

1 **Applied Soil Ecology**

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3 **Protective green cover enhances soil respiration and native mycorrhizal potential compared with soil tillage in a**
4 **high-density olive orchard in a long term study**

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13

14 **Abstract**

15 Arbuscular mycorrhizal fungi (AMF), living in symbiosis with most food crops, improve plant growth and nutrition and
16 provide fundamental ecosystem services. Here, the possibility of increasing root density and native AMF activity through
17 appropriate soil management practices was investigated, comparing the long-term (10 years) effects of a permanent green
18 cover (GC) with shallow tillage (ST) in a high-density olive orchard in a Mediterranean environment. Olive root density,
19 AMF colonization, and soil mycorrhizal inoculum potential (MIP) were determined after trench excavations at different
20 soil depths. Soil respiration was determined by infra-red gas analysis. The activity of native AMF, as assessed by MIP
21 bioassay, was higher in GC plots than in ST ones. Olive roots were well colonized by AMF in both management systems.
22 Soil respiration rates of GC plots were often higher than those of ST, whereas soil moisture and temperature in the topsoil
23 were similar in both treatments. Soil depth significantly affected root density, which peaked at 0.2 m soil depth in both
24 soil treatments. The maintenance of a permanent plant cover appears to be a better option than shallow tillage as a soil
25 management practice to preserve biological soil fertility in olive orchards.

26

27 **Keywords**

28 Arbuscular mycorrhizal fungi; Mycorrhizal inoculum potential; *Olea europaea* L.; Root density; Soil respiration.

29

30 **1. Introduction**

31 Soil microorganisms play a key role in soil fertility and plant nutrition, representing fundamental components for the
32 completion of biogeochemical cycles, soil structure improvement and biological control of plant pathogens (Pimentel et
33 al., 1997). Arbuscular mycorrhizal fungi (AMF, phylum Glomeromycota) are beneficial microorganisms living
34 symbiotically in the root system of most plant species (about 80%) providing soil mineral nutrients, in return for plant
35 carbohydrates (Smith and Read, 2008). AMF are able to uptake and translocate soil nutrients to their host plants through
36 a wide extra-radical hyphal system, which extends from colonized roots into the surrounding environment (Giovannetti
37 et al., 2001; Giovannetti et al., 2015) and contribute to deliver important services, acting as biofertilizers, bioenhancers
38 and bioprotectors (Gianinazzi et al., 2010; Rouphael et al., 2015). In addition, spores and hyphae of AMF host diverse
39 communities of mycorrhizosphere bacteria, showing plant growth promoting activities, from production of antibiotics,
40 siderophores and indole acetic acid to P-solubilisation and N-fixation, leading to improved plant nutrition and health
41 (Barea et al., 2002; Philippott et al., 2013; Agnolucci et al., 2015; Battini et al., 2016a). Recent studies have reported that
42 AMF may also modulate the synthesis of health-promoting plant secondary metabolites, contributing to the production
43 of safe and high-quality food (Giovannetti et al., 2013; Battini et al., 2016b).

44 So far, AMF benefits have been exploited by releasing selected strains into sustainable food production systems
45 (Gianinazzi et al., 2010), while the possibility of increasing the mycorrhizal potential and diversity of native strains
46 through appropriate agronomic practices has been only recently investigated (Njeru et al., 2014, 2015; Turrini et al.,
47 2016). Recent studies reported that organically managed apple orchards, whereby straw mulches and compost were
48 employed, improved AMF symbioses and diversity when compared with conventional ones (Meyer et al., 2015; Van Geel
49 et al., 2015). A number of studies reported that mycorrhizal colonization and activity of AMF were weak in crop
50 management systems subjected to repeated monocultures, high intensity in land use, soil compaction, and/or soil tillage.
51 Deep ploughing disrupts the hyphae of the extraradical mycelial network, reducing the activity and functioning of AMF
52 taxa unable to develop highly interconnected mycelia (Kabir 2005; Avio et al., 2013), often decreasing soil mycorrhizal
53 potential and crop production (Douds et al., 1995; Kabir and Koide, 2002; Jansa et al., 2002, 2003; Oehl et al., 2003;
54 Castillo et al., 2006; Brito et al., 2012).

55 The use of plant covers, the current recommended practice for inter-row floor management in orchards, has been
56 reported to sustain and enhance native beneficial AMF symbionts, positively affecting mycorrhizal soil potential and crop
57 growth (Kabir and Koide, 2002; Lehman et al., 2012; Njeru et al., 2014). Permanent plant covers contribute to protect the
58 soil from erosion and surface crusting, increase water infiltration and macroporosity in the topsoil, maintain organic matter
59 and nutrients and control soil-borne diseases (Abawi and Widmer, 2000; Dabney et al., 2001; Gómez et al., 2004; Gucci
60 et al., 2012). Plant covers also affect yield, root growth and distribution of fruit trees, depending on plant species and soil

61 characteristics (Hogue and Neilsen, 1987; Glenn and Welker, 1991; Parker and Meyer, 1996; Yao et al., 2009; Atucha et
62 al., 2011).

63 In Mediterranean agricultural areas, where over 95% of olive orchards are located, the traditional method of
64 managing the olive orchard floor by periodic tillage causes soil losses, runoff, structure degradation, acceleration of
65 organic matter mineralization, and soil fertility depletion (Hernández et al., 2005; Rodriguez-Lizana et al., 2008; Gómez
66 et al., 2009; Moreno et al., 2009). The alternative method of controlling weeds in the tree row or over the whole orchard
67 floor by herbicides is effective and relatively inexpensive (Hogue and Neilsen, 1987) but, because of the currently
68 increasing concerns about the environmental impact caused by the widespread use of chemicals in fruit growing nowadays
69 it is imperative to reduce herbicides applied in orchards.

70 Several works showed the important role played by AMF in olive plant performance. Some authors reported
71 increases in the development and nutrition of either nursery-grown olive rooted cuttings or micropropagated plantlets
72 (Citernesi et al., 1998; Estaún et al., 2003; Calvente et al., 2004; Porrás-Soriano et al., 2009; Briccoli Bati et al., 2015).
73 Other studies focused on the role played by AMF activity in the protection of olive plantlets from adverse conditions,
74 such as salinity, drought and transplanting stress (Porrás-Soriano et al., 2009; Meddad-Hamza et al., 2010; Tugendhaft et
75 al., 2016). On the other hand, there is hardly any information on AMF occurrence and activity in the roots and in the soil
76 of field-grown olive trees managed by different orchard floor practices.

77 The aim of this work was to compare the long-term (10 years) effects of two different soil management practices
78 (permanent plant cover *versus* shallow tillage) on root activity and soil biological characteristics in a high-density olive
79 orchard under Mediterranean climate conditions. In particular, we determined: i) soil respiration by infra-red gas analysis;
80 ii) the biomass of olive roots less than 5 mm diameter at different soil depths after trench excavations; iii) the activity of
81 native AMF in the soil by the mycorrhizal inoculum potential (MIP) bioassay; iv) colonization of olive roots by native
82 AMF; v) the species composition of the native plants present in the orchard floor. Our hypothesis was that the soil
83 management regime would affect the distribution and respiration of olive roots, as well as the activity of soil mycorrhizal
84 symbionts.

