

New sulphated flavonoids from *Tamarix africana* and biological activities of its polar extract

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Abstract

The phytochemical investigation of *Tamarix africana* Poir. (Tamaricaceae) shoot polar extract afforded three new sulphated flavonoids, (2*S*,4*R*)-5,7,4'-trihydroxyflavan-4-ol 5,7-disulphate (**1**), (2*S*)-5,7,4'-trihydroxyflavan 7-*O*-sulphate (**2**), and (2*S*)-naringenin 4'-*O*-sulphate (**3**), together with ten known compounds. Their structures were determined by spectroscopic methods including 1D and 2D NMR analysis and high resolution mass spectrometry. Biological activities of the polar extract of *T. africana* shoots related to its phenolic content were also investigated. A high total phenolic content (151.1 mg GAE/g) was found in the methanol shoot extract, which exhibits strong antioxidant activities using the ORAC method and in a skin cell based-assay. Moreover, the shoot extract showed significant anti-inflammatory activity, reducing NO release by 53.5 % at 160 µg/mL in LPS stimulated RAW 264.7 macrophages. Finally, *T. africana* shoot extract inhibited the growth of A-549 lung carcinoma cells, with an IC₅₀ value of 34 µg/mL.

Key words

Tamarix africana, Tamaricaceae, sulphated flavonoids, antioxidant activity, cytotoxicity, anti-inflammatory activity

Introduction

The genus *Tamarix* (commonly known as tamarisk, Tamaricaceae family) comprises green tree halophytes, growing to 1-18 m tall, mainly found in coastal saline soil and desert [1]. They are long-living plants very tolerant to severe conditions and sustain abiotic stresses, such as high temperature, salt and dryness [2]. Some species are cultivated as ornamental plants in gardens or as windbreaks or shade trees [3]. *Tamarix* species synthesize and accumulate a large variety of phenolics, including lignans, phenolic glycerides, gallotannins, monomeric and oligomeric ellagitannins, flavonol glycosides, coumarins, and fatty alcohols [4-6]. In addition, they are used in traditional medicine as astringent, aperitif, stimulus of perspiration and diuretic [7], and are used for tanning and dyeing purposes [8, 9]. Younos et al. [10] reported the importance of this genus in some old civilizations and the actual uses of different parts of *Tamarix* species (leaves, flowers, and galls) in the traditional Asian medicine as anti-inflammatory, anti-diarrheal, cicatrizing, and antiseptic agents.

It is well known that plant halophytes produce polyphenols as stress metabolites and could be a source of bioactive compounds [2, 11]. Therefore, *T. africana* Poir, an ornamental and folkloric medicinal halophyte, particularly abundant in Mediterranean salt marshes [7], was selected for this study. *T. africana* is a perennial shrub with brownish branches, punctuated, opaque, oval and acuminate leaves; its bunches reach 6 cm long and contain flowers with four to five petals and four stamens. To our knowledge, no detailed study on the chemical composition or any biological activities of *T. africana* shoots have been reported in the literature. The present investigation was designed to carry out a phytochemical study of *T. africana* shoots and to evaluate the biological properties of the methanol extract.

Results and Discussion

The methanolic shoot extract of *T. africana* was subjected to Sephadex LH-20 column chromatography followed by flash chromatography on SiO₂ and RP-HPLC, to afford three new sulphated flavonoids (**1-3**) (**Fig. 1**), along with ten known compounds.

