (31). On the other hand, an association between TSH and
293 microPTC was found by Moon et al. (32), Haymart et al. (33) and Zafon et al.(34) even if
294 in these last studies statistical significance of analysis was not reached because of the
295 small number of enrolled patients. Published studies on microPTC are all retrospective
296 and those analyzing the relationship between microcarcinoma and serum TSH do not
297 distinguish between clinically overt and incidental microcarcinoma. Our study was aimed

298 not only at evaluating clinical differences between incidentally discovered and clinically
299 diagnosed microcarcinoma, but also at investigating the possible relationship with serum
300 TSH. For this reason patients under treatment with L-T4 or methimazole as well as those
301 with Graves' disease were excluded. TSH levels were significantly lower in Inc-microPTC
302 with respect to Non-Inc-microPTC. On the other hand, TSH levels were not statistically
303 different between Inc-microPTC and benign nodular disease and between Non-Inc-
304 microPTC and macroPTC. In particular, in patients with serum TSH lower than the
305 median value (0.8 mU/L), Inc-microPTC were more frequent than Non-Inc-microPTC,
306 while in patients with TSH higher than 0.8 mU/L, Non-Inc-microPTC were more frequent.
307 On clinical grounds the presence of lower levels of serum TSH in Inc-microPTC, more
308 frequently associated with multinodular goiter, than Non-Inc-microPTC, usually presented
309 as single nodule, is likely related to the development of thyroid autonomy in the first group
310 of patients (27). It is more complicated to explain the higher frequency of multifocality at
311 histology in Inc-microPTC with respect to Non-Inc-microPTC (76.1% vs 52.2%, $p=0.001$).
312 Conflicting results are reported in literature on this matter, multifocal PTC being more
313 commonly found in Non-Inc-microPTC in some studies (6), but not in one more recent
314 study (35). At difference with previous papers, our study is prospective and multiple PTC
315 foci have been accurately looked for in patients submitted to thyroidectomy and were
316 found more frequently in MN glands than in SN. These data suggest the hypothesis that
317 genetic and environmental factors that lead to multinodular thyroid disease may favour
318 the occurrence of somatic mutations in follicular thyroid cells that initiate the neoplastic
319 process of multiple little foci of papillary cancer. Support to this hypothesis is given by the
320 observation that, in multinodular goiter, also activating mutations of TSH receptors or GS
321 alfa, responsible for the development of functioning adenomatous nodules, are common
322 (40).

323 In this study we have found a statistically significant association between higher TSH
324 levels and frequency of Non-Inc-microPTC compared to Inc-microPTC. We are aware
325 that this observation per se does not demonstrate a pathogenetic role of TSH, but we
326 support the hypothesis that TSH may play a role in the progression of PTC. Two different
327 phenomena could be operating in multinodular goiter: on one site a more frequent
328 occurrence of oncogenic mutations and, on the other, the development of thyroid

329 autonomy, reducing TSH levels, could slow down cancer progression of the multiple little
330 foci of PTC, thus preventing the occurrence of clinically detectable carcinoma. This
331 hypothesis can explain the relatively higher frequency of microPTC incidentally detected
332 in older patients with multinodular goiter submitted to thyroid surgery. On the other hand
333 in SN the probability of cancer initiation is lower, but higher TSH levels may favour the
334 progression of small PTC that can eventually be detected at ultrasound exam and that
335 show, at diagnosis, histological features (such as frequency of node metastases) similar
336 to those observed in macroPTC. Own features of the tumor, e.g. more aggressive
337 histological variants, may also have a role together with serum TSH to explain the faster
338 growth, the larger size, and the higher frequency of node metastasis of clinically overt
339 with respect to clinically occult microPTC.

340 In conclusion Non-Inc-microPTC and Inc-microPTC appear to be two different entities
341 and serum TSH has probably a critical role in these two kinds of tumor.

342

343 **Declaration of interest**

344 The authors declare that there is no conflict of interest that could be perceived as prejudicing
345 the impartiality of the research reported

346

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510

511 **Legend of Figures**512 **Figure 1**

513 Frequency of multifocality in Inc-microPTC , Non-Inc-microPTC and macroPTC.

514 Multifocal PTC were significantly more frequent in Inc-microPTC (black column) (70/92, 76.1%) with
515 respect to Non-Inc-microPTC (gray column) (35/67, 52.2%, $p=0.001$) and macroPTC (white column),
516 (87/215, 40.5%, $p<0.0001$), and not statistically different between Non-Inc-microPTC and macroPTC.

