

1 **Role of nanostructured aggregation of chitosan derivatives on [5-**
2 **methionine]enkephalin affinity**

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17

18 **Abstract**

19 Affinities of quaternary ammonium-chitosan conjugates, their thiolated derivatives and
20 corresponding nanostructured aggregates towards the hydrophilic drug [5-methionine]enkephalin
21 were compared by Nuclear Magnetic Resonance (NMR) spectroscopic methods based on proton
22 selective relaxation rate measurements. Nanoaggregates showed enhanced drug affinity in
23 comparison with corresponding polymers, especially in the case of thiolated systems.

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25 **Keywords:** Nuclear Magnetic Resonance, nanoparticles, chitosan conjugates, selective relaxation
26 rate, [5-methionine]enkephalin

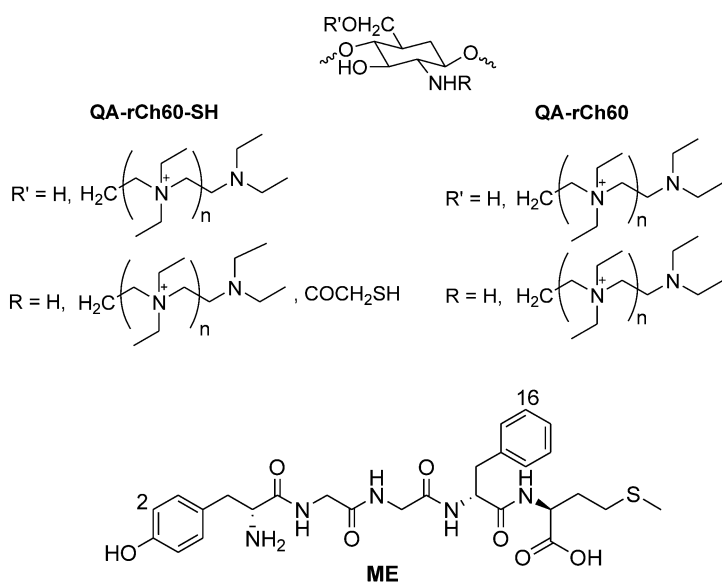
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28 **1. Introduction**

29 Nanoparticulate systems have attracted increasing attention, in consideration of their strong
30 technological impact. In pharmaceutical and biomedical fields, these systems may be exploited also
31 for prolonging drug residence at the adsorption site, thus allowing to reduce the frequency of dosing
32 and minimizing the side effects (Düunhaupt et al., 2011; Sakuma et al., 2002). Since drugs are
33 preferentially administered orally, by inhalation or transdermally, it is very important to find
34 carriers endowed with good mucoadhesivity. For this reason, mucoadhesive, biocompatible and
35 biodegradable polymers have usually been chosen as the starting materials, among which chitosan
36 (Ch) and its derivatives play a significant role (Agnihotri, Mallikarijuna & Aminabhavi, 2004).

37 Quaternized chitosans (QA-rCh60, Fig. 1), thiolated derivatives (QA-rCh60-SH, Fig. 1) and
38 corresponding nanoparticulate structures (NP-QA-rCh60 or NP-QA-rCh60-SH, Zambito, Uccello-
39 Barretta, Zaino, Balzano, & Di Colo, 2006; Zambito et al., 2009; Zambito, Felice, Fabiano, Di
40 Stefano, & Di Colo, 2013) revealed good effectiveness in the delivery of mainly lipophilic drugs, as

41 demonstrated by employing dexamethasone 21-phosphate as interaction probe (Uccello-Barretta et
 42 al., 2014; Fabiano, Chetoni, & Zambito, 2015). In particular, the use of Nuclear Magnetic
 43 Resonance (NMR) spectroscopy allowed the detection of intermolecular interactions between the
 44 drug and the macromolecules (Uccello-Barretta et al., 2014), by exploiting the high sensitivity of
 45 relaxation parameters of NMR active nuclei to complexation phenomena (Neuhaus & Williamson,
 46 1989; Valensin, Sabatini, & Tiezzi, 1986).



