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Title: Ancient apple cultivars from Garfagnana (Tuscany, Italy): a potential source for 'nutrafruit' production

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Abstract: Ancient apple cultivars are known for their organoleptic properties over a small geographic area, but little is known of their nutraceutical properties which might be useful in large-scale breeding programs. Nine ancient apple cultivars from Tuscany (Italy) were characterized for their organoleptic properties, phenolic profile and antioxidant activity. These cultivars had a high polyphenol concentration (principally flavanols and phenolic acids) and high total antioxidant capacity compared to most commercial apple cultivars. Fruit from the cultivars 'San Michele' and 'Del Debbio' showed a good compromise between fruit size and solid soluble content and might be suitable for fresh consumption, while fruit from 'Benito', 'Della Piastra', 'Lugliese Grisanti', 'Del Sangue' and 'Ruggine' had a high polyphenol content and excellent antioxidant capacity and may be suitable for breeding programs. 'Ruggine' fruit could also be used for sweet juices with high nutraceutical properties due to a high soluble solid content and high flavanol concentration.



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Pisa, 15th January 2019

The Editor of *Food Chemistry*

Dear Editor,

We have revised our manuscript: “Ancient apple cultivars from Garfagnana (Tuscany, Italy): a potential source for ‘nutrafruit’ production” following the suggestions of the referee 1 and receiving editor. We are grateful to both for their useful comments which have been very helpful in improving the manuscript. Please see in the attached file “responses to referees’ comments” details of how we have accommodated the referees’ suggestions and comments.

Best Regards,

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COMMENTS

Reviewer 1: It is appropriate to give brief information about the general characteristics, consumption patterns and production quantities of these local apple varieties in the introduction section of the article.

Our response: we already considered these aspects of crucial importance when writing the manuscript; however, our local varieties belong to a local germplasm collection and the data required by the referee are not available.

In the conclusion section, the findings are written as a result. Overall contribution to the science of this study should be written in more detail to the conclusion section.

Our response: thank you for that suggestion. We completely agreed with the referee’s comment and therefore the conclusion section was completely rewritten with the goal to highlight the contribute to the science of our study rather than simply summarizing the main findings of our research.

The highlights are not remarkable. They should be reviewed.

Our response: We have completely refresh the highlights with the same attempt (of the previous point) to figure out the main contributes to the science of our study as well as its core of novelty.





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This research is important for the introduction and dissemination of local apple varieties in Italy. However, the research seems to be more important on a local scale. So, more detailed information about the overall contribution of this research should be given.

Our response: Thank you for this critic point of view about this point of weakness. In accordance, we have mentioned in key sections (abstract, discussion, conclusions) that the use different old varieties, as those screened in our study, can be relevant not only at a local scale. We highlighted that some cultivars could be useful for different purposes on the base of their different characteristic; in particular, some of them could be useful for large-scale breeding programs, other cultivars for the production of juice with a high nutraceutical values, which is not only restricted to local uses.

Line 108-109 and Line 270-273 are written red underlined.

Our response: we apologize for this. The sentences were corrected.

Andre, C. M., Greenwood, J. M., Walker, E. G., Rassam, M., Sullivan, M., Evers, D., Perry, N.B., & Laing, W.A. (2012). Anti-inflammatory procyanidins and triterpenes in 109 apple varieties. Journal of Agricultural and Food Chemistry, 60(42), 10546-10554. <https://doi.org/10.1021/jf302809k>. Reference was given above not cited in the text but added to the references section. It should be corrected.

Our response: the reference was deleted from the references' list.

RECEIVING EDITOR'S COMMENTS:

The highlights are intended to showcase your most important results. Currently, they are mundane and lack context, requiring that the manuscript is read first. REVISE.

Our response: We have completely refresh the highlight with the attempt to figure out the main contributes to the science of our study as well as its core of novelty.

20 In many countries where apples have been growing for centuries, ancient apple cultivars are known locally, but few data are available describing the potential benefits of consumption or features that could be useful for apple breeding programs. Nine ancient cultivars from Garfagnana (Tuscany, Italy) were characterized for their phenolic profile and antioxidant activity. Besides cultivar-specific features, generally, a high polyphenol content (principally flavanols and phenolic acids) and total antioxidant activity were found with respect to these ancient apple cultivars. 'Rossa di Corfino' and 'Del Giappone' did not present relevant quality characteristics.

Our response: we have considered the changes proposed by the referee when revising the manuscript. However, the final outcome can be slightly different given that the final version was revised by a native speaker who also simplify and merged some sentences together.

27 Conversely, 'San Michele' and 'Del Debbio' were suitable for fresh consumption. - presumably most eating apples are "suitable for fresh consumption", be more specific.





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Our response: Thank you for this suggestion. We have refreshed as follow: “‘San Michele’ and ‘Del Debbio’ fruits had showed a good compromise between fruit size and solid soluble content and might be suitable for the fresh consumption.”

27 'Benito', 'Della 27 Piastra', 'Lugliese Grisanti', 'Del Sangue' and 'Ruggine' had a high polyphenols content and excellent antioxidant activity, making them also suitable for apple breeding programs. Finally, 'Ruggine', due to high soluble solid content and flavanol content, could be used for production of juice with putative health benefits.

Our response: we have considered the changes proposed by the referee when revising the manuscript. However, the final outcome can be slightly different given that the final version was revised by a native speaker who also simplified and merged some sentences together.

35 Apples cultivation in Western countries offers a high return on investment, largely because of mechanization, although highly skilled labour is needed. Although hundreds of apple cultivars exist, globally, production is linked to just a few (...), such as Red Delicious, Golden Delicious, Gala and Fuji. The selection of these popular and extensively utilised cultivars has resulted in a uniformity of commercial apple orchards (...) and a dramatic loss in genetic biodiversity. However, interest in the preservation of autochthonous genetic heritage of fruit species is growing (...): ancient autochthonous varieties could represent an important source of innovative characteristics to satisfy modern fruit culture, such as shape and colour. However, the size, taste and texture of ancient-cultivars is not always commercially attractive, e.g. leathery peel, astringent taste, and a small size.

Our response: we have thoroughly considered the changes proposed by the referee when revising the manuscript. However, the final outcome can be slightly different given that the final version was revised by a native speaker who also simplified and merged some sentences together.

76 Standards for polyphenol profile and 2,2-diphenyl-1-picrylhydrazyl (DPPH) were purchased from Sigma-Aldrich (Milan, Italy).

Our response: done

85 About 3 kg of fruits from each cultivar were picked randomly on the commercial ripening date from specific positions on the trees, so that the micro-meteorological and edaphic impact was comparable. - then they weren't picked randomly; REVISE.

Our response: Thank you for this comment. We have revised as follow: “About 3 kg of fruit (from three different trees per cultivar) were randomly picked from each cultivar at a consistent position from the tree canopy at the commercial maturity date, so that the micro-meteorological and environmental impacts were comparable.”

149 Organoleptic properties of the nine ancient apple cultivars are summarized in Table 1. It is a very basic requirement in scientific writing that actions are reported in the past tense (work was done) and results in the present tense (results are shown)

Our response: Thank you for this comment. We corrected the sentences in which the verb tenses were wrong.





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There are significant issues with the English including syntax, grammar, tense and choice of words. These must be resolved with the help of a native speaker or English language editing service, such as that provided by Elsevier <https://webshop.elsevier.com/languageservices/languageediting>. The authors are advised strongly against trying to make linguistic corrections independently, as this will further delay the paper and may lead to it being rejected.

Our response: the manuscript was carefully revised by a native speaker who is Dr. Annette Richardson from The New Zealand Institute for Plant & Food Research Limited (NZ). Meanwhile editing the manuscript, Dr. Richardson also raised some comments and proposed some suggestions to be undertaken. Therefore, all the co-authors are tankful to Dr. Richardson who was mentioned in "Acknowledgements".

We hope that in this revised version the manuscript might be appropriate for the final acceptance.

