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Mechanistic aspects of Thioflavin-T self-aggregation and DNA binding: evidence for dimer attack on DNA grooves

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Graphical contents entry

A detailed study of the mechanism of Thioflavin-T (TFT, D) self-aggregation and binding to DNA (P) is presented. TFT undergoes dimerization followed by an unusual dimer isomerisation. Simultaneous intercalation and groove binding has been infrequently found: here the TFT monomer intercalates between DNA base pairs (PD) or externally binds (PD') according to a branched mechanism; under dye excess, also the TFT dimer binds to the DNA grooves (PD3).

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Electronic Supplementary Information (ESI) available: absorbance spectra of TFT at different dye concentration and relvant Lambert and Beer plots; molar extinction coefficient of TFT dependence on the salt content of the medium; two-component deconvolution of the fluorescence emission spectra of TFT at different dye concentrations; example of kinetic trace recorded for a solution containing TFT alone; plot of the reciprocal relaxation time vs. TFT monomer concentration; analysis of the data of the spectrophotometric titration of the TFT/DNA system according to equation (6); excitation and emission spectra and 3D contour plot of TFT and TFT/DNA; emission spectra, binding isotherm and relevant analysis according to equation (6) for a spectrofluorometric titration of TFT with DNA; example of Scatchard plot obtained from absorbance titration data for the TFT/DNA system; temperature dependence of the binding constant K for the TFT/DNA system; T-jump relaxation curves registered for the TFT/DNA system under low dye and polymer excess conditions; T-jump amplitude analysis for the fast step of the curves registered for the TFT/DNA system under low dye and polymer excess conditions; T-jump relaxation curves registered for the TFT/DNA system under high dye content conditions; derivation of equations $(4)-(11)-(12)-(14)$ of the text and derivation of the relationship between relaxation curve amplitude and dye content.

Abstract

Thioflavin-T (TFT) is a fluorescent marker widely employed in biomedical research but the details of its binding to polynucleotides have been poorly enlightened. This paper presents a study of the mechanisms of TFT self-aggregation and binding to DNA. Relaxation kinetics of TFT solutions show that the cyanine undergoes dimerization followed by dimer isomerisation. The interaction of TFT with DNA has been investigated using static methods, as spectrophotometric and spectrofluorometric titrations under different conditions (salt content, temperature), fluorescence quenching, viscometric experiments and the T-jump relaxation method. The combined use of these techniques enabled to show that TFT monomer undergoes intercalation between the DNA base pairs and external binding according to a branched mechanism. Moreover, it has been observed that, under dye excess conditions, also the TFT dimer binds to the DNA grooves. The molecular structures of intercalated TFT and groove-bound TFT dimer are obtained by performing QM/MM MD simulations.

Introduction

Thioflavin-T (4-(3,6-dimethyl-1,3-benzothiazol-3-ium-2-yl)-N,N-dimethylaniline, TFT) is a fluorescent emicyanine dye (Figure 1) which acts as a molecular rotor.^{1, 2} Computational studies have shown that a twisted internal charge-transfer (TICT) process takes place in the excited singlet state, resulting in a transition from the fluorescent locally excited (LE) state to the non-fluorescent TICT state, accompanied by torsion angle growth from 37 to 90 degrees.³ The TICT process effectively competes with radiative transition from the LE state and is responsible for significant quenching of the dye fluorescence in low-viscosity environments.

Figure 1 Molecular structure of Thioflavin-T (TFT).

But the interest on TFT molecule also stays in the fact that its peculiar photophysical properties can find application in biochemistry and medicine. TFT has been used as a common marker in biomedical research over the last 50 years. The ability of the TFT molecule to recognise amyloid fibrils where other staining reagents gave inconclusive results was shown for the first time more than fifty years ago.⁴ Amyloid fibrils play a role in several pathologies connected to incorrect folding, as for instance the Alzheimer's disease.⁵ More recently, TFT has become a major tool to recognise these fibrils, both *in vivo* and *in vitro*. 2, 6, 7 Molecular dynamics simulations have shown that TFT binds selectively to the fibrils, in particular at the level of β-sheet and at hydrophobic amino acid residues as tyrosine.⁸ This interaction, by inhibiting the rotation of the dye around its central bond, produces a strong enhancement of fluorescence emission.^{6,7}

These observations strongly suggest that TFT could show high affinity for the inner hydrophobic region of DNA. Indeed, molecules of the cyanine family are strong intercalators ⁹⁻¹¹ and TFT itself interacts with DNA.^{12, 13} Note that the TFT/DNA system has an inherent complexity due to the possible dye self-aggregation, a process known to occur for cyanine dyes 10, 14, 15 and also for TFT.12, 16 On the other hand, a detailed analysis of the binding mechanism of TFT to nucleic acids is, at our knowledge, still not available. We believe that an in depth investigation of the TFT/DNA system could be of significant interest both as far as concerns the light emitting properties of the TFT molecular rotor and the understanding and optimisation of the biological/biomedical applications of this dye. On this basis, we have performed a study of the reaction mechanism of TFT auto-aggregation tendency and of its binding to natural DNA.

Results: Thioflavin-T auto-aggregation

Spectral features Absorbance spectra of TFT solutions of different concentration $(C_D = 2.0 \times 10^{-7})$ 6 to 8.4 \times 10⁻⁵ M range) were measured and the linearity of absorbance vs. concentration plots was checked. Differently from other cyanine dyes under similar conditions, 14 no deformation of the band shape could be observed by increasing dye level and the linearity of the trends was confirmed in the explored concentration range (Figure 1S of the Supplementary Information). The dye maximum absorbance is fixed at 412 nm (Figure 1S and Figure 6a), in agreement with previous literature data 12 and theoretical calculations.³ The slope of the absorbance vs. concentration plots are used to evaluate the molar extinction coefficients for the TFT dye at different wavelengths (see "Materials" paragraph). The extinction coefficient was independent of the salt content (I) of the medium (NaCl) in the 0.11 M to 2.26 M range (Figure 2S). Thus, no evidence for dye aggregation could be provided by absorbance measurements. However, as concerns fluorescence, the spectral features significantly depend on the TFT concentration (Figure 2).

Figure 2 Fluorescence emission spectra at different TFT concentration (C_D) . $C_D = 1.44 \times 10^{-6}$ M (a), 7.19×10^{-6} M (b), 3.56×10^{-5} M (c), 7.06×10^{-5} M (d), I = 0.11 M, pH 7.0, λ_{ex} = 340 nm, T = 25 °C.

The fluorescence emission spectra are well described by two components (Figure 3S), the first being centred at $\lambda_{\text{em1}} = 428 \pm 1$ nm, the second at $\lambda_{\text{em2}} = 453 \pm 4$ nm. The ratio of fluorescence intensities at the maxima of the two component emissions ($F(\lambda_{em1})/F(\lambda_{em2})$) decreases by increasing concentration (Figure 3S), indicating that λ_{em1} should be related to the monomer and λ_{em2} to the aggregate form. Quenching experiments on TFT using iodide gave downward curved Stern-Volmer plots (Figure 3). This result is in agreement with previous findings.¹²

Figure 3 Stern-Volmer plots for TFT alone and for TFT/DNA system quenching by NaI, $I = 0.01$ M, pH 7.0, $\lambda_{ex} = 340$ nm, T = 25 °C. (\bullet) TFT alone, C_D = 1.5×10⁻⁵ M, λ_{em} = 441 nm; (\blacktriangle) TFT alone, C_D = 1.0×10⁻⁵ M, λ_{em} = 441 nm; (\blacktriangle) TFT + DNA, $C_D = 1.5 \times 10^{-5}$ M, $C_P = 2.0 \times 10^{-3}$ M, $\lambda_{em} = 394$ nm. The continuous lines represent the fit to equation (1).

Similar trends in complex systems (dye/vesicles, dye/biomolecules) are often fitted to a model where the fraction of accessible fluorophore is considered.¹⁷ Taking into account the monomer – aggregate equilibrium, a more general model that assumes two independent sites with different sensitivity to quenching was considered (equation (1)).¹⁸

$$
\frac{F_0}{F} = \left[\frac{f_1}{(1 + K_{SV1}[Q])} + \frac{f_2}{(1 + K_{SV2}[Q])} \right]^{-1}
$$
\n(1)

Here, f_i is the fraction of the total fluorescence relative to the i-th species and K_{SV_i} the relevant quenching constant. The fit yields $f_1 = 0.324 \pm 0.007$, $K_{SV1} = (4.0 \pm 0.2) \times 10^3$ M⁻¹, $f_2 = 0.675 \pm 0.007$ 0.007 and $K_{SV2} \approx 0 \text{ M}^{-1}$ for $C_D = 1.5 \times 10^{-5} \text{ M}$ and $f_1 = 0.228 \pm 0.007$, $K_{SV1} = (6.3 \pm 0.6) \times 10^3 \text{ M}^{-1}$, $f_2 =$ 0.770 ± 0.006 and $K_{SV2} \approx 3 \pm 3$ M⁻¹ for C_D = 1.0×10^{-5} M.