Compound **1** was obtained as red-brownish amorphous powder. Its UV spectrum showed two **absorption maxima** at 254 and 296 nm. Its molecular formula was assigned as C₁₅H₁₃NaO₁₁S₂ on the basis of its ¹³C NMR and HRESIMS (*m/z* 454.9733 [(M-H)⁻] data. The HRESIMS/MS spectrum showed two peaks at *m/z* 335.02 [(M-120)-H]⁻ and 255.07 [(M-120-80)-H]⁻ suggesting the presence of a sulphate group. Another sodium sulphate residue was ascertained from the fragment at *m/z* 152.01 [(M-120-80-103)-H]⁻. The ¹H NMR spectrum (**Table 1**), showing four aromatic signals at δ 6.82 (two overlapped signals), 7.03 (1H, d, *J* = 2.0 Hz), and 7.30 (2H, d, *J* = 8.6 Hz), two methines at δ 5.20 (1H, dd, *J* = 12.9, 2.0 Hz) and 5.17 (1H, br s), and one methylene at δ 2.13 (1H, br dd, *J* = 16.0, 2.0 Hz) and 1.98 (1H, br dd, *J* = 16.0, 12.0 Hz) was indicative of **a** flavan-4-ol-type skeleton [12]. The chemical shifts of the two doublets at δ 7.30 (2H, d, H-2'/6') and 6.82 (2H, d, H-3'/5') suggested a *para*-substituted B-ring, while the two doublets at δ 7.03 (1H, d, *J* = 2.0 Hz, H-6) and 6.82 (1H, d, *J* = 2.0 Hz, H-8), were in accordance with a 1,2,3,5-tetrasubstituted A-ring. Complete assignment of proton and carbon chemical shifts of **1** was accomplished by HSQC, HMBC, and DQF-COSY. Keys HMBC correlations were observed between δ 5.20 (H-2) and 132.9 (C-1') and 128.6 (C-2'/6'), δ 2.13 (H-3a) and 1.98 (H-3b) and 60.0 (C-4) and 116.2 (C-10), δ 6.82 (H-8) and 7.03 (H-6) and 153.6 (C-7). In order to establish the configuration at C-2 and C-4, the CD spectrum and chemical shifts and coupling constants of H-2, H-3, and H-4 were studied. The coupling constants of H-2 and H-4 (**Table 1**) suggested a *trans* stereochemical relationship between H-2 and H-4. Moreover, the positive Cotton effects at 230 and 275 nm enabled to establish the 2*S*,4*R* configuration [13]. Therefore, compound **1** was characterized as (2*S*,4*R*)-5,7,4'-trihydroxyflavan-4-ol 5,7-disulphate (= (2*S*,4*R*)-5,7,4,4'-tetrahydroxyflavan 5,7-disulphate).

Compound **2** was isolated as a red-brownish amorphous powder. It showed a $[M-H]^-$ ion at m/z 337.0235 in the HRESIMS spectrum corresponding to the molecular formula $C_{15}H_{14}O_7S$. In the HRESIMS/MS spectrum fragments at m/z 257.14 $[(M-80)-H]^-$, 217.06 $[(M-120)-H]^-$, and 137.15 $[(M-80-120)-H]^-$ were observed, suggesting the presence of a sulphate moiety. The UV spectrum showed a UV maximum at 287 nm indicating a flavan skeleton [14]. The 1H NMR spectrum (**Table 1**) showed signals for one methine and two methylenes for the C ring at δ 4.88 (overlapped signal), 2.93 (1H, br dd, $J = 13.0, 1.0$ Hz, H-4a) and 2.80 (1H, m, H-4b), 2.13 (1H, m, H-3a) and 1.95 (1H, m, H-3b), two *meta*-coupled aromatic protons at δ 6.65 (1H, d, $J = 1.8$ Hz, H-6) and 6.14 (1H, d, $J = 1.8$ Hz, H-8), and a pair of signals for a 1,4-disubstituted aromatic ring at δ 7.24 (2H, d, $J = 8.5$ Hz, H-2'/6') and 6.80 (2H, d, $J = 8.5$ Hz, H-3'/5'). These signals correlated in the HSQC spectrum with the respective carbons at δ 78.9 (C-2), 21.0 (C-4), 30.0 (C-3), 102.3 (C-6), 101.0 (C-8), 128.5 (C-2'/6'), and 116.1 (C-3'/5'). The sulphate group was located at C-7 on the basis of the chemical shifts of H-6/C-6 and H-8/C-8 and HMBC correlations between H-6 and C-7, C-8, and C-10. The absolute configuration at C-2 was determined on the basis of CD spectroscopic analysis. Compound **2** showed a negative Cotton effect at 280 nm indicating the *S* configuration at C-2 [13]. The structure of **2** was therefore identified as (2*S*)-5,7,4'-trihydroxyflavan 7-*O*-sulphate.

Compound **3** was isolated as a yellow amorphous powder and its molecular formula established as $C_{15}H_{12}O_8S$ based on the ESIMS and ^{13}C NMR experiments. Its UV (two maxima at 287 and 327 nm) and NMR spectra (**Table 1**) resembled those of naringenin [15] with the following difference: the chemical shifts of proton and carbon signals of ring B (δ 7.48 in **3** *versus* 7.32 in naringenin; 7.36 in **3** *versus* 6.81 in naringenin; δ 128.3 in **3** *versus* 129.0 in naringenin, 122.6 in **3** *versus* 116.3 in naringenin) were indicative of the presence of a sulphate group at C-4' in **3**. The configuration at C-2 was determined as *S* on the basis of a negative Cotton effect at 282 nm and a positive Cotton effect at 330 nm in the CD spectrum. Based on the above evidences, compound **3** was characterized as (2*S*)-naringenin 4'-*O*-sulphate, previously obtained through metabolisation of 7-*O*-

methylnaringenin (sakuranetin) by *Cunninghamella elegans* NRRL 1392 [16], but reported now for the first time as a natural flavanone.

