

1 **Shorelines of the Last Interglacial (MIS 5e): a field perspective**

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Abstract

The Last Interglacial (MIS 5e, 128-116 ka) is among the most studied of past periods in Earth's history. The climate at that time was warmer than today, primarily due to different orbital conditions, with smaller ice sheets and higher sea level. Field evidence for MIS 5e sea level has been reported from thousands of sites, but often with low-accuracy measurement techniques and, in some cases, contrasting interpretations. For this reason, large uncertainties still surround both the maximum sea level attained as well as the pattern of sea-level change throughout MIS 5e. Such uncertainties are exacerbated by the lack of a uniform approach to measuring and interpreting the geological evidence of paleo sea levels. In this review, we describe how a standardized approach, already successfully applied in Holocene sea level research, can be adopted for the study of MIS 5e relative sea-level indicators. Application of the standard definitions and methodologies described in this paper will enhance our ability to compare data from different research groups and different areas, in order to gain deeper insights into MIS5e sea level.

Keywords Last Interglacial, Sea-level indicators, MIS 5e, paleo sea level, sea level reconstructions

1. Introduction

Past interglacials are of interest to the scientific community as they can be used to study the behavior of the climate system during times as warm or slightly warmer than today. Of particular interest is the degree to which relatively small perturbations to climate forcing variables such as atmospheric or sea surface temperature, insolation, or CO₂ can lead to polar ice volume and sea level changes. For instance, during marine isotope stage (MIS) 5e, the Last Interglacial Period (LIG, ~128 to 116 ka, Stirling et al., 1998), ice core evidence suggests greenhouse gas concentrations were slightly higher than pre-industrial levels (Petit et al., 1999) and summer insolation at high latitudes was also higher by ~10%. These small changes in climate forcing were apparently sufficient to warm polar temperatures (>66° latitude) in both hemispheres by about 3-5 °C relative to today (Otto-Bliesner et al., 2006) and global mean temperature by an estimated 1.5°C (Turney and Jones, 2010). By comparison, global mean temperature has increased by about half this, or by ~0.85°C, since 1880 (IPCC, 2013) and an additional global warming of 1°C, that could be expected to raise polar temperatures by 3-6 °C (Kattsov et al., 2005), is likely to occur by the end of this century. Indeed, the Antarctic Peninsula has been warming by an average of 0.5°C per decade over the last 60 years (Mulvaney et al., 2013).

The only direct observations that allow reconstruction of MIS 5e sea levels are features associated with paleo sea levels such as, for example, fossil coral reef terraces. However, reconstructing MIS 5e sea level from such observations carries uncertainties related to age attribution and to how sea-level indicators are measured and interpreted by field geologists. The central issues are related to the methods used to establish the elevation of a sea-level indicator, as well as how precisely those measurements are referred to modern mean sea level. Standard topographic techniques (e.g. differential GPS, with vertical accuracy down to few centimeters) have been employed in Pleistocene and Pliocene field studies only recently and therefore measurement errors reported by older studies need to be re-assessed.

NPAnother important issue relates to how paleo sea level is calculated from the elevation of a sea-level indicator. Indeed, most MIS 5e (and older) markers cannot be correlated precisely to a tidal datum as happens, for example, with particular foraminifera assemblages in Holocene salt marshes (Shennan and Horton, 2002) or with coral microatolls (Woodroffe et al., 2012; Mann et al., 2016). Most MIS 5e sea-

level indicators carry with them large sea level uncertainties that are often not reported or properly defined.

The overall aim of this paper is to give a complete account of the best field practices that should be adopted when surveying MIS 5e and older sea-level indicators. In the next paragraphs we aim to:

- i) **Present a set of definitions and standardizations** that should be adopted in MIS 5e sea level studies. Adopting such definitions both in studies reporting new sea-level indicators as well as in literature reviews will ensure that the results will be easily integrated in sea-level databases (Düsterhus et al., 2016).
- ii) **Describe the most common landforms and deposits** used as MIS 5e sea-level indicators, together with their upper and lower limits of formation under modern conditions.
- iii) **Present an example** of how the standard methodology described in the paper can be applied to a real study case.
- iv) **Discuss** the implications for paleoclimate reconstructions of adopting correct procedures in the measurement and reporting of MIS 5e datasets.

2. Definitions

Today, processes acting near modern mean sea level (MSL) are shaping a set of landforms on both rocky and sedimentary coasts. These features include, for example, shore platforms or cobble beaches. When these features are found in the geologic record, disconnected from their environment of formation (for instance, a shore platform observed several meters above present day sea level), we infer that a **Relative Sea Level (RSL)** change has occurred. Any elevation difference between the original and the present-day elevation of similar features is called **RSL change**. RSL changes may be caused by factors such as ice volume changes, isostatic crustal adjustments, or tectonics or compaction-related subsidence. Any stratigraphic horizon, landform, or paleobiologic indicator of past sea level is called an **RSL indicator** (or RSL marker). An RSL indicator must have at least three properties:

- i) its elevation needs to be referred to a known height datum, and its position (latitude and longitude) needs to be referred to a known geographic system;
- ii) its offset (relative or absolute) from a former sea level needs to be known;
- iii) the age (relative or absolute) of the RSL indicator needs to be established with radiometric methods (such as U-series dating) or through chronostratigraphic correlation with other dated features.

Note that a RSL indicator is a more general form of ‘sea level index point’, a concept used in Holocene sea level studies (Shennan and Horton, 2002; Engelhart et al., 2009; Hijma et al., 2015). If the first two properties listed above are known, it is possible to calculate the paleo RSL (and its uncertainties) from the elevation of the RSL indicator (Table 1, Eqs. 1-4). This paleo RSL (Table 1, Eq.5a) is still uncorrected for post-depositional land movements (PD) or glacial isostatic adjustment effects (GIA). To correct for these processes, one must also know the age of the RSL indicator (see section 4). Post-depositional land movements include all the vertical displacements that have happened since the RSL indicator was deposited or shaped. These may include local or regional tectonic effects, sediment compaction, isostatic response to sediment loading or unloading (Dalca et al., 2013) or, especially for time periods older than MIS 5e, dynamic topography (Moucha et al., 2008; Rovere et al., 2015b; Rowley et al., 2013).

1 Any geological study on MIS 5e shorelines should aim to obtain the most accurate estimate of paleo RSL
2 and its associated uncertainties. In the next section we describe how this can be achieved using field
3 procedures and a standardized approach to the calculation of uncertainties.

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Table 1. Relevant equations in MIS 5e paleo sea level studies, with definitions.

	Equation	Definitions
Eq.1	$RWL = \left[\frac{(U_l + L_l)}{2} \right]$	RWL =Reference Water Level IR = Indicative Range
Eq.2	$IR = (U_l - L_l)$	U_l = Upper limit of landform in the modern analog L_l = Lower limit of landform in the modern analog
Eq.3	$RSL = (E - RWL)$	RSL =paleo Relative Sea Level E = elevation of sea-level indicator(measured in the field)
Eq.4	$\delta_{RSL} = \sqrt{E_e^2 + \left(\frac{IR}{2}\right)^2}$	E_e =Error in elevation measurement δ_{RSL} = uncertainty of RSL
Eq.5a	$PD = [RSL - (GIA + ESL)]$	PD = Post-depositional displacement uplift / subsidence PD_r = Post-depositional displacement uplift / subsidence rate
Eq.5b	$ESL = [RSL - (GIA + PD)]$	δ_{PD_r} = uncertainty of PD _r
Eq.6	$PDr = \left[\frac{RSL - (GIA + ESL)}{T} \right]$	GIA = Glacio-hydro-isostatic Adjustment contribution ESL = Paleo Eustatic Sea Level
Eq.7a	$\delta_{PD} = \sqrt{(\delta_{RSL}^2 + \delta_{GIA}^2 + \delta_{ESL}^2)}$	T = age of the paleo RSL indicator δ_{GIA} = uncertainty of GIA
Eq.7b	$\delta_{ESL} = \sqrt{(\delta_{RSL}^2 + \delta_{GIA}^2 + \delta_{PD}^2)}$	δ_{ESL} = uncertainty of ESL δ_T = uncertainty of T
Eq.8	$\delta_{PDr} = \sqrt{\left[\frac{(\delta_{PD}^2)}{T^2} \right] + \left\{ \left[\frac{(\delta_{RSL} + \delta_{GIA} + \delta_{ESL})}{T^2} \right]^2 \times \delta T^2 \right\}}$	

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2.1 Measuring the elevation of last interglacial RSL indicators

The elevation of an RSL indicator is the vertical distance between the marker and modern mean sea level, while the measurement error represents the accuracy of the measurement itself. Every measurement needs to be referred to a vertical datum (i.e. a 'zero' reference frame, representing modern MSL). In literature, the survey instruments used to establish elevation, their accuracy, and the vertical datum used are seldom reported.

Several instruments can be used to measure the elevation of a RSL indicator—they vary in accuracy and in the ease with which they can be precisely related to a vertical datum. The best measurement technique is represented by differential global positioning systems (DGPS) that can determine elevations either in real time or during post-processing (Muhs et al., 2014, 2011; O'Leary et al., 2013; Rovere et al., 2014; Rovere et al., 2015b). DGPS elevation measurements can be referred to either a global geoid model (currently, EGM2008, Pavlis et al., 2012) or, where available, a local geoid model typically calculated by national geodetic institutes (<http://www.isgeoid.polimi.it/>). If a local geoid model is not available, one should calibrate the GPS measurements against a known tidal datum using the procedure described in Foster, 2015 (Handbook of Sea Level Research, Chapter 10.4.2, page 166-167, Figure 10.1). Errors in elevation measurements with DGPS typically range between 0.1 and 1.0 m depending on the differential positioning technique used as well as other factors such as the spatial distribution of satellites at the time of measurement or the presence of obstacles masking the satellite view (e.g. trees, buildings).

Other common survey instruments used to measure paleo shorelines (Table 2) are Total stations (Dutton et al., 2015), metered tapes or rods (Antonioli et al., 2006, their Fig. 5b), hand or auto levels (often combined with other more precise techniques such as DGPS, Dutton et al., 2015; O'Leary et al., 2008), and barometric altimeters (Pedoja et al., 2011b). With each of these methods, an estimate of the vertical error can be obtained through replication the measurement, followed by calculation of the mean and standard deviation of the measured elevations. This practice is not often followed. Furthermore, these techniques do not provide elevations that are directly referenced to a global or local geoid, but rather provide a measurement relative to a local starting point—a point that must then be benchmarked against a tidal datum (see Dutton et al., 2015 for an example).

To measure the elevation of large-scale landforms (such as marine terraces extending hundreds of meters to kilometers) one can employ topographic maps and Digital Elevation Models (DEMs). Depending on the scale of the map or the grid size of the DEM, errors can range up to several meters.. However, these techniques are particularly useful in tracking landforms at landscape scale, particularly in order to identify possible warping or differential uplift due to tectonics or other post-depositional movements (Muhs et al., 1992; Rovere et al., 2015b). Airborne LIDAR datasets can be used for a similar purpose, with the advantage of a higher vertical accuracy (\pm a few centimeters, dependent on the specific laser sensor employed, GPS positioning and Inertial Measurement Unit). Recent developments in DEM from satellite imagery are providing elevations with a vertical accuracy < 1.5 m 1m grid spacing (e.g., data derived from tri-stereo *Pleiades* satellite imagery).

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Table 2. Description of the vertical accuracy and error of techniques used to measure elevations in the field.

