

1 **Isoprenoids and phenylpropanoids are key components of the antioxidant defense system of plants**
2 **facing severe excess light stress**

3 Cecilia Brunetti^{1,2}, Lucia Guidi³, Federico Sebastiani⁴, Massimiliano Tattini^{4*}

4 ¹ The National Research Council of Italy, Department of Biology, Agriculture and Food Sciences, Trees and Timber
5 Institute, Via Madonna del Piano 10, I-50019, Sesto Fiorentino, Florence (Italy)

6 ² University of Florence, Department of Agri-Food Production and Environmental Sciences (DISPAA), Viale delle
7 Idee 30, I-50019, Sesto Fiorentino, Florence (Italy)

8 ³ University of Pisa, Department of Agriculture, Food and Environment, Via del Borghetto 80, I-56124, Pisa (Italy)

9 ⁴ The National Research Council of Italy, Department of Biology, Agriculture and Food Sciences, Institute for
10 Sustainable Plant Protection, Via Madonna del Piano 10, I-50019, Sesto Fiorentino, Florence (Italy)

11

12 * Corresponding author: Phone +39 0554574039; Fax + 39 055 4574017

13 Email address tattini@ipp.cnr.it

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15 **Summary**

16 Plants face excess light stress on daily as well as on seasonal basis. The excess of excitation energy on
17 cellular organelles prone to reactive oxygen species (ROS) generation is further enhanced when plants
18 growing in full sun concurrently experience drought and heat stress. These are the very conditions that
19 promote the biosynthesis of a wide range of secondary metabolites. Plants display a highly integrated
20 arsenal of ROS-detoxifying agents to keep ROS concentration under control for efficient signalling, while
21 avoiding cell death. There is evidence that primary antioxidants, i.e. antioxidant enzymes and low
22 molecular-weight antioxidants, such as ascorbic acid and glutathione, are depleted under a severe
23 excess of radiant energy. Here we discuss about how relevant secondary metabolites, namely isoprene,
24 carotenoids, and flavonoids may complement the function of primary antioxidants to avoid irreversible
25 oxidative damage, when plants experience intense, even transient stress events. We offer evidence of
26 how plants orchestrate daily the antioxidant machinery, when challenged against multiple
27 environmental stresses. It is indeed conceivable that daily variations in sunlight irradiance and air
28 temperature may greatly alter the effectiveness of primary and secondary ROS-detoxifying agents.
29 Finally, we discuss about the possible inter-relation between isoprenoid and flavonoid metabolism in
30 plants facing high light coupled with drought stress, and hypothesize that abscisic acid might represent
31 the missing link between these metabolic pathways.

32

33 **Key words:** antioxidant enzymes, flavonoids, isoprene, reactive oxygen species (ROS), singlet oxygen
34 ($^1\text{O}_2$), zeaxanthin

35

36 1. Introduction

37 Plants routinely face a wide range of stress events, which fluctuate on daily as well as on seasonal basis.
38 The inevitable consequence of living in an oxygen-rich environment when combined with environmental
39 constraints is the accelerate production of reactive oxygen species (ROS), such as hydrogen peroxide
40 (H_2O_2), singlet oxygen ($^1\text{O}_2$), superoxide anion (O_2^-), and hydroxyl radical ($\cdot\text{OH}$). Plants, as sessile
41 organisms, have imperatively evolved a multiplicity of well-coordinated “defence” systems, aimed
42 maintain sub-lethal levels of ROS while taking further advantage from their abilities to signal stressful
43 conditions (Mittler et al., 2004; Foyer and Noctor, 2012, 2013). In plant cells, ROS are produced as by-
44 products of plant metabolism in chloroplasts, mitochondria, and peroxisomes as well as in the apoplast
45 by the action of NADPH-oxidase (Mittler et al. 2002, 2004; Apel and Hirt 2004; Maruta et al. 2012).
46 There is clear evidence that ROS (as well as ROS-induced changes in the ratio of oxidized to reduced
47 forms of low molecular weight antioxidants, i.e. redox couples, *sensu* Foyer and Noctor, 2015),
48 constitute an important hub capable of fine tuning cell metabolism by ‘transmitting’ environment-
49 induced perturbations, rather than representing dangerous by-products of aerobic metabolism (Foyer
50 and Noctor, 2012).

51 For example, H_2O_2 , due to its relatively long life-time and affinity for water channels (Bienert et
52 al., 2006, 2007) is a perfect signal transducing molecule in plants growing under both ‘optimal’ and
53 stress conditions (Pastori and Foyer, 2002). H_2O_2 may indeed mediate developmental processes because
54 of its ability to activate Mitogen Activated Protein Kinases (MAPK)-induced signalling cascade (Kovtun et
55 al. 2000; Foreman et al., 2003; Barba-Espín et al. 2011), and stress-induced H_2O_2 over production
56 represents a local and systemic signal that allows plants to acclimate to different stress agents (Foyer et
57 al., 1997; Rodriguez et al. 2002; Maruta et al. 2012). Even extremely reactive forms of oxygen, such as
58 singlet oxygen ($^1\text{O}_2$) and $^1\text{O}_2$ -generated oxylipins have also been involved in the retrograde signalling
59 form chloroplast to the nucleus, thus tightly controlling cell metabolism (Wagner et al., 2004; Fisher et
60 al., 2007; Kim et al., 2008). Changes in the concentration as well as in redox state of major low-
61 molecular weight antioxidants, i.e. ascorbic acid and glutathione, represent systemic signals that
62 profoundly alter cell metabolism conferring further resistance to over production of ROS (Schnaubelt et
63 al., 2015). Nonetheless, the extent to which external perturbations enhance ROS generation and their
64 successive diffusion from photosynthetic organs may result in severe cellular damage up to include
65 programmed cell death (Van Breusegem and Dat, 2006; De Pinto et al., 2012). Therefore, plants have to
66 make great efforts to finely tune ROS-derived signalling (preventing massive ROS generation and
67 detoxify ROS once they are formed), when their capacity to use radiant energy to photosynthesis is
68 severely constrained.