The following ten known compounds were also identified by comparison with published spectroscopic data and/or reference standards as succinic acid, ferulic acid, ferulic acid methyl ester [17], kaempferol 3-*O*- β -D-glucuronopyranoside [18], 5-hydroxyveratric acid [19], 5-hydroxyveratric acid methyl ester [20], naringenin [15], kaempferol [15], 4',7-di-*O*-methylkaempferol-3-*O*-sulphate [21], and gardenin A [4].

The total phenol, flavonoid and proanthocyanidin contents in methanol shoot extract of *T. africana* were assessed by using methods previously reported [22, 23]. Results presented in **Table 2** show a significant polyphenol content (over 150 mg GAE/g), a large amount of tannins (79.2 mg CE/g), and an appreciable flavonoid content (23.9 mg CE/g). Interestingly, *T. africana* contains a very high amount of proanthocyanidins compared to some other halophyte species belonging to the same family, such as *Reaumuria vermiculata* L. [24]. Moreover, the flavonoid content was significantly higher in *T. africana* shoot as compared to the halophyte *Limonium densiflorum* (Guss.) Kuntze [25] traditionally used as a medicinal plant. In fact, the high phenolic content of *T. africana* may be due to the hard conditions in which this species grows mainly salinity and aridity [26].

The high phenolic content of a plant extract is usually directly related to its antioxidant activity. For this reason, the oxygen radical absorbance capacity was determined by the ORAC assay [27]. The *T. africana* methanol extract exhibited significant antioxidant activity with ORAC value of 2.5 μ mol TE/mg (**Table 2**), two fold higher than that reported for the methanol extract of the closely related species *Reaumuria vermiculata* (1.1 μ mol TE/mg) [24]. Moreover, the antioxidant activity of *T. africana* shoot extract was also assessed in a cell-based assay which uses dichlorofluorescein diacetate (DCFH-DA) as an indicator of reactive oxygen species (ROS), and allows the detection of both anti- and pro-oxidant properties [28]. The methanol extract of *T. africana* inhibited tert-butylhydroperoxide (tBH)-induced oxidation of DCFH with IC₅₀ value of 3.3 μ g/mL (**Table 2**). In comparison, the IC₅₀ values of the standard antioxidant Trolox and quercetin were 0.1 μ g/mL and

0.8 $\mu\text{g/mL}$, respectively. The inhibition of the tBH-induced oxidation of DCFH, is significantly higher for the *T. africana* shoot extract compared to *Zygophyllum album* L.f. methanol extract (IC_{50} = 103 $\mu\text{g/mL}$) [29].

Plant foods including fruits, vegetables and medicinal herbs are an excellent source of antioxidant molecules that effectively inhibit the inflammatory process by affecting different molecular targets [30, 31]. For this reason, the presence of phenolic compounds in *T. africana* extract prompted us to investigate its anti-inflammatory activity using RAW 264.7 macrophages which were stimulated to induce an overproduction of nitric oxide (NO). The methanol extract significantly inhibited NO release in a dose-dependent manner at concentrations ranging from 20 $\mu\text{g/mL}$ (24.3%) to 160 $\mu\text{g/mL}$ (53.5%) (**Fig. 2**). However, the positive control L-NAME (*N*_ω-Nitro-L-Arginine Methyl Ester) at 25 $\mu\text{g/mL}$ inhibited NO release more efficiently (64.1%). The anti-inflammatory activity of the methanolic extract could be due, in part, to the presence of phenolic compounds. These data are in line with those reported in Oueslati et al. [32] where the methanol extract of *Suaeda fruticosa* Forssk. ex J.F.Gmel. showed the best anti-inflammatory activity compared to extracts of the same plant prepared with other solvents. Megdiche Ksouri et al. [29] also obtained similar results for *Zygophyllum album* showing that the methanol extract exhibited the strongest inhibition of NO release in a dose-dependent manner.