Best Regards,

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Highlights

- ~~Nine ancient Tuscan apple cultivars were analysed for their nutraceutical properties~~
- ~~Organoleptic characteristics and phenol profile varied among cultivars~~
- ~~UPLC-MS coupled with PCA is a useful tool for apple cultivar screening~~
- ~~Different possible uses are proposed for each cultivar~~

- Polyphenolic profile was determined by UPLC-MS in ancient Tuscany apple cultivars
- Flavonols and phenolic acids are the most abundant polyphenols in ancient apples
- Procyanidin B1 has the highest correlation with the fruit's antioxidant capacity
- Phenolic content and antioxidant ability are higher than most cultivated apples
- Ancient apples should be re-evaluated for a “*nutrafruit*” production

1 **Ancient apple cultivars from Garfagnana (Tuscany, Italy): a potential source for**
2 **'nutrafruit' production**

3
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18
19 **Abstract**

20 ~~In many countries where apple has been growing since centuries,~~ Ancient apple cultivars are
21 known ~~at for their organoleptic properties over a small geographic area~~ ~~the local level,~~ but ~~few data~~
22 ~~are available~~ little is known ~~of~~ their nutraceutical properties; ~~which features that might~~ could be
23 useful ~~for~~ ~~in large-scale~~ ~~genetic~~ breeding programs. Nine ancient apple cultivars ~~from~~ ~~from~~
24 ~~Garfagnana~~ (Tuscany, (Italy) were characterized for their organoleptic qualities ~~properties,~~ phenolic
25 profile and antioxidant activity. ~~Besides cultivar-specific features,~~ These cultivars had ~~generally~~ a
26 high polyphenol ~~concentration~~ ~~ntent~~ (principally flavanols and phenolic acids) and high total

27 antioxidant capacity ~~were found with respect~~compared to most commercial apple apples cultivars.
28 ~~Cultivars ‘Rossa di Corfino’ and ‘Del Giappone’ did not show relevant quality characteristics. Fruit~~
29 ~~from the cultivars~~ ~~–Conversely–~~ ‘San Michele’ and ‘Del Debbio’ ~~fruits had~~showed a good
30 ~~compromise between fruit size and solid soluble content and might be~~were suitable for ~~the~~ fresh
31 consumption, ~~w~~While fruit from ‘Benito’, ‘Della Piastra’, ‘Lugliese Grisanti’, ‘Del Sangue’ and
32 ‘Ruggine’ ~~_, showed had~~ a high polyphenols content and excellent antioxidant capacity making
33 ~~them and may be also~~ suitable for breeding programs. ~~Finally–~~ ‘Ruggine’ ~~fruits~~ ~~_, could an~~ also be
34 ~~used for the sweet juices with high nutraceutical properties because of~~due to a ~~due to~~ high soluble
35 solid content and high flavanol ~~amount~~concentration. ~~can be used for production of juice with high~~
36 ~~nutraceutical properties.~~

37

38 **Keywords:** ancient cultivars, antioxidant capacity, apple, cluster analysis, organoleptic properties,
39 phenolic profile

40 1. Introduction

41 Apples cultivation in Western countries offers a high return on investment, largely because
42 ~~represents one of the high income crops, with a high of high~~ mechanization, ~~level and although~~
43 highly skilled labour needs is also required. Although hundreds of apple cultivars exist s globally,
44 most apple ~~due to a large number of breeding programs, in the world the~~ production ~~is linked to~~
45 ~~just a few groups of~~ is from a few cultivars (~~Hokanson, Lamboy, Szewc-McFadden & McFerson,~~
46 ~~2001~~) such as ‘Red Delicious’, ‘Golden Delicious’, ‘Gala’ and ‘Fuji’ (~~Hokanson, Lamboy, Szewc-~~
47 ~~McFadden & McFerson, 2001~~). ~~In addition, the clonal~~ The selection of extensive use of these
48 popular ~~and extensively utilised~~ cultivars has resulted in ~~determined a~~ uniformity of commercial
49 apple orchards (Donno et al., 2012; Cerrutti, Bruun, Donno, Beccaro & Bounous, 2013); and which
50 ~~has led~~ a dramatic loss in ~~of~~ genetic biodiversity.

51 ~~Nowadays~~ Currently, the interest for in the preservation of autochthonous genetic heritages of fruit
52 species is growing (Wojdylo, Oszmianski & Laskowski, 2008; Cerrutti et al., 2013; Ferreira et al.,
53 2016). The ancient autochthonous varieties could represent an important source of innovative
54 characteristics ~~to satisfy the~~ needed for modern fruit-culture, such as particular fruit shapes, new
55 tastes and, different peel and pulp colours ~~in peel and pulp~~. However, often fruit of these ‘ancient -
56 cultivars’ also display ~~unappreciated-unacceptable~~ organoleptic qualities such as leathery peel,
57 astringent taste compounds and, ~~but also a~~ small size making them commercially unattractive.

58 ~~In the last years,~~ Recently the concept of food in Western countries has changed ~~in Western~~
59 ~~countries where~~ so that, in addition to excellent organoleptic characteristics, consumers also require
60 food with nutraceutical properties ~~useful for~~ that benefit human health (Lobo, Patil, Phatak &
61 Chandra, 2010; Roche et al., 2015). ~~Surely Undoubtedly,~~ One of the most important features that
62 make apple fruits interesting for researchers is their high polyphenolic content ~~in polyphenols~~
63 (Jakobek & Barron, 2016; Jakobek, García-Villalba & Tomás-Barberán, 2013; Maragò, Michelozzi,
64 Calamai, Camangi & Sebastiani; 2016). These metabolites have been intensively studied in
65 epidemiological research because ~~they are particularly important~~ crucial for the human diet as they

66 play a positive role in reducing the risk of many cardiovascular diseases and showed
67 anticancerogenic properties (Rasouli, Farzaei & Khodarahmi, 2017). The main polyphenols
68 contained—found in apple fruits are anthocyanins, dihydrochalcones, flavanols, flavonols,
69 hydroxybenzoic acid and hydroxycinnamic acids (Neveu et al., 2010). However even though their
70 the concentration of polyphenols in fruit is—can be strongly influenced by many factors such
71 as—including geographical region, agronomic techniques, conservation—fruit storage
72 technique, method, stage of fruit maturity and—as well as fruit variety—cultivar (Awad, Wagenmakers
73 & De Jager, 2001; Treutter, 2001).

74 Besides of constitutive high level of phenols in apple cultivars, it has been displayed in many
75 easessuggested that ancient apple cultivars could have a higher content of these—nutraceutical
76 compounds compared to—than commercial apple cultivars (Maragò et al., 2016; Iacopini, Camangi,
77 Stefani & Sebastiani, 2010). Therefore, the aim—goal of new researches should be the selection of
78 some—ancient cultivars with appreciable organoleptic characteristics and nutraceutical content for
79 the fresh fruit market or,—alternatively,—the selection of ancient cultivars more—with suitable
80 properties for juice production.

81 In this work, we characterized the fruit of nine ancient Italian apple cultivars from Italy
82 (Garfagnana, Tuscany) for their organoleptic qualities, polyphenols profile and antioxidant activity,
83 and on the basis of used these characteristics we—to suggest different—possible utilization—uses for
84 cultivars. The cultivars are enrolled in the bank of germplasm of Tuscany region (Regional Law N.
85 64, 16th November 2004).

86

87 2. Materials and methods

88 2.1. Reagents, solvents and standards

89 Methanol, formic acid and acetone were purchased by—from Carlo Erba Reagents (Cornaredo,
90 Milan, Italy). Standards for polyphenol profile and 2,2-diphenyl-1-picrylhydrazyl (DPPH) were
91 purchased by—from Sigma-Aldrich (Milan, Italy).

92

93 2.2. Apple sampling and organoleptic characteristics

94 ~~Fruits~~Fruit from ancient apple cultivars (*Malus domestica* Borkh.; 3-5 plants per cultivars) were
95 harvested from an orchard situated at the experimental field “Centro vivaistico La Piana” in
96 Camporgiano (44°08’17” N, 10°19’05” E; Lucca, Italy) ~~;~~which is located in the historical and
97 geographical region of Garfagnana.Lucca (Italy). The nine cultivars have been identified by ~~a~~
98 ~~and~~the abbreviations: B (‘Benito’), RC (‘Rossa di Corfino’), DP (‘Della Piastra’), DG (‘Del

99 Giappone’), LG (‘Lugliese Grisanti’), SM (‘San Michele’), DD (‘Del Debbio’), DS (‘Del Sangue’),
100 R (‘Ruggine’).

101 About 3 kg of fruit (from three different trees per cultivar) were randomly picked ~~of fruits~~ from
102 each cultivar ~~were picked randomly (but at a consistent distance~~position from the tree canopy)
103 ~~on~~at the commercial ripening-maturity date ~~randomly from specific positions on the trees~~, so that
104 the micro-meteorological and edaphic environmental impacts ~~was~~were comparable. Morphometric
105 analyses of fruit were carried out using standard descriptors for apples (Bellini, Giordani, Picardi &
106 Giannelli, 2008), using ten fruitsfruit of each cultivar. Physical and chemical harvest indexes were
107 estimated on three randomly selected fruitsfruit per cultivars as follows: (i) fresh weight (FW) (g),
108 height (mm), width (mm) and height/width ratio of fruitsfruit; (ii) flesh firmness (expressed as Kg
109 cm⁻²) was measured on a sample of fruitsfruit after removing the skin, on two opposite sides of
110 each fruit, with a digital penetrometer equipped with an 11 mm tip (TR Snc, Forlì, Italy); (iii)
111 soluble solid content (SSC, °Brix) was determined on a flesh juice sample using a digital
112 refractometer (~~refractometer~~ Mod. 53 011, Turoni, Forli, Italy). Harvested fruitsfruit were then
113 stored ~~in a cold chamber~~ at 2 °C and 95% relative humidity for one~~1~~ month before
114 biosampling~~chemical analysis~~. ~~At sampling,~~ fruitsFruit were carefully washed twice with tap water
115 and finally once with distilled water. ~~Fruits were then~~ before they were peeled and sliced ~~with a~~
116 sharp knife before removing the core portion and seeds removed. ~~After that the~~ slices were then

117 cut into small ~~portions~~ pieces (approximately 10 x 10 x 50.5 mm), randomly allocated to be in
118 falcon tubes, frozen in liquid nitrogen N₂ and stored at -80 °C ~~until~~ for biochemical analyses.

