

1           **Extra-ocular muscle cells from patients with Graves' ophthalmopathy secrete**  
2            **$\alpha$  (CXCL10) and  $\beta$  (CCL2) chemokines under the influence of cytokines,**  
3           **that are modulated by PPAR $\gamma$**

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31  
32          **Running Title:** CXCL10 and CCL2 in Graves' ocular myopathy

33

33 **Abstract**

34 To our knowledge, no study has evaluated the involvement of T helper (Th)1- and Th2-  
35 chemokines in extra-ocular muscle (EOM) myopathy in “patients with thyroid-associated  
36 ophthalmopathy” (TAO-p).

37 We tested the effects of interferon (IFN) $\gamma$  and tumor necrosis factor (TNF) $\alpha$  stimulation, and  
38 of increasing concentrations of peroxisome proliferator-activated receptor (PPAR) $\gamma$  agonists  
39 (pioglitazone or rosiglitazone; 0.1  $\mu$ M-20  $\mu$ M), on Th1-chemokine [C-X-C motif ligand  
40 (CXCL)10] and Th2-chemokine [C-C motif ligand (CCL)2] secretion in primary EOM  
41 cultures from TAO-p vs. control myoblasts. Moreover, we evaluated serum CXCL10 and  
42 CCL2 in active TAO-p with prevalent EOM involvement (EOM-p) vs. those with prevalent  
43 orbital fat expansion (OF-p).

44 Serum CXCL10 was higher in OF-p and EOM-p vs. controls, while serum CCL2 was not  
45 significantly different in controls, or in OF-p and EOM-p. We showed the expression of  
46 PPAR $\gamma$  in EOM cells. In primary EOM cultures from TAO-p: a) CXCL10 was undetectable  
47 in the supernatant, IFN $\gamma$  dose-dependently induced it, whereas TNF $\alpha$  did not; b) EOM  
48 produced basally low amounts of CCL2, TNF $\alpha$  dose-dependently induced it, whereas IFN $\gamma$   
49 did not; c) the combination of TNF $\alpha$  and IFN $\gamma$  had a significant synergistic effect on  
50 CXCL10 and CCL2 secretion; d) PPAR $\gamma$  agonists have an inhibitory role on the modulation  
51 of CXCL10, while stimulated CCL2 secretion.

52 EOM participate in the self-perpetuation of inflammation by releasing both Th1 (CXCL10)  
53 and Th2 (CCL2) chemokines under the influence of cytokines, in TAO. PPAR $\gamma$  agonists  
54 activation plays an inhibitory role on CXCL10, but stimulates the release of CCL2.

55

56 **Keywords:** CXCL10; CCL2; Graves’ ophthalmopathy; extra-ocular muscles; chemokines

57

57 **1. Introduction**

58 During thyroid-associated ophthalmopathy (TAO) orbital tissues become inflamed and are  
59 remodeled. TAO occurs with a variable presentation: in some patients, extra ocular muscles  
60 (EOM) enlargement predominates, while in others, the connective/adipose tissue enlargement  
61 appears the most significant problem, or both EOM and the connective/adipose tissue are  
62 involved.

63 The frequency of EOM involvement and diplopia in patients with Graves' disease (GD) [1]  
64 ranges from 5–10% [2] to 49% of the patients [3]. There is also a minority of patients whose  
65 endocrine orbitopathy consists almost only of involvement of the EOM [4].

66 A complex interplay among orbital fibroblasts, myocytes, immune cells, cytokines,  
67 autoantibodies, genetics and environmental factors cause the dramatically enlarged EOM and  
68 increased orbital fat (OF) in TAO [5]. However, clear and indisputable identification of a  
69 target antigen has not been established. In this scenario, autoantibodies specific for fibroblast  
70 surface TSH-receptor (TSH-r) and IGF-1 receptor (IGF-1r) are proposed initiators of orbital  
71 inflammation [5]. Interestingly, TSH-r protein is expressed also in EOM [6]. However,  
72 increased TSH-r and IGF-1r expression occurs with adipogenesis, providing an alternative,  
73 non-causative explanation for their presence in TAO orbits [5, 7].

74 The nature and significance of antibodies targeting EOM and orbital connective tissue (OCT)  
75 antigens have also been studied by other studies, suggesting that autoimmunity against the  
76 EOM antigen calsequestrin and the OCT antigen collagen XIII has an important role in the  
77 pathogenesis of TAO [8, 9], or that eye-muscle stimulating antibodies were demonstrable in  
78 sera of patients with TAO [10].

79 EOM participate in the pathogenesis of inflammation producing cytokines, whatever the  
80 primary target antigen. In fact, interferon (IFN) $\gamma$ , tumor necrosis factor (TNF) $\alpha$ , interleukin  
81 (IL)-1beta, and IL-6 mRNA were mainly detected in EOM tissue [11], suggesting that T

82 helper (Th)1-like cytokines predominate in EOM tissue in most patients, probably playing a  
83 role on the development of eye muscle component of TAO in the acute stage [12].  
84 Recent data have shown that C-X-C  $\alpha$ -chemokines (Th1), in particular chemokine (C-X-C  
85 motif) ligand (CXCL)9, CXCL10 and CXCL11, play an important role in the initial phases of  
86 autoimmune disorders [13-15]. Serum CXCL10 levels are increased in GD, especially in  
87 patients with active disease, and the CXCL10 decrease after thyroidectomy [16] or after  
88 radioiodine [17] shows that it is more likely to have been produced inside the thyroid gland.  
89 Furthermore, patients with newly diagnosed autoimmune thyroiditis show increased serum  
90 CXCL10, in particular in the presence of a more aggressive thyroiditis and hypothyroidism  
91 [13, 14, 18].