Kinetics The kinetic experiments have been done using the T-jump technique with absorbance detection. In the explored range of dye concentrations ($C_D = 7.9 \times 10^{-6}$ M to 3.15×10⁻⁴ M) a monoexponential relaxation effect was observed (Figure 4S), which reveals the occurrence of dye auto-aggregation. It should be noted that the higher sensitivity of the kinetic method with respect to spectrophotometry enables the characterisation of the aggregation process. The mono-exponential fit of the curves provides the values of the relaxation time constant (1/ τ) and amplitude (Δ Abs). Their dependence on the dye content (C_D) is shown in Figure 4.

Figure 4 Reciprocal relaxation time (1/τ, a) and amplitude (∆Abs, b) of the kinetic traces as a function of the TFT concentration (C_D). I = 0.11 M, pH 7.0, T = 25°C. The continuous lines are the trends calculated according to the parameters values (Table 1) and equations (4) and (S4.17).

These data could not be fitted to a model that considers only TFT aggregation. The mechanism that agrees with the experimental findings is shown in equations (2) and (3) where, in addition to a fast pre-equilibrium for aggregation, here supposed to be dimerization, an isomerisation step of the formed dimer is taken into account.

$$
D + D \leftrightarrows D_2 \tag{2}
$$

$$
D_2 \leftrightarrows D_2 \tag{3}
$$

On the basis of the above model, the relationship linking $1/\tau$ to the monomer concentration [D] is given by equation (4) (for its derivation see Supplementary Information)

$$
1/\tau = 4K_{\text{dim}} k_{\text{iso}}[D]/(1+4K_{\text{dim}}[D]) + k_{\text{iso}} \tag{4}
$$

where K_{dim} is the equilibrium constant of the dimerization process (2) ($K_{dim} = [D_2]/[D]^2$), k_{iso} and k -iso are respectively the forward and backward rate constants of the isomerisation process (3) and [D] is the TFT monomer concentration. The analysis of the data points according to equation (4) has been made by setting $[D] = C_D$ as a first approximation in order to obtain a rough evaluation K_{dim} and $K_{iso} = k_{iso}/k_{-iso}$. These parameters enable to calculate [D] and re-plot the data with an iterative procedure, until convergence is reached (Figure 5S). The analysis yields the reaction parameter values collected in Table 1. The K_{dim} value for TFT is similar to those obtained in case of analogous cyanine systems.^{11, 14, 19} The equation for amplitude dependence on the TFT content can also be derived (see Supplementary Information). The agreement between the experimental data and the calculated trend is very good (Figure 4b).

Table 1 Thermodynamic and kinetic parameters for TFT aggregation/isomerisation process. $I = 0.11$ M, pH 7.0, T = 25 °C.

$K_{\text{dim}} (M^{-1})$	K _{iso}	k_{iso} (s ⁻¹)	k_{-iso} (s ⁻¹)
$(5.5 \pm 0.5) \times 10^3$	0.10 ± 0.01	43 ± 3	425 ± 2
$K_{\text{iso}} = k_{\text{iso}}/k_{\text{-iso}}$			

The values of Table 1 can be used to obtain a distribution diagram for TFT in the different forms (Figure 5). This graph shows that, under the conditions of the spectroscopic experiments ($C_D \le$ 8.4×10^{-5} M) the monomer form is predominant.

Figure 5 Distribution diagram for TFT in its different forms depending on the total dye molar concentration (C_D) ; α_D = monomer fraction (■), α_{D2} = dimer fraction (●), α_{D2} = isomerised dimer fraction (▲), I = 0.11 M, pH 7.0, T = 25°C.

Results: Thioflavin-T binding to DNA

Spectrophotometric titrations Figure 6a shows the absorbance spectra recorded during a titration where increasing amounts of DNA are added to a TFT solution.

Figure 6 Absorbance features of a titration where increasing amounts of DNA are added to a TFT solution (a) and relevant binding isotherm at $\lambda = 412$ nm (b). $C_D = 5.2 \times 10^{-5}$ M, $C_P = 0$ M (\rightarrow) to 5.1×10^{-4} M (\rightarrow), I = 0.01 M, pH 7.0, T $= 25 \degree C$. The line in (b) is the calculated trend.

The significant variation of the absorbance occurring upon increasing the DNA content (hypochromicity and bathochromic shift from 412 nm to 432 nm) and the presence of an isosbestic point indicate that the binding does take place.²⁰ This interaction can be, in a first approximation, described by reaction (5)

$$
P_f + D_f \geq P D_{\text{tot}} \tag{5}
$$

where P_f is a free binding site on DNA, D_f is the free TFT and PD_{tot} is the total complex formed. Note that equation (5) should be intended as an apparent equilibrium that can enclose more steps (see below). The titration data are plotted according to the binding isotherm shown in Figure 6b and analysed according to equation (6) ,¹¹ where C_P and C_D are respectively the total DNA and TFT concentrations, $\Delta A = A - \epsilon_D C_D$ is the absorbance signal change, $\Delta \epsilon = \epsilon_{PD} - \epsilon_D$ is the amplitude of the isotherm and K is the equilibrium constant associated to equation (5) .

$$
\frac{C_P C_D}{\Delta A} + \frac{\Delta A}{(\Delta \varepsilon)^2} = \frac{1}{\Delta \varepsilon} (C_P + C_D) + \frac{1}{K \Delta \varepsilon}
$$
(6)

As $\Delta \varepsilon$ value is not exactly known, an iterative procedure is needed that first disregards the $\Delta A/\Delta \varepsilon^2$ term and then calculates it iteratively. At convergence, the value of the equilibrium constant, K, for equilibrium (5) is calculated by the ratio slope/intercept of the straight line interpolating data points on a (C_PC_D/ ΔA + $\Delta A/\Delta \epsilon^2$) vs. (C_P + C_D) plot (Figure 6S). At 25°C and I = 0.01 M, K = (7.1 ± 0.4)×10³ M⁻¹ and $\Delta \varepsilon (\lambda = 412 \text{ nm}) = (-1.0 \pm 0.2) \times 10^4 \text{ M}^{-1} \text{cm}^{-1}$.

Spectrofluorometric titrations The fluorescence emission properties of the TFT/DNA complex significantly differ from those of free TFT. In the absence of DNA TFT is a weak light emitter (quantum yield 10^{-4})¹ with maximum excitation and emission at 340 nm and 450 nm respectively (Figure 7S), owing to the unrestricted movement of the molecule around its central bond. Addition of DNA causes the appearance of a new emission band at λ_{em} = 484 nm with maximum excitation at λ_{ex} = 450 nm (Figure 8S) and the dramatic enhancement of the fluorescence signal (in agreement with the more restricted environment). The significant shifts of the maxima $(\Delta\lambda_{\text{em}} = 34 \text{ nm} \text{ and } \Delta\lambda_{\text{ex}} = 110 \text{ nm})$ reflect a dramatic change in the dye energy features, as observed for the binding of TFT to amyloid fibrils; all changes being ascribed to motion freezing.⁶

Spectrofluorometric titrations were carried out by adding increasing amounts of DNA to TFT in the spectrofluorometric cell. The titration data were analysed in the same way of absorbance, substituting to ΔA and $\Delta \varepsilon$ in equation (6) the analogous parameters ΔF and $\Delta \varphi$. Note that, under the conditions of experiments, the inner filter effect 21 is negligible. The obtained fluorescence emission spectra, the binding isotherm and relevant analysis are shown in Figure 9S. At 25° C and I = 0.01 M, K = $(7.9 \pm 0.5) \times 10^3$ M⁻¹ and $\Delta \varphi$ = $(1.3 \pm 0.4) \times 10^8$ M⁻¹ (λ_{ex} = 450 nm, λ_{em} = 484 nm). The agreement between the equilibrium constants K obtained with the two methods is very good.

Salt dependence of equilibria Being TFT a positively charged dye, a dependence on the salt content of the equilibrium binding features to negative DNA is expected. Hence, absorbance and fluorescence titrations were performed in the presence of NaCl amounts ranging between 0.01 M and 0.51 M. Figure 7 shows in a dilogarithmic plot the dependence of the equilibrium constant K on the salt content (equation (7)).²²

$$
log K = log K0 + 0.88 m'p[Na+] \tag{7}
$$

In equation (7) K_0 is defined as the binding constant in the absence of electrostatic effect and m' is the number of sodium ions displaced from DNA by the binding of one dye molecule. Interestingly, two well defined and significantly different trends are present, depending on the technique used to measure the equilibrium constant, K. Fluorescence data depend more on the salt content, with m_{fluo} $= 0.99 \pm 0.04$ (logK₀ = 2.2 \pm 0.1), whereas for absorbance m'_{abs} = 0.38 \pm 0.05 (logK₀ = 3.3 \pm 0.1).

Figure 7 Dependence of the equilibrium constant, K, for the binding of TFT to DNA on the salt content of the medium (NaCl). (\triangle) Absorbance, (\bullet) fluorescence, pH 7.0, T = 25 °C.

This result confirms the complexity of the system, where two binding modes (at least) seem to compete.

Table 2 shows the values of the $\Delta \varepsilon$ parameter obtained by the absorbance titrations ($\lambda = 412$ nm) at different ionic strengths. It can be noted that the absolute value of ∆ε decreases as the salt content increases. As $\Delta \varepsilon = \varepsilon_{\text{PD}} - \varepsilon_{\text{D}}$ and ε_{D} do not noticeably vary with I (Figure 2S), this result indicates that higher salt favours a binding mode where the spectroscopic features of the PD complex are less different from those of free dye.

