Changes in donkey milk lipids in relation to season and lactation

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Abstract

In this study the fatty acid profile and morphometric characteristics of fat globules in Amiata donkey milk in relation to the lactation phase and production season have been evalutated.

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Individual donkey milk samplings were carried out monthly starting from 30 days of lactation until the 300th day.

The amount of fat and the diameter of the milk fat globules were fairly stable during lactation, whereas the number of globules / mL of milk decreased significantly only in the last phase of lactation. The fatty acid composition showed only a few changes during lactation, which consisted in a progressive decrease in the short chain fatty acids and an increasing trend in the monounsaturated fatty acids.

Winter milk showed a significantly larger average diameter, a lower number of fat globules / ml, lower ($P < 0.01$) percentages of short-chain saturated fatty acids and more ($P < 0.01$) long-chain and monounsaturated fatty acids. In addition, significantly lower percentages of C18: 0 and higher of palmitoleic, oleic and vaccenic acids were detected in the cooler season. In conclusion the lipid fraction of donkey milk did not show notable changes during lactation.

Eliminato: These findings could help milk producers to obtain a stable product for the market. ¶

Keywords: Amiata donkey, donkey milk quality, lactation, season, fatty acids, milk fat globules

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1. Introduction

Lipids have traditionally been considered to have a role in diet-related diseases such as overweight, obesity and other metabolic diseases (diabetes, ischemia, heart disease), which are increasingly widespread nowadays. Appropriate lifestyle and diet play an essential role in the prevention of metabolic diseases (WHO, 2012).

However, the optimal amount and type of fat in the diet for the maintenance of good health have not yet been clarified (Melanson et al., 2009). The European Food Safety Authority (EFSA, 2010) recommends in terms of daily intake, a quantity of lipids ranging from 20% and 35% of the energy in the diet and that the intake of saturated fatty acids should be as low as possible.

Several milk components such as proteins, calcium, and lactose may affect the lipid metabolism directly or indirectly, however the strongest impact on plasma lipids emerges from the intake of milk fat (Ohlsson, 2010).

Donkey milk is of particular interest in pediatric cases of food allergies (Monti et al., 2007; Vincenzetti et al., 2014), and in mice, the ingestion of donkey milk vs cow milk helps to maintain a normal weight and normal levels of cholesterol and triglycerides (Lionetti et al., 2012).

The diameter of the native fat globules in ass's milk is considerably lower compared to the globules in other milk traditionally used for direct human consumption (Martini et al., 2014). Studies carried out in cows and sheep (Couvreur et al., 2007; Martini et al., 2012) have highlighted relationships between the dimensions of the milk fat globules and the nutritional quality of the milk. In fact, smaller globules have a larger amount of membrane per volume of fat compared to the larger globules. Thus, smaller globules provide a higher surface for digestive enzymes, and this surface is also rich in beneficial components.

The changes in the fatty acid profile of donkey milk as a result of physiological factors such as distance from delivery have been poorly investigated. Nothing is known about the changes that occur in the macrostructure of lipids during lactation.

The aim of this study was to evaluate the fatty acid profile and morphometric characteristics of fat globules in Amiata donkey milk, in relation to the lactation phase and the season of production in order to better understand the variability and to study plans to improve the nutritional quality.

2. Materials and methods

2.1 Animals and sampling

The study was performed on one farm which has about 100–jennies reared outdoors with a rest area indoors. A key component of the jennies' diet was poliphita hay ad libitum and about 2.5 kg / day / head of concentrate for dairy donkeys. For the study 31 Amiata pluriparous donkeys were selected. The animals delivered seven in winter, seven in autumn, nine in spring and eight in summer. Individual milk samples from the morning milking were carried out monthly starting from 30 days of lactation until the 300th day. The jennies were routinely machine milked and the foals were separated 3-3.5h before the milking. Milk was refrigerated at 4°C immediately after the sampling and carried in tanks to the laboratory. No preservatives were added. Morphometric characteristics of

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the globules were performed on fresh milk in 2-3 hours after sampling, whereas an aliquot for each sample was stored at -20°C for seven days until the fatty acid analysis.