92 The secretion of CXCL10, CXCL9 and CXCL11 in primary cultures of TAO fibroblasts and  
93 preadipocytes can be stimulated by IFN $\gamma$ , and TNF $\alpha$  [19], suggesting that these cells  
94 participate in the self-perpetuation of inflammation by releasing chemokines (under the  
95 influence of cytokines) and inducing the recruitment of activated T cells in the thyroid. The  
96 IFN $\gamma$ -stimulated C-X-C chemokine secretion was significantly inhibited treating orbital cells  
97 with peroxisome proliferator-activated receptor (PPAR) $\gamma$  activators, at near-therapeutical  
98 doses, strongly suggesting that PPAR $\gamma$  might be involved in the regulation of IFN $\gamma$ -induced  
99 chemokine expression in TAO [19].

100 Until now, no study has evaluated the chemokines expression in EOM in TAO. We aimed to:  
101 1) compare serum CXCL10 and chemokine [C-C motif ligand (CCL)2] levels in patients with  
102 active TAO (TAO-p) with prevalent EOM involvement (EOM-p) in comparison with those  
103 with prevalent OF expansion (OF-p); 2) test the effect of IFN $\gamma$  and/or TNF $\alpha$  stimulation on  
104 the secretion of the prototype Th1 (CXCL10), and Th2 (CCL2) chemokines in primary  
105 cultures of orbital EOM myoblasts; 3) assess the effect of PPAR $\gamma$  activation on CXCL10 and  
106 CCL2 secretion in EOM myoblasts.

107

## 108 **2. Materials and Methods**

### 109 **2.1 In vivo studies**

#### 110 ***2.1.1 Patients***

111 We selected 26 consecutive Caucasian patients with GD and with active TAO and 26 age- and  
112 sex-matched controls from our outpatient clinic (**Table 1**). The selection criteria included the  
113 presence of exophthalmos, and: 1) expansion of OF, without evident EOM at orbital  
114 computed tomography (CT); 2) EOM muscle enlargement without OF expansion at CT; 3) all  
115 mixed forms (presence of both, OF expansion and EOM enlargement, were excluded). The  
116 diagnosis of GD was established from the clinical presentation [20].

117 All TAO-p were clinically euthyroid on antithyroid drugs (16 patients), levo-thyroxine (6  
118 patients) or spontaneously (4 patients), at the time of evaluation and eye disease activity was  
119 assessed by the Clinical Activity Score [20]. A score of 5 (maximal score=10), including a  
120 worsening over the previous 2 months, was considered indicative of active TAO. Inactive eye  
121 disease was defined as no changes in eye status over the previous 6 months. Considering these  
122 26 patients, 21 had never received immunosuppressive therapy, 3 had been previously treated  
123 with corticosteroids, 1 with orbital irradiation, and 1 with both; a median of 11 months (range  
124 6-42) had elapsed from the end of treatment. Total Eye Score was calculated as the sum of the  
125 products of each NOSPECS class by its grade (to this purpose, we substituted 1, 2 and 3,  
126 respectively, for grades a, b and c) [20]. We recorded the duration of both the eye and the  
127 thyroid disease since their first signs and symptoms.

#### 128 ***2.1.2 Controls***

129 We enrolled a control group of 26 sex- and age ( $\pm 5$  years)-matched subjects extracted from a  
130 random sample of the general population from the same geographic area of the patients, in  
131 whom the presence of thyroid disorders was excluded by a complete thyroid work-up [18].

132 A blood sample was collected in the morning after an overnight fasting, and serum was kept  
133 frozen until the measurement of thyroid hormones, thyroid autoantibodies, CXCL10 and  
134 CCL2, in both patients and controls. All study subjects gave their informed consent to  
135 participate in the study, which was approved by the local Ethical Committee.

136

## 137 **2.2 In vitro studies**

138 We investigated the effects of IFN $\gamma$ , TNF $\alpha$  and PPAR $\gamma$  agonists on the release of CXCL10  
139 and CCL2 in primary cultures of human myoblasts.

### 140 **2.2.1 Human myoblasts cultures**

141 EOM samples were obtained from 5 patients operated on for EOM repair or decompression  
142 (all previously treated with antithyroid medication and systemic corticosteroids, euthyroid at  
143 the time of surgery; none treated with orbital radiotherapy). Control myoblasts were obtained  
144 from M. rectus abdominis in 5 patients undergoing abdominal surgery. Human skeletal muscle  
145 cells were prepared as previously reported [21].

146 Cells were isolated from EOM, or M. rectus abdominis, with trypsin followed by a  
147 purification step with fibroblast-specific magnetic beads to prevent contamination with  
148 fibroblasts. After two passages, the myoblasts were characterized by the manufacturer  
149 (PromoCell, VWR International PBI S.r.l., Milan, Italy) using immunohistochemical detection  
150 of sarcomeric myosin in differentiated cultures at 100% confluence (8 days). These cells were  
151 grown to confluence in 25 cm<sup>2</sup> flasks, trypsinized, and subsequently 1x10<sup>6</sup> cells were seeded  
152 in 75 cm<sup>2</sup> flasks. After two passages, 5–7.5 x 10<sup>7</sup> cells were harvested and stored until further  
153 use as frozen aliquots containing 2x10<sup>6</sup> myoblasts. For each experiment, 10<sup>5</sup> cells per well  
154 were seeded in six-well culture plates and cultured in  $\alpha$ -modified Eagle's/Ham's F-12  
155 medium containing Skeletal Muscle Cell Growth Medium Supplement Pack (PromoCell) to  
156 near confluence. The cells were then differentiated and fused by culture in modified Eagle's

157 medium supplemented with 2% fetal calf serum (FCS) for 7 days. The myocytes were  
158 cultured in differentiation medium without FCS for 24 h before being used for any experiment  
159 [21].