85

86 **2. Materials and methods**

87 *2.1 Plant material and soil type*

88 All measurements and samplings were carried out between 2010 and 2014 in a high-density olive (*Olea europaea* L. cv.
89 Frantoio) orchard planted at a 3.9 x 5 m distance in April 2003 at the Venturina experimental farm of University of Pisa,
90 Italy (43°01'N; 10°36' E). The climate at the study site was sub-humid Mediterranean and climatic variables over the
91 study period were measured using a weather station iMETOS IMT 300 (Pessl Instruments GmbH, Weiz, Austria) installed

92 on site (Caruso et al., 2013). The average annual precipitation and air temperature during the 2007-2014 period was 825
93 mm and 15.5 °C, respectively. The soil was a deep (1.5 m) sandy-loam (Typic Haploxeralf, coarse-loamy, mixed, thermic)
94 consisting of 600 g kg⁻¹ sand, 150 g kg⁻¹ clay and 250 g kg⁻¹ silt. The pH was 7.9, average organic matter 1.84% and
95 cation exchange capacity 13.7 meq 100 g⁻¹, all measured at 0.4 m depth (Gucci et al., 2012). The orchard was divided
96 into 12 plots, each consisting of 12 trees (Caruso et al., 2013; Gucci et al., 2012). Prior to planting 147 t ha⁻¹ of cow
97 manure were applied into the soil profile. During the 2005-2013 period an average of 50 g of N, P₂O₅ and K₂O per tree
98 were distributed annually by fertigation. Trees were fully-irrigated during the first three years after planting, then they
99 were subjected to deficit irrigation until the 2014 growing season, using subsurface drip lines running parallel to the tree
100 row (south side) at 0.8 m distance from the trunk and a depth of 0.4 m (Caruso et al., 2013). The soil was periodically
101 tilled until October 2004 when two management treatments were established (shallow tillage, ST; permanent green cover,
102 GC), as reported in Gucci et al. (2012). Both treatments were maintained continuously until trench excavations in 2014.
103 In brief, the soil was either tilled at 0.1 m depth, using a power take off-driven harrow with vertical blades, or the plant
104 cover was mown using a mulcher, three or four times a year. Both treatments received the same amount of water and
105 fertilizers throughout the 10-year period.

106

107 *2.2 Identification of native plant species*

108 In spring 2014 an area of about 20 m² in each of the three GC plots was fenced and left undisturbed for identification of
109 the natural flora. Plant samples were taken on three dates from April through November 2014 and species were classified
110 according to Conti et al. (2005).

111

112 *2.3 Soil respiration*

113 Soil respiration rates (R_s) were measured twice a day (dawn and mid-day) at approximately bi-monthly intervals over
114 almost two consecutive years (2010-2012), using a closed circuit Soil Respiration System (PP Systems, Hitchin Herts,
115 UK) and PVC open collars (0.1 m diameter, 0.12 m high). Collars had been inserted into the soil at four sampling points,
116 varying in orientation and distance from the trunk, below the canopy of three trees per treatment at least six months prior
117 to measurements (Fig. 1). The EGM-4 gas exchange infrared analyser was equipped with a SRC-1 soil respiration
118 chamber and a soil temperature STP-1 probe. Prior to each measurement the respiration chamber was flushed in open air,
119 then fitted carefully and tightly onto a PVC collar. The soil respiration rate was calculated by fitting the rate of increase
120 of the CO₂ concentration inside the chamber over time using a quadratic model. Soil temperature was measured at a depth
121 of 0.08 m with the STP-1 probe, soil moisture at a depth of 0.06 m using a Theta Probe ML2x (Delta-T Devices, UK)

122 adjacent to each collar every time soil respiration was measured. The Theta Probe had been preliminary calibrated for
123 that soil type following the procedure described in the users' manual.

124

125 *2.4 Above- and below-ground biomass determination of the orchard floor*

126 The above-ground biomass of the natural plant cover of the orchard floor (GC treatment) was harvested from March 2012
127 until March 2013 by periodically cutting (every two months) the canopies of native species at ground level from three 1
128 m² square per plot (total of 9 m²). The three samples per plot were taken along a transect drawn between the first and the
129 fourth tree of two adjacent rows of olive trees. The sampling areas were 0.8 m, 2.5 m (inter-row), and 4.2 m South of the
130 central row of trees in each plot. The dry weight of each sample was measured after oven-drying the freshly-cut biomass
131 at 60°C until constant weight. The above-ground dry weights obtained over the 12-month period were summed to
132 calculate the annual productivity of the orchard floor.

133 The biomass of above- and below-ground parts of the orchard floor was determined at four sampling points from
134 the three GC plots in May 2013. A 0.3 x 0.3 m square per plot was excavated by hand down to a 0.15 m depth in the inter-
135 row in a position adjacent to the quadrat where above-ground biomass productivity had been assessed (see previous
136 paragraph); an additional quadrat was similarly sampled from one of the GC plots. Samples of the orchard floor were
137 readily transported to the laboratory for biomass determination. After eliminating the above-ground parts, samples were
138 immersed in a Na₂CO₃ solution (2 g l⁻¹) for 12 hours to remove soil particles and debris. Then the organic material
139 (including litter) was recovered using 1 mm mesh sieves and weighed separately after oven-drying at 60 °C until constant
140 weight. The below-ground biomass was then divided into roots of three diameter cohorts (< 1 mm; 1-2 mm; 2-5 mm),
141 and the dry weight of each sample determined after oven-drying at 60°C.

142

143 *2.5 Trench excavation and determination of olive root biomass*

144 In May 2014 two L-shaped trenches (1 m deep and 0.8 m wide) were excavated on both sides (North and South) of the
145 central row of trees of each plot, as illustrated in Fig. 1. The long side of all trenches was at a 2.1 m distance from the tree
146 row, the L-aisle of the trench reached a minimum distance of 1 m from the tree row (Fig. 1). Trenches were similar in
147 size and position in all six plots (three in the ST plots and three in the GC ones).

148 Soil cores for olive root density determination were taken at 0.2, 0.4, and 0.6 m depth using a custom-built soil
149 cylinder auger (25 cm³) at 16 sampling positions in each plot between 14 and 27 May 2014 (Fig. 1). All samples were
150 stored at -20 °C until analysis. Samples were then thawed, immersed in a Na₂CO₃ solution (2 g l⁻¹) to facilitate
151 deflocculation, shaken for 2 hours, and then sieved under running water. Preliminary experiments had shown that 2 hours
152 in the Na₂CO₃ solution were sufficient to separate soil particles from olive roots and, therefore, the standard protocol by

153 Ceccon et al. (2011) was modified accordingly. Olive roots were carefully recovered by tweezers, divided into diameter
154 cohorts (< 1 mm; 1-2 mm; 2-5 mm) using a 1 mm mesh sieve, and the dry weight of each sample determined after oven-
155 drying at 60 °C, until constant weight. Root density was calculated as root dry weight per soil volume.

