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## *Article* 1

# **Autophagy activation associates with suppression of prion pro-** <sup>2</sup> **tein and improved mitochondrial status in glioblastoma cells** <sup>3</sup>

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**Abstract:** Cells from glioblastoma multiforme (GBM) feature up-regulation of the mechanistic Tar- 23 get of Rapamycin (mTOR), which brings deleterious effects on malignancy and disease course. At 24 cellular level, up-regulation of mTOR affects a number of downstream pathways and suppresses 25 autophagy, which is relevant for the neurobiology of GBM. In fact, autophagy acts on several targets 26 such as protein clearance and mitochondrial status, which are key in promoting the malignancy 27 GBM. A defective protein clearance extends to cellular Prion Protein (PrPc). Recent evidence indi- 28 cates that PrPc promotes stemness and alters mitochondrial turnover. Therefore, the present study 29 measures whether in GBM cells abnormal amount of PrPc and mitochondrial alterations are con- 30 comitant in baseline conditions and whether they are reverted by mTOR inhibition. Protein related 31 to mitochondrial turnover were concomitantly assessed. High amount of PrPc and altered mito- 32 chondria were both mitigated dose-dependently by the mTOR inhibitor rapamycin, which pro- 33 duced a persistent activation of the autophagy flux and shifted proliferating cells from S to G1 cell 34 cycle phase. Similarly, mTOR suppression produces a long-lasting increase of proteins promoting 35 mitochondrial turnover including Pink1/Parkin. These findings provide novel evidence about the 36 role of autophagy in the neurobiology of GBM.  $\sim$  37

**Keywords:** mTOR; Cytofluorimetry; Mitochondrial fission; Pink1; Parkin; Fis1; DRP1 Lysosomes; 38 Rapamycin 39

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# **1. Introduction** 41

Up-regulation of the mechanistic Target of Rapamycin (mTOR) in glioblastoma mul- 42 tiforme (GBM) is established in human patients and experimental models [1-5]. An excess 43 of mTOR activity leads to detrimental effects by acting on a number of intracellular path- 44 ways [6-10]. Among these, suppression of autophagy and impairment of mitochondrial 45

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turn-over prevail at large [11]. In fact, the loss of autophagy activity correlates with disease 46 severity, tumor relapse, and resistance to therapy, while it stimulates the shift towards a 47 stem cell phenotype. All these effects are responsible for a poor prognosis in GBM pa- 48 tients. In contrast, when autophagy is re-established via mTOR inhibition an improve- 49 ment of mitochondrial status and differentiated cell phenotype occur in GBM cells [6,7,12]. 50 Thus, suppression of the autophagy pathway is sufficient to produce cell pathology in- 51 duced by mTOR overexpression. In fact, when autophagy is stimulated cell pathology is 52 greatly reduced [6]. Despite its prominent role, autophagy suppression implicates a num- 53 ber of downstream phenomena. Thus, the role played by autophagy in the biology of GBM 54 cells is multifaceted. The role of autophagy in the clearance of misfolded proteins may 55 extend to clear the cells from proteins which are relevant for cancerogenesis. In fact, in 56 previous manuscripts we described that autophagy promotes the suppression of cell pro- 57 liferation [6], it occludes the expression of stem cell markers such as nestin [7] and clears 58 GBM cells from misfolded proteins [13,14]. 59

A bulk of proteins owing influence on neighboring or distant cells may be overpro- 60 duced or under-metabolized during autophagy suppression. This is the case of the cellular 61 prion protein (PrPc). In line with this, recent evidence indicates that PrPc plays a key role 62 in promoting GBM malignancy [15,16]. It is remarkable that, in prion disorders elevated 63 PrPc was shown to induce a defect in mitochondrial removal. This is likely to be caused 64 by PrPc-mediated suppression of PTEN-induced putative kinase1 (Pink1)/Parkin (PARK) 65 proteins at mitochondrial level [17]. Thus, one may hypothesize that, an impairment of 66 the autophagy machinery may induce an increase in PrPc [18], which in turn suppresses 67 mitochondria turn-over, thus altering the mitochondrial compartment. This would lead 68 to a vicious circle, since mitochondrial aberrations promote cell pathology in GBM [12,19]. 69

Therefore, the present research study is designed to assess whether activation of the 70 autophagy flux following mTOR inhibition leads to a significant clearance of PrPc along 71 with removal of altered mitochondria concomitantly with persistent inhibition of cell pro- 72 liferation. 73

In detail, the present study investigates whether PrPc accumulation along with mi- 74 tochondrial impairment may all be reverted along with the expression of specific proteins 75 promoting mitochondrial turn-over, when the autophagy flux is rescued through mTOR 76 inhibition. The present study investigates whether all these effects, following a brief ex- 77 posure to the mTOR inhibitor rapamycin, are long-lasting when administered to different 78 GBM cell lines. This includes a persistent removal of PrPc and a long-lasting correction of 79 the aberrant mitochondrial status. 80

#### **2. Materials and Methods** 81

#### *2.1. Experimental design* 82

Experiments were carried out in human U87MG and A172 GBM cell lines. U87MG 83 cells were obtained from Cell Bank (IRCCS San Martino-Institute, Genova, Italy). U87MG 84 cells were maintained in DMEM growth medium (Sigma-Aldrich, Saint Louis, MO, USA) 85 containing 10% Fetal Bovine Serum (FBS, Sigma-Aldrich), 1% of MEM Non-Essential 86 Amino-Acid (MEM-NEAA, Sigma-Aldrich), penicillin and streptomycin (50 IU/mL and 87 100 μg respectively, Sigma-Aldrich). A172 cells were obtained from the European Collec- 88 tion of Authenticated Cell Cultures (ECACC) and from Cell Bank (IRCCS San Martino- 89 IST, Genova) and they were maintained in Modified Eagle's Medium (Euroclone, Milan, 90 Italy) supplemented with 10% FBS, 2 mM L-glutamine, 100 IU/mL penicillin and 100  $\mu$ g 91 streptomycin. Both GBM cell lines were kept at 37°C in a humidified atmosphere contain- 92  $\log 5\%$  CO<sub>2</sub>. 93

Based on previous studies [12,19] we selected a protocol where rapamycin is admin- 94 istered for a short time interval (24h) and measurement of autophagy flux, cell cycle, anal- 95 ysis of the mitochondria status (mitochondrial alterations, mitophagy and fission), and 96 the tumorigenic protein Prion protein are carried out at various time intervals following 97

rapamycin withdrawal, ranging from 1 day up to 14 days for morphology and 4 days up 98 14 days for autophagy flux and cell cycle. The timing and dosing of rapamycin (10 nM) 99 were selected based on pilot experiments and previous studies [12,19]. In detail, the dose 100 of rapamycin (10 nM) was selected according to the average of its therapeutic range (from 101 3 nM up to15 nM [20]). After rapamycin exposure (24h), cell cultures were washed to re- 102 move rapamycin and kept in the culture medium, for 1d, 4d, 7d or 14d. To keep cells alive 103 for long time intervals (up to 14d) the culture medium was removed and replaced with 104 fresh medium every three days. 105

The treatment solution of rapamycin (Sigma-Aldrich) was prepared starting from a 106 stock solution of 1 mM, which was dissolved in 1.41 M DMSO (Sigma-Aldrich), and fur- 107 ther diluted in the culture medium before being administered to the cell cultures. In this 108 way, the final concentration of DMSO was 0.01%. Control cells were grown in the same 109 culture medium containing 0.01% DMSO for the same time intervals and with the same 110 washing procedure. The contract of the contrac

In experiments aimed at assessing the autophagy flux, the autophagy inhibitor bafilo- 112 mycin A1 (100 nM, Sigma-Aldrich) was added to the culture medium 3h before the end 113 of the treatments. The 114