### 160 **2.2.2 CXCL10 and CCL2 secretion assay**

161 We seeded 3000 cells onto 96-well plates in growth medium and after 24 h the growth  
162 medium was removed and cells were accurately washed in phosphate-buffered saline, and  
163 incubated in phenol red and serum-free medium. Cells were treated with IFN $\gamma$  (R&D Systems,  
164 Minneapolis, MN, USA; 0, 500, 1000, 5000, 10000 IU/mL) and 10 ng/mL TNF $\alpha$  (R&D  
165 Systems), alone or in combination [19], for 24 h. The concentration of TNF $\alpha$  was selected in  
166 preliminary experiments to yield the highest responses. Then, the supernatant was removed  
167 and frozen at  $-20^{\circ}\text{C}$  until assays.

168 Moreover, cells were stimulated with IFN $\gamma$  (1000 IU/mL) and TNF $\alpha$  (10 ng/mL) for 24 h in  
169 the absence or presence of increasing concentrations (0, 0.1, 1, 5, 10, 20  $\mu\text{M}$ ) of the pure  
170 PPAR $\gamma$  agonists, rosiglitazone (RGZ, GlaxoSmithKline, Brentford, UK), or pioglitazone  
171 (Alexis Biochemicals, Lausen, Switzerland). Conditioned medium was assayed by enzyme-  
172 linked immunosorbent assay (ELISA) for CXCL10 and CCL2 concentrations. All  
173 experiments were repeated 3 times with the 10 different cell preparations.

### 174 **2.2.3 Cell cultures and PPAR $\gamma$ agonists treatment**

175 Myoblasts were treated with 0.1, 1, 5, 10, or 20  $\mu\text{M}$  RGZ or pioglitazone for 24 h, while  
176 control cultures were grown in the same medium containing vehicle (absolute ethanol, 0.47%  
177 v/v) without RGZ or pioglitazone for 24 h. Some cultures were examined by phase contrast  
178 microscopy by an Olympus IX50 light microscope (New Hyde Park, NY).

179 For quantitation of total protein in cell preparations, lysis and homogenization were performed  
180 and the sample was assayed for its protein concentration by conventional methods [19].

### 181 **2.2.4 ELISA for CXCL10 and CCL2**

182 CXCL10 and CCL2 levels were measured in serum and culture supernatants, by a quantitative  
183 sandwich immunoassay with a commercially available kit (R&D Systems). The mean  
184 minimum detectable dose for CXCL10 was 1.35 pg/mL; the intra- and inter-assay coefficients  
185 of variation were 3.1% and 6.8%. The mean minimum detectable dose for CCL2 was 4.6  
186 pg/mL; the intra- and inter-assay coefficients of variation were 4.6% and 5.7%. Quality  
187 control pools of low, normal, or high concentration for all parameters were included in each  
188 assay.

### 189 ***2.2.5 Reverse transcription-polymerase chain reaction (RT-PCR) for PPAR $\gamma$***

190 Total RNA from the cells was extracted with the RNeasy Mini reagent kit according to the  
191 manufacturer's recommendations (QIAGEN S.r.l., Milan, Italy). TaqMan Reverse  
192 Transcription Reagents kit and Universal PCR Master Mix were from Applied Biosystems -  
193 Life Technologies (Grand Island, NY, USA). Quantitative PCR human reference total RNA  
194 was purchased from Stratagene (La Jolla, CA, USA). Primers and probes for PPAR $\gamma$  were  
195 from Applied Biosystems (TaqMan Gene Expression Assay; Hs00234592\_m1). Total RNA  
196 (400 ng) was reverse transcribed using TaqMan Reverse Transcription Reagents kit as  
197 reported previously [22]. The amount of target, normalized to the endogenous reference  
198 glyceraldehyde 3-phosphate dehydrogenase (GAPDH) (Pre-Developed TaqMan Assay  
199 Reagents, Applied Biosystems) and relative to a calibrator (Quantitative PCR human  
200 reference total RNA), was given by  $2^{-\Delta\Delta Ct}$  calculation [22].

201

### 202 **2.3 Data analysis**

203 Values are given as mean $\pm$ standard deviation (SD) for normally distributed variables,  
204 otherwise as median and [interquartile range]. Mean group values were compared by using  
205 analysis of variance (ANOVA) for normally distributed variables, otherwise by the Mann-



206 Whitney *U* or Kruskal-Wallis test. Proportions were compared by the  $\chi^2$  test. *Post-hoc*  
207 comparisons of normally distributed variables were performed with the Bonferroni-Dunn test.

208

### 209 **3. Results**

#### 210 **3.1 In vivo studies**

211 Serum CXCL10 levels were higher in both OF-p and EOM-p, than in controls (**Fig. 1A**),  
212 however no significant difference was observed between OF-p and EOM-p. Serum CCL2  
213 levels were not significantly different in controls, or in both OF-p and EOM-p (**Fig. 1B**).