Measurement technique	Description	Typical vertical error under optimal conditions
Differential GPS	Positions are acquired in the field and are corrected, either in real time or during post-processing, with respect to the known position of a base station or a geostationary satellite system (e.g. Omnistar). Accuracy depends on satellite signal strength, distance from base station, and number of static positions acquired at the same location.	± 0.02 / ± 0.08 m
Total station	Total stations or levels measure slope distances from the instrument to a particular point and triangulate relative to the XYZ coordinates of the base station. The accuracy of this process depends on how well defined the reference point and on the distance of the surveyed point from the base station. Thus, it is necessary to benchmark the reference station with a nearby tidal datum, or use a precisely (DGPS) known geodetic point. the accuracy of the elevation measurement is also inversely proportional to the distance between the instrument and the point being measured.	± 0.1 / ± 0.2 m
Auto or hand level		± 0.2 / ± 0.4 m
Metered tape or rod	The end of a tape or rod is placed at a known coordinate or elevation point, and the elevation of the unknown point is calculated using the metered scale and, if necessary, clinometers to calculate angles. The accuracy of this method decreases considerably with elevation offsets greater than 10 meters between the known and unknown points.	Up to $\pm 10\%$ of elevation measurement
Barometric altimeter	Difference in barometric pressure between a point of known elevation (often sea level) and a point of unknown elevation. Not accurate and used only rarely (e.g. Pedoja et al., 2011b)	Up to $\pm 20\%$ of elevation measurement
Topographic map and digital elevation models	Elevation derived from the contour lines on topographic maps. Most often used for large-scale landforms (i.e. marine terraces). Several meters of error are possible, depending on the scale of the map or the resolution of the DEM (Rovere et al., 2015b).	Variable with scale of map and technique used to derive DEM.

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2.2 Determining indicative meaning of a sea-level indicator according to the modern analog

After accurate elevation measurements of paleo RSL features are made, one must then evaluate where, relative to sea level those features formed (e.g., was the feature forming exactly at sea level, above, or below it?). While the elevation measurement (and associated accuracy) of any RSL indicator is an objective measure, the estimation of paleo RSL from a RSL indicator can be more subjective, commonly reported in sea level studies as the 'geologic interpretation' of the data and thus more likely to give rise to controversy.

It is then important introduce here the concept of indicative meaning. This is the most fundamental elevation attribute in RSL reconstruction describing where, with respect to tide levels, the sea-level indicator formed (Shennan, 1982; Van de Plassche, 1986; Hijma et al., 2015).

The indicative meaning consists of two parameters: the indicative range (IR) and reference water level (RWL). IR and RWL are concepts that are already widely applied in Holocene sea level studies (Shennan and Horton, 2002; Engelhart and Horton, 2012; Vacchi et al., 2016) and are beginning to be employed in sea level studies focused on older periods (Kopp et al., 2009; Rovere et al., 2015b). These terms can be defined as follows (Hijma et al., 2015):

The IR is the elevational range over which an indicator forms and the RWL is the mid- point of this range, expressed relative to the same datum as the elevation of the sampled indicator (geodetic datum or tide level). The greater the indicative range, the greater the uncertainty in the final paleo RSL reconstruction.

The indicative meaning for a given type of feature is determined by measuring its relationship with a specific contemporary tidal level (usually the mean sea level, MSL) along the modern shorelines (i.e. the modern analog). The application of the concept of modern analog to Holocene sea level studies has allowed the development of transfer function techniques, which have significantly improved our ability to assess, in a quantitative and standardized way, Holocene RSL changes (Juggins and Birks, 2012; Kemp and Telford, 2015).

As an example, we assume in Figure 1 that a last interglacial RSL indicator is represented by an exposed beach deposit where corals dating to MIS 5e are present (yellow unit in Figure 1) found in close proximity to the inner margin of a marine terrace (red dot). The measured elevation of the inner margin is $+2.1 \pm 0.1$ m. In the modern shoreline adjacent to the paleo RSL indicator, a similar feature, the inner margin of a terrace mantled by a shallow submerged beach deposit, is defined as the modern analog. We observe that the modern submerged beach is located between -0.9 and -1.8 m below MSL depending upon where along the coast we are. In the lower left corner of Figure 1 is shown how, using these values as respectively upper and lower limits for the RSL indicator, IR and RWL can be calculated using Eq.2 and Eq.3 (Table 1). Once IR and RWL are known, it is possible to calculate the Paleo RSL index point (i.e. a point that estimates relative sea level at a specified time and place, cf. Gehrels and Long, 2007; Hijma et al., 2015) using Eq.3 and Eq.4 in Table 1.

In this example, we can calculate the paleo RSL index point, and associated error, using Eq. 1-4 in Table 1, resulting in a paleo RSL elevation of $+3.45 \pm 0.46$ m (e.g. $2.10 \text{ m} - (-1.35) = 3.45$). It is worth noting that the final paleo RSL is 1.35 m higher than the initial measurement of marker elevation, obviously taking into account that such beach features form on average at -1.35 meters in the modern local setting. In terms

of ice sheet melting, this difference is significant, equal to roughly half of the proposed Greenland contribution to MIS 5e sea level (Rybak and Huybrechts, 2013).

Figure 1 Example of calculation of RWL, IR, RSL and RSL error from a paleo RSL indicator (marine terrace) and a modern analog.

Application of the indicative meaning approach to the interpretation of past sea level requires the assumption that the local conditions responsible for the shaping of the landform, such as tidal or wave regime, have not changed significantly between the two times. It is possible that in some cases this assumption is not true, for example if higher sea level during the Last Interglacial resulted in major changes in the paleogeography of the study area and therefore changes in how wave action or different tidal ranges may have influenced the formation of a marker. In this case, corrective factors with respect to the modern analog would need to be adopted (and described).

In order to calculate both IR and RWL, it is necessary to couple site-specific research on paleo sea levels with that on modern shoreline processes, existing landforms and/or biological zonation of living organisms. Such information can be obtained performing surveys on the modern shoreline, identifying the same facies and organisms encountered in the paleo record and measuring their modern elevation range. This approach was used, for example, by O'Leary et al., 2013, who measured the elevation (relative to MSL) of modern biological communities and geomorphic features in Western Australia, and then used these observed offsets to estimate the position of paleo RSL as indicated by the same facies in the fossil record (see Fig. 2 of O'Leary et al., 2013 for details).

Another site-specific approach involves the use of data available in literature to establish the boundaries of specific landforms. As an example, Rovere et al., 2015b inferred the indicative meaning for the mid-Pliocene shoreline scarp on the US Atlantic Coastal Plain referring to studies of modern beach profile variations at different places along the modern shoreline in the same region. On the modern shoreface, a major break in slope is observed at 3–7 m depth (Hallermeier, 1981; Larson and Kraus, 1994; Lee et al., 1998) that corresponds to the maximum water depth for near shore erosion caused by extreme wave conditions. Using -3 and -7 meters as upper and lower limits of the IR, they calculated paleo RSL and associated uncertainties using Eqs. 1-4 in Table 1.

It is worth noting that paleo RSL indicators exclude those landforms that cannot be directly related with sea level. As an example, a dune deposit will always be located above sea level, but it is not possible to quantify with any useful accuracy where the dune was forming relative to the MSL. Such indicators are defined as **terrestrial limiting point**. Similarly, a marine deposit with *in situ* fauna with no stratigraphic or sedimentologic information that would allow one to tie it closely to sea level must be considered as **marine limiting point**. The only information that can be derived from terrestrial and marine limiting points is that, at the time of their formation, sea level was respectively above or below the elevation of such indicators (Figure 2).

Figure 2 Difference between RSL, terrestrial and marine limiting points. The Pleistocene dune of Cerveteri is described in Nisi et al., 2003 and references therein. The deposits at Grot Brak are described in Carr et al., 2010. The Plio-Pleistocene marine facies in Pianosa Island are described in Graciotti et al., 2002.

3. Last Interglacial RSL indicators

Scientific observations of late Quaternary, and particularly MIS 5e, shorelines higher than present date back almost two centuries (Darwin, 1846; Hutton, 1885; Lyell, 1837). Since then, numerous papers have addressed Last Interglacial relative sea levels. Pedoja et al., 2014 compiled the most extensive review of paleo sea level studies to date, identifying 987 studies that reported at least the elevation of an MIS 5e site. It is worth noting that the number of such studies increased dramatically in the decade 1970-1980, and has been growing steadily since (Figure 3c). Analyzing the Pedoja et al., 2014 database in a spatial context we can identify the areas where the most MIS5e sites are concentrated (Figure 3a). These include the west coast of the US (Muhs et al., 2004), the western Mediterranean Sea (Ferranti et al., 2006; Zazo et al., 2003) and the Japanese coasts (Ota and Omura, 1991). Other important compilations of shoreline data at regional scale include Ferranti et al., 2006; Hearty et al., 2007; Muhs et al., 2004; Murray-Wallace and Belperio, 1991; O'Leary et al., 2013, while more recent reviews are centered mostly on the timing of MIS 5e sea level changes (e.g., Dutton and Lambeck, 2012; Medina-Elizalde, 2013; Hibbert et al., 2014).

Several problems are encountered when comparing MIS5e data from different compilations. The main issue is that each MIS 5e database uses a different table structure as well as varying definitions of landforms and of their meaning with respect to sea level. Often, no distinction is given between measurement of the RSL indicator and the interpretation (e.g. the IR and RWL), although some observations that might inform the determination of indicative range are sometimes included in the description of the landforms (e.g. suppl. Material in Pedoja et al., 2014, 2011a, or main paper in Ferranti et al., 2006). In addition, the measurement methods adopted by authors and the vertical datum to which they reference their field elevation measurements are seldom described in detail and/or accurately described, thus it is very difficult to assess measurement error in published studies.

Very few studies published prior to 2010 used high-precision techniques to measure the elevation of RSL indicators (e.g. differential GPS) or reported uncertainties associated with elevation measurements. Pedoja et al., 2014 (sup. mat.) highlight that, in their sea-level database, they '*systematically attributed a minimum error range of one meter to the measurements on elevation published without any margin of error*'. Among the sites they reviewed, almost half (456 over 943) have error bars equal to ± 0.5 m (Figure 3d). In another large MIS 5e database, Kopp et al., 2009 included only sites where published information was detailed enough to derive a measurement error, IR and RWL. As a result, the number of sites in their database is much lower than in Pedoja's (78 data points vs 943), however, presumably they are much more accurate.

A major research need is to re-evaluate the measurement error of published data and perform new topographic measurements (e.g. with differential GPS, or a total station benchmarked to tidal gauges) in order to minimize the uncertainties in paleo SL estimates related to measurement error. Differential GPS instruments are becoming more accessible both in terms of usability by non-experts as well as cost (Stempfhuber and Buchholz, 2012; Takasu and Yasuda, 2009), a trend likely to continue in the future.

Figure 3 Number of a) sites and b) papers published within land parcels of 500 square kilometers; c) number of studies reporting MIS 5e shorelines per year; d) error bars on MIS 5e sea level. Based on data from Pedoja et al., 2014.

A common denominator of MIS 5e studies and databases is the relatively low number of landforms and deposits that have been used as RSL indicators (Figure 4, Table 3). For each one of these indicators, it is possible, in theory, to define their IRs relative to modern sea level by looking at modern analogs. This information can then be used to calculate paleo RSL with more rigorously determined uncertainties. In the next sections, we describe the most common RSL indicators that have been used in MIS 5e studies including the upper and lower bounds of their indicative range.

Figure 4. Landforms commonly used as RSL indicators for MIS5e with the upper and lower limits of the Indicative Range shown by the thin dark blue lines (see Table 3 for more details and definitions).