Table 2 Values of the ∆ε parameter obtained by absorbance titrations of the TFT/DNA system at different ionic strengths (NaCl); pH 7.0, $\lambda = 412$ nm, T = 25°C.

I(M)	0 O 1	0.05	011	
$-\Delta \varepsilon$ (M ⁻¹ cm ⁻¹)	$(1.0\pm0.2)\times10^4$ $(7.2\pm0.2)\times10^3$ $(2.1\pm0.3)\times10^3$ $(1.8\pm0.1)\times10^3$			

The data of the spectrophotometric titrations under different salt content were analysed also using the model from Scatchard.²³ On the basis of this model, the data can be plotted according to equation (8) (see Figure 10S for an example)

$$
r/[D] = K_{SC}/\gamma - K_{SC} \times r \tag{8}
$$

where r is defined as the polynucleotide saturation degree (r = [PD]/ $C_P = \Delta A/(\Delta \varepsilon C_P)$), [D] is the free dye, and γ is a parameter connected to the site size, n (n = $\frac{1}{2}(1+1/\gamma)^{24}$). The site size is the number of adjacent base pairs of the polynucleotide that, under saturation conditions, is inhibited to further react with the dye because of the interaction with a first dye molecule. Table 3 collects the values obtained by data analysis according to equation (8) and shows that a noticeable site size increase is observed by increasing the salt content of the medium.

Table 3 Values of K_{SC} and site size (n) parameters for the TFT/DNA system, obtained by the analysis of the absorbance titrations according to Scatchard (equation (8)); pH 7.0, $T = 25^{\circ}C$.

I(M)	0.01	0.05		0.51
K_{SC} (M^{-1})		$(1.7\pm0.1)\times10^4$ $(1.4\pm0.2)\times10^4$ $(1.0\pm0.2)\times10^4$ $(1.4\pm0.4)\times10^4$		
	1.5 ± 0.1	1.8 ± 0.1	2.1 ± 0.3	2.9 ± 0.5

Temperature dependence of equilibria The equilibria of the TFT/DNA system have been analysed also by varying temperature in the 9°C to 36°C range (higher temperatures produced system instability). Again, the dependence on temperature of the K values is distinct for fluorescence data respect to absorbance (Figure 11S). Assuming that ∆H and ∆S are constant in the limited temperature range explored, data can be fitted according to the equation lnK = -∆H/RT + $\Delta S/R$. From fluorescence data it is obtained that $\Delta H_{flu} = (-8.5 \pm 0.7)$ Kcal mol⁻¹ and $\Delta S_{flu} = (-11 \pm 0.7)$ 2) cal mol⁻¹ K⁻¹, for absorbance $\Delta H_{\text{abs}} = (-3.7 \pm 0.7)$ Kcal mol⁻¹ and $\Delta S_{\text{abs}} = (5 \pm 2)$ cal mol⁻¹ K⁻¹.

Fluorescence quenching experiments To obtain information on dye protection upon DNA binding, quenching experiments were done by addition of increasing iodide (NaI) amounts to a constant dye concentration. The experiments were performed on the TFT/DNA system $(C_D =$ 1.5×10^{-5} M, $C_P = 2.0\times10^{-3}$ M) and on TFT alone ($C_D = 1.5\times10^{-5}$ M), as a reference (see above). Excess of polymer concentrations and low ionic strength conditions $(I = 0.01M)$ were chosen so to ensure quantitative formation of the complex and consequent absence of free TFT dye. The resulting Stern-Volmer plots are shown in Figure 3. In the absence of DNA, the TFT dye is strongly quenched by iodide but, in the presence of DNA, the quenching effect is no longer observed.

Viscosity measurements Viscosity measurements are often intended as the less ambiguous tool to verify the features of a small molecule binding to polynucleotides.²⁵ In fact, interaction can modify the chain length and viscosity is proportional to the cube of this length (in the rigid rod approximation 26). In this series of experiment the polymer concentration, C_P is kept constant $(2.6\times10^{-4}$ M) and C_D is varied in the C_D/C_P = 0.05 ÷ 0.45 range. The relative viscosity, η/η_0 , is calculated as

$$
\frac{\eta}{\eta_0} = \frac{(t - t_{\text{solv}})}{(t_{\text{DNA}} - t_{\text{solv}})}
$$
(9)

where t, t_{solv} and t_{DNA} denote respectively the flow time of the sample (TFT/DNA mixture), of the solvent (0.01 M NaCac) and of solvent + DNA 2.6×10^{-4} M. The plot of Figure 8 shows the dependence of $(\eta/\eta_0)^{1/3}$ on C_D/C_P.

Figure 8 Dependence of the relative viscosity $(\eta/\eta_0)^{1/3}$ on the ratio C_D/C_P for the TFT/DNA system. C_P = 2.6×10⁻⁴ M, I $= 0.01$ M, pH 7.0, T = 25 °C.

The significant increase of $(\eta/\eta_0)^{1/3}$ corroborates a strong TFT binding to DNA. On the other hand, the abrupt change of the viscosity at $C_D/C_P \approx 0.3$ confirms the non-simple binding features of the TFT/DNA system.

Kinetic analysis at low dye loading $(C_p/C_p < 0.45)$ The T-jump measurements on the TFT/DNA system have been performed in the absorbance mode at the same wavelength (450 nm) and under the experimental conditions of the dye aggregation experiments. Under conditions of very low dye content $(C_D = 2.0 \times 10^{-6}$ M), where dye self-aggregation is negligible, and in the presence of DNA excess ($C_D/C_P = 0.005 \div 0.45$) two kinetic effects of opposite amplitude and differing in the time scale for more than one order of magnitude were observed (Figure 12S). The traces have been fitted to a bi-exponential equation that yields the amplitudes and reciprocal relaxation times of the two effects. The presence of two distinct kinetic effects (fast and slow) indicates that the "PD_{tot}" notation (equation (5)) includes two different complex forms (PD and PD'), i.e. that equation (5) can be expanded as in scheme (10).

$$
P + D \underset{k_{-s}}{\overset{k_f}{\bigvee}} \underset{PD}{\overset{PD'}} \tag{10}
$$

The reciprocal relaxation times of the fast $(1/\tau_f)$ and slow $(1/\tau_s)$ effects are plotted against the reactant content [P]+[D] (Figure 9). Here, [P] (free polymer) and [D] (free dye) are calculated using, in a first approximation, the equilibrium constant K from thermodynamics and then the K obtained from a combination of kinetic parameters (see below), using an iterative procedure which is repeated until convergence.

Figure 9 Reciprocal fast $(1/\tau_{fs}$ a) and slow $(1/\tau_{sf}$, b) relaxation times dependence on the reactant content [P]+[D] for the TFT/DNA system at low dye content and under DNA excess conditions. I = 0.11 M, pH 7.0, T = 25 °C. The continuous lines are data fit to equations (11) and (12) respectively.

The dependence of the reciprocal fast relaxation time, $1/\tau_f$, on the concentration variable is linear (Figure 9a), according to equation (11).

$$
1/\tau_{\rm f} = k_{\rm f}([P]+[D]) + k_{\rm f} \tag{11}
$$

The concentration dependence of the reciprocal slow relaxation time, $1/\tau_s$, tends to a plateau (Figure 9b) in agreement with equation (12)

$$
1/\tau_s = k_s([P]+[D])/(1+K_f([P]+[D])) + k_s
$$
\n(12)

where $K_f = k_f/k_{-f}$. Equations (11) and (12) are derived on the basis of scheme (10) (see Supplementary Information), that also yields $K = K_f + K_s = (k_f / k_f) + (k_s / k_s)$. Table 4 collects the results obtained; the values of K obtained as ratios of the kinetic constants (absorbance mode) agree with those evaluated from equilibria (absorbance mode).

Table 4 Reaction parameters for the interaction of DNA with TFT. I = 0.11 M, pH 7.0, T = 25° C.

	10^{-3} K 10^{-3} K _f 10^{-3} K _s 10^{-4} K ₃ 10^{-6} k _f 10^{-3} k _{-f} 10^{-5} k _s 10^{-2} k _{-s}				
(M^{-1}) (M^{-1})		(M^{-1}) $(M^{-1}s^{-1})$ (s^{-1}) (s^{-1}) (s^{-1})			
	$3.2\pm0.2^{\circ}$ $2.1\pm0.1^{\circ}$ $0.77\pm0.01^{\circ}$ $1.0\pm0.3^{\circ}$ $8.0\pm0.3^{\circ}$ $3.7\pm0.1^{\circ}$ $3.6\pm0.2^{\circ}$ $3.5\pm0.1^{\circ}$				
	2.8 ± 0.5^{b} 2.6 ± 0.5^{d} 1.1 ± 0.1^{f}			8.8 ± 1.1 8.0 ± 1.1 8.0 ± 1.1	

^(a) kinetics $K = K_f + K_s = (k_f / k_{-f}) + (k_s / k_{-s})$; ^(b) thermodynamics – absorbance; ^(c) $K_f = k_f / k_{-f}$; ^(d) amplitude analysis; ^(e) thermodynamics – fluorescence; ^(f) low-dye kinetic analysis, K_s = k_s/k_{-s} ; ^(g) high-dye kinetic analysis, $k_{-s} = k_s/K_s$.