214

#### 215 **3.2 In vitro studies**

216 In primary EOM cell cultures, CXCL10 was undetectable in the supernatant, IFN $\gamma$  dose-  
217 dependently induced its release (**Fig. 2A**), while TNF $\alpha$  alone had no effect. The combination  
218 of IFN $\gamma$  (1000 IU/mL) and TNF $\alpha$  (10 ng/mL) had a significant synergistic effect on CXCL10  
219 secretion (2644  $\pm$  114 vs. 205  $\pm$  43 pg/mL with IFN $\gamma$  alone,  $P < 0.0001$ ) (**Fig. 2B**).

220 PPAR $\gamma$  mRNAs were detectable in all primary EOM cells. PPAR $\gamma$  expression vs. the  
221 reference gene (GAPDH) ranges from 0.39 to 1.11 in EOM cells and from 0.21 to 2.03 in  
222 control muscle cells.

223 Treating EOM cells with RGZ (**Fig. 3A**), or pioglitazone (**Fig. 3B**), in combination with the  
224 IFN $\gamma$ +TNF $\alpha$  stimulation, dose-dependently inhibited CXCL10 release. RGZ or pioglitazone  
225 alone had no effect and did not affect cell viability or total protein content (data not shown).

226 Regarding the CXCL10 secretion, the results obtained in muscle cells from M. rectus  
227 abdominis tissue (data not shown) were not statistically different from those obtained in EOM  
228 cells.

229 In primary EOM cells, CCL2 was detectable in the supernatant, TNF $\alpha$  dose-dependently  
230 induced CCL2 release (**Fig. 4A**), while IFN $\gamma$  alone had no effect. The combination of TNF $\alpha$

231 and IFN $\gamma$  had a significant synergistic effect on CCL2 secretion ( $2760 \pm 247$  vs.  $611 \pm 53$   
232 pg/mL with TNF $\alpha$  alone,  $P < 0.0001$ ) (**Fig. 4B**).

233 Treating EOM cells with RGZ (**Fig. 5A**), or pioglitazone (**Fig. 5B**), in combination with the  
234 IFN $\gamma$ +TNF $\alpha$  stimulation, dose-dependently stimulated CCL2 release.

235 Regarding the CCL2 secretion, the results obtained in muscle cells from M. rectus abdominis  
236 tissue (data not shown) were not statistically different from those obtained in EOM cells.

237

#### 238 **4. Discussion**

239 The increased levels of CXCL10 in active TAO agree with previous studies that showed a  
240 predominant involvement of Th1 cytokines in GD and TAO [23, 24]. In fact, it has been  
241 shown that the active phase in TAO is characterized by the presence of proinflammatory and  
242 Th1-derived cytokines, while other cytokines, among them Th2-derived cytokines, do not  
243 seem to be associated with a specific stage of TAO [24]. These results are in agreement with  
244 those observed in a previous study showing that serum CXCL10 levels are increased in TAO-  
245 p, especially in patients with active disease [19].

246 The increase in CXCL10 concentrations was unrelated to hyperthyroidism *per se*, as all our  
247 patients were clinically euthyroid at the time of the study. CXCL10 levels were similar in OF-  
248 p and EOM-p, both in the active phase of the disease, but higher than in normal controls,  
249 suggesting that CXCL10 is involved in the active phase of TAO, during which the  
250 inflammatory process is sustained by Th1-mediated immune responses, independently from  
251 the prevalent involvement of OF or EOM.

252 A switch from a Th1 to Th2 phenotype appears to occur in TAO, in line with a previous report  
253 showing that lymphocytes obtained from orbital tissue of TAO-p had a prevalent Th1 profile,  
254 whereas patients with remote-onset hyperthyroidism had a large majority of Th2 lymphocytes  
255 [23].

256 This phenomenon has been reported in other long-standing autoimmune diseases. In multiple  
257 sclerosis simultaneous measurements of CXCL10 in the serum and cerebrospinal fluid  
258 showed elevated CXCL10 levels in acute phase, recent-onset disease or during exacerbations,  
259 suggesting a pathogenetic role for the chemokine in mediating relapse [25]. The prognostic  
260 value of increased, or rising, CXCL10 levels in patients with TAO remains to be established.  
261 The difference between active and inactive TAO is the presence of a lymphocytic infiltrate  
262 [26]; therefore the increased production of CXCL10 might be sustained by orbital  
263 lymphocytes. However, our *in vitro* studies demonstrate that CXCL10 can be produced by  
264 non-lymphoid cells in the orbit. In fact, we have previously shown that both fibroblasts and  
265 preadipocytes from TAO-p secreted CXCL10 stimulated with increasing doses of IFN $\gamma$ , and  
266 that the combination of IFN $\gamma$  and TNF $\alpha$  synergistically increased CXCL10 secretion [20].  
267 In this study we first show that EOM cells secrete CXCL10 when stimulated with increasing  
268 doses of IFN $\gamma$ , and the combination of IFN $\gamma$  and TNF $\alpha$  synergistically increases CXCL10  
269 secretion. These results agree with previous studies showing that the idiopathic inflammatory  
270 myopathies (dermatomyositis, polymyositis and sporadic inclusion body myositis) are  
271 associated with CXCL10 upregulation [27]. A significant increase in CXCL10 and chemokine  
272 (C-X-C motif) receptor (CXCR)3 mRNA levels in both thymus and muscle was observed also  
273 in myasthenic patients [28]. Moreover, another study reported that IFN $\gamma$  upregulated the  
274 mRNA expression of CXCL9 and CXCL10 by human myotubes in a dose-dependent manner  
275 [29]. It has been also recently shown that human fetal cardiomyocytes secreted CXCL10 in  
276 response to IFN $\gamma$  and TNF $\alpha$ , and that this effect was magnified by cytokine combination [30].  
277 Different types of normal mammalian cells, as endothelial cells, thyrocytes [20], fibroblasts  
278 [20], and others, can release IFN $\gamma$ -inducible C-X-C chemokines. However, these cells do not  
279 produce the C-X-C chemokines in basal condition, but only after the stimulation by cytokines,  
280 such as IFN $\gamma$  and TNF $\alpha$ , that are secreted in a Th1 type inflammatory site, such as the orbit at