Plant phytochemicals have received increasing attention due to their specific cytotoxicity against cancer cells [33]. Phenolic compounds, which are powerful antioxidants, are considered as molecules with anti-inflammatory, antimutagenic and cytotoxic activities [34]. The cytotoxic activity of *T. africana* has not been reported in literature and the antioxidant activity of this species and its high phenolic content encouraged us to investigate its anti-proliferative capacity. Therefore, the cytotoxicity of *T. africana* was evaluated against the colon carcinoma (DLD-1) and lung carcinoma (A-549) cell lines as well as a healthy human skin fibroblast cell line (WS1). The methanol extract exhibited cytotoxic activity against A-549 cells with IC_{50} value of 34 $\mu\text{g/mL}$. On the other hand, no activity was noticed against DLD-1 and WS-1 cells. These data suggested that *T.*

africana has an influence on tumor cell viability and specifically targets the lung carcinoma cell line (A-549). Interestingly, the methanolic extract of the medicinal plant *Reaumuria vermiculata*, belonging to the same family as *T. africana*, was also reported to be cytotoxic against the tumor cell line A-549 with IC₅₀ value of 99 µg/mL [24].

To the best of our knowledge, this is the first study on the antioxidant, anti-inflammatory and cytotoxic activities of *T. africana* shoot extract. The methanol extract contains a high amount of phenolic contents. It possesses antioxidant and anti-inflammatory activities and was found to be cytotoxic against the human lung carcinoma cell line (A-549). Three new sulphated flavonoids and ten known compounds were isolated and characterized from this extract. Glycosides containing sulphate residues have been identified previously in the plant kingdom, but the occurrence of sulphated flavan and flavan-4-ol derivatives is a very unusual finding. Particularly flavan-4-ols are rare compounds. Recently, Khalil et al. questioned about the real existence of apiforol (5,7,4'-trihydroxyflavan-4-ol), as well as other flavan-4-ols in *Sorghum* species, since apiforol has never been fully characterized from plant sources [35]. The isolation and complete characterization of compound **1** in *T. africana* could confirm the presence of flavan-4-ols as genuine natural products. Overall, this study provides new insights into the chemical constituents and bioactivities of *T. africana*.

Materials and Methods

General experimental procedures

Optical rotation values were determined on an AUTOPOL IV Automatic polarimeter (Rudolph Research Analytical) equipped with a sodium lamp (589 nm) and a 1 dm microcell. UV spectra were recorded on a Perkin–Elmer–Lambda Spectrophotometer. CD spectra were measured on a JASCO J-810 spectropolarimeter with a 0.1 cm cell in MeOH at room temperature under the following conditions: speed 50 nm/min, time constant 1 s, bandwidth 2.0 nm. NMR experiments were performed on Bruker 250 Avance and Bruker DRX-600 spectrometers (Bruker BioSpin

GmbH) equipped with a Bruker 5 mm TCI CryoProbe at 300 K. Chemical shifts were expressed in δ (parts per million) referred to the solvent peaks δ_{H} 3.34 and δ_{C} 49.0 for CD₃OD. Standard pulse sequences and phase cycling were used for DQF-COSY, TOCSY, HSQC, and HMBC experiments. MS and MSⁿ analyses (positive and negative mode) were obtained using a LCQ Advantage spectrometer (Thermo Finnigan) equipped with an ion trap analyzer and Xcalibur 3.1 software. Samples were injected into the spectrometer at a flow rate of 5 $\mu\text{L}/\text{min}$ using an external syringe pump. HRESIMS experiments were achieved using a nano LC-MS/MS system, with a nanoAcquity UPLC module and a Q-TOF premier spectrometer equipped with a nanoelectrospray ion source (Waters), and provided with a lock-mass device to perform real-time calibration correction. Column chromatography was performed over Sephadex LH-20 (25-100 μm , Pharmacia Fine Chemicals) and SiO₂ (silica gel 60 SNAP cartridges, Biotage). HPLC was conducted on a Shimadzu instrument consisting of a LC-8A series pumping system, a RID10A refractive index detector, and a Rheodyne 7125 injector. Separations were performed on a C₁₈ μ -Bondapak column (30 cm x 7.8 mm, 10 μm , Waters) at a flow rate of 2.0 mL/min. TLC was performed on precoated silicagel 60 F₂₅₄ plates (Merck); compounds were detected by spraying with Ce(SO₄)₂/H₂SO₄ (Sigma Aldrich) and NTS (Naturstoff reagent)-PEG (Polyethylene glycol 4000) solutions (Sigma Aldrich).

Chemicals

Folin–Ciocalteu reagent, sodium carbonate anhydrous (Na₂CO₃), sodium nitrite solution (NaNO₂), vanillin, aluminium chloride hexahydrate solution (AlCl₃·6H₂O), and gallic acid (purity > 97.5%) were purchased from Fluka. Sulphuric acid was obtained from Merck. Fluorescein sodium salt (FL), 20,70-dichlorofluorescein-diacetate (DCFH-DA), 20,70-dichlorofluorescein (DCFH), 20,70-dichlorofluorescein (DCF), tert-butyl hydroperoxide (*t*-BuOOH), 6-hydroxy-2,5,7,8-tetramethyl-2-carboxylic acid (Trolox), (+)-catechin (purity > 99%), quercetin (purity > 95%), and 2,20-azobis(2-amidino-propane) dihydrochloride (AAPH) were all purchased from Sigma–Aldrich. The solvents

were purchased from EMD. All other chemical reagents were purchased from Sigma–Aldrich or Alfa Aesar and used as received.