The relaxation amplitude of the fast effect was analysed according to equation (13) .²⁷

$$
\sqrt{\frac{c_D C_P}{\delta A}} = \frac{\sqrt{RT^2}}{\sqrt{K_f \Delta \varepsilon_f \Delta H_f \delta T}} + \frac{K_f C_P \sqrt{RT^2}}{\sqrt{K_f \Delta \varepsilon_f \Delta H_f \delta T}}
$$
(13)

Here δA is the amplitude of the relaxation effect (expressed as a change of absorbance) following a jump of temperature of magnitude δT (2.7 °C), R is the gas constant, ΔH_f is the enthalpy variation associated to the fast step, and $\Delta \varepsilon_f$ the relevant extinction coefficient variation (ΔH_f and $\Delta \varepsilon_f$ are unknown). The plot of $(C_D C_P)/\delta A^{\circ}$ *vs.* C_P is linear (Figure 13S) and the ratio slope/intercept provides the value of K_f also reported in Table 4. A very good agreement is found between the K_f values obtained by the two different calculations.

Kinetic analysis at high dye loading $(C_D/C_P > 0.8)$ *A set of T-jump experiments was done at high* dye content $(C_D > 6.0 \times 10^{-5}$ M) and C_D/C_P ranging between 0.80 and 3.3. Under these circumstances dye dimerization can no longer be neglected. Two kinetic effects of opposite amplitude and differing in the time scale by one order of magnitude have been detected (Figure 14S). Despite the qualitative similarity with the curves obtained in the case of the low dye content experiments, the two sets of experiments could not be plotted together with respect to concentration variable, as the two data sets exhibit distinct trends. This result indicates that the reaction mechanism active here does not coincide with scheme (10). The fit of the relaxation curves provides the amplitudes and the reciprocal relaxation times of the fast $(1/\tau)$ and slow $(1/\tau)$ effects. The time constant of the slow effect ($1/\tau_s \approx 70 \text{ s}^{-1}$) was found to be independent of reactant concentrations; hence, the slow effect was attributed to a polynucleotide rearrangement upon previous dye binding and was no longer investigated. On the contrary, $1/\tau_f$ depends on the reactant concentration as shown in Figure 10.

Figure 10 Reciprocal fast $(1/\tau)$ relaxation times dependence on the reactant content for the TFT/DNA system at high dye content. I = 0.11 M, pH 7.0, T = 25 °C. The continuous lines are data fit to equation (15).

Among the several models tested, the one that reproduces the experimental results is shown in scheme (14).

$$
P + D
$$
\n
$$
k_{\text{B}}
$$
\

In this mechanism, additional steps are present respect to scheme (10) because of the non-negligible dimer content in the system. The formation of PD (slow) is supposed to be rate determining, whereas the other steps are fast. On this basis, the dependence of $1/\tau'_{f}$ on the reactant content corresponds to equation (15) (for derivation see Supplementary Information).

$$
1_{\tau'_{f}} = \frac{k_{s}([P] - \mu \times [D]) + k_{-s}\frac{\varepsilon}{\theta}}{K_{f}([P] - \mu \times [D]) + 1 + 4[D]K_{dim}}\tag{15}
$$

where [P] and [D] are free polymer and dye respectively, $\mu = (\beta/\alpha) \cdot (\gamma/\alpha) \times (\epsilon/\theta)$, $\epsilon =$ 1+(β/α)+4[D]K_{dim}+4K₃K_sK_{dim}[P]×[D]², θ = (γ/α)+2K₃K_{dim}[D]², γ = 1+K₃K_{dim}[D]², β = $K_f[P]+2K_3K_sK_{dim}[P] \times [D]^2$, $\alpha = 1+K_f[D]$. The analysis requires an iterative procedure where, in a first approximation, $[P] = C_P$, $[D] = C_D$ and $[PD] = 0$. In the subsequent steps $[P]$, $[D]$ and $[PD]$ are calculated from K_f , K_{dim} and the K_3 value obtained, until convergence is reached (see Supplementary Information). Note that $K_f = 2.1 \times 10^3$ M⁻¹ (Table 4) and $K_{dim} = 1.6 \times 10^3$ M⁻¹ (Table 1) are known under the conditions of experiments. The parameters to be optimised were set to two (k_s and K_3) as for k _{-s} we used the relationship k _{-s} = $k_s/K_s = k_s/1.1 \times 10^3$ (Table 4). The values of k_s and K_3 which simultaneously fit the data of Figs. 10a and 10b are collected in Table 4. Taking into account the complexity of the system, the agreement between k_s values obtained by the two kinetic series should be considered good.

Discussion

TFT self-aggregation TFT underwent self-aggregation, similarly to other dyes of the cyanine family. However, TFT aggregation process showed some peculiar aspects.

First of all, no spectrophotometric evidence of the aggregation phenomenon was obtained in a concentration range where analogously aggregating cyanine dyes showed significant absorbance spectra deformation.^{11, 14} This means that the absorbance spectral characteristics of the dye dimer are rather similar to those of dye monomer. Nevertheless, the spectrofluorometric and t-jump approaches enabled to enlighten TFT self-aggregation owing to their higher sensitivity compared to classical spectrophotometry.

Second, a more complex aggregation mechanism had to be considered respect to other similar systems. In fact, the kinetic data on TFT could not be fitted on the basis of a simple dimerization model. An additional isomerisation step was necessary to explain the experimental behaviour. Cyanine dyes can undergo both J-aggregation or H-aggregation, $11, 15, 28$ where the former process gives rise to structures with large offset (more abundant in the literature) and the latter to co-facial forms with little offset. J-aggregates can be distinguished from H-aggregates on the basis of the position of the dimer absorption band respect to the monomer,²⁹ but this distinction is impossible for TFT, due to the above presented reasons. The two dimers, D_2 and D_2 ', correspond probably to forms with different offset, but more important variation of their reciprocal orientation cannot be excluded. The proper structural definition of the dimer forms was beyond the scope of the present manuscript and will be better analysed in the future, with the aid of theoretical calculations.

As regards TFT fluorescence quenching experiments, the analysis assuming two independent sites with different sensitivity (monomer and aggregate) shows that one of the two sites displays little or even no sensitivity to the quencher. The contribution of the species with no sensitivity to the quencher increased by lowering the dye content. This means that it is the dye monomer that is not quenched. Dye rotation can likely account for loss of interaction with iodide. The φ_{D2}/φ_D ratio can be evaluated using the data fit according to equation (1). Under the conditions of experiment ($I =$

0.01M, T = 25 °C), $K_{\text{dim}} = 3.8 \times 10^3 \text{ M}^{-1}$ (obtained by transforming the datum at I = 0.11M in Table 1 by means of the Güntelberg equation).³⁰ Moreover, $[D] = 0.90 \times C_D$ (at $C_D = 1.5 \times 10^{-5}$ M) or $[D] =$ $0.93 \times C_D$ (at $C_D = 1.0 \times 10^{-5}$ M). The relationships $f_1 = f_{D2} = \varphi_{D2}[D_2]_{tot}/(\varphi_D[D] + \varphi_{D2}[D_2]_{tot})$ and $f_2 = f_D$ $= \varphi_D[D]/(\varphi_D[D] + \varphi_{D2}[D_2]_{tot})$ also apply, with $[D_2]_{tot} = [D_2] + [D_2]$. It can thus be calculated that φ_{D2} = 8.6× φ_D (C_D = 1.5×10⁻⁵ M) or φ_{D2} = 7.9× φ_D (C_D = 1.0×10⁻⁵ M). These results agree with the increase of fluorescence emission upon aggregation, due to motion restriction. Note, however, that the downward curvature of the Stern-Volmer plot could also be due to the two different locally excited (LE) and twisted intramolecular charge transfer (TICT) TFT excited states.³¹³

TFT binding to DNA Different binding modes were found to be operative in the TFT/DNA system. The results suggest that, under conditions of low dye content and low ionic strength, an intercalative binding prevails. Under low added salt conditions, intercalation is largely majority and the equilibrium constant values, measured using different techniques, display good agreement. By increasing the salt content, this binding mode was better evidenced by the fluorescence measurements, as this technique enables lower dye concentrations be used and intercalation likely produces more significant changes in the light emission characteristics of the dye (motion strongest inhibition). Intercalation of TFT within polynucleotide base pairs was confirmed: (A) by the $m' =$ 0.99 value of the fluorescence salt dependence analysis (close to total +1 charge of TFT); (B) by the site size value at low salt content, $1 \le n \le 2$ (in agreement with the excluded site model for intercalation³²); (C) by the values of ΔH_{flu} (-8.5 Kcal mol⁻¹ i.e. highly negative) and ΔS_{flu} = (-11 cal mol⁻¹ K⁻¹ i.e. highly negative) that, according to Chaires 33 , agree with intercalation; (D) by the total absence of quenching phenomena at $I = 0.01M$ (in agreement with a dye inaccessibly buried in the polynucleotide); (E) by the significant increase of the relative viscosity of the system for C_D/C_P 0.3 (intercalation is the binding mode that produces the most important changes in the polymer length 25). The molecular structure of TFT intercalated in double stranded DNA, obtained performing a QM/MM MD simulation, is shown in Figure 11.

Figure 11. Molecular structure of a TFT dye molecule intercalated in DNA, obtained performing a QM/MM MD simulation.