281 the beginning of TAO, by Th1 activated lymphocytes. This process has been suggested to be  
282 involved in the initiation and the perpetuation of the inflammation in several autoimmune  
283 diseases, and on the basis of our results can be applied to the orbit in TAO, too.

284 IFN $\gamma$  stimulated EOM to express human leukocyte antigen (HLA)-DR. EOM cells treated  
285 with IFN $\gamma$  were more susceptible to lysis in antibody dependent cell-mediated cytotoxicity  
286 assays than untreated targets [31]. It could be hypothesized that chemokines might be  
287 important in the above mentioned immune process.

288 PPAR $\gamma$  modulate inflammatory responses in many kinds of cells: endothelial cells, thyrocytes,  
289 fibroblasts, preadipocytes [17, 19, 32], and in others. Furthermore, the role of PPAR $\gamma$  has been  
290 shown to be of importance in TAO; in fact, the IFN $\gamma$ -stimulated CXCL9, CXCL10 and  
291 CXCL11 [19, 20, 22] secretion was significantly inhibited treating thyroid follicular cells,  
292 orbital fibroblasts or preadipocytes with a pure PPAR $\gamma$  activator, RGZ, strongly suggesting  
293 that PPAR $\gamma$  might be involved in the regulation of IFN $\gamma$ -induced chemokine expression in  
294 human thyroid autoimmunity and TAO.

295 In this study we have shown the expression of PPAR $\gamma$  in EOM cells. Furthermore, the results  
296 of our study are the first to demonstrate that the IFN $\gamma$ -stimulated CXCL10 secretion was  
297 significantly inhibited by the treatment of EOM with two pure PPAR $\gamma$  activators, RGZ and  
298 pioglitazone. The drug concentrations were selected on the basis of their near therapy doses (5  
299  $\mu$ M for RGZ and pioglitazone) according to their pharmacokinetics ( $C_{max}$  and area under the  
300 time-concentration curve, AUC) [19]. These results strongly reinforce the hypothesis that  
301 PPAR $\gamma$  might be involved in the regulation of the IFN $\gamma$ -induced chemokine expression in  
302 human thyroid autoimmunity and TAO.

303 Regarding the mechanism of these actions, PPAR $\gamma$  activators may act in different way. For  
304 example, by decreasing CXCL10 promoter activity and inhibiting protein binding to the two  
305 nuclear factor-kB (NF-kB) sites [17, 19], or reducing CXCL10 protein levels in a dose-

306 dependent manner at concentrations (nanomolar) that did not affect mRNA levels or NF-kB  
307 activation. This effect is not only mediated by activating the NF-kB and Stat1 classic  
308 pathways, but also involves a rapid increase in phosphorylation and activation of ERK1/2  
309 [33].

310 The role of CCL2 in TAO is not yet completely clear. A first study showed that the expression  
311 of CCL2 was higher in orbital fat of TAO patients than in controls [34]. The expression of  
312 CCL2 in TAO fibroblasts was upregulated treating cells with CD154, the ligand for CD40,  
313 which failed to do so in control cultures [35]. Moreover, CCL2 production by orbital  
314 fibroblasts was increased by platelet-derived growth factor-BB stimulation [36]. To the best of  
315 our knowledge, this study first shows that IFN $\gamma$  and TNF $\alpha$  induce CCL2 secretion in EOM  
316 cells. These results comply with the ones of previous studies in skeletal muscle cells, that  
317 showed that IFN $\gamma$  and TNF $\alpha$  were able to induce CCL2 secretion [37], which was involved in  
318 the immune response in idiopathic inflammatory myopathies [27].

319 PPAR $\gamma$  activators have been shown to be able to suppress CCL2 expression in various cell  
320 types, such as astrocytes and monocytes, via different pathways (mitogen-activated protein  
321 kinase phosphatase-1, Toll-like receptor) [38, 39]. However, until now, no study has evaluated  
322 the effect of PPAR $\gamma$  agonists on CCL2 secretion in skeletal and EOM muscles. Moreover, we  
323 have recently shown that PPAR $\gamma$  agonists may have different effects in normal thyroid cells  
324 (inhibiting CXCL10 secretion), or in papillary thyroid cancer cells (stimulating CXCL10),  
325 suggesting that other pathways could be implicated in the PPAR $\gamma$  regulation of chemokine  
326 secretion, that remain to be investigated [40]. According to our data, it could be hypothesized  
327 that PPAR $\gamma$  agonists (that have an inhibitory role on the secretion of the Th1 CXCL10  
328 chemokine, while stimulated the Th2 CCL2 chemokine) may be involved during the  
329 progression of the disease in the switch from a prevalent Th1 immune response, in the first

330 phase of the disease, to a prevalent Th2 immunity, in the later phases. However, other studies  
331 are needed to evaluate this point.