517

518 **Figure 2**

519 Box-whiskers plot of TSH levels in patients with Benign (white box), Inc-microPTC (gray box), Non-Inc-
520 microPTC (striped box) and macroPTC (dotted box). Results are reported as median values,
521 interquartile (25th -75th percentiles) ranges (IR) and 10th -90th percentiles; the statistical differences
522 between groups were evaluated using the Mann-Whitney test. TSH was significantly higher in Non-
523 Inc-microPTC than in Inc-microPTC (1.1 mU/L, IR 0.6-1.4 mU/L vs 0.6 mU/L, IR 0.4-1.0 mU/L,
524 $p=0.0001$) and in macroPTC than in Benign (0.9 mU/L, IR 0.6-1.4 mU/L vs 0.7 mU/L, IR 0.3-1.1 mU/L,
525 $p<0.0001$). No significant difference between Benign and Inc-microPTC and between macroPTC and
526 Non-Inc-microPTC.

527

528 **Figure 3**

529 Frequency of Inc-microPTC and Non-Inc-microPTC according to TSH levels

530 Patients were subdivided according to the median TSH value (0.8 mU/L). Inc-microPTC (black
531 columns) were significantly more frequent than Non-Inc-microPTC (white columns) in patients with
532 $TSH \leq 0.8$ mU/L (58/92, 63.0% vs 22/67, 32.8%, $p < 0.0001$); while Non-Inc-microPTC was significantly
533 more frequent than Inc-microPTC (34/92, 36.9% vs 45/67, 67.1%, $p < 0.0001$) in patients with TSH
534 > 0.8 mU/L.

535

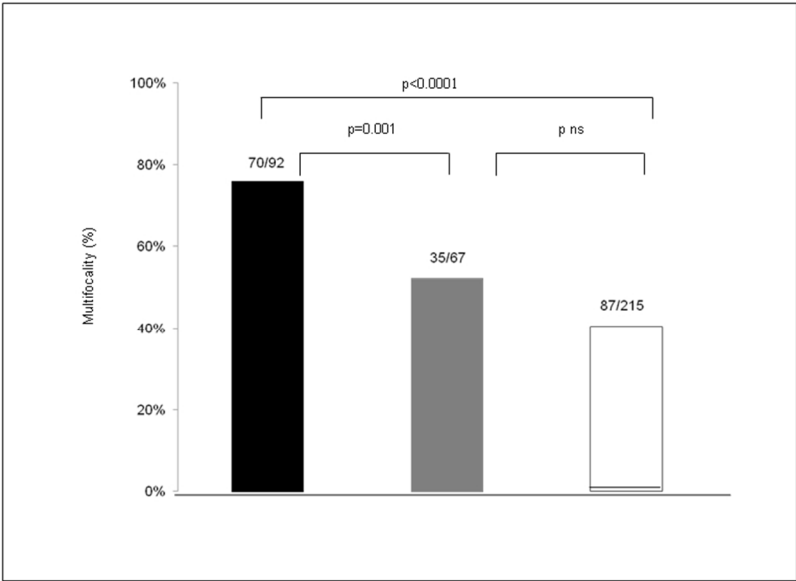


Figure 1. Frequency of multifocality in Inc-microPTC , Non-Inc-microPTC and macroPTC. \r\nMultifocal PTC were significantly more frequent in Inc-microPTC (black column) (70/92, 76.1%) with respect to Non-Inc-microPTC (gray column) (35/67, 52.2%, p=0.001) and macroPTC (white column), (87/215, 40.5%, p<0.0001), and not statistically different between Non-Inc-microPTC and macroPTC. \r\n254x190mm (96 x 96 DPI)