The second binding mode, detected mainly in the absorbance experiments and when the salt and/or the dye content was increased, is more difficult to classify. However, the results suggest that this could be an external binding. This hypothesis is supported by the following observations: (A) the analysis of salt dependence of absorbance data on equilibria yields $m' = 0.38$, thus TFT electrostatic effect in this mode is significantly less than expected on the basis of the reactants charges, thus suggesting a weaker and external interaction, weaker than intercalation; (B) the values of $\Delta \varepsilon = \varepsilon_{\text{PD}}$ - ε_D decrease by increasing ionic strength, indicating that salt addition favours a weaker binding mode, less influencing the photophysical properties of the dye upon binding; (C) the site size rises until n \cong 3 on rising the ionic strength; (D) the value of ΔH_{abs} (-3.7 Kcal mol⁻¹) is small and that of ΔS_{abs} is positive (+5 cal mol⁻¹ K⁻¹) ³³; (E) the viscosity trend exhibits an abrupt change at C_D/C_P > 0.3 that reveals that the increase ascribed to intercalation stops and is even lost.

Figure 12 shows the QM/MM calculated molecular structure of a minor groove bound dimer. The QM/MM molecular structures shown in Figures 11 and 12 confirm the robustness of the proposed mechanism. The QM/MM calculations seem to be promising in achieving a better understanding of the TFT-DNA interaction and the relevance of these findings will require further investigations.

Figure 12. Molecular structures of a minor groove bound TFT dimer, obtained by performing a QM/MM MD simulation.

Mechanistic aspects of TFT binding to DNA at low dye loading The kinetic study enabled an enlightenment of the details of the binding processes. The analysis of the system was done first under conditions that strongly repress dye aggregation, both in solution and on the polynucleotide (low dye content and high DNA excess). The two kinetic effects found are explained on the basis of the branched mechanism shown in scheme (10), that considers the parallel, mutually exclusive formation of two different PD' and PD complex forms. The direct transfer mechanism proposed for the ethidium/DNA system ³⁴ can be discarded here since it requires that the plot of $(1/\tau_f \times 1/\tau_s)$ vs. $[P]+[D]$ would display a parabolic trend,³⁵ contrary to our findings. On the other hand, a series mechanism as in scheme (16) is not kinetically distinguishable from scheme (10).¹¹

$$
P + D \stackrel{k_f}{\underset{k_{-f}}{\rightleftharpoons}} P D^* \stackrel{k_s}{\underset{k_{-s}}{\rightleftharpoons}} P D^* \tag{16}
$$

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However, this could also be discarded, as it produced numerical values that could not find any agreement with the possible models for the high dye content experiments. Exploring the details of the model presented in scheme (10), it can be observed that the values of k_f and k_s found for this system ($k_f = 8.0 \times 10^6$ M⁻¹s⁻¹ and $k_s = 3.6 \times 10^5$ M⁻¹s⁻¹) are too low for a diffusive process ($k_{dif} > 10^8$) $M^{-1}s^{-1}$ ³⁶). So a first step should be considered, leading to the diffusion controlled formation of an outer complex (P,D) that will evolve to the PD' and PD forms (reaction scheme (17), $k_f = K_0 \times k_f$, $k_s = K_0 \times k_s$ ').

$$
PD'
$$
\n
$$
P + D \stackrel{K_0}{\Longleftarrow} P, D
$$
\n
$$
k_{-s} \downarrow k'_{s'}
$$
\n
$$
P
$$
\n
$$
PD
$$
\n
$$
P
$$
\n
$$
PD
$$
\n
$$
P
$$
\n
$$
(17)
$$

This hypothesis is confirmed also by the values of the thermodynamic parameters. In fact, K_f and K_s are too high to concern formation of an electrostatic outer complex ($K_f = 2.1 \times 10^3$ M⁻¹ and $K_s =$ 1.1×10^3 M⁻¹ against a value that, for a monopositive dye forming an electrostatic complex at I = 0.11M, should not exceed $10^2 M^{-1/37}$).

The PD' and PD forms cannot be exactly defined in their structures. Nevertheless, the results obtained by the binding equilibria analysis indicated that two types of binding, intercalation and external, should be taken into account. Under such a hypothesis, PD should be the intercalated species and PD' the groove bound one. In fact, intercalation requires energy barriers to be overcome that account for the lower rate of dye penetration into base pair slots. The numerical values of the binding parameters for the slow step given in Table 4 are in agreement with those found for similar intercalating systems.^{14, 38} On the other hand, external binding is fast and agrees with the high rate constant found for the fast step ($k_f = 8.0 \times 10^6 \text{ M}^{-1} \text{s}^{-1}$).³⁶

Mechanistic aspects of TFT binding to DNA at high dye loading Under conditions of high TFT content, the mechanism of scheme (14) appears to be the most suitable in order to depict the TFT/DNA system features. In effect, several other mechanisms have been taken into account and, among them, the one where the PD + $D_2 \neq PD_3$ step was replaced by PD + D $\neq PD_2$. However, none of the models other than that of scheme (14) was able to reproduce the experimental behaviour. The inclusion of D_2 ['] in models as scheme (14) produces negligible effects as this species is largely minority. In scheme (14) $P + D \ge PD$ is the rate-determining step, whereas other equilibria are fast. Here a pre-formed TFT-TFT dimer (D_2) is able to bind DNA in a polymer section where some dye molecules are already intercalated (PD), leading to formation of a both intercalated and externally bound species (PD_3) . This "crowded" situation is made possible by the conditions of high dye loading. In the PD₃ form, the D_2 dimer could be bound to a DNA groove. In fact, the existence of a TFT/DNA complex form where a dimer inserts itself into the polymer groove was already advanced by other authors.¹² Moreover, the high affinity of TFT for DNA cavities has been very recently documented.³⁹

Conclusions

As concerns TFT self-aggregation, an unusual isomerisation reaction of dye dimer was found to take place. In the case of DNA binding, similarly to other small molecule/polynucleotide systems ⁴⁰, each approach was differently sensitive to a particular aspect of the investigated process. This strengthens that multiple techniques are needed to obtain a comprehensive picture of such complicate systems. Small molecules can interact with polynucleotides simultaneously by intercalation and groove binding: this is accepted in principle but has been infrequently demonstrated in real systems. In the here investigated TFT/DNA system, under condition of high dye content and non-negligible TFT dimerization, formation of a simultaneously intercalated and groove bound complex is likely to occur. On the whole, the proposed mechanism is shown below (scheme (18)).

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Materials and methods

Materials Thioflavin-T (4-(3,6-dimethyl-1,3-benzothiazol-3-ium-2-yl)-N,N-dimethylaniline, from now on TFT) was purchased by AAT Bioquest in the form of chloride salt (purity \geq 99.8%). Stock solutions of the dye $(2\times10^{-3}$ M) were prepared by dissolving weighed amounts of the solid in DMSO (Carlo Erba, purity $\geq 99.5\%$) and kept in the dark at 4°C. Working solutions were obtained by dilution of the stocks to such a level that the DMSO content could be neglected. In the case of viscosity experiments the solid was dissolved directly in water and used within 2 days. The stock concentration was also checked spectrophotometrically, using the molar extinction coefficients measured in this work ($\varepsilon^{385} = (1.80 \pm 0.01) \times 10^4 \text{ M}^{-1} \text{cm}^{-1}$ at $\lambda = 385 \text{ nm}, \varepsilon^{412} = (2.82 \pm 0.01) \times 10^4 \text{ M}^{-1} \text{cm}^{-1}$ 1 cm⁻¹ at λ = 412 nm, ε^{435} = (1.89 ± 0.01)×10⁴ M⁻¹cm⁻¹ at λ = 435 nm; I = 0.1 M (NaCl), pH 7.0). The molar concentration of the TFT dye is denoted as C_D . Calf thymus DNA (from now on DNA) was purchased from Sigma-Aldrich in the form of lyophilised sodium salt, dissolved into water and sonicated to reduce the polynucleotide length (to ca. 500 base pairs) following an already described procedure.⁴¹ Stock solutions were standardised spectrophotometrically, using ϵ = 13200 M⁻¹cm⁻¹ at

260nm, $I = 0.1M$ (NaCl), pH 7.0.⁴² The DNA concentrations are expressed in molarity of base pairs and are indicated as CP. Sodium chloride, sodium iodide and sodium cacodylate $(NaCac = (CH₃)₂ AsOONa)$ were all analytical grade from Sigma-Aldrich and were used without further purification. Sodium chloride was used to adjust the ionic strength and sodium cacodylate $(1.0\times10^{-2}$ M) was employed to keep the pH of the solutions at the value of 7.0. Ultra-pure water from an MillyQ Millipore purification system was used throughout.

Methods Measurements of pH were made by a 713 Metrohm pH-meter equipped with a combined glass electrode.

Absorption data were recorded on a Shimadzu UV 2450 spectrophotometer and fluorescence data on a Perkin-Elmer LS 55 spectrofluorometer. Both instruments were equipped with jacketed cell holders, providing temperature control to within \pm 0.1°C. DNA titrations were carried out by adding increasing amounts of the polynucleotide directly into the cell (1 cm path length) containing the dye solution (typically 5.2×10^{-5} M for absorbance, 1.0×10^{-5} M for fluorescence). The additions were made by a Hamilton microsyringe connected to a Mitutoyo micrometric screw; such system enables additions as small as 0.166 µL. Absorbance titrations were analysed at $\lambda = 412$ nm, fluorescence titrations at $\lambda_{ex} = 450$ nm and $\lambda_{em} = 484$ nm. Experimental data were analysed by means of nonlinear least-square fitting procedures performed by a JANDEL (AISN software) program.