119

120 **2.3. Phenol extraction**

121 ~~Flesh~~ Apple flesh samples (about 1 g FW) were homogenized with 10 mL of 70% (v/v) 99.5%
122 HPLC grade methanol by sonication for 30 min, keeping the temperature from 0 to 4 °C. After
123 centrifuging ~~samples at~~ 6000 g for 10 min at 4 °C, the supernatant was collected and filtered
124 with PTFE filters (0.20 µm pore size; Sarstedt, Verona, Italy). Each sample replicate consisted of
125 FW material belonging to three different fruits of the same tree. Extracts were stored at -80 °C
126 before analysis.

127

128 **2.4. UPLC-MS analysis** ~~ss~~ method

129 The Phenolic profile was determined as described in Assumpção et al. (2018) with ~~few~~ some
130 modifications. The UPLC-MS analysis was performed using an Agilent 1290 Infinity II LC system
131 (Agilent Technologies Italia S.p.A., Cernusco Sul Naviglio, Italy) consisting of a degasser, a binary
132 pump, an autosampler, a column oven and ~~equipped with~~ an Agilent 6495A triple quadrupole MS
133 with a C18 column, 2.1 × 50 mm, 1.8 µm (Agilent Zorbax Eclipse Plus, Santa Clara, CA, USA)
134 ~~was used~~ for separation of phenolic compounds. Solvent A consisted of 0.2% formic acid in water
135 whereas solvent B was 0.2% formic acid in acetonitrile. The elution gradient was: 6% B (3 min),
136 from 6 to 30% B (~~in~~ 11 min), from 30 to 100% B (~~in~~ 2 min), 100% B (2 min). The column
137 temperature was 35 °C, the flow rate was 0.3 mL min⁻¹, and the injection volume was 2x10⁻⁶ L. MS
138 parameters employed were as follows in ESI(+): gas temp: 150 °C; gas flow: 13 L min⁻¹; nebulizer:
139 50 psi; sheath gas heater: 350 °C; sheath gas flow: 12 L min⁻¹; capillary: 3500 V, HPRF funnel:
140 120; LPRF funnel: 40; in ESI(-): gas temp: 150 °C; gas flow: 13 L min⁻¹; nebulizer: 50 psi; sheath
141 gas heater: 350 °C; sheath gas flow: 12 L min⁻¹; capillary: 1500 V; HPRF funnel: 120; LPRF
142 funnel: 80. For quantification, an external standard method was used. A calibration curve was

143 ~~constructed for each compound analysed in with~~ at least five different concentrations from 1 to
144 500 $\mu\text{g L}^{-1}$ ~~was constructed for each compound analysed and utilized to~~ this was used to quantify the
145 concentration of each compound in the samples. Data are expressed as $\mu\text{g g}^{-1}$ FW.

146

147 2.5. Antioxidant ~~capacity~~**activity**

148 ~~A To assay the antioxidant capacity, was measured following using~~ the method reported by Brand-
149 Williams, Cuvelier and Berset (1995) ~~was followed~~. Briefly, 15 μL of phenolic extract were added
150 to 990 μL of a solution containing 3.12×10^{-5} M DPPH in methanol. The decrease in absorbance at
151 515 nm was measured against a solution blank (without extract) after a reaction time of 30 min at
152 room temperature (~~that was preliminary optimised to observe for~~ the highest antioxidant ~~effect~~
153 ~~of concentrations in~~ the extract) using a spectrophotometer (Ultrospec 2100 pro, GE Healthcare Ltd.,
154 Chalfont St. Giles, Buckinghamshire, UK). Results were expressed as percentage of reduction of
155 the initial DPPH absorption by the extracts and expressed as $\mu\text{mol Trolox g}^{-1}$ FW.

156

157 2.6. Statistical analysis

158 Data ~~are expressed as mean \pm standard deviation and are were~~ subjected to a one-way ANOVA test
159 and statistical differences ~~among between~~ the nine apple cultivars were calculated by least
160 significant difference (LSD) test at 95% of confidence with GraphPad Software (GraphPad, La
161 Jolla, USA). Data are expressed as mean \pm standard deviation. Pearson's correlation coefficient
162 between phenolic compounds and total antioxidant activity was carried out with GraphPad
163 software. Hierarchical clusters, to group cultivars with similar phenolic profiles, were
164 ~~determined were carried out~~ using Ward's method, ~~in order to see similarities between cultivars~~
165 ~~under phenolic aspect~~. The polyphenolics profile of each replicate (n=3) of the nine ancient
166 cultivars were ~~processed analysed~~ using the Principal Component Analysis (PCA) ~~performing on~~
167 ~~the covariance matrix~~, to determine which phenols ~~most~~ contributed to ~~creating~~

168 ~~distinctions~~differences in the dataset. ~~The~~ Cluster and PCA~~s~~ analyses were conducted using IBM
169 SPSS Statistics 24 (IBM, New York, USA).

170

171 3. Results and Discussion

172 3.1. Organoleptic characteristics

173 Organoleptic properties of the nine ancient apple cultivars ~~were~~are summarized in Table 1.
174 Significant differences ~~were revealed~~appear among ~~were found between~~ the apples cultivars for fruit
175 weight, height, width, firmness and soluble solids content (SSC). Fruit fresh weight varied ~~dsd~~d from
176 88.8 g for LG to 256.0 g ~~for~~with SM ~~having the highest weight and LG the lowest one~~ (Table 1).
177 The cultivar SM ~~together with~~and the cultivar DD ~~also had~~ also the highest fruit height and width
178 ~~and. In addition,~~ DD ~~fruits~~fruit also had the highest height/width ratio (1.02 ± 0.02) ~~as compared~~
179 ~~to~~while fruit from the average all the other cultivar ~~fruits~~fruit (values ranged from 0.83 to 0.86;
180 mean average 0.84 ± 0.04).

181 Lower values of fruit flesh firmness were recorded in the cultivars LG, DS and DD cultivars (4.38,
182 6.86 and 6.94 kg cm⁻², respectively) and the highest vales were in fruit from B and DP cultivars
183 (9.97 and 9.43 kg cm⁻², respectively). In most cases the values of fruit flesh firmness from this study
184 were similar to those found in commercial cultivars harvested at commercial maturity, ~~as in this~~
185 study (Iacopini et al., 2010). ~~Lower values were recorded in LG, DS and DD cultivars (4.38, 6.86~~
186 ~~and 6.94 kg cm⁻², respectively) and the highest in B and DP cultivars (9.97 and 9.43 kg cm⁻²,~~
187 ~~respectively).~~

188 The soluble solid content of fruit is an important ~~quality parameter to test~~ mainly indicator
189 particularly of the sugar content in apples. For ~~values of~~fruit SSC content, the ancient cultivars are
190 were subdivided into three groups: DD, DS, LG and R ~~cultivars~~ fruit had with a significantly higher
191 value of SSC (mean value of 16.5° Brix) than fruit from other cultivars, RC, DP and SM fruit were
192 grouped in the middle with a mean SSC value of 13.9° Brix and, finally, fruit from B and DG
193 ~~cultivars with lower~~ had the lowest values (12.1° Brix). ~~Values reached by~~ The SSC values of fruit

194 from B and DG trees were lower than those of commercial apples cultivars that usually range
195 between 13 and 20° Brix (Drogoudi, Michailidis & Pantelidis, 2008; Iacopini et al., 2010).