# *2.2. Light Microscopy for concomitant MitoTracker Green and immunohistochemistry for LC3 or* 115 **BNIP3** 116

To label mitochondria in living cells, MitoTracker-Green (MTR-G) (Thermo-Fisher 117 Scientific, Waltham, MA, USA) dye was used, which labels total mitochondria [21,22]. 118 Briefly, 5x10<sup>4</sup> GBM cells were grown in 24-well plates containing 1 mL/well of culture 119 medium. At the end of each experiment, the medium was removed and cells were incu- 120 bated in a serum free culture medium containing MTR-G at 500 nM for 45 min, at 37°C 121 and 5% CO2. At the end of incubation, MTR-G solution was removed, GBM cells were 122 washed in fresh pre-warmed medium and they were fixed in 4% paraformaldehyde for 123 10 min. After fixation, GBM cells were permeabilized with 0.1% Triton-X 100 (Sigma-Al- 124 drich) for 15 min, and then incubated in 10% normal goat serum in PBS at  $21^{\circ}$ C for 1h, 125 followed by incubation with primary antibodies. In detail, microtubule-associated protein 126 I/II light chain 3 (LC3, Abcam, Cambridge, UK) or BCL2/adenovirus E1B interacting pro- 127 tein 3 (BNIP3, Thermo-Fisher Scientific) primary antibodies were used. GBM cells were 128 incubated with rabbit anti-LC3 (diluted 1:75) or rabbit anti-BNIP3 (diluted 1:50), at 4°C 129 overnight. Primary antibodies' solutions were prepared in PBS containing 2% normal goat 130 serum. After washing in PBS, cells were incubated at  $21^{\circ}$ C in the dark for 90 min with 131 fluorophore-conjugated secondary antibody Alexa Fluor 546 (anti-rabbit, 1:200, Life Tech- 132 nologies, Carlsabad, CA, U.S.A.) in PBS. Cells were observed under light microscope Ni- 133 kon Eclipse 80i (Nikon, Tokyo, Japan) equipped with a fluorescent lamp and a digital 134 camera connected to NIS Element Software for image analysis (Nikon). Negative control 135 cells were incubated with secondary antibodies only. Stained pictures were acquired in- 136 dependently and then they were merged. The number of double MTR-G+LC3 or MTR- 137 G+BNIP3 puncta per cell was counted. Values are given as the mean number±S.E.M. per 138 cell from N=100 cells/group. Optical density of BNIP3 fluorescent cells was measured us- 139 ing Image J software (NIH, USA, Version 1.8.0\_172, Bethesda, MD, USA). Values are given 140 as the mean percentage±S.E.M. from N=100 cells/group. 141

#### *2.3. Immunohistochemistry* 142

GBM cells (N=5x10<sup>4</sup> ) were grown on poly-lysine slides placed in 24-well plates con- 143 taining 1 mL/well of culture medium. At the end of the treatments, cells were washed in 144 PBS and fixed with 4% paraformaldehyde in PBS for 15 min, incubated in 0.1% TritonX- 145 100 for 15 min in PBS and then blocked in PBS+10% normal goat serum for 1h at 21°C. 146 Cells were then incubated overnight at  $4^{\circ}$ C in 1% normal goat serum in PBS containing 147 the primary antibodies (diluted 1:50) according to the following combinations: (i) anti- 148

Phospho-S6 Ribosomal Protein (PS6RP, Cell Signaling, Milan, Italy); (ii) anti-Phospho p70 149 S6 Kinase (P70S6K) (Cell Signaling); (iii) anti-LC3 (Abcam) + Cathepsin D (Cat D) (Sigma- 150 Aldrich), (iv) anti-Pink1 (Abcam) + anti-PARK (Millipore, Burlington, MA, 808 U.S.A.); (v) 151 anti-mitochondrial fission 1 protein (Fis1, GeneTex, Irvine, CA, USA) + anti-dynamin-re- 152 lated protein 1 (DRP1, Abcam) antibodies. After rinsing in PBS, GBM cells were incubated 153 at 21°C for 1h with the appropriate fluorophore-conjugated secondary antibodies (i.e., 154 Alexa 488, Life Technologies, or Alexa 594 Life Technologies) diluted 1:200. After washing 155 in PBS, cells were transferred on coverslip and were mounted with the mounting medium 156 Fluoroshield (Sigma-Aldrich). GBM cells were observed under the Nikon Eclipse 80i light 157 microscope (Nikon) equipped with a fluorescent lamp and a digital camera connected to 158 the NIS Elements Software for image analysis (Nikon). Negative control cells were incu- 159 bated with secondary antibodies only. Double stained pictures were acquired inde- 160 pendently and then they were merged. Single fluorescent pictures were used to measure 161 the optical density, using Image J software (NIH, USA, Version 1.8.0\_172). Values are 162 given as the mean percentage±S.E.M. from N=100 cells/group. Merged pictures were used 163 to count the number of double fluorescent puncta per cell. Values are given as the mean 164 number±S.E.M. per cell from N=100 cells/group. 165

#### *2.4. Confocal microscopy* 166

For confocal microscopy, 5x10<sup>2</sup> GBM cells were grown on poly-lysine slides placed 167 in 24-well plates containing 1 ml/well of culture medium. 168

Cells were washed in PBS and fixed with methanol at  $21^{\circ}$ C for 5 min, followed by 169 incubation in 100 mM Tris-HCl, 5% urea at 95 °C for 10 min. Then, GBM cells were per- 170 meabilized in 0.2% Triton X-100 for 10 min and were blocked in PBS containing 0.1% 171 Tween-20 (PBST), 1% bovine serum albumin (BSA) and 22.52 mg/mL of glycine, for 30 172 min. Cells were then incubated in the primary antibodies' solution overnight at 4°C. Pri- 173 mary antibodies were diluted 1:50 in in PBST with 1% BSA. After washing in PBST, GBM 174 cells were incubated at 21°C for 1h with the appropriate fluorophore-conjugated second- 175 ary antibodies (i.e., Alexa 488, Life Technologies, or Alexa 594 Life Technologies) diluted 176 1:200 in PBST with 1% BSA. After incubation with secondary antibody, GBM cells were 177 washed in PBS, mounted in Prolong Diamond Antifade Mountant (Life Technologies) and 178 observed under a Leica TCSSP5 confocal laser-scanning microscope (Leica Microsystems, 179 Wetzlar, Germany) using a sequential scan procedure. Confocal images were collected 180 every 400 nm intervals through the z-axis by means of 63-oil lenses. Z-stacks of serial op- 181 tical planes were analyzed using the Multicolor Packages (Leica Microsystems). Negative 182 control GBM cells were incubated with secondary antibodies only. Optical density of each 183 single fluorescent antigen was measured using Image J software (NIH, USA, Version 184 1.8.0\_172) and values are given as the mean percentage±S.E.M. from N=100 cells/group. 185 The number of double fluorescent puncta per cell was counted and values are given as 186 the mean number±S.E.M. per cell from N=100 cells/group. 187

# *2.5. Transmission electron microscopy (TEM)* 188

GBM cells  $(1x10<sup>6</sup>)$  were seeded in 10 mm diameter culture dishes with 5 mL of culture 189 medium. After removing culture medium, cells were fixed with the first fixing solution 190 (2.0% paraformaldehyde/0.1% glutaraldehyde in 0.1M PBS pH 7.4) for 90 min at 4°C. Then 191 cells were gently scraped from the plate, centrifuged at 10,000 rpm for 10 min and cell 192 pellet was collected, washed in PBS and fixed with the second fixing solution (1% osmium 193 tetroxide) for 1h at 4°C. After washing, cell pellet was dehydrated in increasing ethanol 194 solutions and embedded in epoxy resin. 195

Either plain electron microscopy or immuno-electron microscopy was carried out in 196 ultra-thin sections, which were obtained at ultra-microtome (Leica Microsystems) and 197 were observed at Jeol JEM SX100 Transmission Electron Microscope (TEM, Jeol, Tokyo, 198 Japan). 199