332 Recently, it has been shown that RGZ was associated with an increased risk of stroke, heart  
333 failure, and all-cause mortality in elderly patients [41], and the European Medicines Agency  
334 (EMA) recommended on September 2010 that RGZ be suspended from the European market.  
335 More recently, EMA extended review of safety to pioglitazone [42]. Even if these arguments  
336 cannot be automatically translated in TAO field, they do not advice PPAR $\gamma$  agonists for the  
337 therapy of TAO.

338

339 In conclusion, CXCL10 serum levels were confirmed to be higher than in control subjects in  
340 the active phase of TAO, without any significant difference between OF-p and EOM-p.

341 Moreover, the present study first shows that primary EOM cells from patients with TAO  
342 produce both Th1 (CXCL10) and Th2 (CCL2) chemokines, under the influence of IFN $\gamma$   
343 and/or TNF $\alpha$ , and may participate in the inflammatory process present in the orbit of patients  
344 with TAO. PPAR $\gamma$  expression has been shown in EOM cells and PPAR $\gamma$  agonists have an  
345 inhibitory role on the modulation of CXCL10, while stimulated CCL2 chemokine secretion,  
346 suggesting a possible role in the switch from Th1 to Th2 immunity.

347

#### 348 **Take-home messages:**

349

- 350 • We demonstrate elevated serum CXCL10 levels in the active phase of TAO
- 351 • Primary EOM cells, of TAO patients, treated with IFN $\gamma$  and TNF $\alpha$ , release chemokines
- 352 • We have shown the PPAR $\gamma$  expression in EOM cells
- 353 • PPAR $\gamma$  agonists inhibit CXCL10, but stimulate CCL2, in EOM
- 354 • EOM cells are involved in the inflammatory process in the orbit of TAO patients

355

355 **References**

356

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487

488

488 **Disclosure Statement:** The authors disclose any actual or potential conflict of interest  
489 including any financial, personal or other relationships with other people or organizations  
490 within three years of beginning the submitted work that could inappropriately influence, or be  
491 perceived to influence, their work.

492 **Submission declaration:** The work described has not been published previously and it is not  
493 under consideration for publication elsewhere.

494 **Role of the funding source:** The authors have nothing to declare.

495

495 **Authorship:**

496 Alessandro Antonelli, Silvia Martina Ferrari and Poupak Fallahi made substantial contribution  
497 in the conception and design of the study and in drafting the article. Alda Corrado, Stefano  
498 Sellari Franceschini and Stefania Gelmini made substantial contribution in the acquisition and  
499 analysis and interpretation of data. Ele Ferrannini revised the paper critically for important  
500 intellectual content. All Authors gave the final approval of the version to be submitted.

501

502

502 **Table 1. Characteristics of patients with active Graves' ophthalmopathy:** patients with  
 503 prevalent orbital fat expansion (OF), or with prevalent extra-ocular muscle (EOM)  
 504 involvement.

	OF	EOM	<i>P</i>
n	16	10	
Sex (M/F)	4/12	3/7	ns
Age (years)	40 ± 10	36 ± 12	ns
Smoking (no/yes)	7/9	5/5	ns
Duration GO (months)	7 (1-32)	5 (1-29)	0.001
Duration thyroid disease (months)	8 (2-39)	8 (1-44)	0.001
TSH (mIU/L)	1.1 ± 2.4	1.4 ± 1.3	ns
Free T <sub>3</sub> (FT <sub>3</sub> ) pg/mL (pmol/L)	3.7 ± 2.3 (5.7 ± 3.5)	3.9 ± 2.2 (6 ± 3.4)	ns
Free T <sub>4</sub> (FT <sub>4</sub> ) ng/dL (pmol/L)	1.4 ± 0.9 (18 ± 11.6)	1.2 ± 1.5 (15.4 ± 19.3)	ns
Anti-thyroid peroxidase antibodies (AbTPO) (kIU/L)	342 ± 276	297 ± 314	ns
Anti-thyroglobulin antibodies (AbTg) (kIU/L)	325 ± 529	187 ± 372	ns
Anti-thyrotropin receptor autoantibodies (TRAb) (kIU/L)	21 ± 42	32 ± 39	ns
Past immunosuppression (no/yes)	13/3	9/1	ns
Clinical Activity Score	5.3 ± 1.9	6.7 ± 1.6	ns
Total Eye Score	23.0 ± 7.2	25.4 ± 8.7	ns

505

505 **Figure Captions**

506 **Figure 1.** Serum CXCL10 and CCL2 levels in patients with active GO or controls. Serum  
507 CXCL10 levels were higher in both patients with active GO with prevalent OF expansion (OF  
508 patients) and with prevalent EOM involvement (EOM patients) than in controls ( $P < 0.01$ ,  
509 ANOVA, for both) (**A**), however no significant difference was observed between OF patients  
510 and EOM patients. Serum CCL2 levels were not significantly different in controls, or in both  
511 OF patients and EOM patients (**B**). The box indicates the lower and upper quartiles and the  
512 central line is the median value; the horizontal lines at the end of the vertical lines are the  
513 2.5% and 97.5% values. \* =  $P < 0.05$  or less vs. controls by Bonferroni-Dunn test.