Plant material

T. africana shoots were collected in March 2012 from the region of Thelja (South West of Tunisia, GPS N 34° 20' E 20° 15', semi-arid climate). The plant was identified by Dr. Abderrazak Smaoui (CBBC, Borj-Cedria) and a voucher specimen was deposited at the Herbarium of the Laboratory of Extremophile **Plants** at the CBBC (T-TAF 126).

Extraction and isolation

The air-dried *T. africana* shoots were grinded to a uniform powder. Then, 400 g of powdered plant were extracted in a Soxhlet apparatus using solvents of increasing polarity (*n*-hexane, dichloromethane, methanol), overnight for each solvent. The solvents were evaporated under reduced pressure and the extracts freeze-dried. The methanol extract (30.6 g) was partitioned between *n*-butanol and water (1:1). The *n*-butanol fraction (4.7 g) was chromatographed over Sephadex LH-20 (3 cm x 60 cm) eluting with MeOH (flow rate 0.8 mL/min). 82 fractions of 10 mL were collected and combined after TLC analysis on silica gel plates with *n*-BuOH-AcOH-H₂O (60:15:25) and CHCl₃-MeOH-H₂O (70:30:3) into 13 fractions (A-M). Fraction D (600 mg, 230-270 mL) was separated through flash chromatography (25 g silica SNAP cartridges, flow rate 25 mL/min, 15 mL fractions) eluting with *n*-hexane-CHCl₃ (1:1), followed by CHCl₃ and increasing concentrations of MeOH in CHCl₃ (between 1% and 100%), to give succinic acid (21 mg, 765-810 mL, gradient CHCl₃-MeOH 8:2→ MeOH) together with 4 subfractions (D₁-D₄). Fraction D₂ (40 mg, 300-510 mL, gradient CHCl₃→CHCl₃-MeOH 97:3) was purified by RP-HPLC with MeOH-H₂O (1:1) as eluent to give gardenin A (3 mg, *t_R* = 12 min). Fraction E (280.2 mg, 280-330 mL) was submitted to flash chromatography (10 g silica SNAP cartridges, flow rate 12 mL/min, 10 mL fractions) eluting with CHCl₃ followed by increasing concentrations of MeOH in CHCl₃ (between

1% and 100%) to give 3 subfractions (E₁-E₃). Fraction E₁ (138.9 mg, 50-60 mL, CHCl₃) was purified by RP-HPLC with MeOH-H₂O (2:3) to give ferulic acid (11.7 mg, *t_R* = 14 min), 5-hydroxyveratric acid methyl ester (14.6 mg, *t_R* = 23 min), and ferulic acid methyl ester (3.9 mg, *t_R* = 43 min). Fraction G (300 mg, 390-450 mL) was separated through flash chromatography (10 g silica SNAP cartridges, flow rate 12 mL/min, 10 mL fractions) eluting with CHCl₃ followed by increasing concentrations of MeOH in CHCl₃ (between 1% and 100%), to give kaempferol 3-*O*-β-D-glucuronopyranoside (11.7 mg, 260-290 mL, CHCl₃-MeOH 1:1) together with 3 subfractions (G₁-G₃); fraction G₃ (61.4 mg, 200-230 mL, gradient CHCl₃-MeOH 3:2→1:1) was purified by RP-HPLC with MeOH-H₂O (2:3) as eluent to give 5-hydroxyveratric acid (1 mg, *t_R* = 5 min). Fractions I (89.7 mg, 490-530 mL) and K (68.5 mg, 650-720 mL) were separately purified by RP-HPLC with MeOH-H₂O (3:2) as eluent to give naringenin (4.6 mg, *t_R* = 9 min) from fraction I, and kaempferol (2 mg, *t_R* = 14 min) and 4',7-di-*O*-methylkaempferol-3-*O*-sulphate (1.5 mg, *t_R* = 7 min) from fraction K. Fraction J (104.5 mg, 540-640 mL) was subjected to RP-HPLC using MeOH-H₂O (2.5:7.5) to yield compounds **2** (1.4 mg, *t_R* = 10 min) and **3** (4.2 mg, *t_R* = 13 min). Fraction L (122.0 mg, 730-820 mL) was purified through RP-HPLC using MeOH-H₂O (3.5:6.5) to yield compound **1** (5.5 mg, *t_R* = 6 min). All the compounds met the criteria of ≥95% purity, as inferred by HPLC and NMR analyses.