156

157 *2.6 Mycorrhizal inoculum potential (MIP) bioassay*

158 A total of 16 soil cores (approx. 200 g each) and 16 root sub-samples (approx. 20 g each) were collected at two depths,
159 0.3 and 0.6 m, along the length of each trench 0.8 m apart, at the same date when cores for olive root determination were
160 sampled (see previous section). The sub-samples were then pooled together to obtain six samples per soil depth and soil
161 management treatment. The roots were gently cleaned from the soil and stored at 4°C in polyethylene bags, to be
162 successively analyzed for mycorrhizal colonization.

163 Mycorrhizal inoculum potential (MIP) of the experimental olive orchard soil was carried out using *Cichorium*
164 *intybus* L. cv. Zuccherina di Trieste as host plant. *C. intybus* seeds were sown in 50 ml sterile plastic tubes filled with 40
165 ml of each soil sample. Four replicate tubes per soil sample were prepared (96 tubes in total). The tubes were placed in
166 transparent bags and maintained in a growth chamber at 25 °C and 16/8 h light/dark daily cycle until harvest. One week
167 after germination, *C. intybus* plantlets were thinned to two individuals per tube. Each tube was watered as needed. Plants
168 were harvested 21 days after germination and shoots were excised and discarded. After removing the soil from tubes,
169 roots were gently cleaned with tap water. Roots were then cleared with 10% KOH in a 80°C water bath for 30 min,
170 neutralized in 2% aqueous HCl for 10 min, and stained with Trypan blue in lactic acid (0.05 %). The percentage of AMF
171 root colonization was evaluated using a dissecting microscope (Wild, Leica, Milano, Italy) at x25 or x40 magnification
172 by the gridline intersect method (Giovannetti and Mosse, 1980).

173

174 *2.7 Mycorrhizal colonization*

175 The percentage of AMF root colonization was determined on 20 g of thoroughly washed olive root samples, after clearing
176 and staining, as described above. Samples of colonised roots were selected under the dissecting microscope, mounted on
177 slides and observed at magnification of x125 and x500 under a Polyvar light microscope (Reichert-Jung, Vienna, Austria)
178 for assessing the occurrence of arbuscules and intracellular structures.

179

180 *2.8 Experimental design and statistical analysis*

181 Each treatment consisted in 36 trees, divided into three plots of 12 trees each. Each plot included three rows of trees. To
182 avoid border effects all measurements and samples were taken on the inner trees of the central row of each plot. Treatment
183 means were separated by least significant difference (LSD test) after analysis of variance (ANOVA) for three replicate

184 trees using Costat package (CoHort Software, Monterey, USA). A split plot experimental design (main plot soil
185 management; subplot soil depth) was used to analyze effects on root biomass and density. Since a preliminary analysis
186 showed that there were no differences in root density according to the side (North- South) of the tree or distance from the
187 tree of the sampling position the data were pooled together within the same soil depth and root diameter cohort.
188 Mycorrhizal colonization data were arcsine transformed before analysis of variance.

189

190 **3. Results**

191 3.1 Green cover composition

192 A total of 33 species belonging to 15 families occurred in the green covered plots (Table 1), 55% of which were
193 Therophytes and 39% Hemicryptophytes. Annual species were the most abundant, as expected considering the periodic
194 disturbance by mowing, used as a routine management practice of the sampling areas prior to fencing. Herbaceous
195 biennial and perennial species were also present. Over 40% of the species found were typical of the Mediterranean flora,
196 but 26% of the species had also a European distribution (European Mediterranean); those strictly linked to the
197 Mediterranean environment (Steno-Mediterranean) totalled 10% (Table 1). Overall, all plant taxa are arbuscular
198 mycorrhizal species, except *Sinapis arvensis* (Brassicaceae) and *Beta vulgaris* (Amaranthaceae), which are non-host
199 plants.

200

201 3.2 Root density of olive trees

202 The root density of olive trees was similar within each size cohort (root diameter less than 5 mm) regardless of the soil
203 management treatment. The interaction between soil management and soil depth was never significant, so the two
204 treatments could be separately presented (Table 2). Total root density (dry weight) was 4.79 and 4.38 kg m⁻³ of soil for
205 olive trees grown under GC and ST treatments, respectively. On the other hand, soil depth significantly affected root
206 density: the highest value (5.43 kg m⁻³) was measured at 0.2 m depth, whereas no differences (4.2 kg m⁻³) were found
207 between the 0.4 and 0.6 m depth layers. Fine root density (< 1 mm in diameter) was almost twice (1.94) the total of the
208 other diameter cohorts at 0.2 m depth, whereas at 0.4 and 0.6 m depth the ratio between fine roots and other roots was
209 1.78 and 1.43, respectively.

210

211 3.3 Biomass of permanent green cover

212 The above-ground net primary production of the permanent green cover, expressed on a dry weight basis, was 0.42±0.051
213 kg m⁻² year⁻¹ (average of 9 replicates ± standard deviation) corresponding to 4.2±0.51 t ha⁻¹ of biomass produced annually

214 by the orchard floor. The root dry biomass of the green cover, measured nine years after the beginning of the permanent
215 plant cover treatment, was $0.25 \pm 0.18 \text{ kg m}^{-2}$ (average of four replicates \pm standard deviation).

216

217 3.4 Soil respiration

218 The seasonal course of R_s was mainly dependent on changes in soil temperature (Fig. 2). Maximum R_s of 5.42 and 3.36
219 $\mu\text{mol CO}_2 \text{ m}^{-2} \text{ s}^{-1}$ were measured in June for the GC plots and ST ones, respectively, whereas minimum values of 1.23
220 and $0.91 \mu\text{mol CO}_2 \text{ m}^{-2} \text{ s}^{-1}$ were measured at the last sampling date in November, respectively (Fig. 2a). Soil moisture
221 was below 10% volume in July and August for both treatments (Fig. 2b), soil temperature ranged from 3 to 25 °C from
222 January through August (Fig. 2c). Soil respiration rates of the permanent plant cover treatment were consistently higher
223 (although significantly only at four out of nine dates of measurements) than those measured in ST plots, despite the fact
224 that soil moisture and temperature were similar for both treatments at all but one dates of measurement (Fig. 2).