2.2 Milk analysis

Morphometric analysis of milk fat globules

A direct method (Martini et al., 2013a) was used to determine the diameter (µm) and the number of fat globules per mL of milk in each sample by florescence microscopy.

The globules were grouped into three size categories: small globules (SG) with a diameter <2 µm, medium-sized globules (MG) with a diameter from 2 to 5 µm, and large globules (LG) with a diameter > 5 µm.

2.3 Milk fatty acid profile

A total of 6 mL of each milk sample were subjected to milk fat extraction following Rose-Gottlieb's method, followed by methylation using methanolic sodium methoxide according to Christie (1982).

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A Perkin Elmer Auto System (Perkin Elmer, Norwolk, CT, USA) equipped with a flame ionization detector and a capillary column (30 m × 0.25 mm; film thickness 0.25 mm; FactorFour Varian, Middelburg, Netherlands) were used.

The helium carrier gas flow rate was 1 mL·min^{-1}. The oven temperature program was as follows: level 1, 50°C held for 2 min, level 2, 50 to 180°C at 2°C·min^{-1} then held for 20 min, level 3, 180 to 200°C at 1°C·min^{-1} then held for 15 min, and finally level 4, 200 to 220°C at 1°C·min^{-1} then held for 30 min. The injector and detector temperatures were set at 270°C and 300°C, respectively. Individual fatty acids were identified by comparing their retention times with those of an authenticated standard FA FIM_FAME mix (Restek Corporation • 110 Benner Circle • Bellefonte, PA 16823) and quantified as a percentage of the total FA.

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The desaturase index was calculated for three pairs of fatty acids representing the products and substrates for Δ9-desaturase: cis-9 14:1/14:0, cis-9 16:1/16:0, cis-9 18:1/18:0 as reported by Kelsey et al. (2003).

2.4 Statistical analysis

Milk composition data were analysed by ANOVA for repeated measurements using JMP software (JMP 2002), regarding the sampling time (30, 60, 90, 120, 150, 180, 210, 240, 270, 300 days in milk) and the production season (autumn, winter, spring, summer) as fixed effects, and the subject as a random effect. All the stages of lactation were represented in each season.

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3. Results and Discussion

Table 1 shows the changes in the morphometry of the fat globules from Amiata donkey milk during lactation. There are no studies regarding the effect of lactation and production season on the morphometry of the fat globules in donkey milk till today. Despite the findings in ruminants (Martini et al., 2012), in donkey milk the fat percentage and the diameter of fat globules were fairly stable during lactation and the number of globules / mL of milk decreased significantly only at the end of lactation.

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Like the macro-structure of lipids, the fatty acid composition showed only a few changes during lactation (Table 2). This result is in agreement with the findings of Chiofalo et al. (2005) on Ragusana donkey milk. The only change highlighted in milk fatty acids was the progressive decrease (P <0.05) in the short chain fatty acids, mostly due to the simultaneous decrease in caprylic and capric acids (C8: 0 - C10: 0). A decrease of C8: 0 - C10: 0 during lactation has also been observed in horse and donkey milk (Pikul et al., 2008; Martemucci & D'Alessandro, 2012).

In the last month of lactation there was a significant increase in C17: 0. In equidae C17:0 synthesis is assumed to take place in the stomach (Andrews et al., 2005), whereas in ruminants it is synthesized by bacteria in the rumen (Vlaeminck et al., 2006).

Regarding the monounsaturated fatty acids, increasing trends were highlighted for C14:1; C15: 1, C16: 1, C17: 1 with advancing lactation. These trends are associated with significant increases in C16 delta 9 desaturase index after 90 days and have also been observed in donkey milk by other authors (Martemucci & D'Alessandro, 2012). Delta 9 desaturase indexes evaluate the activity of stearoyl-CoA desaturase enzyme (or delta 9 desaturase enzyme) which desaturates the saturated fatty acids by catalyzing the insertion of a double bond between carbon atoms 9 and 10 of a fatty acid (Pereira et al., 2003).