3.1 Marine terraces

A marine terrace is any relatively flat surface of marine origin (Pirazzoli, 2005, Figure 4a). Marine terraces can be shaped by marine erosion (wave-cut terraces) or can consist of shallow water to slightly emerged accumulations of materials removed by shore erosion (i.e., marine-built terraces) (Pirazzoli, 2005). Marine terraces range in width from few hundreds of meters to up to 1-2 kilometers, are often mantled by subtidal, intertidal or slightly supratidal deposits, and can stretch for several kilometers of coast. They are widely used in sea-level studies, especially those addressing coastal uplift (Gaki-Papanastassiou et al., 2009; Kern, 1977; Ku and Kern, 1974; Muhs and Szabo, 1982; Muhs et al., 1992; Schellmann and Radtke, 2000; Zazo et al., 2007, 1999).

The feature of a marine terrace that is most commonly used as the paleo RSL indicator is the inner margin (Figure 5a), that is the knickpoint between the sub-horizontal surface of the terrace and the vertical or sub-vertical landward cliff. If a relict inner margin is covered by colluvium deposits after its formation, the precision of the sea level reconstruction necessarily decreases (see the example of the reconstruction of mid-Pliocene sea level from the inner margin of the Orangeburg scarp, a Pliocene marine surface on the Atlantic Coastal Plain of the US, Rovere et al., 2015). In such cases, the thickness of the colluvium can be estimated independently, or it can be surveyed with indirect techniques such as ground penetrating radar (e.g. O'Neal and Dunn, 2003).

Along modern shorelines, it is possible to observe the inner margin of marine terraces in two settings. The first is above sea level, usually bounded by a beach (Figure 5b). The inner margin can also be found below sea level in the zone where marine abrasion is still active (Figure 5c; Ferranti et al 2006). Therefore, the upper limit of the indicative range for the inner margin of a marine terrace can be set to the storm wave swash height (SWSH), while the lower limit can be set to the breaking depth of significant waves that form the terrace (d_b , i.e. the depth at which waves start breaking; Smith, 2003; Vacchi et al., 2014). The sea level information may be more precise if other features, such as *in situ* biological indicators, are found in proximity to the inner margin or knickpoint.

Figure 5. a) Example of an MIS 5e marine terrace on Santa María Island, Azores (see Avila et al., 2015 for details); b) modern inner margin of marine terrace located in the swash zone, being actively shaped by beach erosion processes (Portugal, Algarve); c) modern inner margin located near the breaking depth of waves at around 4-5m depth (NW Italy, Capo Noli, Rovere et al., 2014, 2011). The gray line in each figure represents the location of the inner margin.

3.2 Coral reef terraces

Coral reef terraces can be considered a particular type of marine terrace (Figure 4b) as they are formed by the interplay of erosive processes (wave abrasion, bioerosion) and constructional processes (coral reef growth, Anthony, 2008), while marine terraces are mostly related to wave erosion processes and sedimentary deposition. In general, reef terraces are discussed within the framework of keep-up/catch-up/give-up (Neumann and Macintyre, 1985) and backstepping processes (Woodroffe and Murray-Wallace 2012), and they usually range from few hundred meters to 1-2 kilometers in length (Figure 6a). The possibility to date corals preserved on the terrace surface using U-series methods (e.g. Muhs et al., 1994; Stirling et al., 1998) has resulted in the widespread use of coral reef terraces as sea-level indicators, especially in uplifting areas (such as Barbados or Papua New Guinea, Bard et al., 1990; Chappell et al., 1996; Schellmann et al., 2004) where coralline stair-stepped landscapes are preserved (Kelsey, 2015).

In general, paleo RSL is determined from the average elevation of the terrace or, if present, from the elevation of the highest *in situ* corals which are usually found on the paleo reef crest. Considerations of the water-depth range of different coral species, or the occurrence of particular benthic assemblages or growth forms with a limited living range (e.g., such as microatolls which are constrained to the intertidal zone, Woodroffe et al., 2012) can further improve paleo RSL estimates. A reef flat typically extends up to the mean lower low water (MLLW, Figure 6a), which represents the general upper limit of the living range of corals. The depth of a coral reef terrace is limited by local hydrodynamic conditions that shape the forereef. A reef flat is rarely deeper than 3 meters (Blanchon, 2011).

Figure 6. a) Reef flat in Malé Atoll, Maldives; b) frequency distribution of the maximum reef flat depth of 34 reefs worldwide (see supplementary materials for details); c) the location of these reefs. References: 1. Falter et al., 2013; 2. Jokiel et al., 2014; 3. Storlazzi et al., 2003; 4. Mariath et al., 2013; 5. Lasagna et al., 2010; 6. Buddemeier et al., 1975; 7. Kench and Brander, 2006; 8. Goatley and Bellwood, 2012; 9. Dean et al., 2015; 10. Mongin and Baird, 2014; Other datasets: Blanchon, 2011; Montaggioni, 2005.

3.3 Shore platforms

Shore platforms (Figure 4c, Figure 7a,b) are sub-horizontal rocky surfaces that interrupt vertical or sub-vertical cliffs near sea level (Kennedy, 2015). Shore platforms have been classically divided in two categories: those sloping gently between about 1° and 5°, and those which are horizontal (Sunamura, 1992; Trenhaile, 1987). To these two types, Bird, 2011 added structural shore platforms, which are found where waves have exposed the surface of a flat or gently dipping resistant rock formation, usually a bedding plane. Shore platforms can be characterized by a number of smaller scale features such as wave ramps, potholes and other abrasion forms created by wave action, bioerosion, and/or chemical erosion (Figure 7f). Although the terms ‘shore platform’ and ‘marine terrace’ have been often used as synonyms, we highlight that they indicate different landforms. One of the main differences resides in the scale: few tens of meters for shore platforms, few hundreds of meters to kilometers for marine terraces (see scale bars in Figure 4a,c). Another important difference is that, often, a shore platform represent an exposed rock surface, while a marine terrace is most often covered by coastal or marine deposits.

The contact point between the horizontal bedrock and the vertical rocky cliff (i.e. the inner margin) is usually considered a good paleo RSL indicator, and shore platforms have been used as RSL indicators in a

number of settings (Figure 7c,d,e). Nevertheless, disagreement exists as to whether marine or sub-aerial processes play the major role in shaping shore platforms (Trenhaile and Kanyaya, 2007; Trenhaile and Porter, 2007; Trenhaile, 2008; Stephenson and Kirk, 2000; Gómez-Pujol et al., 2015; Stephenson, 2000). The amplitude of the tidal range is considered to be significant as it determines the height of wave attack as well as the kind of waves reaching the platform, factors which can influence both weathering and biological activities (Kanyaya and Trenhaile, 2005). To be more exact, the initiation and evolution of a shore platform depends on a balance between the geological properties of the bedrock and the coastal environmental forcing (Gómez-Pujol et al., 2006; Kennedy and Dickson, 2006; Naylor and Stephenson, 2010). Wave energy appears to play a significant role, with sloping platforms formed in environments characterized by higher wave energy than horizontal platforms.

Following the above, the use of shore platforms as sea level indicators must be informed by an understanding of the processes active in their development (Pirazzoli, 1996). In fact, while some platforms are carved above sea level, others are initiated in intertidal to slightly subtidal zones. According to Kennedy, 2015 *'the seaward edge of a shore platform is defined as: the point where active erosion of the bedrock ceases'*. In general, the limits of the indicative range associated with shore platforms vary from mean higher high water (MHHW) to a point that, according to the above definition of Kennedy, 2015, lies between the mean lower low water (MLLW) and the breaking depth of significant waves. A first-order estimate of the lower limit of a shore platform can be the midpoint between these two depths (Figure 4c).

Figure 7. Modern shore platforms in a) South Africa, De Hoop Nature Reserve and b) Guadeloupe, French Caribbean; c) modern shore platform in Galilee, Israel. The green line separates the modern platform from an upper platform shaped during MIS 5e (Sivan et al., 1999); d) MIS 5e shore platform (green line) on Santa Maria Island, Azores ("Pedra que Pica" outcrop, for details see Avila et al., 2015); e) deposits still preserved on the Santa Maria platform include rounded boulders of volcanic origin with fossil limpets (*Patella* sp.) still attached in living position. Such observations can be used to better constrain the indicative range of this deposit as the preferred habitat of *Patella* is generally ranges between the supra-littoral zone and the spray zone (Rovere et al., 2015a); f) Potholes (green arrows) on a shore platform in Biddiriscottai, Sardinia, NW Italy, that are shaped during winter storms.

3.4 Beach deposits and beach rocks

Beaches are loose accumulations of sand, gravel or pebbles that characterize many coasts worldwide (Anthony, 2005). The upper limit of a beach is on land while its lower limit is typically found in the upper subtidal zone (Figure 4d). Cemented beach deposits have been used as RSL indicators in a number of MIS 5e studies (see sup. mat. in Pedoja et al., 2014), but very few of these studies consider their vertical range of formation in the calculation of the paleo RSL (see example for the cemented beach deposit in Cala Millor, Figure 15).

There are several potential ways to define the upper and lower limits of a beach (Chrastowski, 2005). In general, a beach can be considered as limited offshore by the longshore bar (located at the breaking depth, d_b), and onshore by the ordinary berm (ob). These two features can be up to 1 km apart. More exact sea level information might be derived from sedimentary structures that are related to particular zones within the beach (Figure 8). For example, keystone vugs or beach fenestrae (Dunham, 1970) are formed as air bubbles are trapped in fine sand when inundated by sheets of water (Hearty et al., 1998), and thus typically indicate an environment between mean sea level and the mean higher high tide (MHHW). On the other hand, the contact between subtidal and intertidal beach beds characterizes an environment close to the mean lower low tide (MLLW). A detailed account of beach structures that might be used for paleo sea level studies is contained in Tamura, 2012 (their Fig.6).

Figure 8. a) Last Interglacial beach deposit in Grape Bay, Bermuda (Hearty, 2002; Hearty et al., 1992). The observed sedimentary structures suggest a sequence where water depth is shoaling upwards. The paleo RSL is best placed at the top of the foreshore beds; b) last interglacial beach deposit in Campo de Tiro, Mallorca, Spain (Hearty, 1987) where no diagnostic sedimentary structures have been preserved. In c) a detail of the same deposit shows that it contains fragments of shells and small pebbles. The indicative range of this deposit cannot be constrained to better than the general range shown in Figure 4d; d) contact (white line) between planar laminations and beach berm horizons on a modern beach near Keta, Ghana.

While fossil beach deposits may be composed of loose sediments sometimes slightly cemented, beachrocks are lithified coastal deposits (Figure 4e, Figure 9a,b) that are organized in sequences of slabs with seaward inclination generally between 5° and 15° (Desruelles et al., 2009; Vacchi et al., 2012). Lithification is *'a function of CO_3^{2-} ion concentration in seawater, microbial activity and degassing of CO_2 from seaward flowing groundwater'* (Mauz et al., 2015). In other words, beachrocks form in a mixing zone at the interface between seawater and meteoric water (see Mauz et al., 2015, their Fig.2).

Although the utility of beachrock as a sea level indicator has been debated (Kelletat, 2007; Knight, 2007), beachrocks have often been used as indicators for Last Interglacial sea level (e.g O'Leary et al., 2008; Ramsay and Cooper, 2001; Sherman et al., 1993). In general, beachrock forms in a coastal environment between the upper shoreface and the spray zone (Mauz et al., 2015). The upper shoreface is the portion of the seafloor that is shallow enough to be agitated by everyday wave action, and usually corresponds to the breaking depth (d_b) of the significant wave height in the studied area over the longest possible recording period. In coastal engineering, the significant wave height (often indicated as SWH or H_s) is defined traditionally as the mean wave height of the highest third of the waves over a defined period.