225

226 3.5 Mycorrhizal inoculum potential

227 Since AMF activity, as assessed by MIP, showed a significant interaction between soil management and soil depth,
228 management effects were separately examined for each depth. Soil tillage negatively affected MIP values, at both soil
229 depths, decreasing mycorrhizal colonization produced by native AMF by 62 and 24% at 0.3 and 0.6 m depth, respectively.
230 The percentage of mycorrhizal root length of biotest plants grown in ST soil was significantly lower ($10.7 \pm 1.4\%$) than
231 that of plants grown in GC plots ($28.2 \pm 3.9\%$) at 0.3 m depth, ($F_{1,16}=18.3$; $P<0.001$) (Fig. 3a).

232

233 3.6 Mycorrhizal colonization

234 Olive roots were well colonized by AMF in both treatments and no significant differences were found between the two
235 orchard floor management treatments. However, olive roots originating from GC plots showed higher mycorrhizal
236 colonization levels at 0.3 m depth ($29.6 \pm 2.6\%$), than those from ST ones ($22.5 \pm 2.0\%$) (Fig. 3b). Accordingly, at 0.6 m
237 depth the percentage of mycorrhizal root length ranged from 30.8 ± 1.7 to $31.3 \pm 3.9\%$. It is interesting to note that olive
238 roots originating from tilled orchards were suberized, highly pigmented and showed knobby, inflated appressoria with
239 septate hyphae, empty germination pegs and many intra-radical coils and vesicles (Fig. 4), while those from GC trees
240 appeared well developed, giving rise to many arbuscules and intraradical hyphae.

241

242 4. Discussion

243 Orchard floor management is important for the economic results and the environmental impact of fruit growing, as it
244 affects tree growth, yield, production costs, soil properties and water resources (Atkinson, 1983; Hogue and Neilsen,

245 1987; Parker and Meyer, 1996; Gucci et al., 2012). It has also been shown that soil management can modify root growth
246 and distribution down the soil profile (Hogue and Neilsen, 1987; Atucha et al., 2011). For example, apple trees grown
247 under mowed sod grass yielded less, had deeper roots and fewer fine roots (less than 1 mm in diameter) than trees grown
248 in herbicide-treated plots in a long-term study in New York State (Yao et al., 2009). In our work root density peaked at
249 0.2 m depth and decreased in deeper layers of both soil treatments, consistently with previous reports in orchards where
250 roots were abundant in the top 0.3 m of soil (Hogue and Neilsen, 1987; Parker and Meyer, 1996). In peach root density
251 was higher in vegetation free plots than in plots where weeds were allowed to grow to form a permanent green cover
252 (Parker and Meyer, 1996). In our study the spatial distribution of roots was quite uniform and did not change with either
253 soil management or distance/orientation from the tree trunk. This is not surprising considering that trees had been planted
254 at close distances in a deep, fertile soil and, by the time trenches were excavated, they were fully-grown and their root
255 systems presumably explored thoroughly the soil volume. In addition, the reported effect of a permanent sod forcing tree
256 roots downwards (Hogue and Neilsen, 1987) might have not occurred because, by sub-irrigating, we supplied water
257 directly to the layer where absorbing roots were abundant. The sandy-loam soil texture and deep soil may also explain
258 the high root density of olive trees in our experiment that ranged from 5.4 to 4.2 kg m⁻³ from the 0.2 to the 0.6 m soil
259 depth and averaged 4.6 kg m⁻³ over the whole 0.2-0.6 m profile. These values were higher than the 3.1 kg m⁻³ mean value
260 reported for apple trees growing in a high-density orchard in Northern Italy. The density of roots less than 1 mm in
261 diameter (the most abundant cohort of olive roots) was also greater than values reported for apple trees (Ceccon et al.,
262 2011). In any case since root biomass in fruit trees is highly variable depending on species, soil, climate, and cultural
263 practices, comparisons between studies are sometimes difficult. It should be pointed out that our results were obtained
264 under conditions of a relatively humid climate. The character of latent mesophily was confirmed by the floristic analysis
265 that showed the presence of circumboreal species (10%), Euro-asiatic species (10%), and Paleotemperate (22%) that,
266 although having a North-African distribution, are common in the Euroasiatic supercontinent. The abundance of *Crepis*
267 *vesicaria* (Subatlantic-Submediterranean) is interesting because, although typical of Mediterranean associations, confirms
268 the existence of a local mesoclimate that was not strictly Mediterranean. The annual productivity of the ground cover
269 vegetation was within the range reported for orchards and vineyards located in peninsular Italy and higher than values
270 reported for orchards in Northern Italy (Scandellari et al., 2016).

271 Soil respiration rates of GC treated plots were often higher than those of ST ones and in both treatments appeared
272 driven by seasonal changes of environmental parameters. Several studies showed the relationship between soil
273 temperature and R_s , as temperature affects root respiration as well as heterotrophic respiration by microorganisms living
274 in the soil and decomposing material (Huang et al., 2005; Ceccon et al., 2011; Xiao et al., 2014). However, soil
275 temperature and tree root density were similar in GC and ST plots and so differences in R_s between soil treatments were

276 likely due to respiration either of herbaceous species roots or soil microbiota. In an experiment conducted on perennial
277 grass Carpenter-Boggs et al. (2003) reported that respiration of grass-covered soils was higher than that of tilled soils,
278 because of the higher contents of labile C compounds and microbial biomass. Additional variability in seasonal trends
279 can be attributed to changes in soil moisture. Bryla et al. (2011) reported that R_s increased with soil moisture from values
280 at wilting point until approximately 50-60% of water filled pore space were reached, after which R_s decreased. Soil
281 temperature and moisture often interact in their effects on root respiration. In Concord grapevine root respiration was
282 little affected by soil moisture at soil temperature of 10 °C, while respiration declined with decreasing soil moisture at
283 temperatures between 20 and 30 °C (Huang et al., 2005). In field-grown olive trees Bertolla (2008) found that soil
284 temperature influenced R_s , but the effect was mediated by soil moisture. When soil humidity exceeded 20% (in volume)
285 temperature had a direct effect on R_s , but at humidities less than 10% there was a clear decrease in R_s at $T > 22-27$ °C.
286 Although soil R_s was higher in GC plots than in ST ones, carbon emissions into the atmosphere were actually less when
287 the soil was permanently covered because of the substantial biomass accumulated in the sod (Bertolla, 2008).