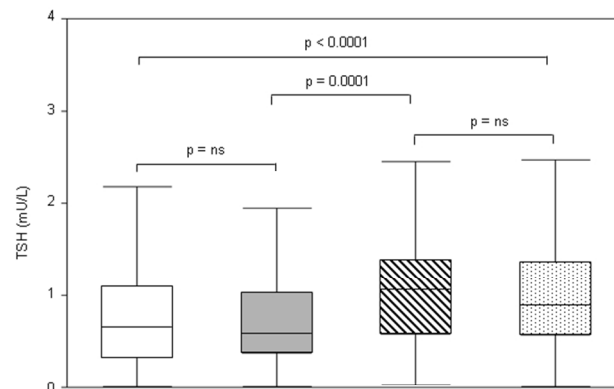


Figure 2. Box-whiskers plot of TSH levels in patients with Benign (white box), Inc-microPTC (gray box), Non-Inc-microPTC (striped box) and macroPTC (dotted box). Results are reported as median values, interquartile (25th -75th percentiles) ranges (IR) and 10th -90th percentiles; the statistical differences between groups were evaluated using the Mann-Whitney test. TSH was significantly higher in Non-Inc-microPTC than in Inc-microPTC (1.1 mU/L, IR 0.6-1.4 mU/L vs 0.6 mU/L, IR 0.4-1.0 mU/L, $p=0.0001$) and in macroPTC than in Benign (0.9 mU/L, IR 0.6-1.4 mU/L vs 0.7 mU/L, IR 0.3-1.1 mU/L, $p<0.0001$). No significant difference between Benign and Inc-microPTC and between macroPTC and Non-Inc-microPTC.

254x190mm (96 x 96 DPI)

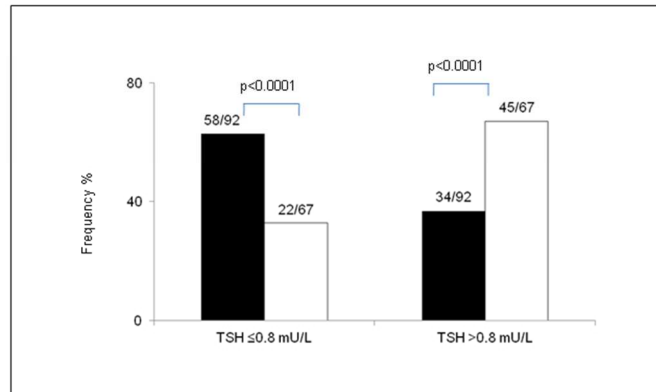


Figure 3. Frequency of Inc-microPTC and Non-Inc-microPTC according to TSH levels
Patients were subdivided according to the median TSH value (0.8 mU/L). Inc-microPTC (black columns) were significantly more frequent than Non-Inc-microPTC (white columns) in patients with TSH ≤ 0.8 mU/L (58/92, 63.0% vs 22/67, 32.8%, p < 0.0001); while Non-Inc-microPTC was significantly more frequent than Inc-microPTC (34/92, 36.9% vs 45/67, 67.1%, p < 0.0001) in patients with TSH > 0.8 mU/L.
254x190mm (96 x 96 DPI)

Table 1: Indication to surgery according to clinical and cytological diagnosis and histology

Surgical Indications		Histology			
		Benign (291)	Inc-microPTC (92)	Non-Inc-microPTC (67)	macroPTC (215)
MN-goiter (335)					
	Compressive symptoms (141)	104	30	0	7 ^a
	TIR3 (143)	68	29	6	40
	TIR4/5 (51)	0	0	8	43
MN-no goiter (71)					
	TIR1 (1)	1 ^b	0	0	0
	TIR3 (41)	21	7	4	9
	TIR4/5 (29)	0	0	16	13
SN-goiter(137)					
	Compressive symptoms (31)	24	5	0	2 ^c
	TIR3 (77)	41	8	2	26
	TIR4/5 (29)	0	0	4 ^d	25
SN-no goiter (122)					
	TIR3 (72)	32	13	5	22
	TIR4/5 (50)	0	0	22	28

^a In 3 cases the PTC nodule was not submitted to FNAB, in 2 cases false negative cytology

^b TIR 1 nodule increased in size during follow up

^c 1 false negative cytology

^d In 2 cases PTC was detected by the presence of clinical lymphadenopathy

Table 2: Histological variants in Inc-microPTC, Non-Inc-microPTC and macroPTC

	Inc-microPTC (n = 92)	Non-Inc-microPTC (n = 67)	macroPTC (n = 215)
Less aggressive variants (a) (n = 285)	81 (88.1%)*	49 (73.1%)*	155 (72.1%)
More aggressive variants (b) (n = 89)	11 (11.9%)	18 (26.9%)	60 (27.9%)

a) Less aggressive variants: classic and follicular

b) More aggressive variants: tall cell, solid an mixed

* p = 0.016