(2*S*,4*R*)-4,5,7,4'-Tetrahydroxyflavan-4-ol 5,7-di-*O*-sulphate (**1**): red-brownish amorphous powder; $[\alpha]_{\text{D}}^{25} +22.7$ (*c* 0.09, MeOH); UV (MeOH) λ_{max} (log ϵ): 297 (3.69); CD $[\theta]_{25}^{25}$ (*c* 0.1, MeOH) + 3200 (230 nm), + 3000 (275 nm); ¹H and ¹³C NMR data, see **Table 1**; HRESIMS: *m/z* 454.9733 [M-H]⁻ (calcd. for C₁₅H₁₃NaO₁₁S₂, *m/z* 454.9719); MS/MS *m/z* 335.02 [(M-120)-H]⁻, 255.07 [(M-120-80)-H]⁻, 152.01 [(M-120-80-103)-H]⁻.

(2*S*)-5,7,4'-Trihydroxyflavan 7-*O*-sulphate (**2**): red-brownish amorphous powder; $[\alpha]_{\text{D}}^{25} -8.1$ (*c* 0.09, MeOH); UV (MeOH) λ_{max} (log ϵ): 287 (3.74); CD $[\theta]_{25}^{25}$ (*c* 0.1, MeOH) - 3300 (280 nm); ¹H and ¹³C

NMR data, see **Table 1**; HRESIMS: m/z 337.0235 [M-H]⁻ (calcd. for C₁₅H₁₃O₇S, m/z 337.0382); MS/MS m/z 257.14 [(M-80)-H]⁻, 217.06 [(M-120)-H]⁻, 137.15 [(M-120-80)-H]⁻.

(2S)-Naringenin 4'-O-sulphate (**3**): yellow amorphous powder; $[\alpha]_D^{25}$ -45 (*c* 0.02, MeOH); UV (MeOH) λ_{\max} (log ϵ): 287 (3.90), 327 (4.05); CD $[\theta]_{25}$ (*c* 0.1, MeOH) - 3250 (282 nm), + 2850 (330 nm); ¹H and ¹³C NMR data, see **Table 1**; HRESIMS: m/z 351.0189 [M-H]⁻ (calcd. for C₁₅H₁₁O₈S, m/z 351.0175); ESIMS: m/z 351 [M-H]⁻, 271 [(M-80)-H]⁻.

Biological activity assays

Total polyphenolic content (TPC)

Total phenolic content was determined by the Folin–Ciocalteu colorimetric method slightly modified by Dewanto et al. [22] using gallic acid as standard. An aliquot (0.125 mL) of tenfold diluted extract, dissolved in methanol (0.1g/mL), was added to 0.5 mL of distilled water and 0.125 mL of the Folin–Ciocalteu reagent. The mixture was shaken and allowed to stand for 6 min, before addition of 1.25 mL of Na₂CO₃ (7%). The solution was then adjusted with distilled water to a final volume of 3 mL, mixed thoroughly, and held for 90 min at ambient temperature. After incubation in dark, the absorbance at 760 nm was recorded. Total phenolic content was expressed as mg GAE/g dry extract (mg GAE/ g) through the calibration curve with gallic acid. Triplicate measurements were carried out for all samples.

Total flavonoid content

Total flavonoids were measured by a colorimetric assay according to Dewanto et al. [22]. An aliquot (0.125 mL) of twofold diluted methanol extract, dissolved in methanol (0.1g/mL), or standard solution of (+)-catechin, was added to a 75 μ L of NaNO₂ (7%) solution, and mixed for 6 min, before adding 0.15 mL AlCl₃ (10%). After 5 min, 0.5 mL of 1 M NaOH was added. The final volume was adjusted to 2.5 mL with distilled water and thoroughly mixed. Absorbance of the mixture was determined at 510 nm against the same mixture, without the sample, as a blank. Total

flavonoid content was expressed as mg catechin/g dry extract (mg CE /g), through the calibration curve of (+)-catechin. The calibration curve range was 0–400 $\mu\text{g/mL}$ ($R^2 = 0.99$). All samples were analyzed in triplicates.