Table 3 shows that the fat percentage did not change during the year, however a similar inverse relation between the diameter and the number of fat globules was found to that reported in ruminants (Martini et al., 2013b).

The results showed that in winter the milk fat globules were significantly larger due to a decrease (P <0.01) in globules smaller than 2 microns (SG), and an increase (P <0.05) in those larger than 2 microns (MG and LG).

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Regarding classes of fatty acids, there were more variations in winter compared to the other seasons. Table 4 shows that lower percentages of short chains and saturated fatty acids (P <0.01) and higher long chains and monounsaturated fatty acids were found in winter milk (P <0.01). According to some authors, increases in monounsaturated vs saturated fatty acids are desirable for

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human health (Nicklas et al., 2004; Ohlsson, 2010). The changes in the saturated fatty acids were mostly due to the lower amount of short chain fatty acids. Of the medium chains, the decrease in C12: 0 and C14: 0 is considered positive for the milk nutritional value. In fact C12: 0 and C14: 0 are notoriously considered hypercholesterolemic (Ohlsson, 2010). In addition in winter there were higher amounts of C16: 0. In any case, milk palmitic acid made up a significant proportion of the saturated medium chain followed by 14: 0, both in donkey and in mare milk (Pikul et al., 2008).

In the colder season significantly lower percentages of C18: 0 were also observed. Stearic acid improves the plasma profile by decreasing total cholesterol / HDL cholesterol ratio compared to other SFA, while palmitic acid increases plasma cholesterol and LDL more than HDL cholesterol.

To our knowledge there have been no studies in donkeys on the effect of season on the donkey milk fatty acid profile. If we also consider the studies on ruminants, the saturated fatty acids are higher in autumn and winter both in cow's and sheep milk (Martini et al., 2008; Lopez et al., 2014).

During the winter, increases were detected mainly for palmitoleic, oleic and vaccenic acids. Oleic and vaccenic acids are reported to have beneficial effects for human health. In fact, oleic acid has a cholesterol- and triglycerides-lowering effect compared with SFA, whereas vaccenic acid (VA) is a positional and geometric isomer of oleic acid. VA is also the major trans fatty acid in milk and the only known dietary precursor of c9, t11 conjugated linoleic acid (CLA). Scientific data suggest that VA consumption from dairy products is as beneficial to human health as CLA (Field et al., 2009). Delta 9 desaturase indices were in line with these observations, and higher C16 and C18 indices were observed in the colder season.

4. Conclusions

In our study, the lipid fraction of Amiata donkey milk did not show notable changes during lactation. The significant changes happened in the winter period. These findings could help milk producers to obtain a stable product for the market.

Further studies are needed to evaluate the possibility of changing the quality of milk lipids by acting on other factors, such as diet, which is known to strongly influence the fatty acid composition of non-ruminant milk.

Given the low fat and the low saturated fatty acids, donkey milk has an additional important benefit: it may help prevent the onset of obesity and chronic diseases, with a consequent significant economic and social impact.

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Table 1. Effect of lactation on the morphometric characteristics of donkey milk fat globules

		Days in Milk										SEM
		30	60	90	120	150	180	210	240	270	300	
Fat	%	0.42	0.35	0.34	0.42	0.43	0.41	0.44	0.46	0.44	0.35	0.301
Globules/ml	$(n° * 10^9)$	2.43^A	1.76^A	2.32^A	1.78^A	2.01^A	1.27^{AB}	1.14^{AB}	1.08^{AB}	0.71^B	0.67^B	1.254
Mean Diameter	(µm)	2.16	1.92	2.00	1.91	1.97	2.10	2.10	2.27	2.38	2.62	0.669
SG	(%)	60.84	70.91	69.68	69.682	70.10	63.46	61.29	58.45	58.90	54.13	18.228
MG	(%)	34.07	25.78	26.45	27.55	25.57	31.27	34.72	34.75	32.25	33.56	14.762
LG	(%)	5.09	3.310	3.87	2.78	4.33	5.26	3.99	6.80	8.85	12.31	8.405