514

515 **Figure 2.** Stimulation of CXCL10 release from EOM cells by IFN $\gamma$  (1000 IU/mL) and TNF $\alpha$   
516 (10 ng/mL). CXCL10 release from EOM cells was absent under basal conditions (0) and was  
517 significantly stimulated by increasing doses of IFN $\gamma$  ( $P < 0.0001$ , by ANOVA) (**A**). Bars are  
518 mean $\pm$ SEM. \* =  $P < 0.05$  or less vs. 0 by Bonferroni-Dunn test. The combination of TNF $\alpha$   
519 and IFN $\gamma$  had a significant synergistic effect on CXCL10 secretion (\* =  $P < 0.0001$ , by  
520 ANOVA) (**B**).

521

522 **Figure 3.** CXCL10 secretion from EOM cells treated with rosiglitazone or pioglitazone.  
523 Treatment of EOM cells with rosiglitazone (**A**), or pioglitazone (**B**), added at the time of IFN $\gamma$   
524 (1000 IU/mL) and TNF $\alpha$  (10 ng/mL) stimulation, dose-dependently inhibited CXCL10  
525 release. Bars are mean $\pm$ SEM. \* =  $P < 0.05$  or less vs. 0, and  $\circ$  = not significantly different  
526 from the preceding dose by Bonferroni-Dunn test.

527

528 **Figure 4.** Stimulation of CCL2 release from EOM cells by IFN $\gamma$  (1000 IU/mL) and TNF $\alpha$  (10  
529 ng/mL). CCL2 release from EOM cells was present under basal conditions (0) and was



530 significantly stimulated by increasing doses of TNF $\alpha$  ( $P < 0.0001$ , by ANOVA) (**A**). Bars are  
531 mean $\pm$ SEM. \* =  $P < 0.05$  or less vs. 0 by Bonferroni-Dunn test. The combination of TNF $\alpha$   
532 and IFN $\gamma$  had a significant synergistic effect on CCL2 secretion (**B**). \* =  $P < 0.05$  or less vs.  
533 IFN $\gamma$  or TNF $\alpha$  by Bonferroni-Dunn test;  $^{\circ}$  =  $P < 0.05$  or less vs. IFN $\gamma$  by Bonferroni-Dunn  
534 test.

535

536 **Figure 5.** CCL2 secretion from EOM cells treated with rosiglitazone or pioglitazone.

537 Treatment of EOM cells with rosiglitazone (**A**), or pioglitazone (**B**), added at the time of IFN $\gamma$   
538 (1000 IU/mL) and TNF $\alpha$  (10 ng/mL) stimulation, dose-dependently stimulated CCL2 release.  
539 Bars are mean $\pm$ SEM. \* =  $P < 0.05$  or less vs. 0, and  $^{\circ}$  = not significantly different from the  
540 preceding dose by Bonferroni-Dunn test.

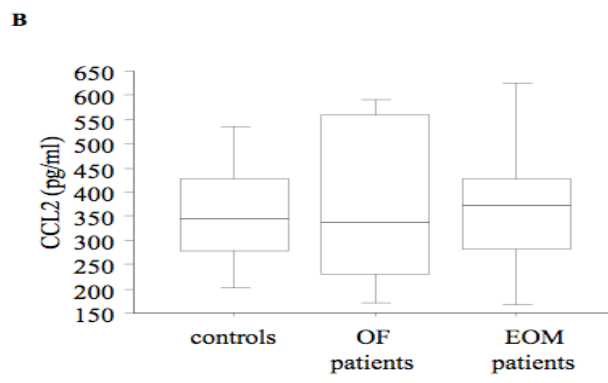
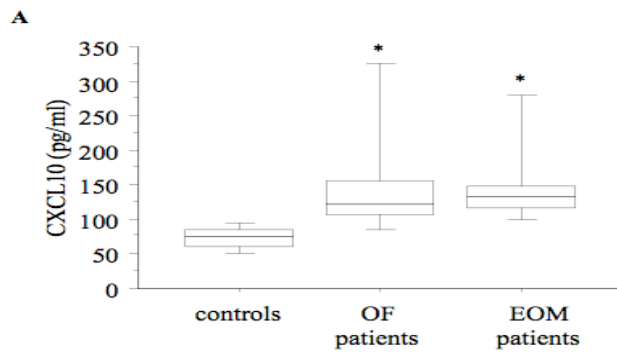
541

541 **Take-home messages:**

542

- 543 • We demonstrate elevated serum CXCL10 levels in the active phase of TAO
- 544 • Primary EOM cells, of TAO patients, treated with IFN $\gamma$  and TNF $\alpha$ , release chemokines
- 545 • We have shown the PPAR $\gamma$  expression in EOM cells
- 546 • PPAR $\gamma$  agonists inhibit CXCL10, but stimulate CCL2, in EOM
- 547 • EOM cells are involved in the inflammatory process in the orbit of TAO patients