#### *2.6. Ultra-structural analysis of mitochondria* 200

To analyze mitochondria status, non-serial ultra-thin sections (90 nm thick) were ex- 201 amined at TEM at 6,000x magnification. Several grids were observed in order to analyse 202 a total number of at least 50 cells for each experimental group. In detail, in order to exam- 203 ine the whole sectioned cell pellet, the grid was scanned in equally spaced parallel sweeps 204 starting from a grid square corner. 205

Mitochondria were identified based on the presence of an inner and an outer mem- 206 brane, an internal matrix and a system of crests. Although the morphology of mitochon- 207 dria may vary also in physiological conditions, altered mitochondria are defined accord- 208 ing to ultrastructural criteria, which were validated in previous studies [12,19]. The 209 amount of mitochondrial alterations were used to provide a novel scoring system (modi- 210 fied from Flameng and coll. [23]), which was extensively reported in the results section. 211 For the purpose of clarity, it may be summarized here as it follows: score 1, mitochondria 212 with spread matrix dilution and membrane alterations concerning both crests and in- 213 ner/outer membranes; score 2, mitochondria with spots of matrix dilution with some 214 membrane alterations in the form of broken crests; score 3, mitochondria with intact mem- 215 branes but owing spots of matrix dilution; score 4, intact mitochondria. 216

#### *2.7. Post-embedding immuno-electron microscopy* 217

Ultra-thin sections were collected on nickel grids, they were de-osmicated in aqueous 218 saturated solution of sodium metaperiodate (NaIO<sub>4</sub>) for 15 min, washed three times in ice 219 cold filtered PBS, (pH 7.4) for 10 min, and then treated with ice-cold PBS containing 10% 220 goat serum and 0.2% saponin to block non-specific antigens for 20 min at 21°C. 221

Primary antibodies were incubated in ice-cold PBS containing 1% goat serum and 222 0.2% saponin in a humidified chamber overnight, at  $4^{\circ}$ C. The following primary antibod- 223 ies were used: anti-LC3 (1:50, Abcam); anti-Cat D (1:10, Sigma-Aldrich); anti-Prion Protein 224 (PrP, 1:10, Chemicon, Temecula CA, USA); anti-PARK (1:20, Millipore); anti-Pink1 (1:20, 225 Abcam). Solutions containing two primary antibodies were used in order to detect co- 226 localization of LC3 and Cat D proteins. 227

Pre-treatment of the sample with proteinase K (PK, Sigma-Aldrich, 50 mg/ml) allows 228 to digest all properly folded, non-aggregated proteins, including native PrPc. Based on 229 our previous study [24], PK tratment does not alter the ultrastructure of the cells. In this 230 way, primary antibody against PrPc, when staining PK-resistant protein, documents the 231 presence of scrapie-like prion protein (PrPsc-like). The treatment of the sample with PK 232 was carried out with the specific purpose to carry out a quantitative ultrastructural stoi- 233 chiometry in situ, which allowed optimizing detection and localization of either PrPc or 234 PrPsc-like proteins within GBM cells. Therefore, sample grids were combined with drops 235 of PK solution (50 mg/ml) in 0.1M PBS for 1h at 37°C. Proteinase K digests. 236

All primary antibodies were revealed through a solution containing gold-conjugated 237 secondary antibodies (gold particle diameter, 10 nm or 20 nm, BB International, Cardiff 238 UK) diluted 1:10, in PBS containing 1% goat serum and 0.2% saponin for 1 hour, at room 239 temperature. After rinsing in PBS, grids were incubated in 1% glutaraldehyde for 3 min, 240 they were washed in distilled water and further stained with uranyl acetate and lead cit- 241 rate. Ultra-thin sections were finally observed at Jeol JEM SX100 TEM (Jeol). Control sec- 242 tions were incubated with secondary antibodies only. 243

#### *2.8. Western blotting* 244

To analyze autophagy flux U87MG and A172 cells were treated with 10 nM rapamy- 245 cin or vehicle (control) for 24 h immediately followed by cell culture washed out. Cells 246 were lysed immediately after treatment or following 4 days, 7 days, or 14 days of rapamy- 247 cin withdrawal. Bafilomycin A1 (100 nM; Sigma-Aldrich) was added to the GBM cells 248 alone or in combination with rapamycin during the last 3h before cell lysis. At the end of 249 each time interval, cells were lysed for western blotting and electrophoretically resolved 250

as previously reported [25]. These proteins were electro-transferred onto PVDF mem- 251 branes (BioRad Laboratories, Hercules, CA, USA) by a semi-dry system (BioRad Labora- 252 tories). Membranes were blocked with 3% non-fat milk in PBS containing 0.1% Tween-20 253 (TBST) and then incubated (overnight at  $4 \degree C$ ) with the following antibodies: anti-LC3-I 254 and LC3-II (MBL International, Woburn, Ma 01801 USA), anti-p62/SQSTM1 (Sigma-Al- 255 drich). After extensive washing with TBST, blots were incubated with 1:3000 dilution of 256 HRP-conjugated secondary antibody (Amersham Biosciences, Amersham, UK) 1h, at 257 room temperature. Immunostained bands were detected with naked eye and, they were 258 measured by using the classic non-quantitative, non-necessarily linear quantification 259 through chemiluminescence (GE Healthcare Biosciences, Little Chalfont, Buckingham- 260 shire, UK). Membranes were probed with the housekeeping mouse anti- $\beta$ -actin (1:25,000, 261) Sigma-Aldrich). Densitometric analysis of  $p62/\beta$ -actin and LC3-II/LC3-I ratio was per- 262 formed with ImageJ software (NIH, USA, Version 1.8.0\_172). 263

To analyze mTOR inhibition under the effect of rapamycin the downstream PS6RP 264 was evaluated. Autophagy activation was evaluated by measuring the levels of the early 265 autophagy stimulating protein VPS34. Finally, Fis1 and DRP1 were measured as markers 266 of mitochondrial fission and mitophagy. U87MG cell pellet was placed in an Eppendorf 267 tube containing 20 μL of ice-cold lysis buffer with phosphatase and protease inhibitors to 268 be homogenized. An aliquot of the homogenate was used for Bradford protein assay. Pro- 269 teins (20 μg) were separated on SDS-polyacrylamide gels (Mini Protean TGX precast gel 270 4-20% gradient, BioRad Laboratories) on Trans-blot Turbo Transfer System Pack (for 271 mixed molecular weight; 1.3 A-25 V-10 min). Membranes were blocked for 2h in Tween- 272 20 Tris-buffered saline (TTBS) (100mM Tris-HCl, 0.9% NaCl, 1% Tween 20, pH 7.4) con- 273 taining 5% non-fat dry milk (BioRad Laboratories). We used the following primary anti- 274 bodies: i) anti-PS6RP (1:1000, Cell Signaling); ii) anti-VPS34 (1:1000, Thermo-Fisher Scien- 275 tific); iii) anti-Fis1 (1:1000, GeneTex); iv) anti-DRP1 (1:2000, Abcam). Rabbit anti-β-actin 276 (1:50,000; Sigma-Aldrich) was used as an internal standard for semi-quantitative protein 277 measurement. 278

Membranes were incubated overnight at 4°C with primary antibodies diluted in 279 TTBS containing 2.5% non-fat dry milk, and then they were washed in TTBS and incu- 280 bated for 1h with peroxidase-labeled secondary antibodies (anti-rabbit/anti-mouse, 281 1:3000; Calbiochem, Milan, Italy). Bands were visualized with enhanced chemilumines- 282 cence reagents (GE Healthcare, Milan, Italy). Image analysis was carried out by ChemiDoc 283 System (BioRad Laboratories). Optical density was normalized for relative β-actin using 284 Image J software (NIH, USA, Version 1.8.0\_172). 285

#### *2.9. Cell cycle analysis* 286

U87MG cells in logarithmic growth were treated with 10 nM rapamycin or vehicle. 287 After 24h a part of the sample was immediately prepared for flow cytometry, while the 288 rest was maintained in culture for 4 days, 7 days and 14 days without any further treat- 289 ment. At the end of each incubation time, samples were fixed with 70% ethanol, stained 290 with 20  $\mu$ g/ml of propidium iodide and 100  $\mu$ g/ml of RNase A and then incubated at 37°C 291 for 30 min. Flow cytometric analysis was performed with appropriate gating on a 292 FACScan (Becton Dickinson, Milan, Italy). 293