A, B. Values within raw sharing a common superscript number are not significantly different ($P < 0.01$)

Abbreviations : SG: small globules (<2 µm); MG: medium globules (between 2 and 5 µm); LG: large globules (>5 µm).

Table 2- Effect of lactation on donkey milk fatty acids

	Days in Milk										SEM
	30	60	90	120	150	180	210	240	270	300	
C4:0	0.05	0.05	0.03	0.03	0.03	0.03	0.03	0.03	0.04	0.03	0.031
C6:0	0.26	0.27	0.27	0.25	0.23	0.23	0.21	0.22	0.23	0.20	0.086
C8:0	4.03^{A}	4.08^{A}	3.78^{A}	3.36^{AB}	3.01^{AB}	2.89^{B}	2.54^{B}	2.64^{B}	3.06^{AB}	2.45^{B}	1.027
C10:0	9.46^{a}	9.80^{a}	8.49^{ab}	7.05^{ab}	6.32^{b}	6.10^{b}	6.10^{b}	6.08^{b}	6.51^{ab}	5.99^{b}	2.604
C11:0	1.22	0.91	0.73	0.78	0.74	0.83	1.04	0.88	0.99	1.03	0.500
C12:0	8.26	8.61	7.01	6.10	5.34	5.30	5.70	5.86	6.17	5.98	2.594
C13:0	0.02	0.03	0.03	0.02	0.02	0.03	0.03	0.02	0.03	0.03	0.022
C14:0	6.36	6.54	5.36	5.01	4.61	4.73	4.58	5.32	5.41	5.75	1.683
C14:1	0.36^{a}	0.28^{b}	0.23^{c}	0.28^{b}	0.27^{b}	0.30^{b}	0.34^{b}	0.40^{a}	0.36^{a}	0.42^{a}	0.134
C15:0	0.28	0.28	0.30	0.34	0.35	0.36	0.35	0.61	0.39	0.52	0.378
C15:1	0.11^{C}	0.13^{BC}	0.13^{BC}	0.16^{B}	0.16^{B}	0.16^{B}	0.17^{B}	0.18^{AB}	0.15^{B}	0.21^{A}	0.059
C16:0	21.25	20.76	20.65	20.87	20.68	22.07	21.12	22.50	20.75	22.82	2.941
C16:1	3.94^{a}	2.96^{ab}	2.78^{b}	3.71^{ab}	4.18^{a}	4.45^{a}	4.03^{a}	4.85^{a}	3.81^{ab}	4.13^{a}	1.709
C17:0	0.23^{B}	0.25^{B}	0.24^{B}	0.22^{B}	0.22^{B}	0.22^{B}	0.20^{B}	0.22^{B}	0.21^{B}	0.30^{A}	0.072
C17:1	0.37^{B}	0.35^{B}	0.31^{B}	0.36^{B}	0.40^{B}	0.43^{B}	0.39^{B}	0.44^{B}	0.36^{B}	0.53^{A}	0.133
C18:0	1.85	1.90	2.06	1.94	1.84	1.74	1.73	1.58	1.66	1.78	0.39
C18:1 *trans-9*	0.03	0.02	0.02	0.03	0.04	0.03	0.03	0.11	0.03	0.03	0.125
C18:1 *trans-11*	1.24	0.93	1.09	1.15	1.23	1.31	1.12	1.28	1.14	1.27	0.417
C18:1 cis-9	20.67	22.14	24.61	25.41	26.13	26.53	23.88	25.96	25.95	23.26	4.500
C18:2 trans-9,12	0.03	0.02	0.02	0.02	0.01	0.02	0.01	0.01	0.02	0.02	0.027
C18:2 cis-9,12	11.52	12.79	14.80	14.73	13.79	13.30	13.16	12.97	15.26	13.80	4.54
C18:3n3	0.28	0.30	0.33	0.28	0.30	0.30	0.26	0.28	0.27	0.26	0.07