288 Our work showed that tillage negatively affected AMF activity at both soil depths, decreasing mycorrhizal
289 colonization produced by native AMF in biotest plants, which was significantly lower than in GC managed soil at 0.3 m
290 soil depth. Such a finding is very important, as the MIP bioassay represents a measure of total AMF soil propagules,
291 including extra-radical mycorrhizal hyphae which are functionally active in soil nutrient uptake and transfer to plants,
292 whose functioning may be disrupted by tillage (Giovannetti et al., 2015). The higher levels of MIP values found in the
293 soil under permanent plant cover, compared with tillage, may be attributed to the occurrence of many mycotrophic weed
294 species (94%), contributing to the enhancement and maintenance of native AMF originating from germinated spores and
295 colonized roots. The weeds growing in our GC plots had been previously identified in Tuscan olive groves (Tomei, 2013)
296 and indicated a wide diversity of plant species for our intensively-cultivated ecosystem. Actually, previous studies
297 reported that mycotrophic cover crops may serve as sources of AMF propagules in successive crops (Kabir and Koide,
298 2002; Karasawa and Takebe, 2012; Lehman et al., 2012), and that non mycotrophic species, such as the non-host *Brassica*
299 spp., did not affect mycorrhizal colonization (Pellerin et al., 2007), while decreasing mycorrhizal soil potential (Njeru et
300 al., 2014). Our results, obtained in a deficit irrigated orchard under sub-humid Mediterranean conditions, also supplement
301 those obtained in traditional, rain-fed groves by Moreno et al. (2009), who reported greater bacterial diversity, as well as
302 increased activities of hydrolytic enzymes involved in the cycling of nutrients (C, N, P, and S) in green managed systems
303 compared with tilled ones. Our MIP data are lower than those obtained by Schwab and Reeves (1981), who reported
304 colonization values of 65, 60 and 36% across vertical transects of 0.01-0.1, 0.2-0.3 and 0.4-0.5 m, respectively, and very
305 low colonization levels (2%) below 0.6 m depth. Recently, Gai et al. (2015) found higher MIP values in the top soil (0-
306 30 cm) than in the subsoil (0.3-0.6 m) of arable fields from two different sites in Northern China. Such data are consistent

307 with those reported in another recent work whereby AMF biomass, expressed as the concentration of the AMF biomarker
308 C16:1cis11 per soil volume, declined with increasing soil depth, being highest in the 0-0.1 m layer and lowest between
309 0.7 and 1 m (Higo et al., 2013).

310 The percentage of colonized root length of olive trees ranged from 22.5 to 31.3%. These values are lower than
311 those reported for olive rooted cuttings of cultivar Arbequina, that ranged from 75 to 80% after artificial inoculation with
312 selected AMF strains (Estaún et al., 2003). Similarly high levels of mycorrhizal colonization (92-97%) were reported in
313 rooted cuttings of the cultivars Cornicabra (Porras-Soriano et al., 2009), Ascolana Tenera, Nocellara del Belice e Carolea
314 (Briccoli Bati et al., 2015). The different values in the percentage of colonized root length found in our olive trees may
315 be ascribed either to the different cultivar investigated or to the AMF inoculum type, which, in our case, was represented
316 by the native AMF occurring in the orchard soil. Actually, large differences in mycorrhizal colonization had been
317 previously reported between olive root cuttings of the two cultivars Arbequina and Leccino, ranging from 52-77% to 3-
318 41%, respectively (Calvente et al., 2004), depending on the identity of the inoculated fungal species. The colonization
319 percentage in our work was similar to that obtained (38%) for the same cultivar Frantoio by Citeresi et al. (1998).
320 Overall, mycorrhizal colonization was not significantly affected by orchard floor management. The relatively stable
321 percentage of olive mycorrhizal colonization for both treatments and depths may be attributed to the very low tillage
322 depth, 0.1 m, which proved to be an effective way to mechanically destroy weeds, but unable to affect the established
323 mycorrhizal symbiosis. Indeed, the roots of perennial species such as *Olea europaea* can maintain intra-radical
324 mycorrhizal propagules capable of spreading to newly-formed roots growing after disturbance. Since no previous work
325 investigated the impact of different soil management practices on AMF colonization of mature olive trees in the field, our
326 results complement those already reported for other crops, such as wheat (Ryan et al., 1994; Mäder et al., 2000), vetch-
327 rye, grass-clover (Mäder et al., 2000), onion (Galván et al., 2009), maize, and soybean (Douds et al., 1993). In particular,
328 tillage was reported to decrease soil AMF spore abundance (Jansa et al., 2002; Oehl et al., 2004; Avio et al., 2013).

329 Only few studies investigated AMF occurrence in plant roots across the soil profile. Our data on mycorrhizal
330 colonization agree with those obtained by Kabir et al. (1998) in maize roots, where the percentage of colonized root length
331 decreased from 71 to 41 to 20% at soil depths of 0.05-0.10, 0.15-0.20 and 0.20-0.25 m, respectively. Other works reported
332 sharp decreases with increasing soil depth below 0.40 m in rye, barley and peas (Jakobsen and Nielsen, 1983), and in
333 *Bromus hordeaceus* and *Lotus wrangelianus* at two soil depths, topsoil (0-15 cm) and subsoil (15-45 cm) (Rillig and
334 Field 2003). Such differences could be ascribed to the fact that herbaceous species develop superficial root systems, where
335 a large number of fine roots occur in the topsoil, whereas fruit trees (including olive) tend to develop thick roots also in
336 the deeper soil layers.

337 In conclusion, we showed a beneficial effect of plant covers on soil biological properties, such as mycorrhizal
338 inoculum potential and soil respiration. Our results extend the range of environmental advantages of green covered soils
339 over tilled ones previously observed in olive orchards, such as increases in water infiltration rate, macroporosity, total
340 exchangeable C and total organic C in the topsoil (Gucci et al., 2012), macroaggregate stability and resilience to soil
341 erosion (Gomez et al., 2004; Gomez et al., 2009), as well as bacterial biodiversity (Moreno et al., 2009). The maintenance
342 of a green cover appears a better option than shallow tillage as a soil management practice to alleviate environmental
343 impact and to preserve biological soil fertility in intensively-cultivated olive orchards. Protective green covers should be
344 recommended in marginal soils, in both traditional and intensive olive orchards to improve soil fertility and physical
345 properties.

346

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352

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515

516 **Figure captions**

517

518 **Fig. 1** Schematic representation of the two L-shaped trenches excavated South (S-Trench) and North (N-Trench) of the
519 tree row in tilled plots (ST) and green covered (GC) ones of the experimental olive orchard. The solid line represents the
520 sub-irrigation dripline located at a distance of 0.8 m from the tree row and 0.4 m depth. Closed circles represent the
521 sampling points where soil cores for olive root biomass and mycorrhizal studies were sampled. Closed triangles indicate
522 the sampling points where soil respiration rates were measured.

523

524 **Fig. 2** Soil respiration rates (a), soil moisture (b) and soil temperature (c) measured at four sampling points below the
525 canopy of trees in an olive orchard subjected to two different soil managements: permanent green cover, GC; shallow
526 tillage, ST. Values are means \pm standard deviations of three replicate trees per treatment ($n = 3$) of two daily (dawn and
527 mid-day) measurements. Different letters indicate least significant differences (LSD) between treatments after analysis
528 of variance within each date of measurement ($p \leq 0.05$). Soil temperature and moisture were measured at 0.08 and 0.06
529 m depth, respectively.