Viscosity measurements were performed on an semimicro-Ubbelodhe viscometer (Cannon) immersed in a thermostated water-bath maintained at 25.0 ± 0.1 °C. The flow time was measured with a digital stopwatch; mean values of at least triplicated measurements were used to evaluate the sample viscosity. To enhance data reliability and reproducibility, particular care was used to wash the viscosimeter capillary; the washing sequence (using ultrapure solvents and particulate-free gas) was water-acetone-water-ethanol-N₂ drying. To properly analyze the viscosity measurements, the relative viscosity was calculated using the equation (9) of the text.

Kinetic measurements were performed on a T-jump apparatus ($\Delta T = 2.7$ °C) made in our laboratory, which is based on the Rigler et al. prototype.⁴³ A Xenon lamp – monochromator system

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was used as light source and suitable silica photodiodes (Hamamatsu S1336, Japan) were used to detect the signal as absorbance changes. Experiments on dye self-aggregation were done at $\lambda = 450$ nm, varying dye concentration in the range $C_D = 7.9 \times 10^{-6}$ M to 3.15×10^{-4} M. Experiments on TFT binding to DNA under conditions of low dye content and polymer excess were done at constant dye concentration ($C_D = 2.0 \times 10^{-6}$ M) and varying the DNA concentration under the conditions $C_D/C_P =$ 0.005 to 0.45. Experiments on TFT binding to DNA under conditions of high dye content and polymer deficiency were done at constant DNA concentration $(7.7\times10^{-5}$ M) and varying the dye concentration under the conditions $C_D/C_P = 0.80$ to 3.3. The kinetic curves (mono- or biexponential) were collected by a Agilent 54662A (Agilent Technologies, U.S.A.) digital oscilloscope, transferred to a PC and evaluated with a mathematical interpolation program, which yields the amplitudes and time constants of the exponential functions representing the kinetic behaviour. It should be pointed out that the output of the instrument is such that descending curves correspond to positive amplitudes. Each experiment was repeated at least ten times and the values of the time constants and amplitudes are averaged values (spread $\leq 1\%$ for the experiments with TFT alone, spread $\leq 10\%$ for the experiments with TFT+DNA).

Molecular dynamics of TFT in explicit water As no experimental structures are available for TFT bound to dsDNA's we have derived structures performing hybrid QM/MM MD simulations of the intercalated monomer and of a minor groove bound dimer. TFT was represented using the general AMBER force field $(GAFF)$,⁴⁴ while RESP charges have been obtained performing a quantum chemistry calculation on the isolated molecule using Gaussian09.⁴⁵ Water molecules were represented by the TIP3P model and DNA was simulated using the AMBER parm99/bsc0 force field.⁴⁶ DNA was represented by a B-DNA dodecamer, generated using the nucgen module of AMBER and having the sequence $d(ATATATATAT)$ ₂. The initial conformation of the TFT−DNA complexes was simulated in a truncated octahedron with periodic boundary conditions. Sodium ions were added to the system to neutralize the charge. The solute was surrounded by

roughly 5700 TIP3P water molecules, leaving about 10Å space between the solute and the faces of the box. In all MD trajectories we considered a cutoff of 9.0Å, and Ewald particle mesh algorithm was used to evaluate electrostatic interactions.⁴⁷ Bonds to hydrogen atoms were fixed with the SHAKE algorithm.⁴⁸ Temperature was controlled using the Langevin alghoritm⁴⁹ with collision frequency of 2 $ps^{-1.50}$ QM/MM MD simulations⁵¹ with periodic boundary conditions were performed using SANDER which is part of the AMBER12 suite of programs.⁴⁹ The QM region was described by the PM6 method⁵² with an empirical dispersion correction (PM6-D).⁵³ The SHAKE algorithm was used to restrain the bonds containing hydrogen in both QM and MM regions, allowing a time step of 2 fs to be used.⁵⁴ After a full MM energy minimization, the system was equilibrated at 300 K for 1ns using constant volume and temperature (nVT) and then by constant pressure and temperature (nPT) to 1 bar pressure using the QM/MM MD with the TFT now treated quantum mechanically.

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SUPPLEMENTARY INFORMATION

Figure. 1S Absorbance spectra of TFT at different dye concentrations (a) and relevant absorbance vs. concentration plots at different wavelengths (b). $C_D = 2.0 \times 10^{-6}$ to 8.4×10⁻⁵ M, I = 0.11M, pH 7.0, T = 25° C, (\triangle) 385nm, (\bullet) 412nm, (\Box) 435 nm.

Figure 2S Molar extinction coefficient of TFT dependence on the salt content (I) of the medium (NaCl). $C_D = 2.9 \times 10^{-5}$ M, pH 7.0, $\lambda = 412$ nm, T = 25^oC.

Figure 3S Two-component deconvolution of the fluorescence emission spectra of TFT at different dye concentrations, I = 0.11 M, pH 7.0, λ_{ex} = 340 nm, T = 25°C. (a) C_D = 1.44×10⁻⁶ M, $F(\lambda_{\text{em1}})/F(\lambda_{\text{em2}}) = 0.9$; (b) $C_D = 7.19 \times 10^{-6}$ M, $F(\lambda_{\text{em1}})/F(\lambda_{\text{em2}}) = 2.9$, (c) $C_D = 3.56 \times 10^{-5}$ M, $F(\lambda_{\text{em1}})/F(\lambda_{\text{em2}}) = 8.1$; (d) $C_D = 7.06 \times 10^{-5}$ M, $F(\lambda_{\text{em1}})/F(\lambda_{\text{em2}})$ indefinitely high; $F(\lambda_{\text{em1}})/F(\lambda_{\text{em2}})$ is the ratio of fluorescence intensities at the maxima of the two component emissions. (▬) experimental; (- • -) first component; (---) second component; (•••) calculated sum (in the case of two components).

Figure 4S Example of kinetic trace recorded for a solution containing TFT alone and therefore demonstrating the presence of an auto-aggregation process. $C_D = 2.01 \times 10^{-4}$ M, I = 0.11 M, pH 7.0, $\lambda = 450$ nm, T = 25^oC.

Figure 5S Plot of the reciprocal relaxation time $(1/\tau)$ vs. TFT monomer concentration $([D])$ analysed according to equation (4) (continuous line); $I = 0.11$ M, pH 7.0, T = 25 °C.

Figure 6S Analysis of the data of the spectrophotometric titration of the TFT/DNA system according to equation (6) (straight line). $C_D = 5.2 \times 10^{-5}$ M, $C_P = 0$ to 5.1×10^{-4} M, I = 0.01 M, pH 7.0, $T = 25 °C$

Figure 7S Excitation (λ_{em} = 450 nm) and emission (λ_{exc} = 340 nm) spectra (a) and 3D contour plot (b) of TFT. $C_D = 3.6 \times 10^{-5}$ M, I = 0.11 M, pH 7.0, T = 25 °C.

Figure 8S Excitation (λ_{em} = 484 nm) and emission (λ_{exc} = 450 nm) spectra (a) and 3D contour plot (b) of a TFT/DNA. $C_D = 3.6 \times 10^{-5}$ M, $C_P = 2.5 \times 10^{-4}$ M, I = 0.01 M, pH 7.0, T = 25 °C.

Figure 9S Emission spectra (a, $\lambda_{\text{exc}} = 450 \text{ nm}$), binding isotherm (b, $\lambda_{\text{em}} = 484 \text{ nm}$) and relevant analysis (c) according to equation (6) for a spectrofluorometric titration of TFT with DNA. C_D = 1.0×10^{-5} M, C_P = 0 to 2.5×10⁻⁴ M, I = 0.01 M, pH 7.0, T = 25 °C.

Figure 10S Example of Scatchard plot obtained from absorbance titration data for the TFT/DNA system. $C_D = 5.2 \times 10^{-5}$ M, $C_P = 0$ to 5.1×10^{-4} M, I = 0.01 M, pH 7.0, T = 25 °C

Figure 11S Temperature dependence of the binding constant K for the TFT/DNA system; (●) absorbance, (\blacksquare) fluorescence, I = 0.01 M, pH 7.0, T = 25 °C. The continuous line is drawn according to the equation lnK = - $\Delta H/RT + \Delta S/R$.

Figure 12S T-jump relaxation curves registered for the TFT/DNA system under low dye and polymer excess conditions; a) fast effect, b) slow effect, $C_D = 2.0 \times 10^{-6}$ M, $C_P = 3.74 \times 10^{-4}$ M. I = 0.11 M, pH 7.0, λ = 450 nm, T = 25 °C.

Figure 13S T-jump amplitude analysis for the fast step of the curves registered for the TFT/DNA system under low dye and polymer excess conditions. I = 0.11 M, pH 7.0, T = 25 °C.

Figure 14S T-jump relaxation curves registered for the TFT/DNA system under high dye content conditions; a) overall curve, b) amplification of the fast effect, $C_D = 1.2 \times 10^{-4}$ M, $C_P = 7.7 \times 10^{-5}$ M. I = 0.11 M, pH 7.0, λ = 450 nm, T = 25 °C.