196

197 **3.2. Polyphenolic component**

198 Twenty-seven phenolic compounds from five main groups (flavonols, flavanols, anthocyanins,
199 dihydrochalcones and phenolic acids) were found fruit of inthe ancient apple cultivars and
200 subdivided into five groups (flavonols, flavanols, anthocyanins, dihydrochalcones and phenolic
201 acids) (Table 2). The most common compounds were from Among these groups, the most
202 represented were the flavanol (catechin, epicatechin, procyanidin B1, procyanidin B2, procyanidin
203 B3 and procyanidin B4) and the phenolic acid group (chlorogenic acid, neochlorogenic acid,
204 cryptochlorogenic acid, *p*-coumaroyl glucose, *p*-coumaroylquinic acid, gallic acid, caffeoyl
205 glucoside, protocatechuic acid, feruloyl glucose and *t*-cinnamnic acid) with differences among
206 cultivars. Finally, amongThe only anthocyanin, cyanidin-3-O-galactoside, was only found in the
207 fruit flesh from one cultivar (DS), only cyanidin 3 O galactoside was detected in the cultivar DS.
208 In agreement with the literature, The main compounds found in fruit from this study were
209 chlorogenic acid and epicatechin and this has been previously found in commercial apple cultivars
210 (Chen, Zhang, Li & Ma, 2012; Bi, Zhang, Chen, Zhang, Li & Ma, 2014) (Chinnici, Bendini, Gaiani
211 & Riponi, 2004; Iacopini et al., 2010) and other studies of ancient cultivars as found in commercial
212 (Chen, Zhang, Li & Ma, 2012; Bi, Zhang, Chen, Zhang, Li & Ma, 2014) and ancient cultivars
213 (Iacopini et al., 2010; Panzella, Petriccione, Rega, Scortichini & Napolitano, 2013, Kschonsek,
214 Wolfram, Stöckl and Böhm, 2018). It has been observed that ancient cultivars in many cases
215 account for higher level of total phenolic and in particular chlorogenic acid (Kschonsek, Wolfram,
216 Stöckl and Böhm, 2018).

217 The total polyphenolic concentration (TPC) in fruit of In eight (B, DP, DG, LG, SM, DD, DS, and
218 R) out of the nine cultivars studied ranged from 703.0 to 1201 $\mu\text{g g}^{-1}$ FW (Table 2), the total
219 polyphenols content (TPC) ranged from 703.0 to 1201 $\mu\text{g g}^{-1}$ FW which is higher than the TPC

220 values found in ~~fruit from other~~ commercial cultivars such as Golden Delicious, Granny Smith and
221 Red Delicious (Tsao, Yang, Young & Zhu, 2003; Kalinowska, Bielawska, Lewandowska-
222 Siwkiewicz, Priebe, Lewandowski, 2014; Remorini et al., 2015; Masi et al., 2017) (Table 2).

223 ~~However We are aware that t~~The comparison ~~between the of~~ results ~~of the present experiment and~~
224 ~~those of obtained in this work to those of~~ other studies ~~might may~~ be misleading ~~given that, as~~
225 phenolic composition of apple fruit can ~~also~~ be influenced by agronomic ~~and environmental~~
226 ~~edaphic and more in general and pedo-climatic conditions factors~~ (Awad et al., 2001; Treutter,
227 2001). ~~To overcome the confounding effects of environmental factors over the genetic background~~
228 ~~of cultivars Only the s~~Screening of ~~commercial and ancient~~ cultivars ~~would need to be carried out~~
229 ~~under grown in~~ the same experimental conditions ~~would, avoids the possible confounding effects of~~
230 ~~environmental factors over the genetic background.~~

231 To ~~highlight determine~~ the similarities and ~~the~~ differences ~~in the polyphenolic profile~~ among
232 cultivars, ~~in terms of regarding polyphenol profile, in Figure 1~~ a heatmap, ~~which represents with~~
233 ~~different colour~~of the four major phenolic groups found in ~~the apple~~ flesh of ~~fruit from~~ each
234 cultivar and ~~a a~~ cluster analysis are ~~reported~~shown in Fig. 1. The cluster analysis divided~~ed~~ the
235 nine cultivars into three clusters ~~by choosing~~using a relatively large and safe cutting value at the
236 linkage distance of 10. The first cluster ~~was~~was composed ~~by a large part of the~~ cultivars (R, DP,
237 B, DD and SM), the second ~~one cluster consist~~consisted~~ss of~~was composed by cultivars LG and DS
238 ~~cultivars, while the last group was composed by~~ RC and DG ~~cultivars belonged s to the third~~
239 ~~group~~cluster. ~~In terms of Regarding~~In terms of polyphenols composition, the first ~~cluster~~group was
240 ~~generally~~ characterized by ~~fruit with a high flavanol content in flavanols~~ and a low ~~level~~
241 ~~amount~~concentration of phenolic acids ~~with the exception except for of fruit from the for exception to~~
242 cultivar B, which ~~also associated~~had a high level of dihydrochalcones and phenolic acids ~~to as well~~
243 ~~as a high flavanol content even high level of dihydrochalcones and phenolic acids.~~ Cultivars from
244 ~~t~~the second ~~group is~~cluster were characterized by ~~belong~~ cultivars ~~with~~ a high content of
245 phenolic acids and a low content in flavanols ~~in fruit~~, whereas the last cluster ~~of cultivars was~~

246 characterized ~~composed by cultivars~~ produced fruit with both a low ~~content in~~ flavanols and a low
247 phenolic acid ~~contents~~.

248 To ~~investigate unveil~~ examine deeper the ~~differences in fruit~~ polyphenolic compositions which allow
249 ~~underpinned the separation of the~~ cultivars ~~to be separated into~~ the clusters shown in Fig. 1, a
250 principal component analysis (PCA) ~~on the polyphenol profile~~ was performed (Fig. 2). The first two
251 principal components (PC1 and PC2) accounted for 57.80 and 33.72% of the total variance ~~in of~~ the
252 original data. In the loading plot (Fig. 2a), the first dimension ~~was determined principally consists~~
253 ~~was mainly constituted by of by~~ epicatechin, procyanidin B3 and B2 ~~concentrations~~, whilst ~~primarily~~
254 chlorogenic acid ~~concentration determined the originates formed the~~ second component ~~with positive~~
255 ~~scores indicating high concentrations of compounds~~. ~~As shown in the score plot (Fig. 2b),~~ There
256 ~~has been is a~~ was considerable differentiation ~~among between~~ apple cultivars in ~~the~~ four groups ~~a~~
257 ~~shown in the score plot (Fig. 2b),~~ Cultivars R, DP, SM and DD showed ~~ed ed~~ positive scores for PC1
258 and negative ~~scores~~ for PC2, except ~~for B~~ cultivar ~~B that~~ showed ~~ed ed~~ a positive score for both ~~PC the~~
259 components. ~~A negative score in PC2 indicates a low chlorogenic acid content~~. ~~The cultivars~~ DS
260 and LG ~~had reached reach had~~ positive scores for PC2 and negative scores for PC1, indicating that
261 these two cultivars were characterized by a low flavanols content. The remaining cultivars, DG and
262 RC, were characterized by the lowest ~~content in~~ phenol ~~concentrations according to the~~ with
263 negative scores ~~reached~~ for both principal components. These results ~~generally are in line~~
264 ~~with support~~ the ~~previous~~ cluster analysis showed in Fig. 1 ~~although~~ . ~~However,~~ a discrepancy ~~for~~
265 ~~the~~ cultivar B ~~has emerged, was~~ grouping it separately ~~but still close to cultivars (but closely~~
266 ~~related) from~~ R, DP, DD and SM in ~~the~~ PCA ~~analysis~~, due ~~for to~~ a higher ~~content in~~ chlorogenic
267 acid ~~concentrations in fruit~~ tent.

268

269 **Antioxidant ~~analysis~~ capacity**

270 The highest values ~~of for~~ antioxidant capacity ~~determined measured~~ by ~~the~~ DPPH assay were found
271 in ~~fruit from the~~ cultivars LG and R (8.56 and 8.31 $\mu\text{mol TE g}^{-1}$ FW, respectively), whereas the

272 lowest value was detected in cultivar RC (2.44 $\mu\text{mol TE g}^{-1}$ FW) (Fig. 3). The cultivars with the
273 greatest antioxidant capacity (LG and R), ~~are~~~~were~~~~were~~ localized in different position in PCA score
274 plot (Fig. 2b, ~~score plot~~), with negative scores for one of the two components (LG for PC1 and R
275 for PC2), reflecting ~~an opposite~~~~differences in content concentrations in of~~ chlorogenic acid (high in
276 LG and low in R) and flavanols (high in R and low in LG). ~~It is N~~~~noteworthy, that fruit from~~
277 ~~Interesting to note that B~~-cultivar B, ~~with which had~~ a high ~~value in~~ antioxidant capacity (8.13 μmol
278 TE g^{-1}), had ~~an~~-intermediate ~~content concentrations of both in of~~ chlorogenic acid and flavanols
279 (Tab. 2 and Fig. 3).