Total condensed tannins

The analysis of condensed tannins (proanthocyanidins) was carried out according to the method of Sun et al. [23]. 3 mL of 4% methanolic vanillin solution and 1.5 mL of concentrated H_2SO_4 were added to 0.05 mL of samples dissolved in methanol (0.1 g/mL). The mixture was allowed to stand for 15 min, and the absorbance was measured at 500 nm. The amount of total condensed tannins was expressed as mg catechin/g dry extract (mg CE/g), through the calibration curve of (+)-catechin. All samples were analyzed in triplicates.

ORAC assay

The procedure was modified from the method described by Ou et al. [36]. Briefly, the ORAC assay was carried out in black round bottom 96-well microplates (Costar) on a Fluoroskan Ascent FITM plate reader (Labsystems). Trolox was used as the control standard. Four concentrations of Trolox were used (1.6, 3.1, 6.5 and 12.5 μM) in quadruplicate, and a gradient of 16 concentrations of the samples, dissolved in DMSO, was prepared in three replications. The experiment was conducted at 37.5 °C and pH 7.4, with a blank sample in parallel. The fluorimeter was programmed to record the fluorescence of fluorescein every 30 s after addition of 2,2'-azobis-(2-amidinopropane)-dihydrochloride (AAPH). The results were calculated by comparing the net areas under the fluorescein decay curves between the blank and the samples. ORAC values were expressed in micromoles of Trolox equivalents (TE) per milligram ($\mu\text{mol TE/mg}$).

2',7'-dichlorofluorescein-diacetate (DCFH-DA) assay

Antioxidant activity was evaluated using the DCFH-DA assay as described by Legault et al. [37], with some modifications. Briefly, human skin fibroblast cells were plated in 96 microwell plates at 10,000 cells per well and incubated for 24 h at 37 °C and 5% CO₂. The cells were washed with 150 µL Hank's balanced salt solution (HBSS) at pH 7.4 and incubated for 30 min with 100 µL HBSS (pH 7.4) containing 5 µM DCFH-DA (Sigma-Aldrich). The cells were then washed again with 150 µL HBSS. To assess antioxidant activity, the cells were incubated with a growing concentration (ranging from 6.25 to 200 µg/mL) of *T. africana* methanol extract dissolved in DMSO, Trolox or quercetin (also dissolved in DMSO), in the absence or presence of 200 µM tBH. The samples were analyzed in triplicates. Fluorescence was measured after 1 and 4 h on an automated 96-well plate reader (Fluoroskan Ascent FLTM, Labsystems) using an excitation wavelength of 485 nm and an emission wavelength of 530 nm. IC₅₀ were calculated using the logarithmic regression of the dose-response curve after subtraction of both blank and intrinsic sample fluorescence values. In all cases, the regression coefficients (R^2) were greater than 0.95. IC₅₀ are the means ± standard deviations of three determinations.

Cell culture

The human lung carcinoma A-549 (ATCC CCL-185), colon adenocarcinoma DLD-1 (ATCC CCL-221), normal skin fibroblast (WS-1) and murine macrophage RAW 264.7 (ATCC TIB-71) cell lines were obtained from the American Type Culture Collection (ATCC). The A-549, DLD-1 lines were grown in Minimum Essential Medium with Earle's salts, while the RAW 264.7 cell line was grown in Dulbecco's modified Eagle's medium (Mediatech Cellgro). Both media were supplemented with 10% fetal calf serum (Hyclone), solution of vitamins (1×), sodium pyruvate (1×), non-essential amino acids (1×), penicillin (100 IU) and streptomycin (100 µg/mL) (Mediatech Cellgro). Cells were cultured in a humidified atmosphere at 37 °C in 5% CO₂.

Anti-inflammatory activity assay

To investigate the anti-inflammatory activity of *T. africana* methanol extract, nitric oxide (NO) production in lipopolysaccharide (LPS)-stimulated RAW 264.7 cells was examined. Exponentially growing cells were plated in 24-well microplates (BD Falcon) at a density of 2×10^5 cells per well in 400 μ L of culture medium and were allowed to adhere overnight. Cells were then treated or not with positive control L-NAME or increasing concentrations of methanol extract dissolved in DMSO and incubated at 37 °C, 5% CO₂ for 24 h. The final concentration of solvent in the culture medium was maintained at 0.5% (v/v) to avoid solvent toxicity. Cells were then stimulated with 100 μ g/mL LPS prepared from *Escherichia coli*. After 24 h, cell-free supernatants were collected and nitrite production was measured using the modified method of Green et al. [38]. Griess reagent (50 μ L of 1% sulphanilamide and 50 μ L of 0.1% *N*-1-naphthylethylenediamine dihydrochloride in 2.5% H₃PO₄) was added in equal volume (100 μ L) to cell supernatant and incubated at room temperature for 20 min. The absorbance at 540 nm was then measured using an automated 96-well Varioskan Ascent plate reader (Thermo Electron) and nitrite was quantified by comparison with a NaNO₂ standard curve. Triplicate measurements were carried out for all samples.