47
 48 **Fig.1.** Chemical structures of quaternarized chitosan derivatives (Cl⁻ counterion) employed for the preparation of
 49 nanoparticles and of [5-methionine]enkephalin (ME) with numbering scheme for NMR analysis

50
 51 Recently, the protective effectiveness in ophthalmic applications of nanoaggregated derivatized
 52 chitosans towards [5-methionine]enkephalin (ME, Fig. 1), a pentapeptide of the enkephalin family,
 53 has been demonstrated (Fabiano et al., 2015); also an enhanced mean drug residence time was
 54 achieved. Peptide drugs constitute, in fact, an important class of bioactive systems, which, however,
 55 need to be protected against degradation processes (Kashi & Lee, 1986; Hämäläinen, Ranta,
 56 Auriola, & Urtti, 2000) that can occur in the pre-corneal area.
 57 In this study, NMR spectroscopy has been then exploited as a non-invasive investigation tool for
 58 detecting and comparing the affinity of ME for both quaternary ammonium-chitosan conjugates

59 (thiolated and non-thiolated) and for corresponding nanoparticles, in order to point out the
60 importance of the nanoparticulate aggregation in the interaction with the hydrophilic drug. The
61 mucoadhesive properties of both polymers and nanoparticles were detected in ternary mixtures
62 containing bovine submaxillary mucin (BSM). In addition, the release properties of loaded
63 nanoparticles were investigated by performing quantitative NMR experiments.

64

65 **2. Materials and methods**

66 *2.1. Materials*

67 Bovine submaxillary mucin (BSM), [5-methionine]enkephalin (ME) and phosphate buffer (pH 7.4)
68 were purchased from Sigma Aldrich (St. Louis, Missouri, United States). Deuterated water (D₂O)
69 was purchased from Deutero GmbH (Kastellaun, Germany). Hyaluronic acid (HA), MW 950 kDa
70 was purchased from (Contipro, Dolní Dobrouč, Czech Republic); chitosan minimum 90%
71 deacetylated from shrimp shell (Chitoclear FG90, Primex, Drammen, Norway). The commercial
72 chitosan had an average viscometric molecular weight of 590 kDa and a deacetylation degree,
73 determined by IR or NMR, of 90% or 82% (Zambito et al., 2006). Its MW was reduced by
74 oxidative depolymerisation (see, e.g., Janes & Alonso, 2003; Mao et al., 2004), to obtain rCh
75 (viscometric MW, 32 kDa). The MW of HA was reduced by acid degradation, according to Liu,
76 Luo, Roberts, & Prestwich (2002), to obtain rHA (viscometric MW 470 kDa). The viscometric
77 MWs of rCh and rHA were determined by an Ostwald U-tube capillary viscometer (Cannon-Fenske
78 series ASTM 75), following the procedure reported by Khalid, Ho, Agnely, Grossiord, & Couarraze
79 (1999) for rCh in 0.1 M acetic acid/0.2 M NaCl, and that reported by Tadmor, Chen, & Israelachvili
80 (2002) for rHA in 0.1 M NaCl. The quaternary ammonium-rCh conjugate was synthesized by
81 reacting diethylaminoethyl chloride hydrochloride with rCh, through a procedure similar to that
82 described by Zambito et al. (2006) and Zambito, Zaino, Uccello-Barretta, Balzano, & Di Colo
83 (2008), keeping the pH at 8 and controlling the temperature at 60 °C (product code, QA-rCh60).

84 Thiolation of QA-rCh60 was achieved by the attachment of thioglycolic acid (TGA) to
85 unsubstituted primary amino groups still present on the QA-rCh60 chains, via formation of amide
86 bonds mediated by EDAC (Kast & Bernkop-Schnürch, 2001). QA-rCh60 and QA-rCh60-SH were
87 the same synthesized in a previous work by Zambito, Felice, Fabiano, Di Stefano, & Di Colo
88 (2013), while the relevant medicated NP were prepared as described by Fabiano et al. (2015) with
89 an efficiency of ME encapsulation of about 30%.