The sea level information from beachrock deposits can be improved if information on cement fabric, mineralogy, and sediment bedding structures are reported (Vieira et al., 2007; Mauz et al., 2015). As an example, irregularly distributed needles of aragonite, isopachous fibers of aragonite, or isopachous aragonitic rims (bladed or fibrous) as well as micritic high-magnesium-calcite cement or small-scaled trough cross stratification can all constrain the indicative range to the lower intertidal zone (see Mauz et al., 2015, their Table 5 and Figure 2).

Figure 9. Late Holocene beachrock in a) Liguria, NW Italy (Rovere et al., 2014); and b) Maui, Hookipa Park, Hawaii (Meyers, 1987).

3.5 Beach ridges

The broadest definition of beach ridges is the one given by Otvos, 2000, who defined them as *'stabilized, relict intertidal and supratidal, eolian and wave-built shore ridges that may consist of either siliciclastic or calcareous clastic matter of a wide range of clasts dimensions from fine sand to cobbles and boulders'*. Although aeolian beach ridges may be used to reconstruct paleoenvironments (Hesp, 1984) and can define the terrestrial limits to sea level (Mauz et al., 2013), wave-built beach ridges (Figure 4f, Figure 10a, b) can be used as last interglacial RSL indicators (e.g., Nichol, 2002; Schellmann and Radtke, 2010).

Wave-built ridges are created by accumulation of sediments on the upper part of the shoreline, and indicate sea level with a broad indicative range, one that is limited in the seaward direction by the base of the ordinary berm (ob) and in the landward direction by the maximum ingression of storm waves (storm wave swash height, SWSH, Kelsey, 2015; Tamura, 2012). More precise sea level reconstruction can be obtained from specific sedimentary structures within the beach ridges such as..., but usually beach ridges can be regarded as low-quality sea level indicators. Nevertheless, in some regions (e.g. Patagonia,

Schellmann and Radtke, 2010), beach ridges are the only MIS5e sea level indicators available (Ribolini et al., 2011). Tamura, 2012 observes that it is particularly important to analyze the modern counterparts of relict beach ridges, in order to identify their characteristic elevation range and apply this range to paleo sea level reconstructions in the same region.

Figure 10. a) Back of a Last Interglacial beach ridge in Camarones, Argentina, cut by roadworks (see Fig. 6 in Schellmann and Radtke, 2000); b) detail of the same beach ridge, showing a layer of pebbles and imbricated shells near the top of the ridge.

3.6 Lagoon deposits

Lagoons are inland water bodies with continuous or intermittent connection to the open sea (Kjerfve, 1994). Lagoonal deposits typically consist of silty and clayey sediments, frequently characterized by the presence of brackish or marine water fauna (Figure 4g). Usually, lagoon sediments are horizontally laminated (Zecchin et al., 2004) and may be interrupted by one or more sandy layers (possibly with fragments of marine shells) that represent the transport, into the lagoon, of storm deposits.

Normally the indicative range of a coastal lagoon is constrained between the mean lower low tide (MLLW) and the depth of the lagoon (dl) (Figure 11a). The depth of several lagoons worldwide averages at 2 ± 1.5 m, although some lagoons can reach up to -8 m depth (Figure 11b, c). The stratigraphic context and living range of fossil fauna can further inform sea level information from lagoonal sequences.

In general, the sea level information yield by paleo lagoon deposits is improved when they contain fossil *in situ* fauna, such as articulated bivalves or remnants of reefs built by bioconstructors. Several species of serpulids are known as primary builders that form reef-like structures with calcareous tubes that grow vertically on the substrate. Often these structures form in clumps and become cemented to each other (Ten Hove, 1979). Large serpulid reefs are today found in quiet, enclosed embayments and/or in brackish estuaries and lagoons (Bianchi et al., 1995; Fornós et al., 1997; Schwindt et al., 2004; Ten Hove and Weerdenburg, 1978). In addition, lagoonal facies are often characterized by foraminiferal and ostracods assemblages dominated by marine or brackish taxa (Debenay et al., 2000). All these biological features, if found in the fossil record, may serve to narrow the indicative range (Murray-Wallace et al., 1999).

Figure 11. a) Coastal lagoon near Jandia, Fuerteventura, Spain. The maximum depth of the lagoon is -1.5 m. It is separated from the open ocean by a sand bar; b) frequency distribution of the maximum depth of lagoons worldwide based on 42 locations (see supplementary materials for details); c) the location of these lagoons. References: 1. Hanna et al., 2014; 2. Serrano et al., 2013; 3. Nicholls, 1989; 4. Contreras et al., 2014; 5. De Francesco and Isla, 2003; 6. Bruneau et al., 2011; 7. Dias et al., 2001; 8. Bellucci et al., 2002; 9. Bonnet et al., 2012; 10. Karroubi et al., 2012; 11. Lamprey et al., 2013; 12. Seunoi et al., 2011; 13. Chandana et al., 2008; 14. Nagasaka and Takano, 2014; 15. Suga and Montani, 2011; 16. Tulipani et al., 2014.

3.7 Cheniers

Chenier ridges (cheniers, Figure 4g) can be defined as *'sandy or shelly ridges, differentiated from other sand or shell beach ridges by the fact that they are perched on and separated laterally from other cheniers on a chenier plain, by fine-grained, muddy (or sometimes marshy) sediments'* (The 'Encyclopedia of Coastal Science', Schwartz, 2005). More simply, cheniers are land strips separating different sections of a coastal lagoon (Figure 12b). Coarser sediments can accumulate on cheniers from over-washing of storm waves. With regards their dimensions, cheniers can be up to 6 m high (Figure 12a, b), tens of kilometers in length and hundreds of meters wide (Schwartz, 2005).

As they develop in near shore environments, cheniers can be used as sea-level indicators (Carlston, 1950; Trowbridge, 1954), but their precision is low unless additional stratigraphic information is present. In general, the indicative range of a chenier is from the top elevation of the feature, above mean sea level, to the mean higher high water (MHHW). In general, the best guideline to the relationship between a paleo chenier and paleo RSL is given by observations of the distribution of modern cheniers in a region.

Figure 12. a) Modern chenier ridge at the estuary of the Volta River, Ghana; b) aerial view with indication of the location where the photo in a) has been taken. The maximum elevation of this chenier above sea level is 2.3m.

3.8 Tidal notches

Tidal notches (Figure 4i) are indentations or undercuttings (Figure 13a, b), a few centimetres to several meters deep, cut into rocky coasts by processes acting in the tidal zone (such as tidal wetting and drying cycles, bioerosion, or mechanical action). Tidal notches are shaped by the interplay of bioerosion, wave action and tidal wetting and drying cycles on limestone coasts (Antonioli et al., 2015; Carobene, 2014; Pirazzoli, 1996). Tidal notches are shaped near Mean Sea Level (MSL) on calcareous cliffs and their highest elevation is constrained by local tides, while their depth (i.e. how deep they are cut into the rocky cliff) is related to intensity of local waves, bioerosion agents and presence of waters undersaturated of calcium carbonates (e.g. freshwater springs, Antonioli et al., 2015). MSL usually corresponds to the point of maximum concavity of the notch (Figure 13c, f). The height of the notch is always less than extreme tide values, and instead typically falls between mean higher high water (MHHW) and mean lower low water (MLLW).

Tidal notches formed during the Last Interglacial have been used as RSL indicators in several locations (Antonioli et al., 2006; Carobene, 2014; Hearty et al., 2007). They are especially effective sea level indicators in regions with a low tidal range (such as the Mediterranean sea), where they can indicate sea level with a precision of few decimetres (Figure 13d,e). The sea level information can be even more precise if biological indicators, such as traces left by bioerosional organisms near MLLW (Laborel and Laborel-Deguen, 1996; Rovere et al., 2015a) have been preserved in the notch. The main limitation on the use of tidal notches as RSL indicators is that they cannot be dated directly—their age can only be derived from chronostratigraphic correlations with other RSL indicators, such as beach or lagoonal deposits found in proximity to the notch.

Figure 13. Modern tidal notches in a) Krabi, Thailand, and b) Cottesloe Beach, Perth, Western Australia; Last Interglacial tidal notches in c) Capo S. Vito, Sicily; and d) and e) preserved on vertical cliffs in the Orosei Gulf, Sardinia, Italy (Antonioli et al., 2006; Carobene, 2014). The notch is indicated by the black dashed line; f) a tidal notch in Biddiriscottai, Dorgali, Sardinia, partially covered by aeolianites of last glacial maximum age (Antonioli et al., 2015).

3.9 Abrasion notches and sea caves

Abrasion processes are active where sand, gravel or pebbles are thrown against the rock by incoming waves resulting in erosion of a rocky shore face. This processes creates abrasion notches (Figure 14a, b) that usually span a larger vertical distance than tidal notches. They also occur in all lithologies (while tidal notches occur only on carbonate rocks). As the formation of abrasion notches occurs where sediments can be mobilized by waves, abrasion notches have a large indicative range reaching from the storm swash wave height to the breaking depth of significant waves.

Coastal caves can be classified according to whether they are submerged or subaerial needed?(Ferranti, 1998). Submerged caves originally formed in continental environments above sea level and were later

1 drowned by a relative sea level rise. The largest submerged caves are formed by karst dissolution of the
2 landscape. Other caves of continental origin include, for example, volcanic caves (Cicogna et al., 2003).
3 One of the most widely recognized examples of submerged (karst) caves are blue holes on carbonate
4 banks (Mylroie et al., 1995). Other examples of submerged karst caves can be found along the coastlines
5 of central and southern Italy (Ferranti, 1998) or Croatia (Surić et al., 2009a, b). In his review of
6 underwater cave systems in carbonate rocks, Ferranti, 1998 argues that, in the absence of further paleo
7 RSL indicators, karst caves are an imprecise sea level indicators.

8 Subaerial coastal caves, on the other hand, form near sea level by mechanical abrasion processes
9 (Colantoni, 1976). In general, this kind of cave displays an elongated shape, narrowing towards the
10 interior, resulting in a short, wedge-shaped section orthogonal to the shore and a triangle or trapezium-
11 shaped section parallel to the coastline (Ferranti, 1998). Coastal caves usually form along structural
12 weaknesses in the bedrock (faults, joints, strata) and bioerosion and chemical dissolution are important
13 processes in carving the cave, especially along carbonate coastlines. While good sea-level indicators such
14 as tidal notches or fixed biological indicators can be preserved in these caves (Carobene, 2014), typically
15 it is the levelled floor at the entrance of the cave, often associated with abrasion notches, that provides a
16 marker for RSL. This level represents the minimum level of constant wave action, and its precision in
17 indicating sea level is comparable to that of abrasion notches, described above.

18 Finally, the use of deposits found inside marine caves is widespread in sea level studies. Caves can
19 effectively preserve deposits from marine erosion including beach deposits (Hearty et al., 1999) and
20 archaeological indicators (e.g. in the Cosquer Cave, near Marseille, France, described by Lambeck & Bard,
21 2000). In addition, speleothems (Bard et al. 2002, Vesica et al., 2000) containing alternations of
22 continental and marine layers have been used to reconstruct Pleistocene sea level history (Antonioli &
23 Oliverio, 1996; Antonioli et al., 2001, 2004; Dutton et al., 2009a,b; Vesica et al., 2000).