#### *2.10. Statistical analyses* 294

The optical density of MTR-G histo-fluorescence and each protein immuno-fluores- 295 cence (PS6RP, LC3, Cat D, Pink1, PARK, BNIP3, Fis1 and DRP1) was given as mean per- 296 centage±S.E.M. per cell from N=100 cells/group (assuming controls as 100%). 297

The merging of immuno-fluorescent puncta was counted and expressed as the 298 mean±S.E.M. of puncta per cell in each experimental group (each group being representa- 299 tive of a specific dose and timing of rapamycin/vehicle saline) from N=100 cells. 300

The optical density of immuno-blotting was given as mean±S.E.M. from 2≤N≤6 sam- 301 ples per experimental group.  $302$ 

Flow cytometry values were expressed as mean percentage±S.E.M. of cells in each 303 cell cycle phase  $(G_1, S, \text{or } G_2 + M)$ . 304

For ultrastructural morphometry, values were expressed as following: (i) total num- 305 ber of mitochondria per cell, ii) percentage of altered mitochondria per cell, (iii) number 306 of Pink1- or PARK-positive mitochondria per cell (iv) number of LC3- and/or Cat D-posi- 307 tive vacuoles per cell (v) number of Pink1 or PARK immuno-gold particles per cell (vi) 308 number of Pink1 or PARK immuno-gold particles within mitochondria; (vii) the ratio be- 309 tween the number of Pink1 or PARK immuno-gold particles within mitochondria and the 310 number of Pink1 or PARK immuno-gold particles within cytosol, (viii) number of PrPc or 311 PrPsc-like immuno-gold particles per cell.  $312$ 

Values are given as the mean number or the mean percentage±S.E.M. per cell from 313 50 cells per group in all counts. 314

Mitochondrial score was calculated by averaging mitochondrial scores (as estab- 315 lished from the first block of Results, in the Results section) from at least 150 mitochondria 316 from each experimental group. Values are given as the mean±S.E.M.  $317$ 

Data are compared using ANOVA with the Scheffe's *post-hoc* test or Bonferroni's cor- 318 rected *t* test (for cell cycle data). Differences between the various groups are considered to 319 be significant when the null hypothesis  $H_0$  is less than  $5\%$ .  $320$ 

#### **3. Results** 321

#### *3.1. Rapamycin induces a marked, long-lasting mTOR inhibition* 322

As expected from cell lines featuring mTOR overexpression, detectable amount of 323 the enzymatic product PS6RP is measured in baseline GBM cells. This amount is persis- 324 tently suppressed by a short-lasting rapamycin administration. In fact, mTOR suppres- 325 sion was measured at least for 14 days following rapamycin withdrawal (Figure 1). 326

As shown in Figure 1 and in Supplementary Figure S1, when rapamycin is adminis- 327 tered in these experimental conditions it occludes the enzymatic activity of mTOR in both 328 U87MG and A172 cells, respectively. In fact, following 24h rapamycin exposure, and after 329 washing rapamycin-treated cells, following rapamycin withdrawal from 24h up to 14 330 days, the presence of the downstream product of mTOR, PS6RP is persistently suppressed 331 and it is found in negligible amount compared with GBM cells administered vehicle. The 332 persistent suppression of the mTOR activity following rapamycin withdrawal is even 333 more pronounced considering P70S6K, the direct mTOR substrate, as reported in Supple- 334 mentary Figure S2 and Supplementary Figure S3, which show the P70S6K immunofluo- 335 rescence in U87MG and A172 cells, respectively. Such a long-lasting effect indicates that 336 inhibition in the activity of mTOR in rapamycin-treated cells is consistent along prolonged 337 time intervals. These findings are key to interpret the effects induced by rapamycin to 338 various proteins and mitochondria from GBM cells as reported in the following para- 339 graphs. 340



**Figure 1.** Rapamycin produces a long-lasting inhibition of mTOR activity. (**A**) Representative pic- 342 tures showing the immunofluorescence of the protein PS6RP, which is a downstream enzymatic 343 product of mTOR. Rapamycin produces a marked and long-lasting decrease of the PS6RP immuno- 344 fluorescence. Densitometry of the PS6RP immunofluorescence (**B**) and the representative PS6RP im- 345 munoblotting (**C**) indicate that rapamycin induces a massive mTOR inhibition, which lasts at least 346 14 days following rapamycin withdrawal. Data in (**B**) are given as the mean percentage±S.E.M. of 347 optical density measured in 100 cells per group (assuming controls as 100%). \*p<0.05 compared with 348 controls. Scale bar=  $12 \mu m$ . 349

*3.2. Autophagy flux* 350

As expected, due to inhibition of mTOR, rapamycin rescues the autophagy flux 351 which is known to be suppressed in baseline GBM cells. In fact, as shown in the blotting 352 of Figure 2A, p62 levels are reduced following rapamycin. The measurement of this effect 353 is reported in the graph of Figure 2B showing that, p62 levels are roughly 30% of untreated 354 control. Besides, when bafilomycin is added during the last 3h of rapamycin treatment, a 355 significant reduction in p62 levels and a concomitant increase in LC3-II occurs compared 356 with bafilomycin alone (Figures 2B and 2C, respectively). Taken together, these results 357 indicate that rapamycin increases the autophagy flux. It is remarkable that, following 24h 358 of rapamycin administration, after rapamycin being washed out, the stimulation of the 359 autophagy flux persists for several days of withdrawal. In detail, at 4 days following ra- 360 pamycin withdrawal, the levels of p62 are still significantly lower than controls (Figure 361  $2E$ ). When bafilomycin is added at 4 days following rapamycin withdrawal results are  $362$ similar to that observed at 24h (compare Figures 2E and  $2F$  with Figures 2B and 2C). At 7 363 days following rapamycin withdrawal the level of p62 remains below the level of controls 364 (Figure 2H) along with a significant decrease in LC3-II levels (Figure 2I). At 14 days fol- 365 lowing rapamycin withdrawal the decrease in p62 persists ( $\overline{Figure 2K}$ ) while the level of 366 LC3-II is rescued ( $\frac{Figure 2L}{B}$ ). Similar findings are obtained when the autophagy flux was 367 measured in A172 cells following 24h of rapamycin exposure (Supplementary Figure S4), 368 and 4d (Supplementary Figures S5), 7d (Supplementary Figures S6) and 14d (Supplemen- 369 tary Figures S7) after rapamycin withdrawal. 370



**Figure 2.** Rapamycin treatment increases the autophagy flux. Western blot analysis of p62 and LC3- 372 II in U87MG cells treated with 10 nM rapamycin for (**A**) 24h and (**D**) 4d, (**G**) 7d and (**J**) 14d after its 373 removal. In some samples bafilomycin A1 (100 nM) was added during the last 3h in both untreated 374 and rapamycin-treated cultures. Densitometry analysis of the level of p62 compared with the house- 375 keeping B-actin and LC3-II compared with LC3-I is also reported in the graphs. In detail, densitom-<br> etry of p62/ $\beta$ -actin in cells treated with rapamycin for (B) 24h and (E) 4d, (H) 7d and (K) 14d after 377 its removal is reported. Similarly, densitometry of LC3-II/LC3-I in cells treated with rapamycin for 378 (**C**) 24h and (**F**) 4d, (**I**) 7d and (**L**) 14d after its removal is shown. Values are given as the mean±S.E.M. 379 from three samples per experimental group. \*p<0.05 compared with controls. 380