C18:3 n6	0.03^{B}	0.03^{B}	0.03^{B}	0.03^{B}	0.04^{AB}	0.03^{B}	0.04^{AB}	0.04^{AB}	0.04^{AB}	0.05^{A}	0.021
C20:0	0.03	0.04	0.04	0.03	0.03	0.04	0.03	0.03	0.03	0.04	0.022
C20:1	7.53^{b}	5.80^{b}	5.86^{b}	7.13^{b}	9.20^{a}	7.79^{ab}	7.98^{a}	6.38^{b}	6.44^{b}	8.09^{a}	4.225
C21:0	0.03	0.04	0.05	0.04	0.09	0.05	0.04	0.05	0.04	0.04	0.081
C20:2	0.15	0.17	0.17	0.17	0.172	0.16	0.17	0.16	0.18	0.15	0.063
C20:3n3	0.19	0.22	0.15	0.19	0.21	0.18	0.18	0.18	0.16	0.18	0.134
C20:3 n6	0.03	0.03	0.04	0.04	0.04	0.04	0.04	0.03	0.03	0.04	0.015
C22:0	0.03	0.02	0.03	0.03	0.03	0.02	0.03	0.02	0.02	0.02	0.017
C22:1	0.03	0.03	0.04	0.05	0.05	0.05	0.05	0.05	0.05	0.05	0.024
C20:4	0.04	0.04	0.04	0.04	0.04	0.03	0.03	0.04	0.04	0.03	0.019
C23:0	0.02	0.02	0.02	0.02	0.02	0.02	0.02	0.02	0.02	0.02	0.012
C22:2	0.01	0.01	0.01	0.01	0.01	0.01	0.01	0.01	0.01	0.01	0.008
C20:5	0.01	0.01	0.02	0.02	0.02	0.01	0.01	0.02	0.01	0.02	0.010
C24:0	0.01	0.02	0.02	0.02	0.01	0.01	0.01	0.01	0.01	0.01	0.014
C24:1	0.02	0.03	0.02	0.02	0.02	0.03	0.02	0.02	0.02	0.02	0.015
C22:5	0.01	0.01	0.02	0.01	0.02	0.03	0.04	0.04	0.02	0.05	0.044
C22:6	0.03	0.04	0.05	0.07	0.05	0.06	0.08	0.06	0.05	0.07	0.041
SCFA (≤C10)	13.81^{ab}	14.21^{a}	12.68^{ab}	10.69^{ab}	9.65^{b}	9.32^{b}	9.23^{b}	9.23^{b}	9.85^{b}	8.98^{b}	3.628
MCFA(≥C11≤C17)	42.41	41.15	37.78	37.84	36.98	38.88	41.81	41.45	38.62	41.70	5.756
LCFA(≥C18)	43.78	44.64	49.54	51.47	53.37	51.80	48.95	49.32	51.52	49.32	7.054
SFA	53.38	53.67	49.21	46.11	43.64	44.74	47.98	46.52	45.59	47.30	7.499
MUFA	34.32	32.67	35.11	38.29	41.68	41.08	38.01	39.67	38.31	38.02	7.344
PUFA	12.30	13.65	15.68	15.60	14.69	14.18	14.01	13.81	16.11	14.68	4.587
UFA/SFA	0.90	0.94	1.09	1.20	1.34	1.29	1.22	1.25	1.23	1.16	0.320
n3/n6	0.05	0.05	0.04	0.04	0.05	0.05	0.05	0.05	0.04	0.05	0.018
Desaturase C14 index	0.05	0.04	0.05	0.05	0.06	0.07	0.08	0.07	0.06	0.07	0.034
Desaturase C16 index	0.15^{A}	0.11^{AB}	0.11^{B}	0.14^{A}	0.16^{A}	0.16^{A}	0.15^{A}	0.17^{A}	0.14^{A}	0.15^{A}	0.046
Desaturase C18 index	0.90	0.92	0.92	0.92	0.93	0.94	0.93	0.94	0.94	0.93	0.028