24 **Figure 14. a), b) Abrasion notches at Capo Noli, Italy, NW Mediterranean Sea. The length of the stick is 1.5 m; c) abrasion**
25 **notch formed inside a coastal cave, Cap D'Agde, southern France; d) ??and ??e) perspective photo and scheme of a**
26 **coastal cave formed by abrasion in highly fractured conglomerates in Portofino, NW Italy. The cave formed along a major**
27 **fault in the bedrock and is still actively being modified by abrasion. The abrasion occurs by pebbles mobilized by wave**
28 **action. The cave is few meters wide and deepens with a trapeziodal shape. Perspective photo in d) by Regione Liguria.**

Table 3 Summary of landforms most commonly used in last interglacial sea level studies, including upper and lower limits of indicative range as described in the text and elements within the landform that might help inform the indicative range. In the last column, each parameter used in the table and in the text is described.

Landform	Upper limit	Lower limit	Elements improving RSL estimate	Definitions
Marine terraces	Storm wave swash height (SWSH)	Breaking depth (d_b)	Presence of fixed biological indicators or sedimentary features in the deposits covering the terrace.	<p>MHHW: mean higher high water, the average of the higher high water height of each tidal day observed over a Tidal Datum Epoch (NOAA).</p> <p>MLLW: mean lower low water, the average of the lower low water height of each tidal day observed over a Tidal Datum Epoch (NOAA).</p> <p>SWSH: storm wave swash height, it is the maximum elevation reached by extreme storms on the beach (Otvos, 2000).</p> <p>d_b: breaking depth. Horizontal water particle velocities reach their maximum values at the breaking depth, so that the sea floor beneath the breaker zone is where the coarsest sediments are trained or brought into suspension. This zone is function of the wave climate and can be empirically calculated knowing average annual wave period and wave height, wave approach angle, and coefficients depending on the slope and type of coast. In absence of site-dependent data, d_b can be calculated using the dimensionless parameter H/d. This parameter is used for the relative height of the wave compared to the water depth, and is often used to determine wave breaking criteria. For a smooth, flat slope, the maximum ratio of $H/d = 0.78$ is commonly used for wave breaking criteria, and increases as the bottom slope increases (U.S. Army Corps of Engineers, 1984).</p> <p>EFR: end of forereef, the break in slope marking the transition between the quasi-horizontal surface shaped by waves and the reef slope.</p> <p>ob: ordinary berm. Berms are depositional features formed by the wave-induced accumulation of sand on the beach (Schwartz, 2005). The ordinary berm is the one produced by average or more typical waves. The elevation of the berm depends on wave climate and sediment size, and it can be assumed that it is function of ordinary wave runup. The berm can be either measured at the modern analog or deduced from the wave runup calculated using models. In absence of site-dependent data, to estimate runup once can adopt the empirical formula $R/H_s = \alpha$ (Mayer and Kriebel, 1994) where R is the wave runup and α depends on wave properties and beach slope. Usually, α is estimated empirically between $0.1 < \alpha < 0.3$ for regular waves acting on uniform, smooth, and impermeable laboratory beaches with slopes typical of many natural beach slopes. Once can ideally set α as the average of the two values, i.e. 0.2, and add to R the value of MHHW, as an high tide would be responsible for shifting upwards the runup height. Therefore $ob = R + MHHW = (H_s * 0.2) + MHHW$.</p> <p>sz: spray zone, above the MHHW and regularly splashed but not submerged by ocean water. It is very difficult to define the elevation range of the spray zone without observations of a modern analog. As an approximation, one can adopt as a sz value twice the elevation of the ordinary berm calculated as described above.</p> <p>ld: the depth of the lagoon bottom, usually very shallow.</p> <p>ec: elevation of chenier, up to few meters above sea level.</p>
Coral reef terraces	Mean lower low water (MLLW)	End of forereef (EFR)	Living ranges of different species, or particular growth forms (e.g. microatolls).	
Shore platforms	Mean higher high water (MHHW)	Between Mean Lower Low Water and breaking depth ($d_b + MLLW$)/2	Presence of biological indicators.	
Beach deposits	Ordinary berm (ob)	Breaking depth (d_b)	Biofacies, orientation and integrity of shells, sedimentary structures.	
Beachrock	Spray zone (sz)	Breaking depth (d_b)	Sedimentary structures, types of cement.	
Beach ridges	Storm wave swash height (SWSH)	Ordinary berm (ob)	Sedimentary structures	
Lagoon deposits	Mean lower low water (MLLW)	Depth of lagoon bottom (ld)	Sedimentary structures, presence of biological indicators or species with limited depth ranges or upper limits in their depth range (i.e. MLLW).	
Cheniers	Elevation of chenier above sea level (ec)	Mean higher high water (MHHW)	Biological indicators or sedimentary structures.	
Tidal notches	Mean higher high water (MHHW)	Mean lower low water (MLLW)	Fixed biological indicators	
Abrasion notches and sea caves	Storm wave swash height (SWSH)	Breaking depth (d_b)	Fixed biological indicators, despite difficult to find due to abrasion.	

4. Dating methods

Together with the measurement and interpretation of the elevation of MIS 5e RSL indicators, it is essential to establish their age as precisely as possible with absolute or relative dating methods. Among the absolute dating techniques most often used in Last Interglacial studies, only U-series dating of corals can resolve timing of deposition within the interglacial (Dutton and Lambeck, 2012; O’Leary et al., 2013). Other techniques, such as electron spin resonance (ESR), optically stimulated and thermo luminescence (OSL and TL), can be used mostly to distinguish if the RSL indicators, or associated fossil remnants, were formed within MIS 5e, as opposed to other interglacials, leaving the establishment of the relative timing of deposition within MIS5e to other stratigraphic considerations (e.g. Grün, 1989; Hearty and Kaufman, 2000).

The most widely used relative dating technique in MIS 5e studies is probably amino acid racemization (AAR). Other relative methods, such as biostratigraphy and chronostratigraphic correlations are also widely used in MIS 5e studies. In the absence of absolute chronological constraints, these age attributions can usually help to distinguish between different interglacials, but they cannot be used to give a precise age. Although a complete review of dating methods applied to MIS 5e shorelines is beyond the scope of this paper, Table 4 lists the absolute and relative methods used in MIS 5e studies with the typical uncertainty in the final age attribution.

Table 4 Most common dating methods used in Last Interglacial studies.

Method	Typical uncertainty in ka (2 sigma)	Examples
Absolute dating methods		
U-Series	$\pm 70.5-4$ ka	Stirling and Andersen, 2009; Dutton and Lambeck, 2012; Obert et al., 2016.
Optically stimulated luminescence	3-7 ka	Mauz et al., 2015; Carr et al., 2010.
Electro spin resonance	14-20 ka	Pirazzoli et al., 1991; Schellmann et al., 2008.
Thermo luminescence	15-20 ka or limiting ages (e.g. deposit older than 60 ka)	Woodroffe et al., 1995, Mauz and Hassler, 2000.
Relative dating methods		
Amino acid racemization	Usually relative dating methods help to discern between different interglacials.	Hearty and Kaufman, 2000; Wehmiller, 2013.
Biostratigraphy		Avila et al., 2015
Chronostratigraphic correlation		Choi et al., 2008

5. Last Interglacial shorelines: an applied example

5.1 From field measurement to paleo RSL

As described in the previous sections, the most accurate way to calculate the paleo RSL associated with a MIS 5e deposit is to study its modern analog. An example of how studies and datasets on modern coastal dynamics can be used to derive the inductive meaning of a MIS 5e beach deposit is presented in Figure

15. The example is that of Cala Millor, Mallorca Island, Spain. Cala Millor is an ~1.7 km-wide sandy beach (Figure 15a). The beach profile is bounded on its low end by the presence of a longshore bar (Figure 15a), which has been shown to be persistent throughout the year (Tintoré et al., 2009; Gómez-Pujol et al., 2011). On the upper part of the beach (above MSL), beach berms can form according to the wave conditions in the study area (Figure 15c). Depending on the season or on the intensity of storm events in a given period, the berms are found higher (usually in winter) or lower (usually in summer) on the shoreline, with their location being a function of the maximum wave runup.

In the southern part of the beach of Cala Millor (white dot in Figure 15a, Figure 15b) we surveyed a fossil beach deposit containing the fossil *Strombus latus* (ex. *S. bubonius*). This fossil is widespread in Mediterranean MIS 5e deposits, and it is often used as a biostratigraphic age indicator (Ferranti et al., 2006). We measured the upper and lower elevation of the deposit with a DGPS equipped with Omnistar real time differential corrections (respectively 1.47 ± 0.02 m and 0.97 ± 0.03 m above the EGM08-REDNAP geoid model, which closely approximates sea level in Spain ([link](#)). The average of these two measurements represents the mean elevation of the paleo RSL indicator, and its accuracy is represented by the root mean square between the two measurement errors (1.22 ± 0.35 m, Figure 15b).

From bathymetric data, we determine that the longshore bar in Cala Millor can be found at an average depth of -1.93 m (Figure 15e). We adopt this value as the lower limit of the indicative range. For which concerns the upper limit, we need to establish the average elevation where beach berms are formed in Cala Millor. On the 19th of February 2015, we measured contextually wave heights (Figure 15c) using pressure sensors in the surf zone (Harris et al., 2015) and beach topography (Figure 15b) using structure-from-motion techniques from drone (Casella et al., 2014, 2015). From these data, we obtained that an onshore wave height of 0.6 m created a beach berm at +0.8 m (height of the maximum run-up shown on Figure 15c,d). As the swell we measured is roughly representative of the average swells in the area (Gómez-Pujol et al., 2011), we adopt as upper limit of our indicative range the measured value of 0.8 m.

Using the depth of the longshore bar (-1.93 m) and the calculated elevation of the ordinary berm (+0.8 m) as lower and upper limits of the indicative range, we can apply Eqs 1-4 (Table 1) to calculate the paleo RSL for Cala Millor. The calculated paleo RSL is 1.79 ± 1.24 m (Figure 15e). The large uncertainty comes from the fact that, despite we used precise measuring techniques, the beach deposit has a large indicative range, and is therefore a relatively poor sea level indicator. The indicative range might be reduced, for example, by investigating patterns in the cement of the lithified beach. It is worth highlighting that the paleo RSL calculated in this example matches, although with large uncertainties, the more precise elevation of MIS 5e paleo RSL, 2 to 2.5 m (Vesica et al., 2000), inferred by measuring and dating phreatic overgrowth on speleothems inside caves located few kilometers from this study site.

Coupling research on paleo sea levels with that on modern coastal dynamics is not always straightforward. Taking the above example of a beach deposit, the upper and lower limits of the indicative range depend strongly on the wave regime in the area of interest, a regime that can evolve over time. For instance, in the Bahamas, the Last Interglacial may have been characterized by storms of higher intensity than modern ones (Hearty et al., 1998; Tormey, 2007; Hansen et al., 2015). If true, then a beach deposit in the Bahamas should be characterized by a broader indicative range than a modern one.

Figure 15 a) Cala Millor, on the Island of Mallorca, Spain. The bathymetry and topography are derived from single beam and GPS surveys (10/07/2012). The gray transect line shows the location of Figure 3e and the white rectangle shows the area

where Unmanned Aerial Vehicle (UAV) surveys were performed, as detailed in b); b) Orthophoto and digital elevation model obtained from UAV surveys and structure from motion techniques. The maximum wave runup has been identified by detecting the contact between the wet and dry line in the orthophoto, which is where a beach berm can also be identified; c) data obtained from a pressure sensor located at -1.6m depth in the study area, from which we calculate significant wave height in 15 minutes bins (H_s , lower x axis) and the relative frequency of wave heights (upper x axis); d) histograms showing the depth of the longshore bar derived from bathymetric data in a) and the elevation of the maximum wave runup (proxy for the beach berm) derived from topographic data in b); e) modern analog, elevation of paleo RSL indicators and calculations of paleo SL and associated uncertainties for Cala Millor beach; f) the site where the MIS 5e beach deposit outcrops.