90

91 2.2. *NMR measurements*

92 NMR measurements were performed on a Varian INOVA600 spectrometer operating at 600 MHz
93 and 150 MHz for ^1H and ^{13}C nuclei. The temperature was controlled to $\pm 0.1^\circ\text{C}$. DOSY (Diffusion
94 Ordered SpectroscopY) experiments were carried out by using a stimulated echo sequence with
95 self-compensating gradient schemes and 64K data points. Typically, g was varied in 20 steps (2-32
96 transients each), Δ and δ were optimized in order to obtain an approximately 90-95% decrease in
97 the resonance intensity at the largest gradient amplitude. The baselines of all arrayed spectra were
98 corrected prior to processing the data. After data acquisition, each FID was apodized with 1.0 Hz
99 line broadening and Fourier transformed. The data were processed with the DOSY macro
100 (involving the determination of the resonance heights of all the signals above a pre-established
101 threshold and the fitting of the decay curve for each resonance to a Gaussian function) to obtain
102 pseudo two-dimensional spectra with NMR chemical shifts along one axis and calculated diffusion
103 coefficients along the other. Gradient amplitudes in DOSY experiments have been calibrated by
104 using a standard sample of D_2O 99% ($19 \times 10^{-10} \text{ m}^2\text{s}^{-1}$). The spin-lattice selective relaxation times
105 were measured in the initial rate approximation (Freeman & Wittekoek, 1969) by using the
106 inversion recovery pulse sequence $(180^\circ-\tau-90^\circ-t)_n$ and by applying a selective π -pulse at the
107 selected frequency and a relaxation delay of 15 s. Release studies of loaded nanoparticles were
108 performed by recording ^1H NMR quantitative spectra, with the following acquisition parameters:
109 pulse width = $5.5 \mu\text{s}$ (45° pulse), 5 s relaxation delay, 48 transients. The spectra were acquired each

110 hour, and the concentration of the drug was calculated on the selected signal by the qEstimate
111 software (Agilent) and by comparing its integrated area to that of a sample of drug at known
112 concentration.

113 ^1H and ^{13}C NMR characterization data of ME, in the selected experimental conditions (pH=7.4
114 phosphate buffer, 25 °C, D_2O , 2.5 mM) are reported in the Supplementary Material.

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116 **3. Results and Discussion**

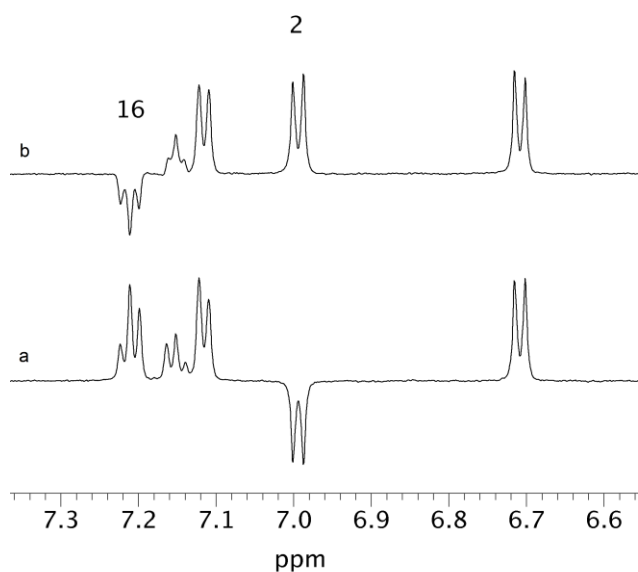
117 *3.1. Affinity studies*

118 Before facing the investigation regarding ME to polymers affinities, DOSY experiments were
119 exploited for probing potential viscosity changes, which could have affected the interpretation of
120 affinity data. As a matter of fact, decreases of the translational diffusion coefficient are expected as
121 the consequence of viscosity increase, which could occur in solutions containing the polymers. In
122 particular all our NMR samples were added by a standard solution (50 μL) containing
123 tetramethylsilane (TMS) in DMSO (7% v/v) and diffusion coefficient of TMS was measured. In all
124 cases no changes of TMS diffusion coefficient were detected, thus allowing us to rule out viscosity
125 effects. In addition the diffusion coefficients of ME and acetate counterion were remarkably
126 differentiated ($3.0 \times 10^{-10} \text{ m}^2\text{s}^{-1}$ and $7.6 \times 10^{-10} \text{ m}^2\text{s}^{-1}$ for ME and acetate respectively), thus allowing
127 us to exclude the formation of tight ME/acetate ion pairs which could once again affect the binding
128 processes.