#### *3.3. Rapamycin promotes the merging of LC3 with Cathepsin D* 382

The stimulatory effects of rapamycin on the autophagy flux are validated by as- 383 sessing the merging between autophagosomes and lysosomes markers. This is shown by 384 immuno-fluorescent puncta in **Figure 3** and Supplementary Figure S8, where the green 385 fluorescence of LC3 merge with the red fluorescence of Cat D, way in excess in rapamycin- 386 treated cells compared with controls. This is shown in representative pictures of Figure 387 3A for U87MG cells and Supplementary Figure S8A for A172 cells. Again, such an effect 388 lasts at least for 2 weeks following rapamycin withdrawal as shown in the graphs of  $\frac{Fig}{12}$  389  $\frac{1}{2}$  ure 3B and Figure 3C reporting fluorescence densitometry for each antigen, and as 390 counted in the graph of  $Figure 3D$  where the number of merging puncta is reported. Sim- $391$ ilar results are obtained in A172 cells (Supplementary Figures S8B, S8C and S8C, respec- 392 tively). This is confirmed in Supplementary Figure S9 and Supplementary Figure S10, 393 which refer to U87MG and A172 cell cultures, respectively. These graphs report the actual 394 counts of stained autophagosomes and lysosomes which are counted at ultrastructural 395 morphometry along with TEM counts of their merging in autophagolysosomes. In fact, 396 these graphs report that rapamycin increases the number of LC3 positive vacuoles (au- 397 tophagosomes) identified at ultrastructural morphometry along with the number of Cat 398 D positive vacuoles (lysosomes). Most remarkably, rapamycin administration peristently 399 increases the merging of these compartments counted as LC3+Cat D positive vacuoles 400 (autophagolysosomes). This provides a gold-standard, direct evidence for a rapamycin- 401 induced acceleration of the autophagy flux. 402

#### *3.4. Rapamycin induces the expression of VPS34* 404

To implement data about rapamycin-induced stimulation of the autophagy flux, we 405 checked whether rapamycin was effective in increasing early autophagy markers. Inter- 406 estingly, although rapamycin was not effective at early time intervals in increasing the 407 early autophagy protein VPS34, this effect was evident at delayed time intervals, starting 408 at 7 days to decline at 14 days following rapamycin exposure. At 7 days, rapamycin pro- 409 duces a remarkable increase in the early autophagy stimulating protein VPS34. This is 410 shown in Figures 3E and 3F. VPS34 is one of the earliest autophagy-related proteins, 411 which contributes to start the autophagy pathway. It is remarkable that, such a stimula- 412 tory effect of rapamycin on VPS34 is delayed and transient compared with the autophagy 413 flux (Figures 3E and 3F). 414



**Figure 3.** Rapamycin induces autophagy. (**A**) Representative light microscopy of the autophagy 416 markers LC3 and Cat D, showing that rapamycin induces immuno-fluorescent puncta for LC3+Cat 417 D. Arrows point to merging (yellow) puncta. Graphs report (**B**) LC3 fluorescent density (**C**) Cat D 418 fluorescent density, and (D) LC3+Cat D merging puncta. Counts report means±S.E.M. from three 419 independent experiments. (**E**) Representative western blotting of the autophagy protein VPS34 at 420 different time intervals following rapamycin. Graph in (**F**) reports that, following rapamycin, an 421 increased expression of VPS34 was measured at 7 days of rapamycin withdrawal. Values are given 422

as the mean±S.E.M. of optical density measured from an average of at least four samples per group. 423  $*$ p<0.05 compared with controls. Scale bar=20  $\mu$ m.  $424$ 

425

# *3.5. Rapamycin shift cell cycle towards G1* 426

The cell cycle analysis by flow cytometry shows that  $24h$  rapamycin  $(10 \text{ nM})$  increases  $427$ GBM cells in the G1 phase compared with controls with a concomitant decline in the per- 428 centage of cells in the S phase ( $Figure 4A$ ). It is remarkable that, as for data measuring the 429 autophagy flux, rapamycin-induced alteration of the cell cycle persists at long time inter- 430 vals after drug washout/withdrawal. In fact, similar results were obtained at 24h, 4 days 431 and 7 days after rapamycin withdrawal (**, respectively). 432** 



**Figure 4.** Rapamycin induces a long lasting G1 arrest. U87MG cells were treated with 10 nM ra- 434 pamycin and the cell cycle was analysed after 24h (**A**) and at 4 days, 7 days, 14 days after rapamycin 435 removal (**B**, **C**, **D**, respectively). Values are given as the mean±S.E.M. from three independent ex- 436 periments. \*p< 0.05 compared with controls. 437

### *3.6. Rapamycin decreases cytoplasmic Prpc and PrPsc-like proteins* 438

The occurrence of PrPc was elevated in baseline conditions in GBM cells. When ul- 439 trastructural stoichiometry was carried out, the authetic number of PrPc and PK resistant 440

PrPsc-like particles were detected both in control conditions and at various time intervals 441 following 24h exposure to rapamycin. As shown in representative Figure 5, PrPc (Figure 442)  $\overline{5A}$ ) and PrPsc-like (Figure  $\overline{5C}$ ) were more abundant in control GBM cells and they de- 443 crease following rapamycin ( $\overline{Figure 5B}$  for PrPc and  $\overline{Figure 5D}$  for PrPsc-like). It is rer- 444 markable that the amout of both prion proteins were more abundant at the level of the 445 plasma membrane compared with the whole cytosol. As shown in the graphs of Figure 446 **5E and Figure 5F**, the suppression of prion protein levels was significantly induced by 447 rapamycin up to 14 days of withdrawal. The rapamycin-induced suppression was much 448 more relevant concerning the PK resistant PrPsc-like isoform (graph of  $\overline{Figure 5F}$ ) compared with the PrPc isoform (graph of  $Figure 5E$ ). Similarly, PrPc and PrPsc-like decrease 450 in A172 cells treated with rapamycin compared with control cells (Supplementary Figure 451 S11) and such a suppression is long lasting and it is more marked for the PK resistant 452 isoform (Supplementary Figure S12). 453



454

**Figure 5.** Rapamycin decreases cytoplasmic PrPc and PrPsc-like proteins. Representative TEM mi- 455 crographs showing a PrPc- or PrPsc-like stained control cell (**A** and **C**, respectively) and a cell fol- 456 lowing 1d of rapamycin withdrawal (**B** and **D**, respectively). Arrows point to PrPc/PrPsc-like im- 457 muno-gold particles within cell cytosol. Quantitative ultrastructural morphometry for PrPc (**E**) and 458

PrPsc-like (**F**) immuno-gold particles within cytosol is reported in the graphs. Counts represent the 459 mean $\pm$ S.E.M from N=50 cells per group. \*p<0.05 compared with control. Scale bar= 230 nm. 460