5.2 From paleo RSL to long-term tectonics

The elevation of the Last Interglacial shoreline is often used as a benchmark for long-term tectonics (e.g. Guillaume et al., 2013), which is in turn used, for example, to plan coastal infrastructures or evaluate coastal risks. In most literature attempting to calculate long-term tectonics from sea level data, if the MIS 5e shoreline is between 3 and 7 meters above present, it is assumed that a coastal region is tectonically stable in the long-term, especially if it is located on a passive margin. This view arises from the assumption that the elevation of MIS 5e eustatic sea level was ~5m above present and that there is no GIA disequilibrium between the past interglacial and present one. However, Creveling et al., 2015, showed that when calculating long-term tectonics from MIS 5e shorelines, one must take into account the departures from eustasy due to GIA in response to glacial-interglacial cycles as well as excess polar ice-sheet melt relative to present day values.

Therefore, to calculate the tectonic displacement of a MIS 5e shoreline it is necessary to know the elevation of the paleo RSL (as calculated for Cala Millor in the section above), together with the elevation of eustatic sea level (ESL) and the amount of glacio-hydro-isostatic (GIA) disequilibrium since the marker was deposited. Hereafter, we follow-up on the example given in previous section and show how the influence of tectonics can be evaluated using the Eqs. 5a, 6 and 8 (Table 1).

First, we calculate two different ESL scenarios for MIS 5e using a 410kyr-long global ice-sheet model (ANICE, a 3D thermo-mechanical ice-sheet model, de Boer et al., 2014). The first represents a two-step highstand with Greenland contributing 2.0 m of ESL equivalent between 127 and 116 ka, while Antarctica contributes 5.0 m but only after 120 ka (Figure 16a). This is in line with the scenario proposed by O'Leary et al., 2013. The second reflects the most classical view of MIS 5e sea level history, with melting of both Greenland (2.0m) and Antarctica (5.0m) happening early in the interglacial, and ESL not changing until insolation in both hemispheres decreases and glacial conditions emerge (Figure 16b). These ESL histories represent only a part of the possible MIS 5e sea level behavior (compare with Kopp et al., 2009, Figure 16e). For each of these two ice sheet melting histories, we calculate the MIS 5e GIA and ESL relative sea level history in Cala Millor, Mallorca (Figure 16c,d). This is done coupling the ANICE model with SELEN, a GIA model (Spada and Stocchi, 2007). In order to explore the uncertainties of GIA predictions due to the mantle viscosity profile, we use three different viscosity models (see box in Figure 16 for details).

Second, we use the model results described above and the RSL for Cala Millor ($=1.79 \pm 1.41$ m) as inputs to Eqs. 6 and 8 (Table 1) to calculate the rate of post-depositional displacement since MIS 5e in Cala Millor. As the age of the deposit has been constrained only by biostratigraphy, we assume that it could have been formed at any time during the MIS 5e highstand, therefore T in Eq. 6 and 8 spans from 117 to 125 ka (see also Fig. 15e). We obtain that possible tectonic rates in this area range vary in the range of -0.019 ± 0.032 m/ka (2sigma) (Figure 16f).

While Mallorca is usually considered tectonically stable since MIS 5e (Dorale et al, 2010), our results show that stability, mild subsidence or mild uplift are all possible influences given uncertainty in GIA models, ESL scenarios and RSL observations. It is worth highlighting that this example shows only a small range among the possible ESL scenarios (Kopp et al., 2009, Figure 16e), GIA predictions (e.g. Rovere et al., 2015, use 36 different mid-Pliocene earth models with varying mantle viscosities) and duration of the highstand. As more eustatic scenarios and earth models are considered, the tectonic rate range shown in Figure 16f is likely to change. In general, we could conclude that the assumption that Mallorca is tectonically stable in the long term is supported by the MIS 5e shoreline record, but with considerable uncertainty. This has direct implications for Holocene studies—if we assume that the rates calculated here (-0.019 ± 0.032 m/ka) are constant through time, a mid-Holocene RSL marker deposited at 5 ka in Mallorca could already have been displaced by -26 to +7 cm. This range, albeit small, should be added to the uncertainties on the Holocene sea-level index points in this area. It is worth noting, in fact, that some Holocene SL indicators can have accuracies down to few decimeters (Vacchi et al., 2016).

Figure 16 a) and b) sea level scenarios for MIS 5e obtained from ANICE, a global ice-sheet model (de Boer et al., 2014). c) and d) show the GIA predictions calculated in Cala Millor, Mallorca, for each of the two sea level scenarios. The predictions obtained using three mantle viscosities are shown in different line colors (see box: UM=Upper Mantle, TZ=Transition Zone, LM=Lower Mantle); e) sea level scenarios used in this study (dashed lines) compared with the Last Interglacial sea level history obtained by Kopp et al., 2009. The solid gray line indicates the median projection of Kopp et al., the light gray bands the 16th and 84th percentiles and the dark grey band the 2.5th and 97.5th percentiles (redrawn from Kopp et al., 2009); f) relative frequency of long-term rates of post-depositional displacement calculated in time steps of 1 ka using data in panels a-d and a paleo RSL of 1.79 ± 1.41 m.

6. Discussion

How did the polar ice sheets, and hence sea level, respond to MIS 5e warm conditions? Last Interglacial RSL indicators are often used to infer paleo RSL at one location, which in turn contributes to a global understanding how polar ice sheets responded to moderate climate warming. Despite the long tradition of MIS 5e studies, often the methods used to measure the markers are not sufficiently described, are of low accuracy, or are not referred to a known tidal datum. Also, in many cases the measurement and interpretation are not clearly disentangled, making it virtually impossible to understand how the paleo RSL was derived. Also, assumptions of post-depositional vertical movements are often circular and do not take into account the effect of GIA disequilibrium since the LIG (Figure 16).

All of these factors contribute to discrepancies in MIS 5e sea-level reconstructions despite the fact that these sea-level indicators have been studied at hundreds of sites worldwide (Dutton and Lambeck, 2012; Kopp et al., 2009; Pedoja et al., 2014, 2011a). Early studies concluded that sea level during MIS 5e was 3-6 m higher than today (Harmon et al., 1981; Neumann and Hearty, 1996; Stearns, 1976; Stirling et al., 1998) but none of these studies factored in the subsequent displacement of the field sites caused by glacial isostatic adjustment (GIA) which is now recognized as an important post-depositional process capable of biasing sea level reconstructions (Lambeck and Nakada, 1992; Milne and Mitrovica, 2008; Potter and Lambeck, 2004). Recent studies by Kopp et al. (2009) and Dutton and Lambeck (2012) analyzed global datasets of MIS5e sea-level indicators and, after accounting for tectonics and GIA, concluded that the maximum eustatic (i.e., globally averaged) sea level (ESL) was higher than previously thought, between +5 and +9.4 m above modern SL.

Uncertainty surrounds the question of whether rapid century to millennial-scale oscillations in ESL occurred within MIS 5e. Field evidence from Bahamas (Chen et al., 1991; Hearty and Neumann, 2001;

Hearty et al., 2007; Thompson et al., 2011), Yucatan (Blanchon et al., 2009), Western Australia (Eisenhauer et al., 1996; O’Leary et al., 2013), and the Aldabara Atoll (Braithwaite et al., 1973) suggest that sea level may not have been uniform throughout MIS 5e and that a rapid sea level rise happened at the end of the interglacial. These studies support the hypothesis that, after a period when sea level remained relatively stable at ~+3-4m from the beginning of the interglacial, a sudden melting occurred at ~120 ka coinciding with maximum spring-summer insolation in the southern Hemisphere (>60°S). This inferred melting caused the sea level to rise up to ~9m. The results of Kopp et al., 2013 do not exclude the possibility of ESL oscillations during MIS 5e (Figure 16e), while Dutton and Lambeck, 2012 invoke GIA overprinting as the reason for an apparent late MIS 5e sea level rise at some of the sites mentioned above, especially those in the Caribbean region. In the Seychelles, where GIA effects are considered minimal, Dutton et al., 2015 show that between 125 and 130 ka the eustatic sea level reached its maximum elevation at ~+7m, early in the interglacial.

The controversy over the shape of the MIS 5e sea level curve stems from discrepancies in field data, in part caused by the fact that MIS 5e sea level markers often have a wide indicative range. This undermines our ability to understand sea level variability in a slightly warmer world, with obvious implications for the future. If a late, rapid ESL rise occurred during MIS 5e, then we might surmise that the dual climatic effects of a) ~8 ka of interglacial warmth penetrating the surface layers of the ocean, and b) local southern hemisphere summer insolation intensity approaching a maximum, could have been instrumental in leading to the rapid collapse of a significant additional fraction of the Antarctic polar ice sheets (as much as 6 m SL equivalent), possibly including sectors of the East Antarctic Ice Sheet. This possibility eerily mirrors recent reports by Joughin et al., 2014 and Rignot et al., 2014 suggesting that a runaway collapse of the West Antarctic Ice Sheet may already be underway, ~8 ka into the Holocene interglacial interval and at a time of near maximum southern hemisphere summer insolation.

6. Conclusions

Although MIS 5e is the most studied period of the Earth’s past, at least in terms of paleo sea level, much research still need to be directed towards obtaining better paleo RSL elevations from field data. In this review we addressed all the relevant observations that are needed when studying MIS 5e RSL markers. Most of the concepts reviewed here can also be applied to other interglacials. In conclusion, we highlight the following points:

- **Measurement.** The measured elevation of a RSL indicator should be surveyed with the maximum possible accuracy and referred to a known sea-level datum. An elevation measurement must always carry an uncertainty, as well as a description of how the uncertainty was calculated. The measured elevation can be updated (for instance, if better measurement techniques become available) but it represents the most fundamental sea-level information, therefore its longevity must be ensured. The location on the landform where the measurement was taken should always be precisely described.
- **Interpretation.** For any RSL indicator surveyed in the field a correct indicative meaning (composed of an Indicative Range (IR) and a Reference Water Level (RWL), for the site/region must be given. These values allow the reconstruction of the paleo RSL, which is the only observation that can be used to constrain GIA, other land movements, or ESL. As estimates of IR and RWL might be improved as new techniques or more detailed analyses

are carried out, it is necessary that these parameters are reported separately from the measured elevation of the RSL indicator.

- **Modern analog.** In order to estimate the indicative meaning correctly, ancillary research on modern analogs should always be reported alongside the research on paleo landforms. At the same time, consideration must be given to the possible differences in environmental conditions between the time of formation of RSL indicators and the present. If surveys of the modern analog are not possible, it is necessary to estimate IR and RWL using available literature data, or by inferring the general upper and lower bounds of similar landforms in the modern setting.
- **Age.** The information on RSL indicators (elevation, IR, RWL) should be always accompanied with information on how the age has been determined. If radiometric ages are available, it is necessary to indicate not only the age, but all the analytical measurements that were used to define the age. Each sample within the same site should carry its own positioning information (latitude, longitude and elevation with uncertainty).
- **Tectonics.** Different possible ESL histories, Glacial isostatic adjustment effects, uncertainty in age, and uncertainties in the paleo RSL reconstruction should always be included in tectonic calculations. The tectonic stability of an area should be evaluated on the basis of data that are independent from the MIS 5e sea level marker.