A, B. Values within raw sharing a common superscript number are not significantly different ($P < 0.01$)

a, c. Values within raw sharing a common superscript number are not significantly different ($P < 0.05$)

Abbreviations : SCFA : Short Chain Fatty Acids; MCFA: Medium Chain Fatty Acids; LCFA: Long Chain Fatty Acids; SFA: Saturated Fatty Acids; MUFA: Mono Unsaturated Fatty Acids; PUFA: Poly Unsaturated Fatty Acids; UFA/SFA: unsaturated fatty acis/saturated fatty acids; Desaturase C14 index: [C14:1]/[C14:1+C14:0].; Desaturase C16 index: [C16:1]/[C16:1+C16:0]; Desaturase C18 index: [C18:1c9]/[C18:1cis 9+C18:0].

Table 3- Effect of the season on the morphometric characteristics of donkey milk fat globules

		Season				SEM
		Autumn	Winter	Spring	Summer	
Fat	%	0.43	0.56	0.53	0.39	0.301
Globules/ml	(n°*10^9)	2.03^{A}	0.62^{B}	1.36^{A}	2.08^{A}	1.250
Mean Diameter	(µm)	1.90^{B}	2.44^{A}	2.12^{B}	1.84^{B}	0.669
SG	(%)	71.71^{A}	54.43^{B}	63.09^{A}	73.09^{A}	18.228
MG	(%)	25.09^{B}	36.68^{Aa}	31.17^{ABb}	25.21^{ABb}	14.762
LG	(%)	3.20^{b}	7.37^{a}	5.74^{b}	1.70^{b}	8.405

A, B. Values within raw sharing a common superscript number are not significantly different (P<0.01)

a, b. Values within raw sharing a common superscript number are not significantly different (P<0.05)

Abbreviations : SG: small globules (<2 µm); MG: medium globules (between 2 and 5 µm); LG: large globules (>5 µm).