Derivation of equation (4) of the text

Consider reaction scheme (S1.1)-(S1.2)

$$
D + D \le D_2
$$

\n
$$
D_2 \le D_2
$$

\n(S1.1)
\n(S1.2)

where D, D_2 and D_2 ['] represent respectively the equilibrium concentration of the dye monomer and dye dimer in two different forms. Let's define also the equilibrium constant of dimerization as

$$
K_{\text{dim}} = [D_2]/[D]^2 \tag{S1.3}
$$

and k_{iso} , k_{iso} and $K_{iso} = k_{iso}/k$ –iso respectively the forward and backward rate constants and the equilibrium constant of the isomerisation process (S1.2). The mass equation for the dye is

$$
C_D = D + 2D_2 + 2D'_2 \tag{S1.4}
$$

and can be expressed in its differentiated form as follows

$$
\delta D + 2\delta D_2 + 2\delta D_2' = 0\tag{S1.5}
$$

where ∂i indicates the deviation from equilibrium of the i-th species caused at the temperaturejump. Differentiation of (S1.3) yields

$$
\delta D_2 = 2K_{\text{dim}} D \delta D \tag{S1.6}
$$

Substitution of (S1.6) in (S1.5) yields equation (S1.7)

$$
\frac{\delta D_2}{2K_{\text{dim}}D} + 2\delta D_2 + 2\delta D_2' = 0
$$
\n(S1.7)

The differential kinetic law for equation $(S1.2)$ is

$$
\frac{d(\delta D_2')}{dt} = k_{iso} \delta D_2 - k_{-iso} \delta D_2' \tag{S1.8}
$$

Form equations (S1.8) and (S1.7) we obtain

$$
\frac{\mathrm{d}(\delta \mathrm{D}_2')}{\mathrm{d}t} = -\underbrace{\left(\frac{4\mathrm{K}_{\mathrm{dim}}k_{\mathrm{iso}}\mathrm{D}}{1/\tau} + \mathrm{k}_{-\mathrm{iso}}\right)}_{1/\tau} \delta \mathrm{D}_2' \tag{S1.9}
$$

whose integration yields the expression for the reciprocal relaxation time $1/\tau$ as (equation (3) of the text)

$$
1/\tau = \frac{4K_{\text{dim}}k_{\text{iso}}D}{1 + 4K_{\text{dim}}D} + k_{-\text{iso}}
$$
\n
$$
(S1.10)
$$

The relationship between the monomer concentration D and the total analytical concentration CD can be obtained using equations (S1.3), (S1.4) and the definition of K_{iso} :

$$
C_{D} = D + 2K_{\text{dim}}D^{2} + 2K_{\text{iso}}K_{\text{dim}}D^{2}
$$
\n(S1.11)

or

$$
D^{2} + \frac{D}{2K_{\text{dim}}(1 + K_{\text{iso}})} - \frac{C_{\text{d}}}{2K_{\text{dim}}(1 + K_{\text{iso}})} = 0
$$
\n(S1.12)

That is, a second order function with only possible positive solution equal to

$$
D = \frac{-\frac{1}{2K_{\text{dim}}(1+K_{\text{iso}})} + \sqrt{\left[\frac{1}{2K_{\text{dim}}(1+K_{\text{iso}})}\right]^2 + \frac{2C_{\text{d}}}{K_{\text{dim}}(1+K_{\text{iso}})}}
$$
(S1.13)

For the analysis of data points according to equation (S1.10) in a first step $[D] = C_D$ approximation is used to obtain first K_{dim} and $K_{iso} = k_{iso}/k$ –iso rough evaluation that enable to calculate [D] and replot the data with an iterative procedure, until convergence is reached.

Derivation of equations (11)-(12) of the text

Consider the following reaction scheme

$$
P + D
$$

\n
$$
k_{\text{f}}
$$

\n
$$
k_{\text{e}}
$$

\n
$$
k_{\text{e}}
$$

\n
$$
k_{\text{e}}
$$

\n
$$
k_{\text{e}}
$$

\n
$$
p_{\text{D}}
$$

\n(S2.1)

As concerns the fast step, in the fast time scale the slow one can be neglected and the rate law, written in a differential way, is the following

$$
-\frac{d\delta D}{dt} = k_f \delta([P] \times [D]) - k_{-f} \delta PD'
$$
\n(S2.2)

As $\delta(PxD) = P\delta D + D\delta P$ and $\delta D = \delta P = -\delta PD'$ it turns out that

$$
-\frac{d\delta D}{dt} = [k_f([P] + [D]) + k_{-f}]\delta D \tag{S2.3}
$$

$$
-\frac{d\delta D}{\delta D} = [k_f([P] + [D]) + k_{-f}]dt
$$
\n(S2.3)

and thus

$$
1/\tau_{\rm f} = k_{\rm f}([P]+[D]) + k_{\rm f} \tag{S2.4}
$$

Considering now the slow step, the fast one has to be intended as a pre-equilibrium with relevant K_f $= k_f/k_f = [PD]/([P] \times [D])$ constant. The differential mass conservation law respect to the dye is

$$
\delta D + \delta P D + \delta P D' = 0 \tag{S2.5}
$$

$$
\delta D + \delta P D + K_f (P \delta D + D \delta P) = 0 \tag{S2.6}
$$

with $\delta D = \delta P$, thus

$$
\delta \mathbf{PD} = -\{1 + \mathbf{K}_{\mathrm{f}}(\mathbf{P} + \mathbf{D})\} \delta \mathbf{D}
$$
\n
$$
(S2.7)
$$

The rate law, written in a differential way, is the following

dõPD $\frac{\partial P D}{\partial t} = k_S \delta([P] \times [D]) - k_{-S} \delta PD$ (S2.8)

$$
\frac{d\delta PD}{dt} = -\left\{ \frac{k_S([P]+[D])}{1 + K_f([P]+[D])} + k_{-S} \right\} \delta PD \tag{S2.9}
$$

$$
\frac{d\delta PD}{\delta PD} = -\left\{ \frac{k_S([P]+[D])}{1+K_f([P]+[D])} + k_{-S} \right\} dt \tag{S2.10}
$$

and thus

$$
1/\tau_s = k_s([P]+[D])/(1+K_f([P]+[D])) + k_s
$$
\n(S2.11)

Derivation of equation (14) of the text

Consider the following reaction scheme

$$
P + D
$$
\n
$$
k_{\text{f}}
$$
\n
$$
k_{\text{a}}
$$
\n
$$
k_{\text{b}}
$$
\n
$$
k_{\text{c}}
$$
\n
$$
k_{\text{dim}}
$$
\n
$$
p_{\text{b}}
$$
\n
$$
p_{\text{c}}
$$
\n
$$
p_{\text{dim}}
$$
\n
$$
p_{\text{c}}
$$
\n
$$
p_{\text{dim}}
$$
\n
$$
p_{\text{
$$

where the formation of PD (slow) is supposed to be rate determining, whereas the other steps are fast. P and D indicate respectively free polymer and free dye monomer, D_2 is the dye dimer, PD the DNA/dye monomer complex and PD₃ a DNA/dye monomer/dye dimer complex. According to this scheme $K_{\text{dim}} = [D_2]/[D]^2$, $K_f = k_f/k$ $_f = [PD']/([P] \times [D])$, $K_s = k_s/k$ $_s = [PD]/([P] \times [D])$ and $K_3 =$ $[PD_3]/([D_2] \times [PD]).$

The mass conservation equations in differential form for polymer and dye are

$$
\delta P + \delta P D + \delta P D' + \delta P D_3 = 0 \tag{S3.2}
$$

$$
\delta D + 2\delta D_2 + \delta PD + \delta PD' + 3\delta PD_3 = 0
$$
\n
$$
(S3.3)
$$

Differentiation of the expressions for K_{dim} , K_f and K_3 yield the relationships

$$
\delta D_2 = 2K_{dim} D \delta D \tag{S3.4}
$$

$$
\delta PD' = K_f (P\delta D + D\delta P) \tag{S3.5}
$$

$$
\delta PD_3 = K_3(D_2 \delta PD + PD \delta D_2) = K_3 K_{\text{dim}} D^2 \delta PD + 2K_3 K_5 K_{\text{dim}} (P \times D^2) \delta D \tag{S3.6}
$$

Substitution of $(S3.4) - (S3.6)$ in $(S3.2)$ yields

$$
\delta P \underbrace{\left[1 + K_f D\right]}_{\alpha} + \delta D \underbrace{\left(K_f P + 2K_3 K_s K_{dim} P \times D^2\right)}_{\beta} + \delta P D \underbrace{\left(1 + K_3 K_{dim} D^2\right)}_{\gamma} = 0 \tag{S3.7}
$$

or

$$
-\delta P = \frac{\beta}{\alpha} \delta D + \frac{\gamma}{\alpha} \delta PD \tag{S3.8}
$$