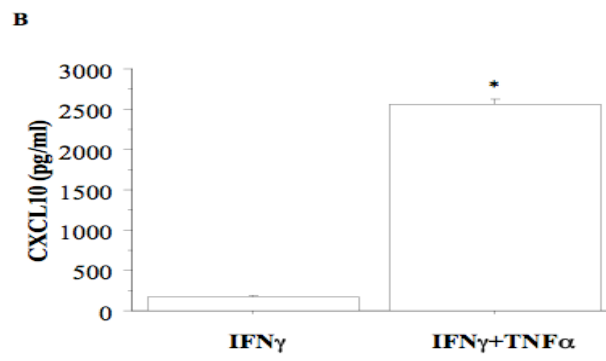
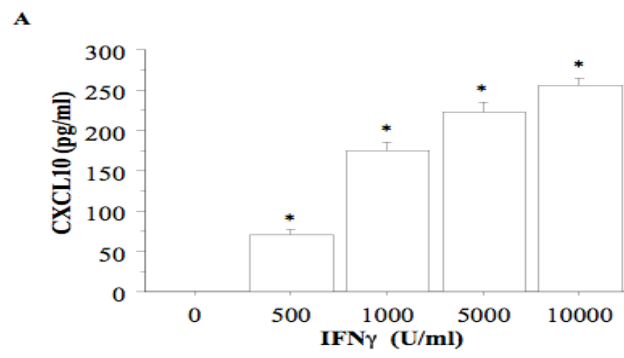
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**Figure 1**

548

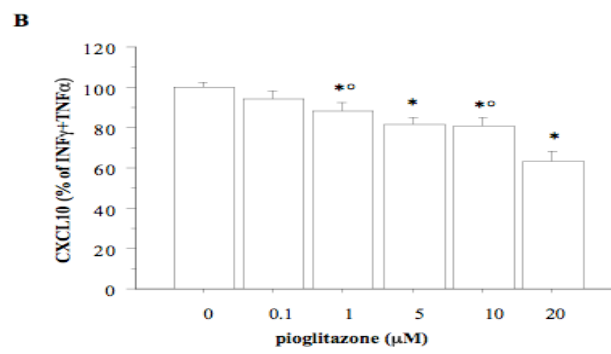
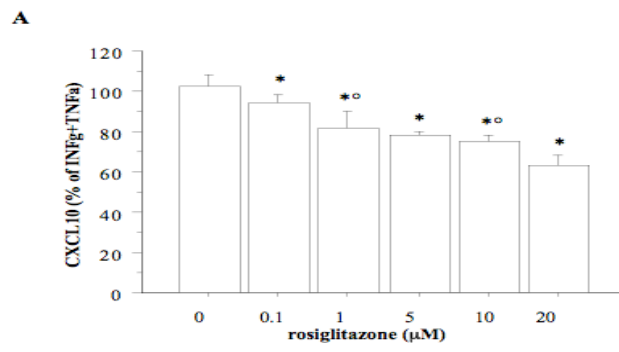
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**Figure 2**

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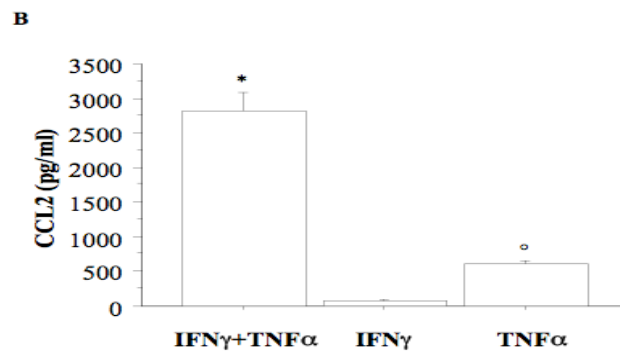
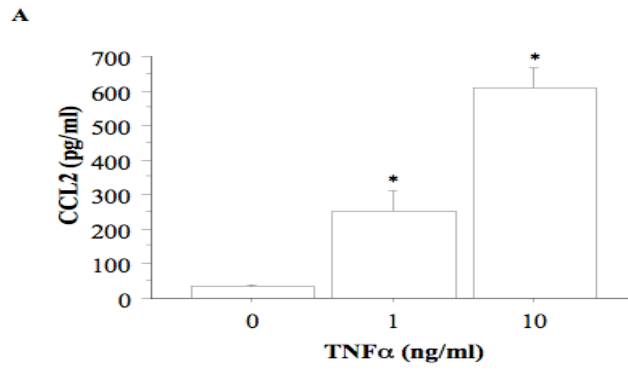
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**Figure 3**

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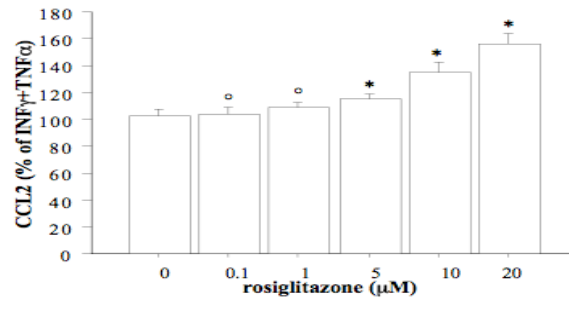


**Figure 4**

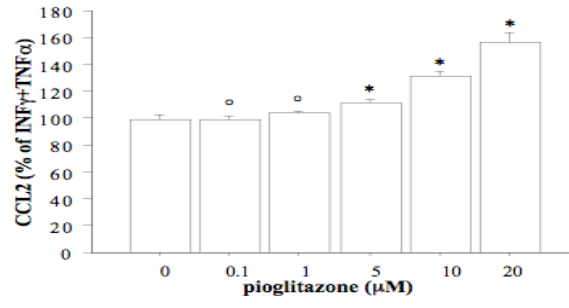
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**A**



**B**



**Figure 5**