530

531 **Fig. 3** Soil mycorrhizal inoculum potential (MIP) (a) and mycorrhizal colonization of olive trees (b) under two different
532 soil managements (permanent green cover, GC; shallow tillage, ST) at either 0.3 or 0.6 m depth. Values are means \pm
533 standard errors of six replicates per treatment and soil depth. The asterisks indicates least significant differences (LSD)
534 between treatments after analysis of variance within each soil depth ($P \leq 0.01$).

535

536 **Fig. 4** Light micrographs showing mycorrhizal colonization patterns in the root cortex of olive (*Olea europaea* L.) by
537 native AMF under permanent green cover (a-c) and shallow tillage (d-h) treatments. (a) Intra-radical hyphae and
538 arbuscules, bar = 120 μm ; (b) detail showing an entry point with appressorium, coiled hyphae and arbuscules, bar = 33
539 μm ; (c) detail of arbuscules, bar = 33 μm ; (d) suberized root cells showing some intra-radical and extra-radical hyphae
540 (arrow), bar = 120 μm ; (e) knobby, inflated appressorium, bar = 33 μm ; (f) aborted entry point showing septate infection
541 hyphae, bar = 33 μm ; (g) detail of a coil, bar = 33 μm ; (h) intercellular vesicles, bar = 80 μm .

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549 **Table 1** List of plant species identified in the permanent green cover (GC) plots in 2014. Species are ordered by family
 550 (in alphabetical order). The biological form and subform and chorology are also reported. Legend: G, Geophytes; H,
 551 Hemicryptophytes; T, Terophytes.

Family	Species	Biological form and subform	Chorology
Amaranthaceae	<i>Beta vulgaris</i> L.	T scapose	Euro-Mediterranean
Apiaceae	<i>Daucus carota</i> L.	H biennial	Paleotemperate
Araceae	<i>Arisarum vulgare</i> Mill.	G rhizomatose	Steno-Mediterranean
Asteraceae	<i>Cichorium intybus</i> L.	H scapose	Cosmopolitan
	<i>Coleostephus myconis</i> (L.) Cass.	T scapose	Steno-Mediterranean
	<i>Crepis vesicaria</i> L.	T scapose	Submediterranean-Subatlantic
	<i>Helminthoheca echioides</i> (L.) Holub.	T scapose	Euro-Mediterranean
	<i>Hypochaeris radicata</i> L.	H rosulate	European-Caucasic
	<i>Picris hieracioides</i> L.	H biennial	Eurasiatic
	<i>Sonchus oleraceus</i> L.	H biennial	Cosmopolitan
	<i>Urospermum dalechampii</i> (L.) F.W. Schimdt	H scapose	Euro-Western Mediterranean
	Brassicaceae	<i>Sinapis arvensis</i> L.	T scapose
Euphorbiaceae	<i>Euphorbia helioscopia</i> L.	T scapose	Cosmopolitan
Fabaceae	<i>Lotus corniculatus</i> L.	H scapose	Paleotemperate
	<i>Trifolium campestre</i> Schreber	T scapose	Paleotemperate
	<i>Trifolium repens</i> L.	H reptant	Paleotemperate
	<i>Trifolium resupinatum</i> L.	T reptant	Paleotemperate
Geraniaceae	<i>Geranium dissectum</i> L.	T scapose	Cosmopolitan
	<i>Geranium rotundifolium</i> L.	T scapose	Paleotemperate
Iridaceae	<i>Romulea columnae</i> Sebast et Mauri	G bulbose	Steno-Mediterranean
Malvaceae	<i>Malva sylvestris</i> L.	H scapose	Eurasiatic
Plantaginaceae	<i>Plantago lanceolata</i> L.	H rosulate	Cosmopolitan
	<i>Veronica persica</i> Poir.	T scapose	Subcosmopolitan
Poaceae	<i>Avena barbata</i> Potter	T scapose	Euro-Mediterranean – Turan.
	<i>Bellis perennis</i> L.	H rosulate	Circumboreal
	<i>Bromus madritensis</i> L.	T scapose	Euro-Mediterranean
	<i>Bromus sterilis</i> L.	T scapose	South Mediterranean
	<i>Dactylis glomerata</i> L.	H caespitose	Paleotemperate
	<i>Holcus lanatus</i> L.	H caespitose	Circumboreal
	<i>Hordeum murinum</i> L.	T scapose	Circumboreal
Primulaceae	<i>Anagallis arvensis</i> L.	T reptant	Euro-Mediterranean
Ranunculaceae	<i>Ranunculus parviflorus</i> L.	T scapose	Euro-Mediterranean
Rubiaceae	<i>Sherardia arvensis</i> L.	T scapose	Euro-Mediterranean

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Table 2. Root density (root dry weight per soil volume) of different diameter cohorts sampled at 0.2, 0.4, and 0.6 m soil depth from olive trees subjected to either permanent green cover or shallow tillage for 10 years. Values are means of 16 sampling points per depth and plot (three plots per treatment) along two trenches excavated parallel to the tree row. Values followed by the same letter do not differ significantly ($p < 0.05$).

Variable	Root density (kg m^{-3})		
	< 1 mm	1-2 mm	2-5 mm
<i>Soil management (SM)</i>			
Green cover	3.15	0.86	0.78
Shallow tillage	2.64	1.06	0.68
<i>Soil depth (SD)</i>			
0.2	3.58 a	1.08	0.77
0.4	2.67 b	0.84	0.66
0.6	2.45 b	0.96	0.75
<i>Significance (p value)</i>			
SM	0.321	0.514	0.787
SD	0.001	0.488	0.948
SM x SD	0.184	0.986	0.941