129 We investigated drug-macromolecule interactions in mixtures containing ME and polymers or their
130 empty NPs, with the aim to highlight the effect of supramolecular assembly in nanoparticulate
131 forms on binding processes. A very high drug/macromolecule ratio (from 20:1 to 100:1 or greater)
132 is requested in order to obtain a detectable NMR signal for the drug. In fast-exchange conditions,
133 the observed parameter represents the weighted average of its value in the bound (P_b) and free (P_f)
134 states ($P = x_f P_f + x_b P_b$, where x_f and x_b are the molar fractions of the free and bound states,

135 respectively). Thus only NMR parameters undergoing a sharp change as the consequence of the
136 interaction can be usefully exploited. Among the available observable NMR parameters, proton
137 selective relaxation rates ($R_1^{\text{ms}} = 1/T_1^{\text{ms}}$, where T_1^{ms} is the measured mono-selective relaxation
138 time) were selected for affinity studies, since they are highly responsive to the slowing down of
139 molecular motions of drugs, due to binding interactions with macromolecules (Uccello-Barretta et
140 al., 2014; Neuhaus & Williamson, 1989; Valensin et al., 1986). Indeed, when the molecular motion
141 of the drug is slowed down to the $\omega^2\tau_c^2 \gg 1$ (ω = Larmor frequency, τ_c = reorientational correlation
142 time) region as a consequence of the interaction with the macromolecule, mono-selective relaxation
143 rates show a sharp increase, whereas the non-selective relaxation rates reach a maximum for $\omega^2\tau_c^2 \cong$
144 1 and then decrease with further increasing $\omega^2\tau_c^2$.

145 R_1^{ms} can be then obtained by selectively inverting one selected resonance and leaving unperturbed
146 the others (Fig. 2) and by following the recovery of the magnetization to equilibrium. Errors in the
147 relaxation times values were always less than 1% and, hence, changes measured could be
148 unequivocally attributed to binding effects, once excluded viscosity changes by means of DOSY
149 measurements.



150

151 **Fig. 2.** Mono-selective inversion of (a) H-2 and (b) H-16 resonances of ME for relaxation measurements.

152 Aromatic protons H2 of tyrosine and H16 of phenylalanine of ME (Fig. 1) were selectively
 153 inverted, because no superimposition with polymer signals was observed (Fig. S1, Supplementary
 154 Material). The drug was employed at a concentration of 2.5 mM (1.43 mg/mL).

155 The mono-selective relaxation rates of ME nuclei were detected for each mixture drug/polymer or
 156 drug/nanoparticle (R_{mix}) and compared with the values of free ME (R_f), thus obtaining the
 157 normalized mono-selective relaxation rates (Eq. 1), which only depends on the strength of the
 158 interaction and, hence, on drug to polymer affinity:

$$159 \quad \Delta R/R_f = (R_{mix} - R_f)/R_f \quad (\text{Eq. 1})$$

160 Binary mixtures containing an equal amount (weight) of drug and polymers (1.43 mg/mL) were
 161 firstly analyzed, but in these experimental conditions negligible variations in normalized relaxation
 162 rates of ME protons were detected (Table 1). In order to favor the interaction, the amount of
 163 polymer was then increased till to reach 10 to 1 and 20 to 1 polymer to ME w/w ratios. The non-
 164 thiolated polymer demonstrated an enhanced propensity to interact with the drug at the higher w/w
 165 ratios (Table 1), being tyrosine residue (H2 protons) involved in a larger extent with respect to the
 166 molecular portion bearing Phe residue (H16 protons).

Table 1- Normalized mono-selective relaxation rates ($\Delta R/R_f$) of selected protons of ME (1.43 mg/mL, 600 MHz, D₂O pH 7.4, 25 °C) in binary mixtures with polymers at different ME/polymer w/w ratios (reported in parenthesis) or nanoparticles (containing 1.43 mg/mL of QA-rCh60 or QA-rCh60-SH) and in binary and ternary mixtures with BSM (10 mg/mL).

	$\Delta R/R_f$	
	H2	H16
ME/QA-rCh60 (1:1)	0.03	0.02
ME/QA-rCh60 (1:10)	0.14	0.09
ME/QA-rCh60 (1:20)	0.31	0.11
ME/QA-rCh60-SH (1:1)	0.03	0.02
ME/QA-rCh60-SH (1:10)	0.06	0.07
ME/QA-rCh60-SH (1:20)	0.09	0.07
ME/NP-QA-rCh60	0.86	0.41
ME/NP-QA-rCh60-SH	1.97	0.86
ME + BSM	6.17	5.64
ME/NP-QA-rCh60 + BSM	8.17	7.39
ME/NP-QA-rCh60-SH + BSM	9.00	9.50

167

168 The nanoparticulate arrangement of both chitosan derivatives favors the interaction with the drug,
169 since the normalized relaxation rates of aromatic protons of ME underwent a more sensitive
170 increase in binary mixtures containing empty nanoparticles in place of polymers (1:1 w/w, Table 1),
171 thus highlighting the importance of the supramolecular assembly in the interaction.