280 In Table 3 ~~significant positive correlations are summarized the correlation coefficients for between~~
281 phenolic compound ~~concentrationss for which~~, following the row, a positive and significant
282 ~~correlation with the and~~ total antioxidant ability capacity (DPPH) was found; following the row are
283 ~~summarized::~~ procyanidin B1, catechin, epicatechin, procyanidin B2, chlorogenic acid and
284 procyanidin B3. Clearly, the chemical structure of the each phenol compound plays a key role in
285 determining its antioxidant activity (Abbas et al. 2017). ~~Our data~~~~The data~~ are in line with similar
286 to other previous works ~~(Stanger, Steffens, Soethe, Moreira & Do Amarante, 2017; Wojdylo et al.,~~
287 ~~2008)~~, in which procyanidins, catechin, epicatechin and chlorogenic acid largely contribute ~~have a~~
288 ~~pivotal role for the contribution to their~~ antioxidant activity in apple fruits (Stanger, Steffens,
289 Soethe, Moreira & Do Amarante, 2017; Wojdylo et al., 2008) ~~)-~~ although some authors have
290 reported that only procyanidins and epicatechin had a significant role in apple peel and juice
291 (Iacopini et al. 2010; Oszmianski, Wolniak, Wojdylo & Wawer, 2007; Tsao, Yang, Xie, Sockovie,
292 & Khanizadeh, 2005; Grzesik, Naparło, Bartosz & Sadowska-Bartosz, 2018). Clearly, the chemical
293 structure of each phenolic compound plays a key role in determining its antioxidant activity (Abbas
294 et al. 2017). The reactive centres are the aromatic -OH groups (particularly 3',4'-dihydroxy
295 catechol group) and ~~their~~~~its~~ activity is enhanced by other substituents (Abbas et al. 2017).
296 ~~Concerning~~In the flavonoid molecule, the antioxidant activity ~~of flavonoid~~ is principally related to
297 the O-dihydroxy groups ~~at the~~ the B-ring because of, to (i) the presence of a C 2-3 double bond, (ii)

298 to the 3- and 5-hydroxy group and, finally, (iii) to the 4-oxo function in the A- and C-rings (Abbas
299 et al. 2017). ~~However, some authors reported that primarily procyanidins and epicatechin, have a~~
300 ~~significant role in apple peel and juice, being the most important individual antioxidants in apple~~
301 ~~(Iacopini et al. 2010; Oszmianski, Wolniak, Wojdylo & Wawer, 2007; Tsao, Yang, Xie, Soekovic,~~
302 ~~& Khanizadeh, 2005; Grzesik, Naparło, Bartosz & Sadowska-Bartos, 2018).~~

303

304 **Conclusion**

305 In this study, the phenolic profile and total antioxidant activity of fruit from nine ancient apple
306 cultivars from Garfagnana (Tuscany, Italy) were ~~analyzed~~analysed. The cultivars belong to a
307 germplasm collection and their local use and consumption has been progressively abandoned and
308 replaced in favour of the (few)by mostmodern commercialized cultivars. Our dataset offers clear
309 evidences that ancient apple cultivars should be re-evaluated not only at thefor local
310 consumptionlevel, but they can representas a peerless source of genetic variability (e.g., in terms
311 of for both organoleptic features) as well asand nutraceutical properties which can proficientlythat
312 can be exploited for large-scale breeding programs. In particular, leveraging on different Scultivar-
313 specific features of ancient cultivars could also be used for ,different commercial uses can be
314 proposed for different ancient cultivars (e.g., juice production, fresh fruit consumption and ,
315 extraction of targeted metabolites). We are aware that some work hasneeds to be done to allowfor
316 these cultivars to compete economically with the most cultivated current cultivars, but thathowever
317 the ancient cultivars studied herein showed a higher total flesh polyphenol contentconcentration in
318 flesh respectcompared to the main commercial cultivars such as ‘Golden Delicious’, ‘Fuji’, ‘Pink
319 Lady’ and ‘Royal Gala’ (Masi et al., 2017; Tsao et al., 2003; Veberic, Trobec, Herbinger, Hofer,
320 Grill & Stampar, 2005), and as well as higher antioxidant activity (Maragò et al., 2015). This
321 shows can represent the added values of these cultivars and- promising starting point for future
322 “nutrafruit” production.

323 ~~Twenty-six phenolic compounds, regrouped in five principal groups (flavonols, anthocyanins,~~
324 ~~flavanols, dihydrochalcones and phenolic acids), were detected in the nine cultivars and, in a~~
325 ~~general way, the ancient cultivars showed a higher total polyphenol content in flesh respect to main~~
326 ~~commercial cultivar such ‘Golden’, ‘Fuji’, ‘Pink Lady’ and ‘Royal Gala’ (Masi et al., 2017; Tsao~~
327 ~~et al., 2003; Veberic, Trobec, Herbinger, Hofer, Grill & Stampar, 2005), and a higher antioxidant~~
328 ~~activity (Maragò et al., 2015). The analyses revealed that RC and DG cultivars had a low appeal in~~
329 ~~terms of organoleptic and nutritional characteristic. The cultivars SM and DD showed excellent~~
330 ~~organoleptic characteristics (good compromise between fruit size and SSC) and moderate~~
331 ~~antioxidant capacity that make them suitable for fresh consumption. As regards the remaining~~
332 ~~cultivars (B, DP, LG, DS and R), they showed a high polyphenol content and excellent antioxidant~~
333 ~~activity, but some organoleptic features should be improved, making them therefore interesting~~
334 ~~genetic sources for breeding programs. Furthermore, R cultivar, due to their high SSC and flavanol~~
335 ~~content, might be used for a juice production with high nutraceutical properties.~~

336
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344
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346
347 **References**

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469

470 **Legends of the Figures legends**

471

472 **Figure 1.** Heatmap visualization of the four major phenolic groups detected ~~on fruit from~~ nine
473 ancient apple cultivars from Garfagnana (Italy). ~~The i~~Intensity of different colours shown in the
474 ~~bars~~ scale bar at the top of the figure represents the ~~content~~ concentration each of the phenol groups:
475 phenolic acid, flavanols, flavonols and dihydrochalcones (~~value~~ expressed in $\mu\text{g} \cdot \text{g}^{-1}$ FW of fruit)
476 (~~left side~~). On the right side of the figure ~~is reported~~ the hierarchical clustering of cultivars
477 determined from ~~according to~~ the phenolic profile of each cultivar is shown. The cultivars are B:
478 'Benito'; RC: 'Rossa di Corfino'; DP: 'Della Piastra'; DG: 'Del Giappone'; LG: 'Lugliese
479 Grisanti'; SM: 'San Michele'; DD: 'Del Debbio'; DS: 'Del Sangue'; R: 'Ruggine'.

480

481 **Figure 2.** Principal Component Analysis (PCA) describing the separation of phenolic compounds
482 on the base of PC1 (57.8 % of variation) and PC2 (33.7% of variation) (a), and the separation of
483 each cultivar replicate using a bidimensional plot on their relative amount of each phenolic
484 compounds based on PC1 and PC2 (b). ~~PCA is illustrated using a bidimensional plot in which~~
485 ~~components 1 and 2 explain 91.52% of data variability.~~ The cultivars are B: 'Benito'; RC: 'Rossa di
486 Corfino'; DP: 'Della Piastra'; DG: 'Del Giappone'; LG: 'Lugliese Grisanti'; SM: 'San Michele';
487 DD: 'Del Debbio'; DS: 'Del Sangue'; R: 'Ruggine' ~~B: Benito; RC: Rossa di Corfino; DP: Della~~
488 ~~Piastra; DG: Del Giappone; LG: Lugliese Grisanti; SM: San Michele; DD: Del Debbio; DS: Del~~
489 ~~Sangue; R: Ruggine.~~

490

491 **Figure 3.** ~~Total a~~Antioxidant capacity determined by DPPH assay ~~on fruit from~~ nine ancient
492 apple cultivars from Garfagnana (Italy). Each value is the mean of three replicates \pm standard
493 deviation. For each phenol, means flanked by the same letter are not significantly different after
494 one-way ANOVA test with cultivars as source of variability following LSD test ($P=0.05$). The

495 | [cultivars are](#) B: 'Benito'; RC: 'Rossa di Corfino'; DP: 'Della Piastra'; DG: 'Del Giappone'; LG:
496 | 'Lugliese Grisanti'; SM: 'San Michele'; DD: 'Del Debbio'; DS: 'Del Sangue'; R: 'Ruggine'.