Cytotoxicity assay

Exponentially growing cells were plated at a density of 5×10^3 cells per well, in 96-well microplates (Costar, Corning Inc.) into 100 μ L of culture medium and were allowed to adhere for 16 h at 37 °C under 5% CO₂ before treatment. Then, 100 μ L of increasing concentrations of methanol extract dissolved in DMSO were added. The final concentration of solvent in the culture medium was maintained at 0.5% (v/v) to avoid solvent toxicity. The cells were incubated for 48 h in the presence or absence of the extract. Cytotoxicity was assessed using the resazurin reduction test as described by O'Brien et al. [39]. Fluorescence was measured using an automated 96-well Fluoroskan Ascent FI™ plate reader (Thermo-Labsystems) at an excitation wavelength of 530 nm and an emission wavelength of 590 nm. Cytotoxic activity was expressed as the concentration of extract inhibiting cell growth by 50% (IC₅₀). Etoposide was used as positive control (IC₅₀ A-549 cells, 1.4 μ M; IC₅₀

DLD-1 cells, 1.4 μM ; IC₅₀ WS-1 cells, 8 μM). Triplicate measurements were carried out for all samples.

Statistical analysis

For each spectrophotometric test three independent experiments were carried out. ANOVA procedure was applied to test the difference between the solvent and standards. *P* values of 0.05 or less were considered as statistically significant. IC₅₀ values were calculated with Excel (2010).

Supporting information

NMR spectra of compounds **1-3** and data for IC₅₀ determination of cytotoxic activity are available as supporting information. This material is available online at <http://www.thieme-connect.de/ejournals/toc/plantamedica>

Conflict of Interest

The authors declare no conflict of interest.

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Figure legends:

Fig. 1 Chemical structures of compounds **1-3** isolated from *T. africana* shoot methanol extract

Fig. 2 Effect of *T. africana* shoot methanol extract on NO overproduction in LPS-stimulated RAW 264.7 macrophages.

Table 1 ¹H and ¹³C-NMR data of compounds **1-3** (CD₃OD, 600 MHz, *J* in Hz)

position	1		2		3	
	δ_{H}	δ_{C}	δ_{H}	δ_{C}	δ_{H}	δ_{C}
2	5.20 dd (12.9, 2.0)	74.6	4.88 ^a	78.9	4.43 dd (12.8, 3.2)	79.4
3a	2.13 br dd (16.0, 2.0)	38.4	2.13 m	30.0	3.07 dd (17.2, 12.8)	43.9
3b	1.98 br dd (16.0, 12.9)		1.95 m		2.75 dd (17.2, 3.2)	
4a	5.17 br s	60.0	2.93 br dd (13.0, 1.0)	21.0		196.7
4b			2.80 m			
5		155.0		157.0		165.6
6	7.03 d (2.0)	109.4	6.65 d (1.8)	102.3	5.88 ^a	96.7
7		153.6		152.0		170.3
8	6.82 ^a	107.6	6.14 d (1.8)	101.0	5.88 ^a	96.7
9		158.0		153.0		164.6
10		116.2		108.5		103.0
1'		132.9		134.6		136.9
2'/6'	7.30 d (8.6)	128.6	7.24 d (8.5)	128.5	7.48 d (8.0)	128.3
3'/5'	6.82 ^a	115.9	6.80 d (8.5)	116.1	7.36 d (8.0)	122.6
4'		158.2		157.0		154.2

Data assignments were confirmed by DQF-COSY, 1D-TOCSY, HSQC, and HMBC experiments.

^a Overlapped signal.

Table 2 Total polyphenol, flavonoid and condensed tannin contents, ORAC (oxygen radical absorbance capacity) values, and antioxidant activity of *T. africana* methanol extract and standards. Values (means of three replications) of the same column followed by different letters are significantly different at $P < 0.05$.

	Polyphenols (mg GAE/g)	Flavonoids (mg CE/g)	Tannins (mg CE/g)	ORAC value (μ mol Trolox/mg)	Antioxidant activity (IC ₅₀ in μ g/mL)
Methanol extract	151.1 \pm 10.9	23.9 \pm 2.9	79.2 \pm 8.6	2.5 \pm 0.2 ^a	3.3 \pm 0.4 ^c
Trolox				4.1 \pm 0.4 ^b	0.1 \pm 0.0 ^a
Quercetin				21.3 \pm 1.4 ^c	0.8 \pm 0.2 ^b