# *3.7. Rapamycin persistently increases mitochondrial number and improves mitochondrial* 462 *structure* 463

As shown in Figure 6, rapamycin induces a long-lasting increase in mitochondria. 464 This is evident both in representative picures of MTR-G histofluorescence (Figure 6A) and 465 direct imaging of mitochondria at TEM ( $\overline{Figure 6C}$ ). The amount of such an increase is 466 similar at light microscopy and electron microscopy. In fact, both methods report an increase of mitochondrial imaging of roughly two-fold of controls (compare graphs of Fig- 468)  $ures 6B$  and  $6D$ ). MTR-G fluorescence and direct visualization and quantification of total  $469$ mitochondria at TEM carried out in A172 cells following various times of rapamycin with- 470 drawal provided very similar results (Supplementary Figure S13 and Supplementary Fig- 471 ure S14, respectively). While light microscopy with MTR-G does not provide any infor- 472 mation concerning mitochondrial integrity, this is positively assessed at TEM as reported 473 in Figure 6C and Figure 6E. In detail, representative micrographs of Figure 6E show that  $474$ rapamycin decreases altered mitochondria by improving mitochondrial structure con- 475 cerning matrix dilution, integrity of crests and mitochondria membranes. This is counted 476 in the graph of **, which reports a significant decrease in the number of altered 477** mitochondria per cell (where altered mitochondria are considered independently from 478 the kind of specific alteration). The number of altered mitochondria is reduced by rapamy- 479 cin to roughly 50% of controls. Remarkably, such an effect persists at 14 days of rapamycin 480 withdrawal. This overalaps with data obtained by scoring mitochondrial integrity, where 481 the highest values correspond to intact mitochondria as reported in the graph of **Figure** 482  $6G$ . The graph reports a long-lasting, rapamycin-dependent increase in the mitochondrial 483 integrity score. Such an integrity score allows to detail the specifc mitochondrial altera- 484 tions which may sum up to provide a severity score for mitochondrial alterations. In de- 485 tail, such a score attributes 4 points to intact mitochondria; 3 characterizes mitochondria 486 with intact membranes but owing spots of matrix dilution; 2 is the score given to mito- 487 chondria owing spots of matrix dilution with some membrane alterations in the form of 488 broken crests. The score 1 is mostly severe and corresponds to mitochondria where matrix 489 dilution is spread and membrane alterations concern both crests and inner/outer mem- 490 branes. In this way the graph in  $Figure 6G$  is more specific since it provides both the kind 491 and the severity of mitochondrial alterations. Both graph in **Figures 6F and 6G** indicate 492 that rapamycin persistently improves mitochondrial integrity. Thus, apart from increas- 493 ing two-fold the number of mitochondria, rapamycin specifically increases the number of 494 healthy mitochondria. Again, mitochondrial alterations and mitochondrial integrity score 495 measured in A172 cells (Supplementary Figure S15) are in line with those measured in 496 U87MG cells. 497



**Figure 6.** Rapamycin persistently increases the number of mitochondria and produces a long-lasting 499 rescue of altered mitochondria. (**A**) Representative pictures show total mitochondria stained with 500 MTR-G from controls and following rapamycin treatment (10 nM) for 24h and after rapamycin with-<br> drawal (up to 14d). (**B**) Graph reports the two-fold steady increase in mitochondrial MTR-G fluo- 502 rescence induced by rapamycin, which persists unmodified for 14 days. Values are given as the 503 mean±S.E.M from N=100 cells per group. (**C**) Representative pictures at TEM show the increase in 504 mitochondria (M) counted directly as specific organelles. (**D**) Graph reports the count of mitochon- 505 dria per cell at TEM which overlaps the two-fold increase measured at MTR-G fluorescence, which 506 similarly persists at 14 days. Values are given as the mean±S.E.M from N=50 cells per group. (**E**) 507 Representative pictures depicting mitochondrial morphology evaluated based on the modified scale 508 from Flameng et al. 1980 [23]. A score of 1 indicates that mitochondria possess broken crests (arrow- 509 heads) with ruptured mitochondrial membranes (arrows), and a spread matrix dilution (asterisk); a 510 score of 2 indicates a mitochondrion that possess broken crests with spots of diluted matrix but 511 membranes intact; a score of 3 indicates that mitochondria possess only spots of diluted matrix but 512 intact crists and intact inner/outer membranes; the score of 4 indicates an intact mitochondrion. 513 Graph (**F**) reports the percentage of altered mitochondria (including all kinds of alterations). Graph 514 (**G**) reports the average of mitochondrial score. Values are given as (**F**) the percentage±S.E.M from 515 N=50 cells per group or (G) the mean mitochondrial morphological score±S.E.M calculated by av-<br> eraging mitochondrial scores from at least 150 mitochondria from each experimental group. \*p<0.05 517 compared with controls. Scale bars: (**A**)=18 μm; (**C**)=260 nm; (**E**)=230 nm. 518

519

# *3.8. Rapamycin increases the merging of LC3 with MTR-G* 520

As shown in representative Figure 7A and Supplementary Figure S16, rapamycin increaseas both MTR-G histo-fluorescence and LC3 immuno-fluorescence in U87MG and 522 A172 cells, respectively. Most importantly, following 1 day of rapamycin withdrawal a 523 remarkable merging of MTR-G with LC3 fluorescence is evident. This is measured in the 524 graph of Figure 7B, which reports a robust increase of merging puncta per cell, where 525 MTR-G and LC3 are concomitanly present. This effect persists significantly for two weeks 526 following rapamycin withdrawal. 527

#### *3.9. Rapamycin increases the merging of parkin (PARK) and Pink1* 528

As shown in representative pictures of  $\frac{Figure 7C}{2}$  rapamycin increases the PARK immuno-fluoresence, while leaving intact Pink1 immunofluorescence. This is counted in the 530 graph of Figure 7D, which reports a long-lasting increase in PARK immuno-fluorescence 531 which persists unmodified at least for 14 days of rapamycin withdrawal. In contrast, as 532 reported in the graph of Figure 7E, Pink1 immunofluorescence is not modified compared 533 with controls by rapamycin admnistration at any time interval. When double immuno- 534 flurescence is calculated, as reported in the graph of  $Figure 7F$ , a significant increase, 535 which persists at least 14 days is measured for the merging of PARK and Pink1 immuno- 536 fluorescence following rapamycin 10 nM. Such an increase in merging fluorescence ex- 537 ceeds at large the increase induced by rapamycin in single PARK immunofluorescence. 538 When considering that Pink1 immunofluorescence is not modified by rapamycin, the 539 more marked increase in double immunofluorescence compared with single PARK im- 540 munofluorescence indicates that the increase in PARK following rapamycin occurs with 541 a selective placement with a site-specificity depending on where baseline Pink1 immuno- 542 fluorescence occurs. This specific placement is expected to correspond to rapamycin-re- 543 sponsive mitochondria as suggested by previous studies and we did confirm here by us- 544 ing TEM (Supplementary Figure S17 and Supplementary Figure S18). These data were 545 replicated in A172 cells (Supplementary Figure S19, for PARK and Pink1 double immu- 546 nofluorescence and Supplementary Figures S20 and S21, for PARK and Pink1 immuno- 547 gold at TEM, respecitvely). 548

#### *3.10. Rapamycin increases the merging of MTR-G with BNIP3* 549

As shown in representative pictures of Figure 7G, rapamycin increases the immunofluorescence of BNIP3 and MTR-G fluorescence. Immunofluorescence for BNIP3 is meas- 551 ured in the graph of Figure 7H, which reports a long-lasting (4 days) increase in immuno- 552 fluorescence during rapamycin withdrawal. When double fluorescence was calculated, as 553 reported in the graph of  $Figure 7I$ , MTR-G+BNIP3 fluorescent puncta are increased by 554 rapamycin for at least 14 days. This is likely to depend on the long-lasting increase in 555 MTR-G (as measured in the graph of **Figure 6B**) joined with the persistence of elevated 556 BNIP3 specifically at mitochondrial level. This is expected based on the selective increase 557 of such a mitophagy-related protein focally within mitochondria. Similar results are ob- 558 tained for MTR-G and BNIP3 fluorescence carried out in A172 cells (Supplementary Fig- 559  $\mu$ ure S22).  $\frac{560}{200}$ 

#### *3.11. Rapamycin increases immunofluorescence for Fis1 with DRP1* 562

Rapamycin 10 nM exposure increases the markers of mitochondrial fission Fis1 and 563 DRP1 as shown in representative pictures of **Figure 7**. In detail, as shown in the graph of  $564$ Figure 7K, Fis1 increases markedly at short-time intervals and it persists elevated at least 565 14 days following rapamycin withdrawal. Similarly, as shown in the graph of Figure 7L, 566 DRP1 markedly increases at short time-intervals following rapamycin exposure, although 567 it remains significantly elevated at delayed time intevals ( $\frac{Figure 7L}{}$ ). This trend is confirmed by western blotting reported in Supplementary Figure S23 for Fis1 and Supple- 569 mentary Figure S24 for DRP1. In fact, Fis1 protein is increased for 14 days of rapamycin 570 withdrawal as well as DRP1. However, the increase in DRP1 occurs more markedly at 571 early time intervals. When counting merging puncta, the increase of puncta is quite steady 572 up to 14 days, as reported in the graph of  $Figure 7M$ . This indicates that, despite the dra- 573 matic increase in each fission marker occurs only at early time intervals, their co-localiza- 574 tion persists unmodified for at least 14 days. This suggests that the amount of both anti- 575 gens, which are slightly elevated at prolonged time intervals is responsible for merging 576 and it may reflect a specific mitochodrial cell compartment. Fis1+DRP1 immunofluores- 577 cence and counts of Fis1+DRP1-positive puncta provided similar results in A172 cells 578 (Supplementary Figure S25). 579