Following these five points in the collection, analysis and reporting of field data will ensure their longevity and allow for their use in global compilations. A similar approach applied to Holocene and Common Era sea level reconstructions (Khan et al., 2015) has ensured that data collected by different research units are consistent and appropriate for use in global analyses of recent sea level trends (Kopp et al., 2016).

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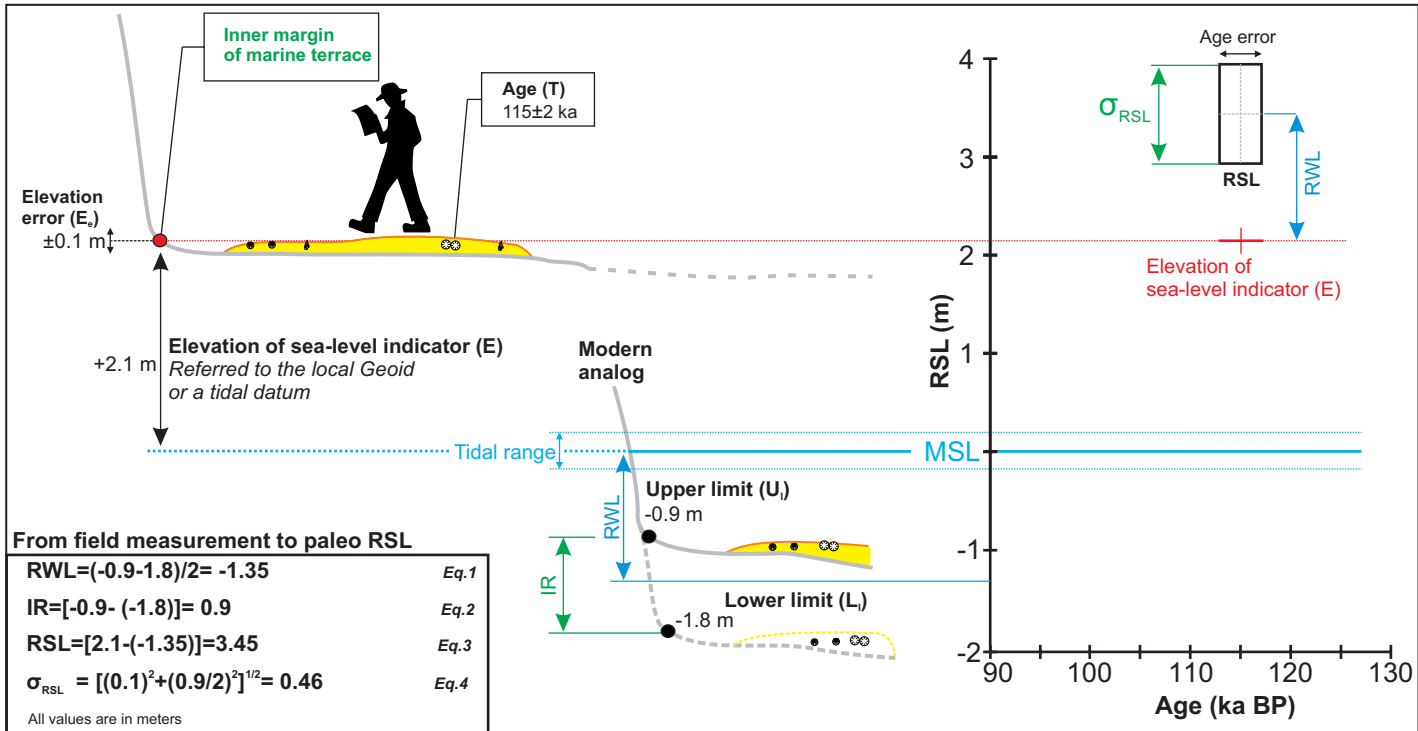
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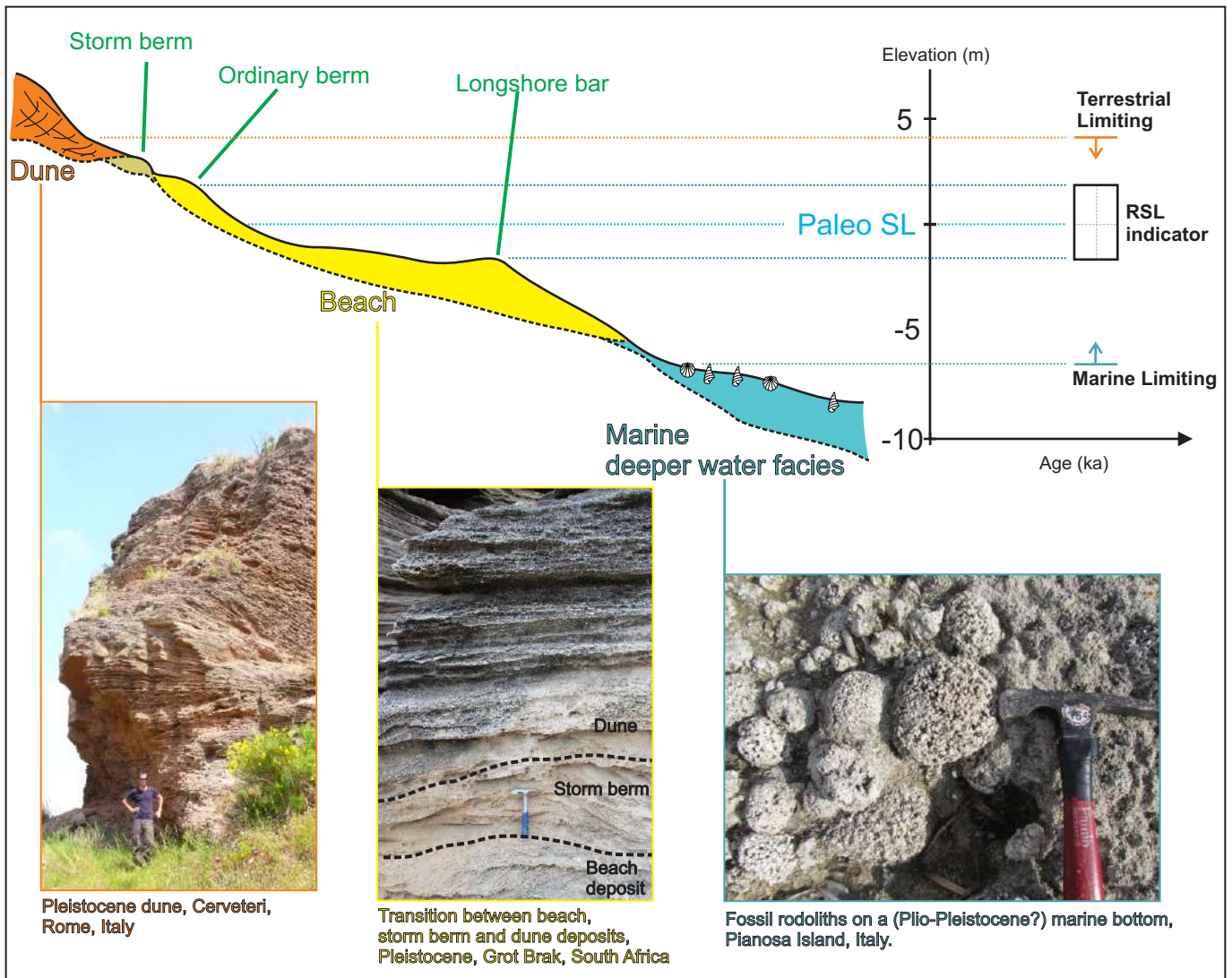
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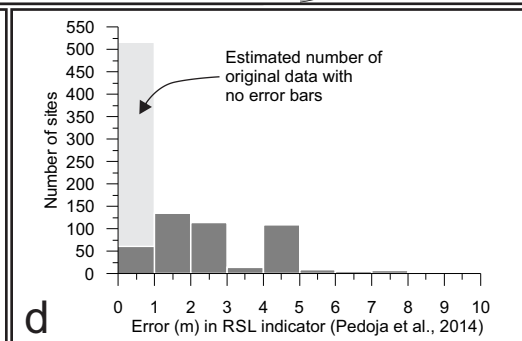
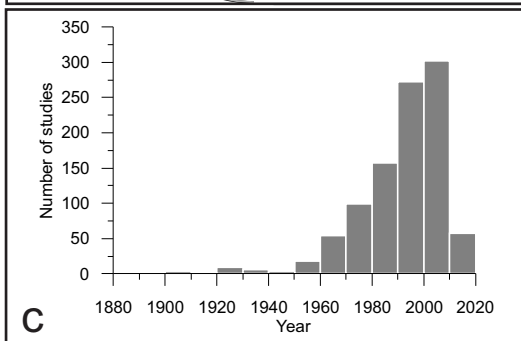
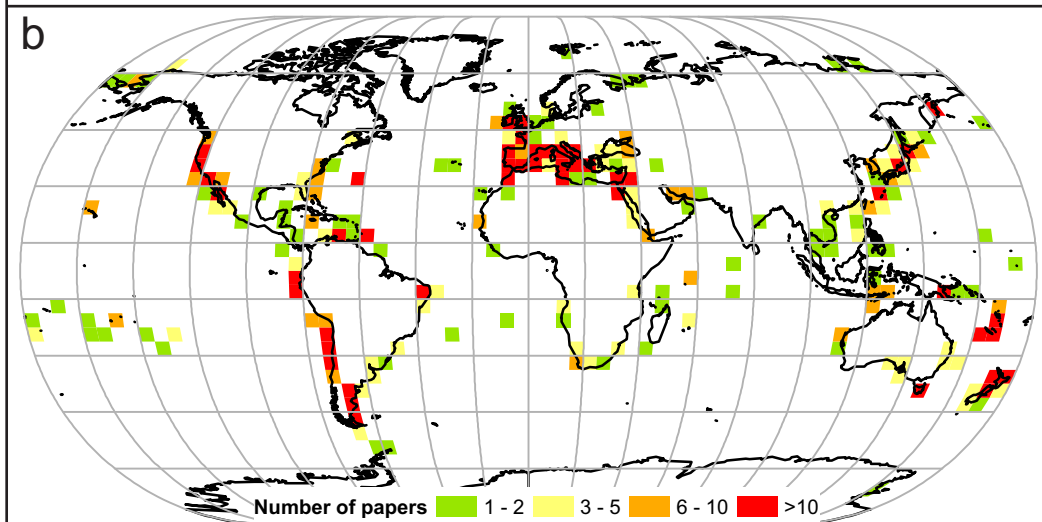
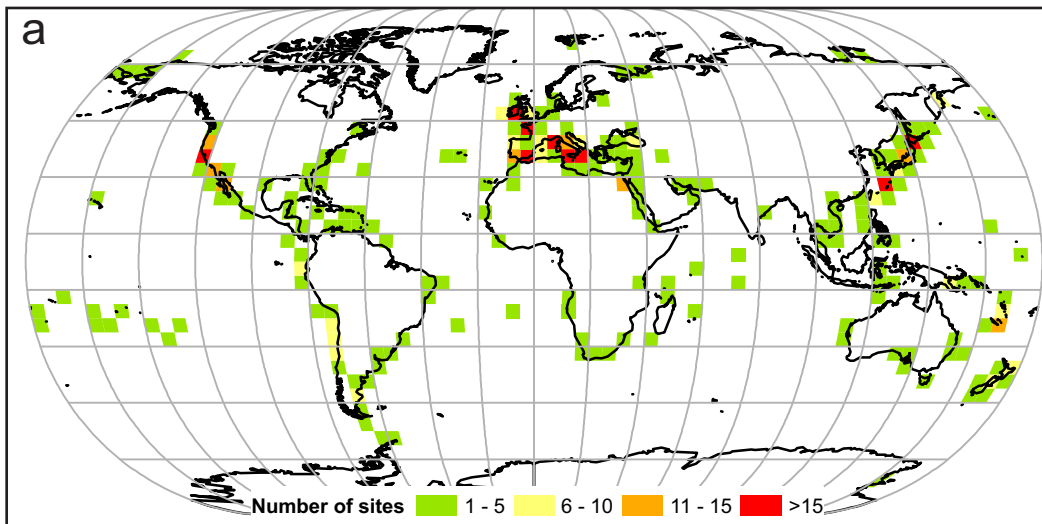
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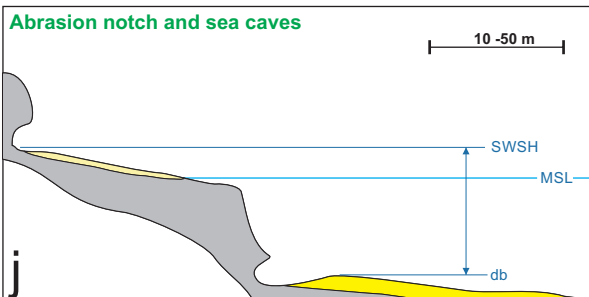
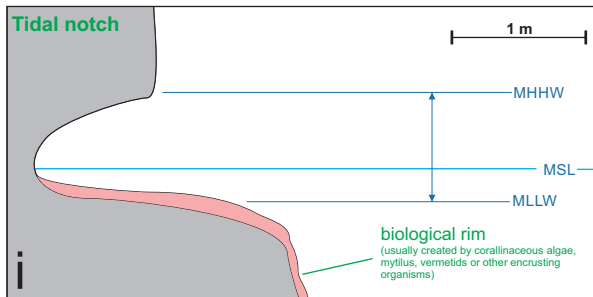
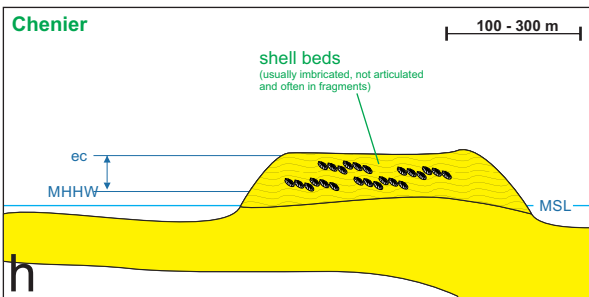
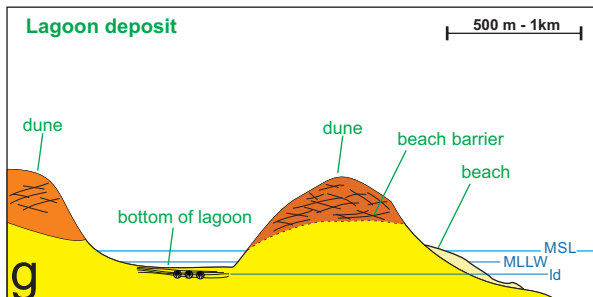
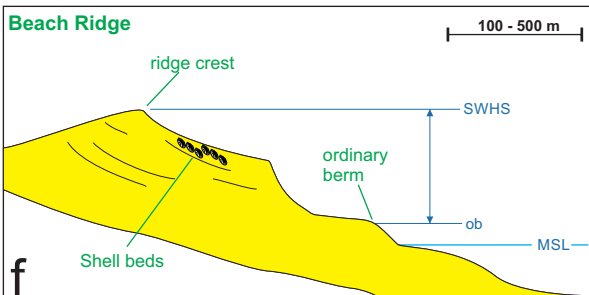
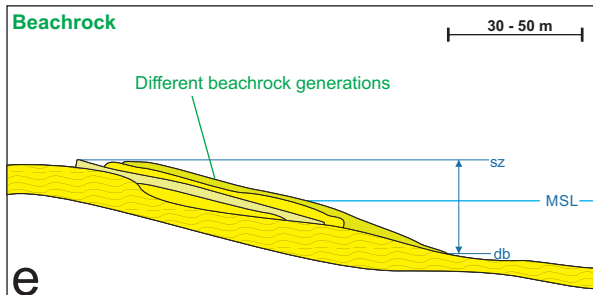
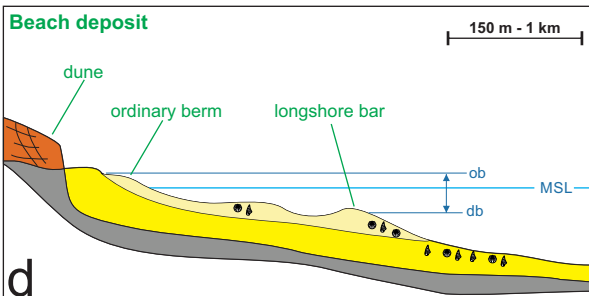
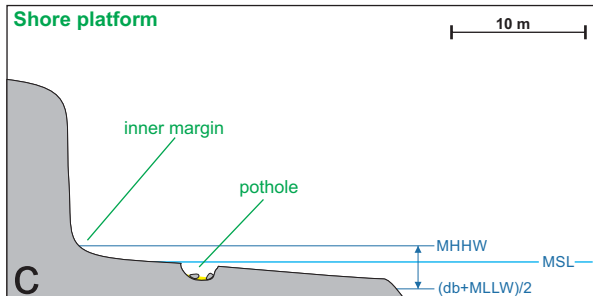
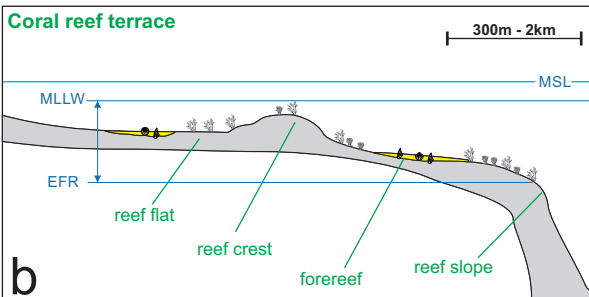
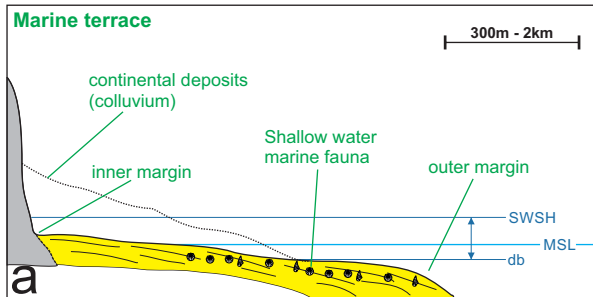
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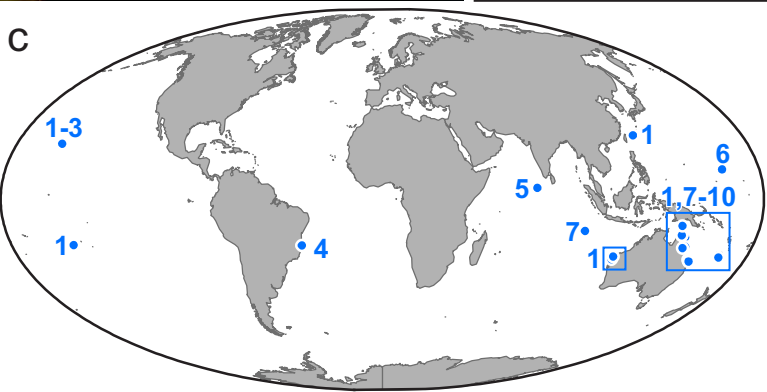
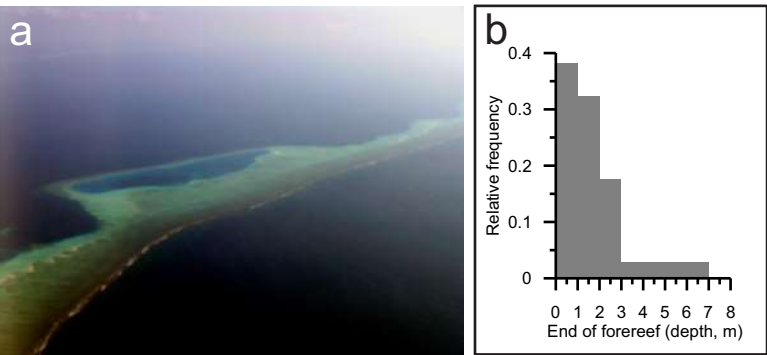