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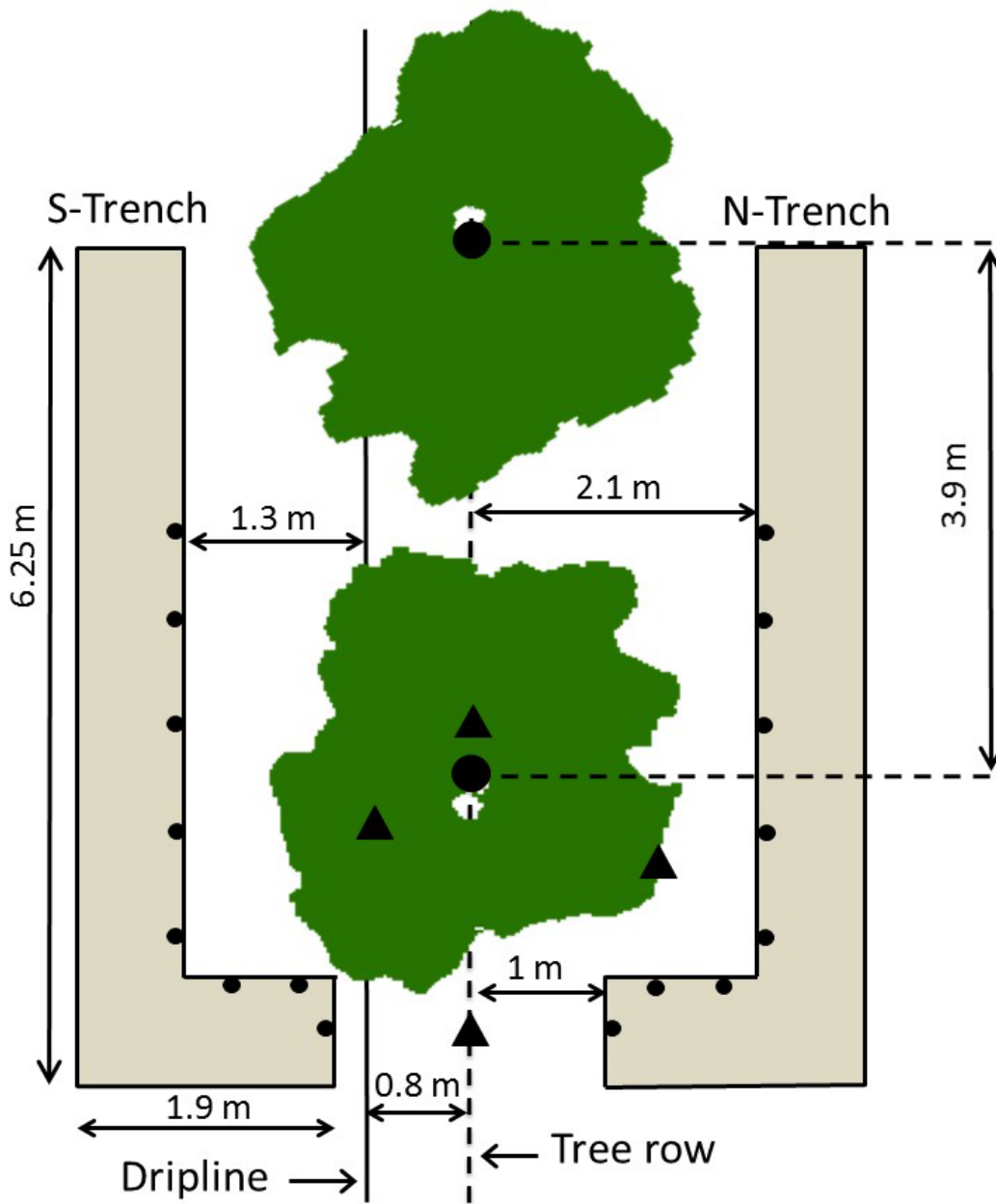
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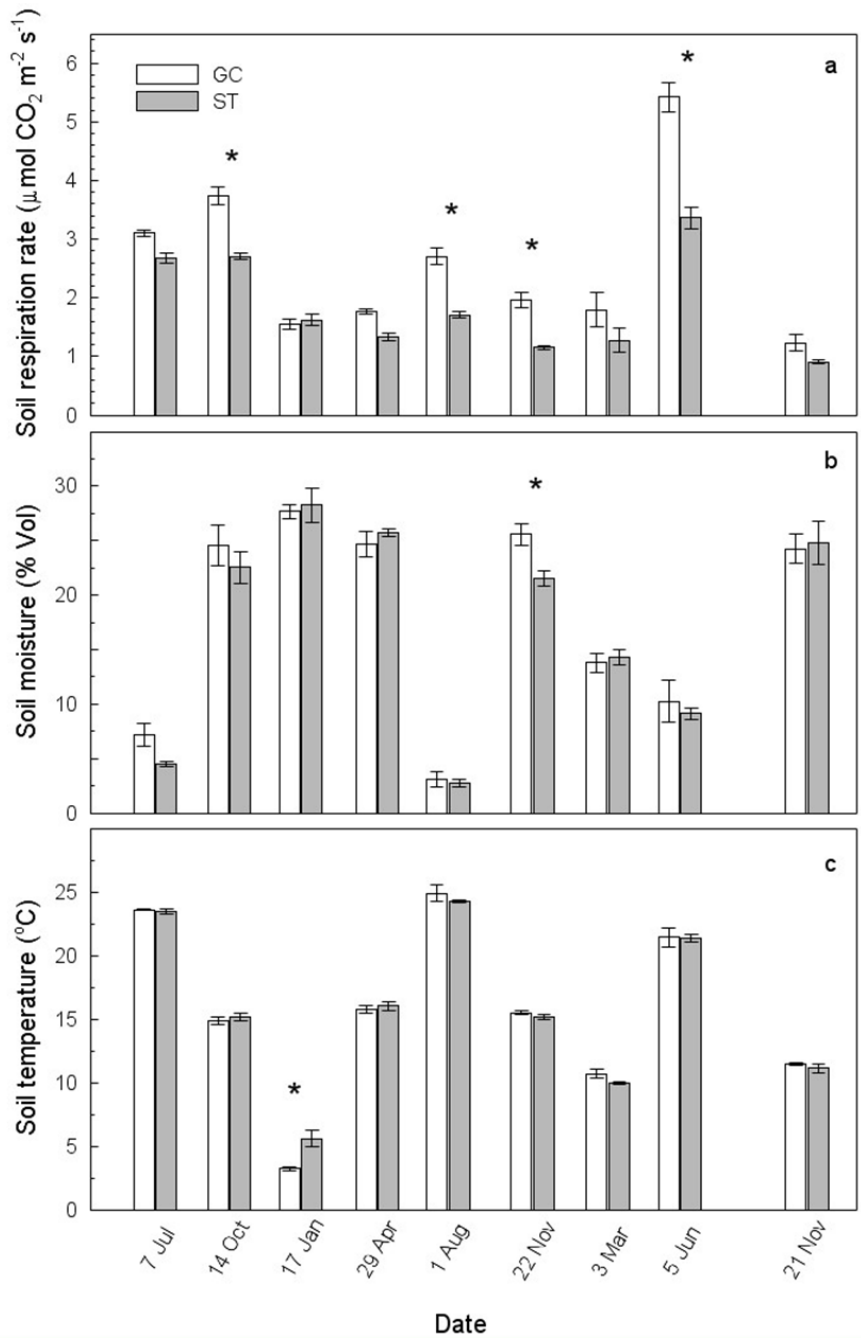