**Figure 7.** Rapamycin increases autophagy-related mitochondrial dynamics. (**A**) Representative pic- 583 tures show that rapamycin increases histofluorescence of MTR-G and immuno-fluorescence for 584 LC3. Arrows point to merging (yellow) puncta. (**B**) Graph reports the rapamycin-induced long-last- 585 ing increase in MTR-G+LC3 merging puncta. (**C**) Representative pictures show mitophagy markers 586 PARK and Pink1 from control and rapamycin-treated cells (10 nM at 1 day). Arrows point to merg- 587 ing (yellow) puncta. (**D**) The graph of PARK immunofluorescence indicates a long-lasting signifi- 588 cant increase following rapamycin. (**E**) The graph shows no significant effect of rapamycin on Pink1 589 immunofluorescence at any time interval. (**F**) The graph indicates a significant increase in the num- 590 ber of puncta showing the merging of PARK and Pink1, which exceeds at large the increase induced 591 in PARK immunofluorescence. (**G**) Representative pictures show that rapamycin increases histo- 592 fluorescence of MTR-G and immunofluorescence for BNIP3 compared with control. Arrows point 593 to merging (yellow) puncta. (**H**) Graph reports the rapamycin-induced long-lasting increase in 594 BNIP3 immunofluorescence. (**I**) Graph reports the rapamycin-induced long-lasting increase in 595 MTR-G+BNIP3 merging puncta. (**J**) Representative pictures of the fission markers Fis1 and DRP1. 596 Arrows point to merging (yellow) puncta. Graphs (**K**) and (**L**) report Fis1 and DRP1 immunofluo- 597 rescent intensity, respectively. Graph (**M**) reports Fis1+DRP1 merging puncta. Values are given as 598 the mean±S.E.M from N=100 cells per group. C=Controls \*p<0.05 compared with controls. Scale bars: 599  $(A)=13 \text{ }\mu\text{m};$   $(C)=20 \text{ }\mu\text{m};$   $(G)=18 \text{ }\mu\text{m};$   $(I)=13 \text{ }\mu\text{m}.$  600

### *4.* **Discussion** 602

The present study, which is validate in different cell lines, indicates that, mTOR in- 603 hibition, which is evidenced by suppressed PS6RP and P70S6K expression, induced by 604 rapamycin in the therapeutic range (10 nM, [20]) produces a sudden and concomitant ac- 605 tivation of the autophagy flux as measured by the classic assay with bafilomycin, the 606 merging of LC3 with Cat D immunofluorescence, and the merging of autophagosomes 607 with lysosomes by gold standard TEM. Most of these effects persist unmodified at least 608 14 days following rapamycin withdrawal and they are concomitant with a shift of a sig- 609 nificant amount of GBM cells from S towards G1 phase, as measured by flow cytometry. 610 These effects are long-lasting since they extend long beyond rapamycin withdrawal, for 611 at least 14 days. Remarkably, this is concomitant with a marked suppression in the amount 612 of the cellular prion protein, which is detected at molecular level considering the stoichi- 613 ometry of both native PrPc and the protease resistant isotype PrPsc-like. These effects are 614 tightened with an increase in the total number of mitochondria detected both at light 615 (MTR-G fluorescence) and electron microscopy (direct count of the organelles). The in- 616 crease in mitochondria occurs although the number of altered mitochondria and the num- 617 ber of mitochondrial alterations are steadily suppressed, at least for 14 days. This indicates 618 a robust improvement in mitochondrial integrity. The autophagy-related increase in mi- 619 tochondria is confirmed by the merging of LC3 with MTR-G, which increases following  $620$ rapamycin administration. Similarly, the significance of increased LC3 is validated con- 621 cerning the autophagy flux within different GBM cell lines, by using bafilomycin assay 622 and the gold standard assessment of autophagy status at TEM. In fact, TEM also indicates 623 that rapamycin stimulates the merging of autophagosomes with lysosomes, which is 624 backed up by increased merging of LC3 with Cat D immuno-fluorescence. A marked ef- 625 fect of rapamycin *in situ* on mitochondrial proteins is confirmed by the merging of fluo- 626 rescence for the mitophagy protein BNIP3 with MTR-G. This is further witnessed by in- 627 creased amount and augmented merging of the mitophagy-related proteins Pink1 and 628 PARK which is shown here at immunofluorescence and electron microscopy. This latter 629 evidence confirms in GBM cells the effects of the prion proteins on suppressing 630 Pink1/PARK interactions which were recently evidence in prion disorders [17]. This is 631 concomitant with an increase in the mitochondrial fission/mitophagy-related proteins 632 Fis1 and DRP1, which persists at least for 14 days following rapamycin withdrawal. This 633 is in line with the well-established concept that when promoting global autophagy, mito- 634 chondrial fission and mitophagy concomitantly increase [26]. These data confirm a long- 635

lasting effect following rapamycin withdrawal [19] and indicate a powerful and persistent 636 activation of autophagy and mitophagy under the effects of rapamycin. In detail, the long- 637 lasting effects of rapamycin on the autophagy flux in GBM cells were never described so 638 far. The stimulation of the autophagy flux, which is esteemed by counting the amount of  $639$ LC3-II and p62 with or without bafilomycin, persists during rapamycin withdrawal. This 640 is concomitant with the merging of LC3 with Cat D immunofluorescence and the fusion 641 of autophagosomes with lysosomes. The increase in proteins, which promote mitochon- 642 drial biogenesis explains the increase in healthy mitochondria reported here, which con- 643 firms previous recent data [12]. In this recent report evidence was provided that rapamy- 644 cin increases the expression of those genes promoting mitochondrial biogenesis, at 14 days 645 following rapamycin withdrawal. In line with this, the present study indicates that ra- 646 pamycin promotes a persistent clearance of PrPc, which takes place at least for 14 days 647 following rapamycin withdrawal. Again, PrPc removal is consistent with enhanced au- 648 tophagy flux, which clears efficiently such an aggregate prone protein mostly concerning 649 its PK-resistant isoform. 650

Long-lasting improved mitochondrial turnover joined with persistent suppression of 651 prion protein levels in GBM is likely to explain the shift of cell cycle from S towards G1 652 phase. Accordingly, a shift in the balance between mitochondrial fission and fusion can 653 modulate the progression of the cell cycle [27] and different phases of the cell cycle are 654 associated with changes in mitochondrial status [28]. In detail, the S to G1 transition is 655 concomitant to increased mitochondrial fission [28], while the opposite change from G1 656 to S phase is accompanied by increased mitochondrial fusion [29]. 657

In line with concomitant autophagy activation, the increase in DRP1 (fission protein) 658 produces increased mitochondrial turnover with fragmentation of altered mitochondria 659 [30] and mitochondria biogenesis which is evidenced by the presence of elongated mito- 660 chondria owing densely packed crests, which affects the efficiency of ATP production [31- 661 33]. 662

Early studies provided evidence that PrPc is highly expressed within human GBM 663 cell lines [34,35], while recent evidence indicates that PrPc enhances the expression of a 664 number of genes which are key in the onset and progression of GBM including a profound 665 impact on mitochondrial turnover [17].The role of PrPc in GBM is remarkable and it is 666 likely to operate upstream in controlling the mitochondrial status. 667

The dual effects of mTOR-dependent autophagy activation provided in the present 668 study (mitochondria status and prion protein) in two GBM cell lines are indeed very much 669 connected. In fact, the occurrence of mitochondrial alterations is dramatic in the presence 670 of high levels of prion protein and abnormally high prion protein produces a defect in 671 mitochondrial fission/mitophagy, as recently shown by Li and coll. [17]. 672