497 **Table 1.** Organoleptic characteristics on fruit from nine ancient apple cultivars from Garfagnana (Italy). Each value is the mean of three replicates \pm
 498 standard deviation. For each parameter, means flanked by the same letter are not significantly different after one-way ANOVA test with cultivars as
 499 source of variability following using an LSD test (P=0.05). The cultivars are B: ‘Benito’; RC: ‘Rossa di Corfino’; DP: ‘Della Piastra’; DG: ‘Del
 500 Giappone’; LG: ‘Lugliese Grisanti’; SM: ‘San Michele’; DD: ‘Del Debbio’; DS: ‘Del Sangue’; R: ‘Ruggine’.
 501

Parameters	Apple cultivars								
	B	RC	DP	DG	LG	SM	DD	DS	R
Weight (g)	102.60 \pm 19.12 ^{cd}	108.40 \pm 29.14 ^{cd}	110.30 \pm 27.20 ^{cd}	107.10 \pm 25.54 ^{cd}	88.80 \pm 20.13 ^d	256.00 \pm 7.54 ^a	198.00 \pm 26.87 ^b	130.40 \pm 10.86 ^c	119.40 \pm 13.11 ^{cd}
Height (mm)	53.26 \pm 2.50 ^b	53.23 \pm 5.75 ^b	56.53 \pm 2.74 ^b	53.53 \pm 4.21 ^b	51.73 \pm 4.17 ^b	74.96 \pm 6.90 ^a	80.26 \pm 4.36 ^a	58.60 \pm 4.32 ^b	52.33 \pm 4.15 ^b
Width (mm)	63.78 \pm 3.36 ^c	62.82 \pm 6.12 ^c	65.29 \pm 6.49 ^c	65.12 \pm 5.42 ^c	60.82 \pm 6.62 ^c	90.51 \pm 10.52 ^a	78.85 \pm 6.71 ^b	67.90 \pm 3.65 ^{bc}	62.56 \pm 3.63 ^c
Firmness (kg cm ⁻²)	9.97 \pm 2.02 ^a	8.37 \pm 1.49 ^{ab}	9.43 \pm 1.74 ^a	8.16 \pm 1.12 ^{ab}	4.38 \pm 0.82 ^c	8.65 \pm 0.98 ^{ab}	6.94 \pm 1.22 ^b	6.86 \pm 1.11 ^b	8.92 \pm 1.58 ^{ab}
SSC ($^{\circ}$ Brix)	12.13 \pm 0.55 ^c	14.46 \pm 1.10 ^b	13.83 \pm 0.70 ^b	12.13 \pm 0.70 ^c	16.40 \pm 0.85 ^a	13.60 \pm 0.17 ^b	16.60 \pm 0.65 ^a	15.90 \pm 0.52 ^a	16.96 \pm 0.40 ^a

502

503 **Table 2. Profile of phenolic compound concentrations** ($\mu\text{g g}^{-1}$ FW) ~~in~~ ~~on~~ ~~fruit~~ ~~from~~ ~~for~~ nine ancient apple cultivars from Garfagnana (Italy). Each
504 value is the mean of three replicates \pm standard deviation. For each phenol, means flanked by the same letter are not significantly different after one-
505 way ANOVA test with cultivars as source of variability following LSD test (P=0.05). The cultivars are B: ‘Benito’; RC: ‘Rossa di Corfino’; DP: ‘Della
506 Piastra’; DG: ‘Del Giappone’; LG: ‘Lugliese Grisanti’; SM: ‘San Michele’; DD: ‘Del Debbio’; DS: ‘Del Sangue’; R: ‘Ruggine’.

Polyphenols	Ancient apple cultivars								
	B	RC	DP	DG	LG	SM	DD	DS	R
Flavonols									
Q-galactoside	0.26 \pm 0.15 ^a	0.07 \pm 0.005 ^b	0.09 \pm 0.01 ^b	0.06 \pm 0.01 ^b	0.05 \pm 0.01 ^b	0.03 \pm 0.004 ^b	0.04 \pm 0.01 ^b	0.32 \pm 0.06 ^a	0.07 \pm 0.02 ^b
Q-glucoside	1.06 \pm 0.97 ^a	0.93 \pm 0.13 ^{ab}	0.26 \pm 0.04 ^b	0.2 \pm 0.04 ^b	0.38 \pm 0.13 ^b	1.12 \pm 0.12 ^a	0.38 \pm 0.08 ^b	1.03 \pm 0.33 ^a	0.2 \pm 0.05 ^b
Q-arabinopyranoside	0.45 \pm 0.07 ^c	0.39 \pm 0.06 ^c	0.2 \pm 0.03 ^d	0.22 \pm 0.06 ^d	0.16 \pm 0.06 ^{de}	0.77 \pm 0.16 ^a	0.23 \pm 0.04 ^d	0.64 \pm 0.16 ^b	0.07 \pm 0.02 ^e
Q-arabinofuranoside	0.72 \pm 0.22 ^{bc}	0.52 \pm 0.16 ^c	0.3 \pm 0.04 ^d	0.22 \pm 0.06 ^d	0.16 \pm 0.06 ^d	1.13 \pm 0.24 ^a	0.23 \pm 0.05 ^d	0.9 \pm 0.22 ^b	0.09 \pm 0.03 ^d
Q-rhamnoside	1.56 \pm 0.97 ^{ab}	1.79 \pm 0.55 ^{ab}	0.5 \pm 0.12 ^c	0.29 \pm 0.05 ^c	0.19 \pm 0.05 ^c	2.1 \pm 0.16 ^a	1.23 \pm 0.34 ^b	1.62 \pm 0.42 ^{ab}	0.95 \pm 0.28 ^{bc}
Quercetin	-	-	0.03 \pm 0.02 ^b	0.04 \pm 0.04 ^b	-	-	-	0.33 \pm 0.06 ^a	-
Kaempferol	-	-	0.01 \pm 0.002	0.02 \pm 0.005	-	-	-	-	-
Total	4.05 \pm 1.92 ^{ab}	3.70 \pm 0.85 ^b	1.39 \pm 0.17 ^c	1.05 \pm 0.22 ^c	0.94 \pm 0.31 ^c	5.15 \pm 0.40 ^a	2.11 \pm 0.51 ^c	4.83 \pm 1.11 ^{ab}	1.38 \pm 0.40 ^c
Anthocyanins									
Cyanidin 3-O-galactoside	-	-	-	-	-	-	-	0.42 \pm 0.15	-
Total	-	-	-	-	-	-	-	0.42 \pm 0.15	-
Flavanols									
Catechin	52.13 \pm 8.19 ^c	1.16 \pm 0.14 ^e	71.40 \pm 19.16 ^b	71.74 \pm 16.97 ^b	51.23 \pm 8.59 ^c	32.19 \pm 7.48 ^d	17.06 \pm 1.69 ^{de}	48.74 \pm 14.08 ^{cd}	93.96 \pm 6.40 ^a
Epicatechin	329.84 \pm 60.59 ^{bc}	9.03 \pm 1.13 ^e	342.66 \pm 22.55 ^b	163.73 \pm 12.98 ^d	151.88 \pm 31.62 ^d	283.77 \pm 36.70 ^c	266.87 \pm 16.52 ^c	123.96 \pm 20.09 ^d	409.21 \pm 8.08 ^a
Procyanidin B1	13.72 \pm 1.96 ^a	-	7.67 \pm 0.29 ^{cd}	8.51 \pm 1.02 ^c	11.25 \pm 1.15 ^b	6.46 \pm 1.02 ^d	5.54 \pm 0.38 ^d	9.77 \pm 1.38 ^{bc}	13.83 \pm 1.87 ^a
Procyanidin B2	15.38 \pm 2.29 ^a	0.72 \pm 0.07 ^f	8.33 \pm 0.61 ^c	3.97 \pm 0.32 ^e	5.09 \pm 1.03 ^{de}	12.67 \pm 1.22 ^b	15.53 \pm 1.35 ^a	5.91 \pm 0.55 ^d	14.7 \pm 0.46 ^a
Procyanidin B3	134.24 \pm 20.36 ^{ab}	3.71 \pm 0.24 ^f	138.14 \pm 6.27 ^{ab}	66.89 \pm 6.48 ^d	42.70 \pm 5.03 ^e	104.44 \pm 13.92 ^c	141.04 \pm 10.52 ^a	58.02 \pm 13.19 ^d	122.30 \pm 4.47 ^b
Procyanidin B4	3.55 \pm 1.15 ^a	-	1.98 \pm 0.26 ^{bc}	-	-	3.35 \pm 0.75 ^a	2.47 \pm 0.43 ^b	0.91 \pm 0.06 ^c	1.41 \pm 0.31 ^c
Total	548.86 \pm 59.35 ^b	14.62 \pm 1.35 ^e	570.18 \pm 40.15 ^b	314.84 \pm 27.83 ^d	262.15 \pm 47.16 ^d	442.88 \pm 57.57 ^c	448.51 \pm 29.30 ^c	247.31 \pm 48.79 ^d	655.41 \pm 14.40 ^a
Dihydrochalcones									
Phloridzin	32.72 \pm 5.06 ^b	37.48 \pm 17.6 ^{ab}	11.44 \pm 2.8 ^c	9.97 \pm 2.61 ^c	29.36 \pm 3.11 ^b	47.93 \pm 2.36 ^a	23.28 \pm 14.05 ^{bc}	14.99 \pm 5.14 ^c	10.14 \pm 3.87 ^c
Phlor-xyl-glucose	118.96 \pm 22.17 ^a	70.68 \pm 20.7 ^b	20.79 \pm 4.96 ^d	14.85 \pm 4.3 ^d	71.35 \pm 14.68 ^b	40.51 \pm 2.52 ^c	37.8 \pm 12.25 ^{cd}	17.69 \pm 3.84 ^d	16.57 \pm 3.35 ^d
Total	151.68 \pm 25.20 ^a	108.16 \pm 35.71 ^b	32.23 \pm 7.65 ^{cd}	24.82 \pm 6.90 ^d	100.71 \pm 16.09 ^b	88.44 \pm 2.45 ^{bc}	61.09 \pm 26.80 ^c	32.68 \pm 8.93 ^{cd}	26.71 \pm 7.06 ^d
Phenolic acids									