172 Once again, the interaction between ME and NPs mainly involves terminal tyrosine residue of the
173 pentapeptide (Table 1). Interestingly, a stronger interaction between ME and thiolated nanoparticles
174 was pointed out. By contrast the pentapeptide showed greater affinity for non-thiolated polymer
175 than it did for thiolated one (Table 1). It is noteworthy that largely hydrophobic dexamethasone 21-
176 phosphate showed enhanced affinity for thiolated polymers and non-thiolated nanoparticles
177 (Uccello-Barretta et al., 2014).

178

179 3.2. *Mucoadhesive properties*

180 In order to obtain information about the mucoadhesive properties of chitosan nanoparticles, ternary
181 mixtures containing bovine submaxillary mucin (BSM) were considered.

182 In ternary mixtures containing BSM and the nanoaggregates (Table 1), the normalized changes of
183 relaxation rates were not additive with respect to the values detected in corresponding binary
184 mixtures (ME/BSM and ME/NPs, Table 1). This data demonstrate the occurrence of NP/BSM
185 interactions, responsible for an increase of ME affinity for NP/BSM supramolecular aggregates
186 with respect to NPs or BSM.

187

188 3.3. *Release analysis*

189 ME release from loaded nanoparticles (1.57 mM ME) in water solution was followed directly into
190 the NMR tube over 24 h. The released amount was calculated on the basis of the changes of H2
191 proton integrated area, by using as reference for the quantitative analysis a sample of ME with
192 known concentration. In Table 2 the percentage of free drug found in each sample is reported.

Table 2- Percentage of ME released from loaded nanoparticles (600 MHz, D₂O pH = 7.4, 25 °C)

	ME (mM)	
	t ₀	24 h
NP-QA-rCh60	63 %	64 %
NP-QA-rCh60-SH	71 %	71 %

193

194 Since the encapsulation efficiency was about 30% (Fabiano et al., 2015) and ME unencapsulated
195 had not been removed from the NP, NMR data (Table 2) demonstrates that ME amounts at t₀ is in
196 agreement with the amount of unencapsulated ME and remains nearly unchanged after 24 hours.
197 These release data are in agreement with the dialysis experiments performed by Fabiano et al.
198 (2015), which indicated that no release of ME from loaded nanoparticles occurs in the first 24
199 hours, thus suggesting a very good stability of the corresponding formulations over that time. It is
200 noteworthy that many researchers have reported that chitosan and its derivatives are biodegraded in
201 the body by several enzymes including lysozyme that is present throughout the body (Ren, Yi,
202 Wang, & Ma, 2005). We hypothesized that drug release could begin with the polymer
203 biodegradation. Therefore the supramolecular systems NP-QA-rCh60 and NP-QA-rCh60-SH are
204 able to shield the peptide from aminopeptidase activity to a significant extent to improve its ocular
205 bioavailability (Fabiano et al., 2015).

206

207

4. Conclusions

208 NMR spectroscopy constitutes a remarkably valuable non-invasive technique for ascertaining
209 several relevant features of pharmaceutical formulations, spanning from drug to polymer or
210 nanoparticles affinities till to mucoadhesive properties and release profiles. Regarding the properties
211 of chitosan derivatives, we demonstrated that hydrophilic drugs have low affinity for derivatized
212 chitosan polymers in comparison to hydrophobic ones (Uccello-Barretta et al., 2014). However, the
213 polymer assembly in nanoaggregated structures strongly affects drug to polymer interaction
214 processes, leading to enhanced affinities. This effect is particularly pronounced in the case of
215 ME/thiolated nanoparticles system. It is noteworthy that, for hydrophobic dexamethasone 21-

216 phosphate, an enhanced affinity with respect to polymer was pointed out for non-thiolated
217 nanoparticles.

218 As a clear demonstration of their mucoadhesive properties, both kind of nanoparticles interact with
219 mucin, by forming supramolecular aggregates that favor the interaction with the drug.

220 Release analysis of loaded nanoparticles, directly performed into the NMR tube, showed that,
221 already at the beginning of release processes, more than half of drug is present as free compound,
222 thus suggesting that, during the encapsulation, a relevant amount of drug strongly interacts with the
223 external surface of the nanoaggregates, accordingly to the effect of supramolecular assembly on
224 interaction processes.

225

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