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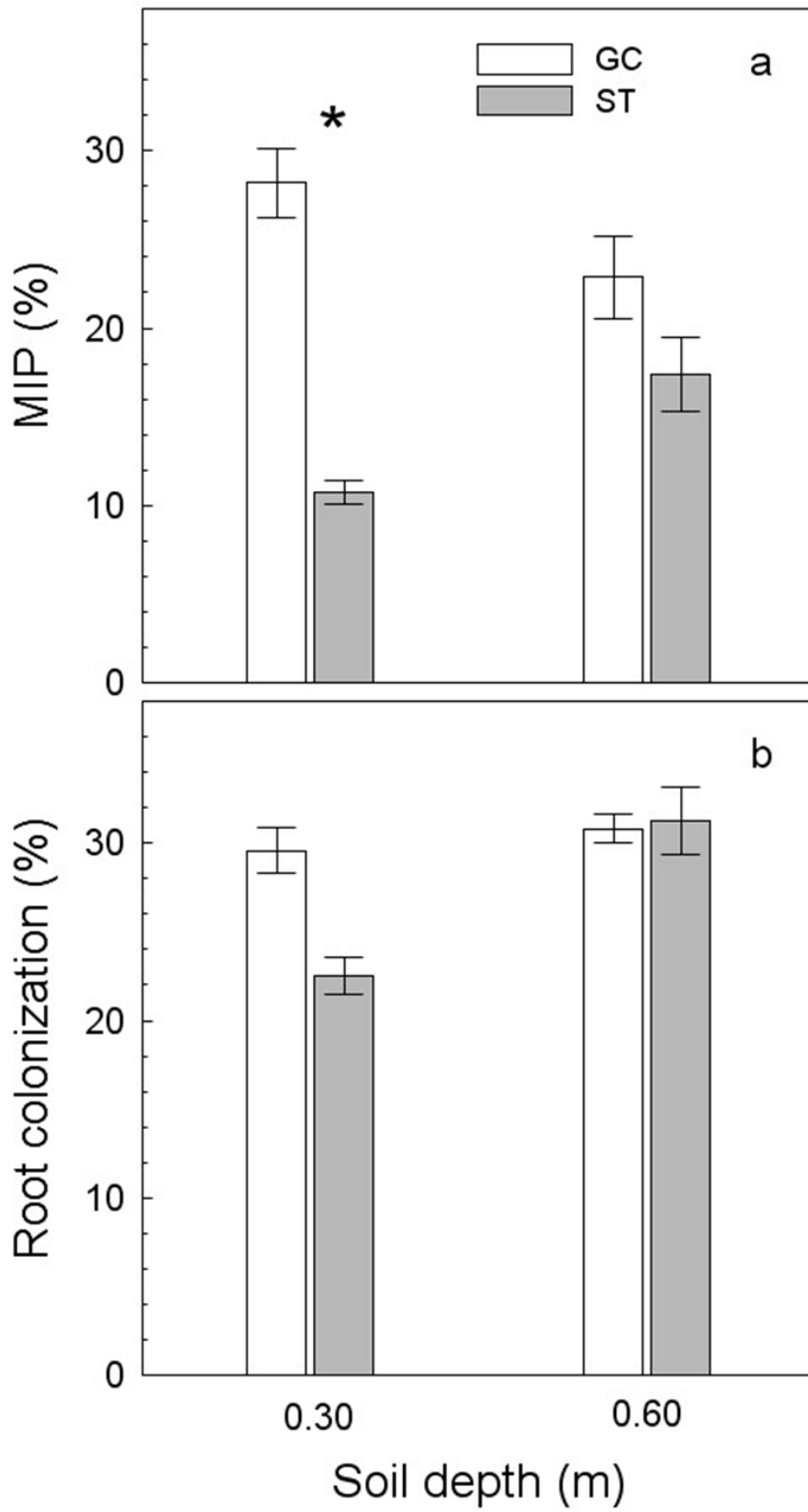
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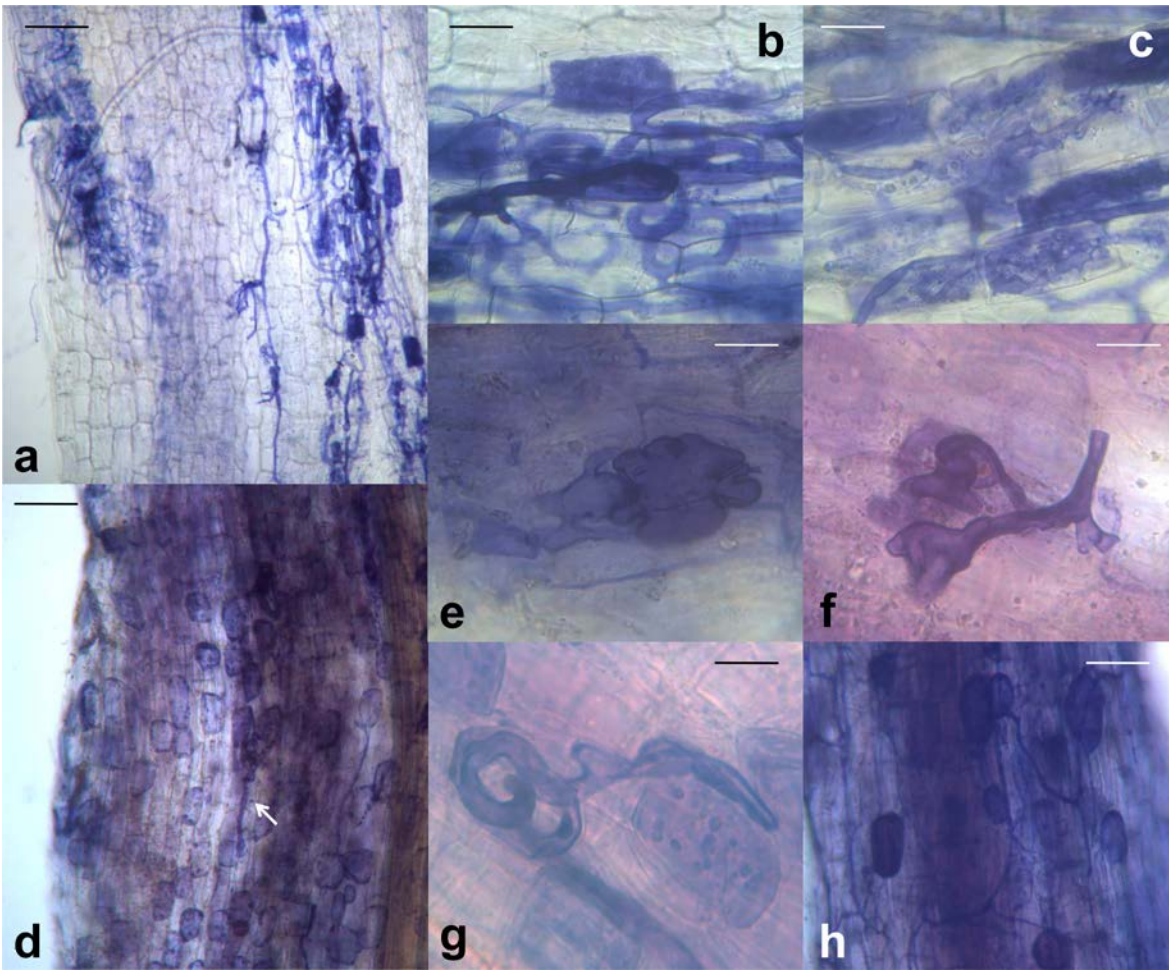
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