Chlorogenic acid	420.40 ± 35.98 ^c	246.79 ± 31.86 ^e	241.43 ± 7.95 ^e	279.22 ± 6.93 ^e	487.86 ± 4.21 ^b	300.47 ± 18.80 ^{de}	330.45 ± 31.33 ^d	574.27 ± 56.07 ^a	283.91 ± 30.6 ^{de}
Neochlorogenic acid	6.36 ± 1.15 ^c	2.76 ± 0.30 ^e	2.26 ± 0.30 ^e	10.72 ± 0.77 ^a	11.04 ± 1.25 ^a	8.25 ± 0.66 ^b	3.98 ± 0.42 ^d	4.66 ± 0.36 ^d	7.45 ± 0.29 ^b
Cryptochlorogenic acid	0.54 ± 0.26 ^{bc}	0.76 ± 0.42 ^b	0.92 ± 0.02 ^{ab}	0.32 ± 0.07 ^c	1.2 ± 0.32 ^a	-	0.55 ± 0.01 ^{bc}	0.93 ± 0.17 ^{ab}	-
<i>p</i> -Coumaroyl glucose	0.61 ± 0.20 ^d	0.90 ± 0.42 ^{cd}	0.88 ± 0.33 ^{cd}	1.15 ± 0.13 ^c	3.10 ± 0.15 ^a	2.26 ± 0.15 ^b	0.47 ± 0.03 ^d	0.52 ± 0.15 ^d	0.56 ± 0.06 ^d
<i>p</i> -Coumaroylquinic acid	54.37 ± 8.86 ^c	22.17 ± 1.85 ^{ef}	21.18 ± 2.69 ^f	57.17 ± 3.90 ^{bc}	62.92 ± 4.06 ^b	72.65 ± 5.28 ^a	28.53 ± 2.75 ^e	20.79 ± 3.07 ^f	37.54 ± 4.15 ^d
Gallic acid	-	-	-	-	-	-	-	0.06 ± 0.01 ^a	0.03 ± 0.005 ^b
Caffeoyl glucoside	-	0.15 ± 0.04 ^b	-	-	0.39 ± 0.05 ^a	0.17 ± 0.03 ^b	-	0.09 ± 0.01 ^c	0.1 ± 0.01 ^c
Protocatechuic acid	0.11 ± 0.01 ^b	0.13 ± 0.04 ^b	-	-	0.14 ± 0.07 ^b	0.16 ± 0.04 ^{ab}	0.21 ± 0.02 ^a	0.14 ± 0.03 ^b	0.1 ± 0.01 ^b
Feruloyl glucose	14.85 ± 1.70 ^d	11.79 ± 1.85 ^d	18.88 ± 3.41 ^c	11.94 ± 2.18 ^d	35.03 ± 3.49 ^a	25.76 ± 2.23 ^b	3.38 ± 0.42 ^e	4.68 ± 0.42 ^e	5.65 ± 0.47 ^e
<i>t</i> -Cinnamic acid	-	-	1.33 ± 0.95	1.77 ± 1.21	-	-	-	-	-
Total	497.24 ± 44.14 ^b	285.45 ± 33.94 ^d	286.88 ± 12.43 ^d	362.30 ± 6.72 ^{cd}	601.68 ± 7.98 ^a	409.72 ± 23.21 ^c	367.57 ± 33.69 ^{cd}	606.13 ± 56.85 ^a	335.34 ± 34.49 ^d
Total polyphenols	1201.83 ± 37.42^a	411.93 ± 70.16^e	890.68 ± 52.26^c	703.01 ± 27.07^d	965.48 ± 45.08^{bc}	946.20 ± 82.53^{bc}	879.28 ± 66.12^c	891.37 ± 57.51^c	1018.84 ± 48.17^b

508 **Table 3.** Pearson's correlation coefficient between phenols-polyphenol concentration and antioxidant capacity (DPPH) on fruit from
 509 nine ancient apple cultivars from Garfagnana (Italy). The cultivars are B: 'Benito'; RC: 'Rossa di Corfino'; DP: 'Della Piastra'; DG: 'Del Giappone';
 510 LG: 'Lugliese Grisanti'; SM: 'San Michele'; DD: 'Del Debbio'; DS: 'Del Sangue'; R: 'Ruggine'. **: P<0.01; ***: P<0.001

511

<u>Phenolic compound</u>	<u>Correlation Coefficient</u>	<u>Polyphenols content</u>
Chlorogenic acid	0.53**	
Catechin	0.60***	
Epicatechin	0.60***	
Procyanidin B1	0.85***	
Procyanidin B2	0.54**	
Procyanidin B3	0.53**	

Declaration of statement

DR, ELP, LG, ML, and RM designed the experiments. ELP and ELP executed the experiments. ELP, GC and ML analyzed results. DR, GC, LG, and RM discussed results and conclusions of the study. ELP wrote the manuscript. DR, ELP, LG, ML, and RM edited manuscript drafts.

Figure 1
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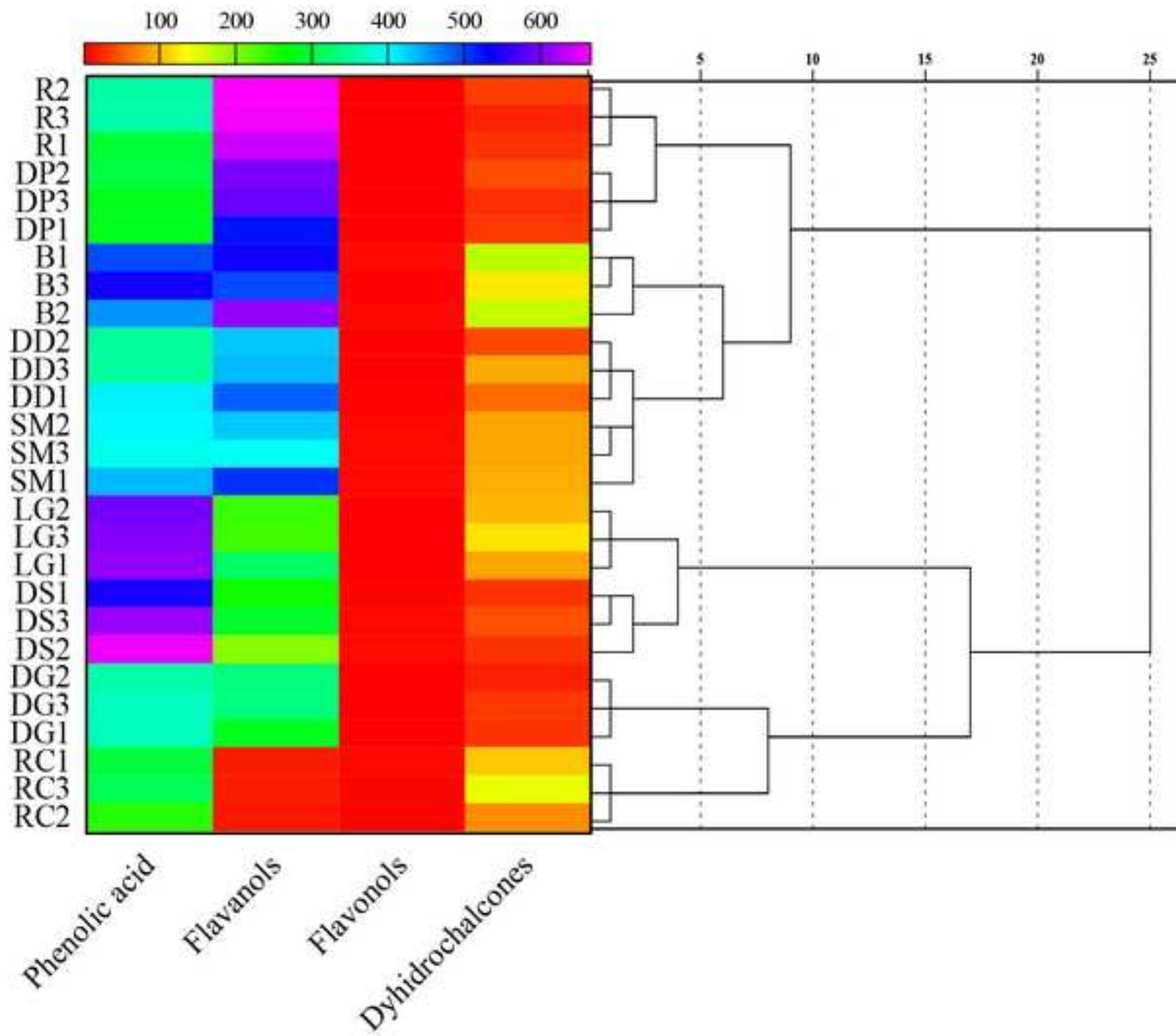