Subtraction of (S3.2) to (S3.3) yields

$$
\delta D - \delta P + 2\delta D_2 + 2\delta P D_3 = 0 \tag{S3.9}
$$

Substitution of $(S3.4) - (S3-8)$ in $(S3.10)$ yields

$$
\delta D + \frac{\beta}{\alpha} \delta D + \frac{\gamma}{\alpha} \delta PD + 4DK_{\text{dim}} \delta D + 2K_3 K_{\text{dim}} D^2 \delta PD + 4K_3 K_s K_{\text{dim}} (P \times D^2) \delta D = 0
$$
\n
$$
(S3.10)
$$

$$
\delta D \underbrace{\left[1 + \frac{\beta}{\alpha} + 4DK_{dim} + 4K_3K_sK_{dim}P \times D^2\right]}_{\varepsilon} = -\delta PD \underbrace{\left(\frac{\gamma}{\alpha} + 2K_3K_{dim}D^2\right)}_{\theta}
$$
\n(S3.11)

or

$$
\delta P D = -\frac{\varepsilon}{\theta} \delta D \tag{S3.12}
$$

Substituting (S3.12) in (S3.8) one obtains

$$
-\delta P = \underbrace{\left(\frac{\beta}{\alpha} - \frac{\gamma}{\alpha} \times \frac{\varepsilon}{\theta}\right)}_{\mu} \delta D \tag{S3.13}
$$

The rate law, in differential form, is represented by (S3.14)

$$
-\frac{d}{dt}(\delta PD' + \delta D + 2\delta D_2) = k_s(P\delta D + D\delta P) - k_{-s}\delta PD
$$
\n(S3.14)

Substitution of (S3.4), (S3.5), (S3.12) and (S3.13) in (S3.14) yields

$$
-\frac{\text{d}\delta D}{\text{dt}} = \left\{ \frac{k_S (P - \mu \times D) + k_{-S} \frac{\varepsilon}{\theta}}{K_f (P - \mu \times D) + 1 + 4DK_{dim}} \right\} \delta D \tag{S3.15}
$$

Thus, the expression for $1/\tau'$ _f dependence on the reactant content turns to be

$$
1_{\{\tau'_{f} = \frac{k_{s}(P - \mu \times D) + k_{-s}\frac{\varepsilon}{\theta}}{K_{f}(P - \mu \times D) + 1 + 4DK_{dim}}\}}
$$
(S3.16)

The equations needed to calculate [D] and [P] are obtained as follows, starting for the mass conservation for dye or polymer respectively.

In particular, for the dye:

$$
C_D = D + 2D_2 + PD + 3PD_3 \tag{S3.17}
$$

$$
CD = D + 2KdimD2 + PD + 3K3PD \cdot D2
$$
 (S3.18)

$$
C_{D} = D + 2K_{\text{dim}}D^{2} + K_{3}P \cdot D + 3K_{\text{dim}}K_{3}K_{f}PD^{3}
$$
\n(S3.19)

Thus, [D] can be calculated solving the cubic equation (one acceptable value only over the three)

$$
D^{3} + \frac{2K_{\text{dim}}}{3K_{\text{dim}}K_{3}K_{f}P}D^{2} + \frac{1+K_{f}P}{3K_{\text{dim}}K_{3}K_{f}P}D - \frac{C_{D}}{3K_{\text{dim}}K_{3}K_{f}P} = 0
$$
\n(S3.20)

For the polymer:

$$
C_P = P + PD + PD_3 \tag{S3.21}
$$

$$
C_{P} = P + K_{f}P \cdot D + K_{3}PD \cdot D_{2} = P + K_{f}P \cdot D + K_{3}K_{f}PK_{dim}D^{3}
$$
\n
$$
(S3.22)
$$

$$
P = \frac{c_P}{1 + K_f D + K_{\text{dim}} K_3 K_f D^3}
$$
\n
$$
(S3.23)
$$

Note that a double iterative procedure is needed to analyse the data. In a first approximation, $[P] =$ C_P , $[D] = C_D$, $[PD] = 0$ and K_3 is obtained by data fit to equation (S3.16) (note K_{dim} and K_f are known but K_3 is unknown). In the subsequent step [P], [D] and [PD] = $K_f[P][D]$ are calculated from K_f , K_{dim} and K_3 approximate value. Note that the calculation of [D] requires also [P] to be known (and vice versa, equations S3.20 and S3.23). Thus, in a first approximation [D] values are obtained for $[P] = C_P$ and used in equation (S3.23) to get $[P]$ and re-insert these values in equation (S3.23) and so on, until convergence is reached. The converged [P], [D] and [PD] values are used to obtain a new K_3 from equation (S3.16) and so on, until convergence is reached.

Derivation of the relationship between relaxation curve amplitude and dye

content

Consider reaction scheme (S4.1)-(S4.2)

$$
D + D \le D_2
$$

\n
$$
D_2 \le D_2
$$

\n(S4.1)
\n(S4.2)

where D, D_2 and D_2 ['] represent respectively the equilibrium concentration of the dye monomer and dye dimer in two different forms. These two equations are coupled together.

Since the two reactions are thermodynamically independent, in principle two different kinetic effects could be observed, whose amplitude can be expressed on the basis of normal reactions. If the coefficients that multiply the elementary reactions (S4.1) and (S4.2) equations in order to find the two normal modes of reaction are respectively 1 and γ_k , the two normal reactions are described by eq.(S4.3), which results from adding γ_k times reaction (S4.2) to reaction (S4.1) (M. Citi et al., 1988)

$$
D + D \Leftrightarrow (1 - \gamma_k) D_2 + \gamma_k D_2' \qquad k = 1,2
$$
 (S4.3)

The γ_K values are obtained by solving the following system

$$
\begin{vmatrix} r_1 g_{11} - \lambda_k & r_1 g_{12} \\ r_2 g_{21} & r_2 g_{22} - \lambda_k \end{vmatrix} \begin{vmatrix} 1 \\ \gamma_k \end{vmatrix} = 0
$$
 (S4-4)

that means to solve equations as $(r_1g_{11} - \lambda_k) \times 1 + r_1g_{12}\gamma_k = 0$ (S4-5)

Eq. (S4-5) yields

$$
\gamma_{k} = \frac{-\left(r_1 g_{11} - \lambda_{k}\right)}{r_1 g_{12}}\tag{S4-6}
$$

where $g_{ij}=g_{ji}$ and the g_{ij} coefficients are related to the equilibrium concentrations by the equations (G. W. Castellan, 1963)

$$
g_{11} = \frac{4}{[D]} + \frac{1}{[D_2]}
$$
 (S4-7)

$$
g_{12} = -\frac{1}{[D_2]}
$$
 (S4.8)

$$
g_{22} = \frac{1}{[D_2]} + \frac{1}{[D'_2]}
$$
 (S4.9)

and r_k are the exchange rate of the reactions (S4.1) and (S4.2).

$$
r_1 = k_1[D]^2 = k_{-1}[D_2]
$$
 (S4.10)

$$
r_2 = k_2[D_2] = k_2[D_2'] \tag{S4.11}
$$

For k = 1, $\lambda_k = \lambda_1$. For $\lambda_1 >> \lambda_2$ (i.e. (S4.1) much faster than (S4.2), as supposed) it turns out that λ_1 $= r_1 g_{11}$, hence $\gamma_1 = 0$ and eq. (IV.24) becomes

$$
D + D \le D_2 \tag{S4.12}
$$

Hence, the first normal reaction coincides with the elementary reaction (S4.1).

For $k = 2$, $\lambda_k = \lambda_2$ and, being $\lambda_2 \ll \lambda_1 = r_l g_{1l}$ we have

$$
\gamma_2 = -\frac{g_{11}}{g_{12}} = -\frac{4/[D] + 1/[D_2]}{1/[D_2]} = -(1 + 4K_{\text{dim}}[D])
$$
\n(S4.13)

with $K_{\text{dim}} = [D_2]/[D]^2$ equilibrium constant of dimerization. Thus, the second normal reaction will be

$$
2D - (2 + 4K_{dim}D) D_2 \leftrightarrows -(1 + 4KdimD)D_2
$$
\n(S4.14)

Now, for a signal recorded with absorbance detection

$$
\Delta \text{Abs} = \Gamma \Delta \varepsilon \frac{\Delta \text{H}}{\text{RT}^2} \text{dT} = \Gamma \times \text{const}
$$
 (S4.15)

and the expression for Γ can be obtained from the normal reaction (S4.14)

$$
\Gamma^{-1} = \frac{(2)^2}{[D]} + \frac{(2 + 4K_{dim}[D])^2}{[D_2]} + \frac{(1 + 4K_{dim}[D])^2}{[D_2]}
$$
(S4.16)

Thus, finally

$$
\Delta \text{Abs} = \frac{\text{const}}{\frac{(2)^2}{[D]} + \frac{(2 + 4K_{\text{dim}}[D])^2}{[D_2]} + \frac{(1 + 4K_{\text{dim}}[D])^2}{[D_2]}} \tag{S4.17}
$$

The evaluation of Γ^{-1} can be done as K_{dim} is known from the analysis of the relaxation times and $[D], [D_2]$ and $[D_2]$ ['] can be calculated from K_{dim} and K_{iso} (Table 1 of the text). The values obtained excellently reproduce the experimental trend of ΔAbs (const = 2.86×10⁴ M⁻¹).

Graphical contents entry

A detailed study of the mechanism of Thioflavin-T (TFT, D) self-aggregation and binding to DNA (P) is presented. TFT undergoes dimerization followed by an unusual dimer isomerisation. Simultaneous intercalation and groove binding has been infrequently found: here the TFT monomer intercalates between DNA base pairs (PD) or externally binds (PD') according to a branched mechanism; under dye excess, also the TFT dimer binds to the DNA grooves (PD3).