Table 4- Effect of the season on donkey milk fatty acids

	Season				SEM
	Autumn	Winter	Spring	Summer	
C4:0	0.03^{B}	0.03^{B}	0.05^{A}	0.04^{B}	0.025
C6:0	0.25^{Ab}	0.20^{B}	0.27^{Aa}	0.27^{Aa}	0.075
C8:0	3.39^{Ab}	2.60^{B}	3.53^{Aab}	4.35^{A}	1.021
C10:0	7.14^{B}	5.28^{C}	7.90^{AB}	10.32^{A}	2.603
C11:0	0.94^{a}	0.77^{b}	1.03^{a}	0.95^{a}	0.470
C12:0	6.27^{B}	4.75^{C}	7.33^{AB}	8.97^{A}	2.594
C13:0	0.024	0.02	0.03	0.02	0.019
C14:0	5.05^{A}	4.50^{B}	6.10^{A}	6.63^{A}	1.676
C14:1	0.30	0.34	0.34	0.27	0.128
C15:0	0.32	0.44	0.41	0.29	0.369
C15:1	0.16	0.17	0.17	0.13	0.045
C16:0	20.52^{B}	22.54^{A}	21.18^{B}	20.18^{B}	2.941
C16:1	3.74^{B}	5.01^{A}	3.10^{C}	2.29^{C}	1.697
C17:0	0.22^{Ba}	0.20^{Bb}	0.28^{A}	0.25^{A}	0.067
C17:1	0.38^{B}	0.45^{A}	0.39^{B}	0.29^{B}	0.126
C18:0	1.89^{A}	1.63^{B}	1.92^{A}	2.02^{A}	0.388
C18:1 *trans-9*	0.03	0.05	0.03	0.03	0.122
C18:1 *trans-11*	1.17^{AB}	1.40^{A}	1.09^{B}	0.79^{B}	0.411
C18:1 cis-9	25.56^{B}	27.52^{A}	21.75^{C}	20.07^{C}	4.500
C18:2 trans-9,12	0.02	0.02	0.01	0.01	0.020
C18:2 cis-9,12	13.33	14.39	12.72	13.65	4.54
C18:3n3	0.31^{a}	0.28^{a}	0.25^{b}	0.29^{a}	0.068
C18:3 n6	0.03	0.04	0.03	0.03	0.015
C20:0	0.037	0.03	0.04	0.04	0.016
C20:1	6.80^{A}	6.51^{B}	9.38^{A}	7.05^{A}	4.224
C21:0	0.06	0.04	0.04	0.04	0.084
C20:2	0.16^{b}	0.16^{b}	0.16^{b}	0.19^{a}	0.061
C20:3n3	0.17	0.18	0.20	0.20	0.135
C20:3 n6	0.03	0.04	0.03	0.03	0.015
C22:0	0.03	0.02	0.03	0.03	0.017
C22:1	0.04	0.05	0.04	0.04	0.024
C20:4	0.04	0.03	0.04	0.05	0.02
C23:0	0.02	0.02	0.02	0.02	0.012
C22:2	0.01	0.01	0.01	0.01	0.008
C20:5	0.01^{B}	0.01^{B}	0.01^{B}	0.02^{A}	0.010
C24:0	0.01	0.01	0.02	0.02	0.014
C24:1	0.02^{B}	0.02^{B}	0.02^{B}	0.03^{A}	0.015
C22:5	0.01	0.04	0.03	0.01	0.044
C22:6	0.06	0.07	0.04	0.05	0.041
SCFA (≤C10)	10.80^{B}	8.11^{C}	11.76^{AB}	14.98^{A}	3.628
MCFA(≥C11≤C17)	39.39	39.31	40.34	40.30	5.756
LCFA(≥C18)	49.80^{A}	52.58^{A}	47.90^{B}	44.72^{B}	7.055
SFA	47.63^{A}	43.14^{B}	50.16^{A}	54.47^{A}	7.500
MUFA	38.19^{AB}	41.59^{A}	36.29^{B}	30.99^{B}	7.344
PUFA	14.18	15.27	13.55	14.54	4.588
UFA/SFA	1.17^{B}	1.38^{A}	1.03^{B}	0.89^{B}	0.320
n3/n6	0.04	0.05	0.04	0.04	0.019
Desaturase C14 index	0.06	0.07	0.05	0.04	0.034
Desaturase C16 index	0.15^{A}	0.17^{A}	0.12^{B}	0.10^{B}	0.046
Desaturase C18 index	0.93^{B}	0.94 ^{A}	0.92^{BC}	0.90^{C}	0.028

A-C. Values within raw sharing a common superscript number are not significantly different (P<0.01)

a, b. Values within raw sharing a common superscript number are not significantly different (P<0.05)

Abbreviations: SCFA: Short Chain Fatty Acids; MCFA: Medium Chain Fatty Acids; LCFA: Long Chain Fatty Acids; SFA: Saturated Fatty Acids; MUFA: Mono Unsaturated Fatty Acids; PUFA: Poly Unsaturated Fatty Acids; UFA/SFA: unsaturated fatty acids/saturated fatty acids; ; Desaturase C14 index: [C14:1]/[C14:1+C14:0].; Desaturase C16 index: [C16:1]/[C16:1+C16:0]; Desaturase C18 index: [C18:1c9]/[C18:1cis 9+C18:0].

Formattato: Inglese (Regno Unito)