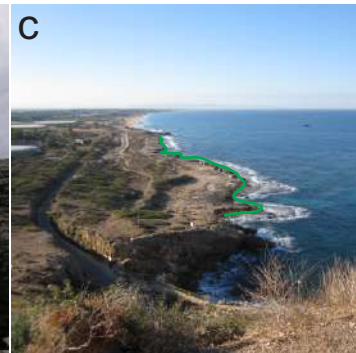
MSL - Mean Sea Level
MHHW - Mean Higher High Water
MLLW - Mean Lower Low Water
EFR - End of forereef
ec - elevation of chenier above sea level

db - Breaking depth
ob - Ordinary berm
sz - Spray zone
SWSH - Storm Wave Swash Height
ld - Depth of lagoon bottom

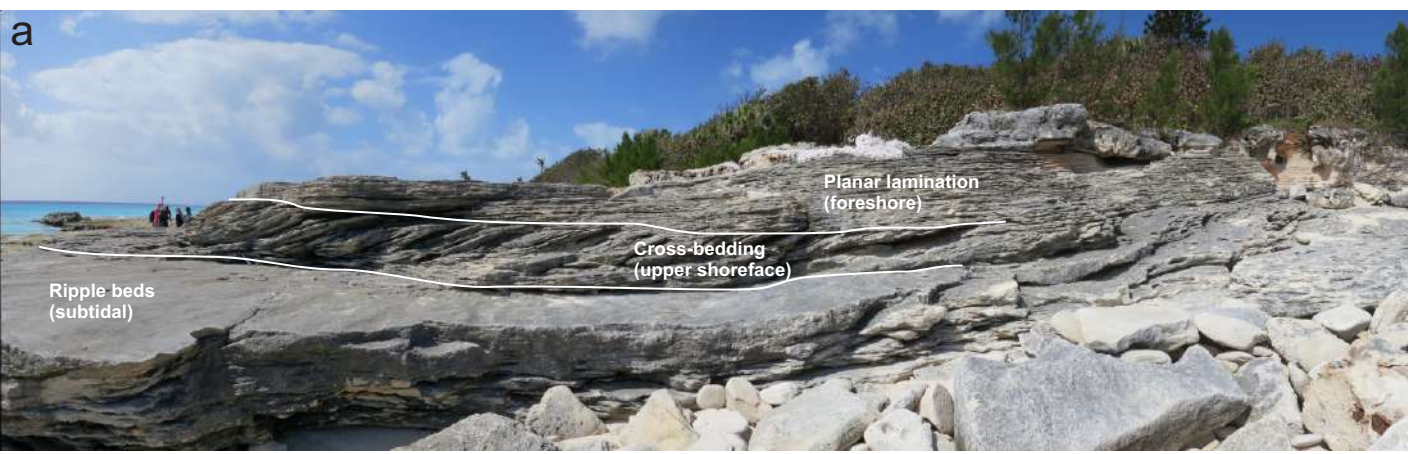
Rock/cliff
Beach/marine sands
Aeolian sands
Marine fauna
(mollusks, corals)







a



b



c



d