Figure 2a

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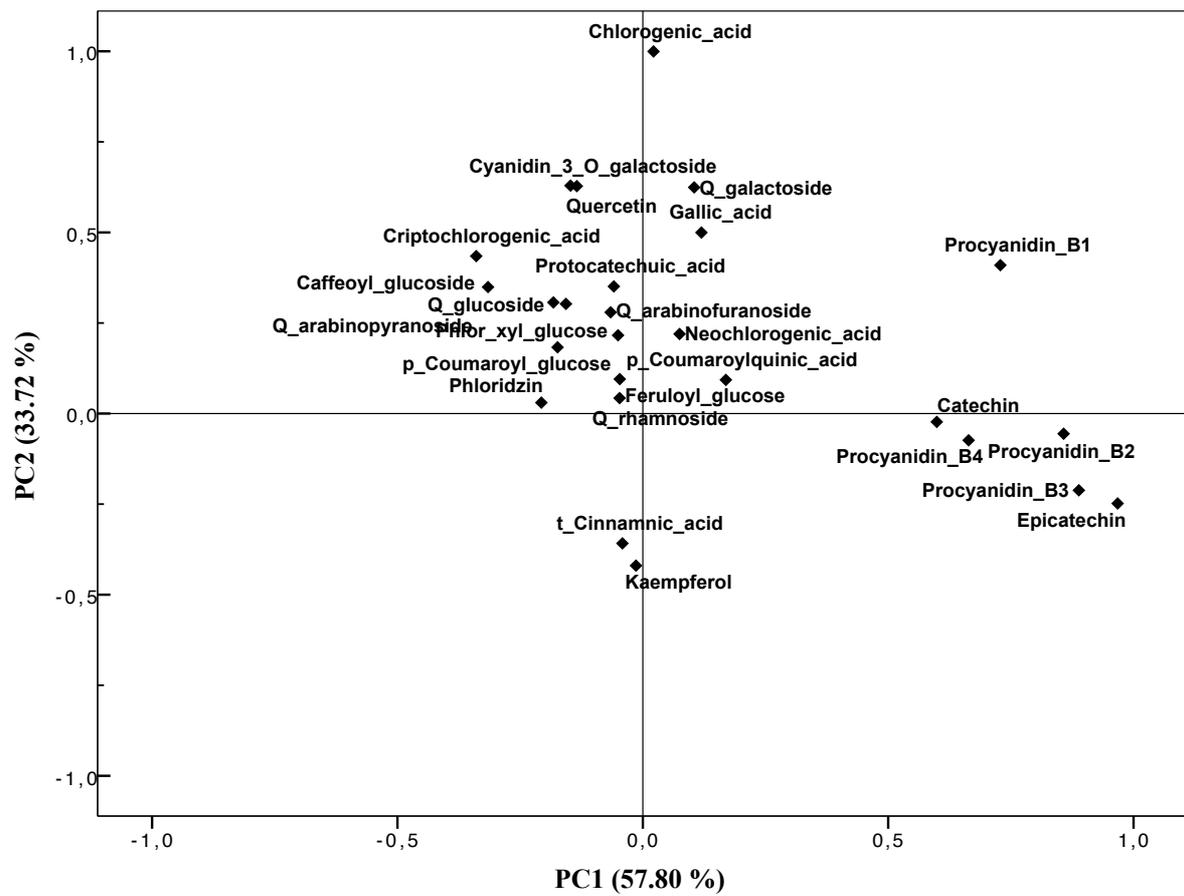


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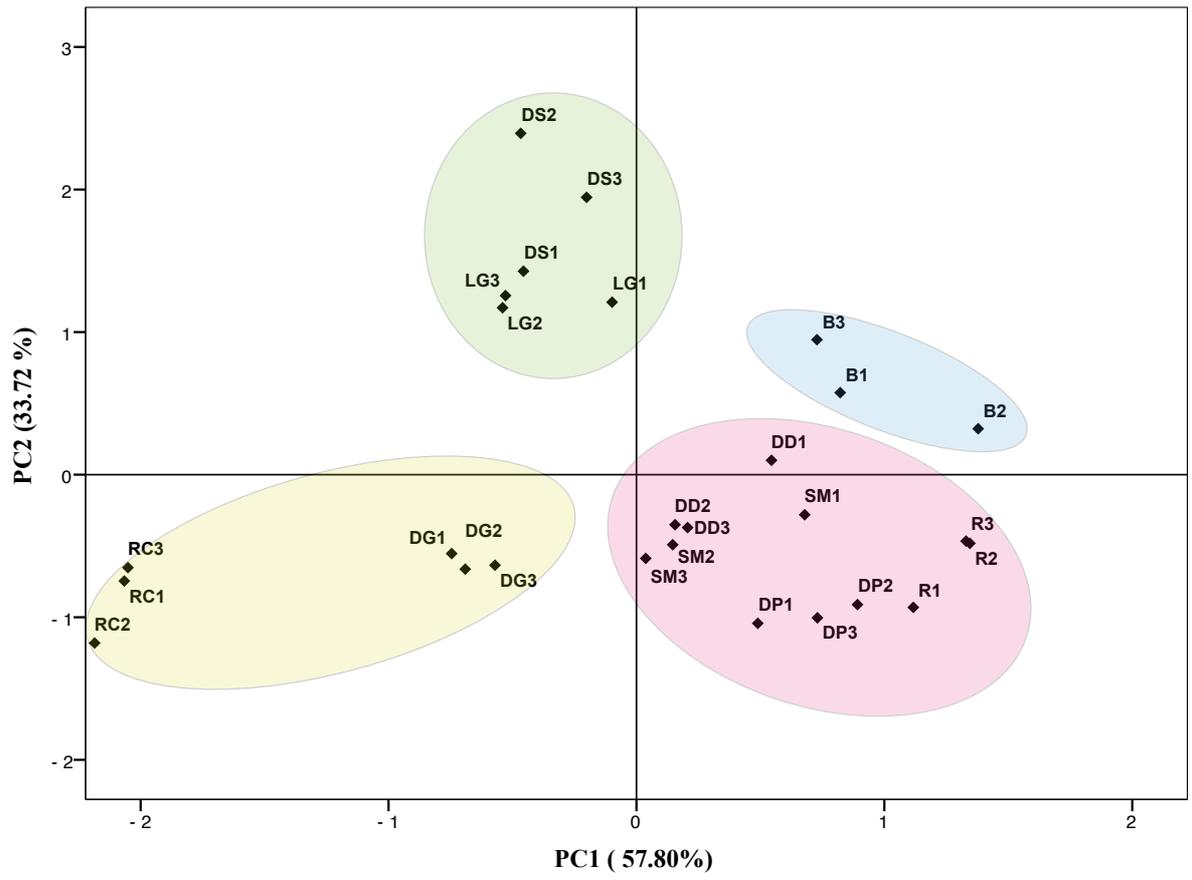


Figure 3

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