This is likely to explain why accumulation of altered mitochondria is considered a 673 key factor in prion disease pathogenesis [17]. Remarkably, this is specifically induced by 674 a defect in Pink1/PARK-induced mitochondrial removal. In the present study we ex- 675 tended the evidence connecting PrPc and defective mitochondria to GBM cells. The study 676 shows that such a mitochondrial defect can be corrected by reverting the Pink1/  $PARK$  677 defect. In fact, rapamycin improved mitochondrial status and increased Pink1/ PARK lev- 678 els, while occluding PrPc accumulation. This was concomitant with mTOR inhibition and 679 autophagy activation. In fact, PARK overexpression was already shown to mitigate defec- 680 tive mitophagy when PrPc is overexpressed [17]. Thus, an autophagy-dependent defect 681 in Pink1/ PARK-mediated mitophagy is induced by PrPc [17]. 682

The role of PrPc in the onset and progression of disease were already evidenced in 683 recent studies as the effects of multiple mechanisms concerning the growth of various 684 tumors, differentiation, and resistance to radio- and chemo- therapy [15, 36-41]. The oc- 685 currence of PrPc in GBM is more and more evident and it may contribute to cancer inva- 686 sion and poor prognosis. It is remarkable that, according to Corsaro and coll. [41] PrPc 687 expression in GBM may be responsible for promoting stemness, which in turn relates to 688 tumor aggression and relapse. In fact, within GBM glioblastoma cancer stem cells express 689 the highest level of PrPc in the tumor. These cells form typical neurospheres and possess 690 remarkable proliferation rate and a loss of differentiation [15,41,42]. Conversely, suppres- 691 sion of PrPc expression produces a slower rate of proliferation along with cell differentia- 692 tion and suppression of stem cell markers. All this evidence indicates that expression of 693 PrPc is key in the neurobiology of GBM and it seems to impact disease prognosis. The 694 present study demonstrates the tighten relationship between autophagy, PrPc expression 695 and mitochondrial status. The dual effects (mitochondrial status and PrPc expression) be- 696 ing scrutinized in the present research work by using different GBM cell lines are likely 697 to operate in symbiosis to transfer the impact of autophagy in the neurobiology of GBM. 698 In fact, PrPc and mitochondria strongly impact cell proliferation. Thus, the autophagy de- 699 pendent expression of proteins which promote mitochondrial fission is likely to strongly 700 impact the course of GBM. The course of GBM. The course of GBM.

#### **5. Conclusions** 702

The present study investigates in different GBM cell lines whether mitochondrial im- 703 pairment along with prion protein accumulation, and the block of autophagy flux may all 704 be reverted, within the same experimental settings, by simply removing an excess of 705 mTOR activity. The present study measures whether, long-lasting effects produced by 706 rapamycin concomitantly impact the following: (i) autophagy activation, (ii) prion protein 707 clearance (iii) improved mitochondrial status. These phenomena were related to cytofluo- 708 rimetry of GBM cells to assess whether a percentage of these cells under mTOR inhibition 709 shifts from a proliferating into a quiescent phase. This study is seminal to correlate accu- 710 mulation of the GBM promoting protein PrPc with defective mitochondrial dynamics and 711 relented autophagy flux, and back again, whether an empowered autophagy flux fuels 712 mitochondrial dynamics to shift GBM cells towards a non-proliferative phase in the cell 713 cycle. A short-lasting exposure to rapamycin (24h) produces long-lasting effects on the 714 autophagy flux, prion protein clearance, mitochondrial status, and suppression of cell pro- 715 liferation. The contract of th

This study represent a further step to identify how the autophagy machinery inter- 717 acts with the biology of GBM. 718

**Supplementary Materials:** The following supporting information can be downloaded at: 719 www.mdpi.com/xxx/s1, Supplementary Figure S1: Rapamycin produces a long-lasting inhibition of 720 mTOR activity in A172 cells.. Supplementary Figure S2: Rapamycin produces a long-lasting de- 721 crease of P70S6K immuno-fluorescence in U87MG cells. Supplementary Figure S3: Rapamycin pro- 722 duces a long-lasting decrease of P70S6K immuno-fluorescence in A172 cells. Supplementary Figure 723 S4: Rapamycin treatment increases the autophagy flux at 24h in A172 cells. Supplementary Figure 724 S5: Rapamycin exerts long-lasting effects on the autophagy flux at 4 days from its withdrawal in 725 A172 cells. Supplementary Figure S6. Rapamycin induces long-lasting effects on the autophagy flux 726 at 7 days from its withdrawal in A172 cells. Supplementary Figure S7. Rapamycin effects on the 727 autophagy flux at 14 days in A172 cells. Supplementary Figure S8. Rapamycin increases immuno- 728 fluorescent puncta positive for LC3+Cat D in A172 cells. Supplementary Figure S9. Rapamycin in- 729 duces both autophagosomes and lysosomes and increases the merging between these compart- 730 ments in U87MG cells. Supplementary Figure S10. Rapamycin induces both autophagosomes and 731 lysosomes and increases the merging between these compartments in A172 cells. Supplementary 732 Figure S11. Rapamycin decreases PrPc protein in the cytoplasm of A172 cells. Supplementary Figure 733 S12. Rapamycin decreases PrPc and PrPsc-like proteins in the cytoplasm of A172 cells. Supplemen- 734 tary Figure S13. Rapamycin persistently increases the MTR-G fluorescence in A172 cells. Supple- 735 mentary Figure S14. Rapamycin persistently increases the number of mitochondria in A172 cells. 736 Supplementary Figure S15. Rapamycin long-lasting rescues altered mitochondria in A172 cells. Sup- 737 plementary Figure S16. Rapamycin increases the merging of MTR-G with LC3 in A172 cells. Sup- 738 plementary Figure S17. Rapamycin increases PARK immuno-gold particles in U87MG cells. Sup- 739 plementary Figure S18. Rapamycin increases Pink1 immuno-gold particles within mitochondria of 740 U87MG cells. Supplementary Figure S19. Rapamycin increases the merging of parkin (PARK) and 741 Pink1 immunofluorescence in A172 cells. Supplementary Figure S20. Rapamycin increases PARK 742

immuno-gold particles in A172 cells. Supplementary Figure S21. Rapamycin increases Pink1 im- 743 muno-gold particles within mitochondria of A172 cells. Supplementary Figure S22. Rapamycin in- 744 creases the merging of MTR-G with BNIP3 in A172 cells. Supplementary Figure S23. Rapamycin 745 increases the fission protein marker Fis1. Supplementary Figure S24. Rapamycin increases the fis- 746 sion protein marker DRP1. Supplementary Figure S25. Rapamycin increases immunofluorescence 747 for Fis1 and DRP1 in A172 cells. 748

**Author Contributions:** For research articles with several authors, a short paragraph specifying their 749 individual contributions must be provided. The following statements should be used "Conceptual- 750 ization, F.F.; methodology, P.L.; G.L.; F.B.; A.S.; E.P.; V.D.F. and M.F.; software, C.L.B. and F.B.; 751 validation, P.L., G.L. and M.F.; formal analysis, C.L.B and F.B.; investigation, P.L.; G.L. and M.F.; 752 resources, F.F.; data curation, M.F. and F.F.; writing—original draft preparation, F.F.; writing—re- 753 view and editing, R.F.; visualization, S.P.-A. and A.F.; supervision, F.F.; project administration, F.F.; 754 funding acquisition, F.F. All authors have read and agreed to the published version of the manu- 755 script." Please turn to the [CRediT taxonomy](https://img.mdpi.org/data/contributor-role-instruction.pdf) for the term explanation. Authorship must be limited 756 to those who have contributed substantially to the work reported. 757

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**Data Availability Statement:** The data that supports the findings of this study are available from 763 the corresponding author upon reasonable request. The corresponding author upon reasonable request.

**Conflicts of Interest:** The authors declare no conflict of interest. 765

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