69 Main components of the antioxidant machinery of plants are low molecular-weight antioxidant
70 metabolites and enzymes. These include ascorbate (ASA), glutathione (GSH), superoxide dismutase
71 (SOD), catalase (CAT) and ascorbate peroxidase (APX), and constitute the first line of defence against
72 oxidative stress that operates in cellular compartments in which photosynthesis and photorespiration
73 take place (Apel and Hirt, 2004; Foyer and Shigeoka, 2011; Noctor et al., 2014). However, stress-induced
74 enhancement in the first line of antioxidant defence is not a general rule. The activity of antioxidant
75 enzymes increases in stress-tolerant species or genotypes, but may decrease steeply in stress-sensitive
76 counterparts (Schwanz and Polle, 2001; Hernández et al., 2002, 2003). This simply means that primary
77 antioxidants may be depleted depending on stress severity (Fini et al., 2011). Sensitivity to multifarious
78 stressors is generally estimated in terms of a plant's ability to fix carbon and hence to promote new
79 growth. It is therefore conceivable that the extent to which radiant energy reaching the photosynthetic
80 apparatus exceeds the plant ability to use it to photosynthesis because of environmental stressors, may
81 profoundly affect the effectiveness of primary ROS detoxifying agents (Fini et al., 2012, 2014). In other
82 words, exposure to excess light stress may result into transient activation/inactivation of antioxidant
83 enzyme activities (Polle, 2001; Mullineaux and Karpinski 2002; Mubarakshina et al., 2010; Fini et al.
84 2011; Fini et al. 2014).

85 Plants have evolved a variety of additional antioxidant systems, which are indeed activated in
86 response to severe excess of sunlight irradiance (Agati et al., 2012, 2013; Esteban et al., 2014).
87 Secondary metabolites are well suited to constitute a 'secondary' antioxidant system to transiently
88 complement the action of primary antioxidants, as secondary metabolite biosynthesis is mostly
89 activated in response to a severe excess of radiant energy (Agati et al., 2012, 2013). The cost, in terms of
90 energy and carbon, for secondary metabolites biosynthesis is balanced by the multiplicity of functions
91 that secondary metabolites may serve in plants suffering from severe excess light stress (Loreto and
92 Schnitzler, 2010; Agati and Tattini, 2010; Ramel et al., 2012). Non-volatile isoprenoids, such as
93 carotenoids, and flavonoids have the ability to avoid ROS generation as well as to counter ROS-induced
94 damage (see next sections for details). In other words, they are potent antioxidants, following
95 authoritative definitions given by Halliwell and Gutteridge (1989) and Halliwell (2009).

96 Here we explore the issue of how plants may orchestrate key components of the antioxidant
97 machinery when severely stressed by an excess of radiant energy. In particular, our focus is on
98 isoprenoids and flavonoids, and we discuss about the potential of this vast class of secondary
99 metabolites to complement the functions of primary antioxidants in plants facing concurrently exposed
100 to multiple stress agents. The matter has outstanding ecological significance for plants inhabiting most
101 areas worldwide, particularly the arid and semi-arid regions, as the frequency of intense stress events,

102 such as scarcity of rainfall coupled with heat waves, is predicted to increase in the next future because
103 of climate change (Mateasanz and Valladares, 2014; Tattini and Loreto, 2014).

104 **2. Primary antioxidant defences decline under severe excess light stress**

105
106 There is compelling evidence that enzymes aimed ROS detoxification decline in leaves, in which
107 excitation energy to the chloroplast is in great excess (Casano et al., 1997; Streb et al., 1997; Polle, 2001;
108 Mullineaux and Karpinski, 2002; Mubarakshina et al., 2010). This poses some concerns whether
109 antioxidant enzymes constitute an efficient control system against stress induced ROS production
110 (Peltzer and Polle, 2001; Peltzer et al., 2002; Apel and Hirt, 2004; Schutzendubel et al., 2001; Fini et al.,
111 2012, 2014). APX and CAT are depleted in plants exposed to severe excess excitation energy (Polle,
112 2001; Mullineaux and Karpinsky, 2002; Hatier and Gould, 2008; Mubarakshina et al., 2010; Agati *et al.*,
113 2012) especially when other environmental constraints concurrently reduce the use of light energy for
114 carbon fixation (Fini et al., 2011, 2012). There is evidence that APX activity is particularly sensitive to
115 high temperature and sunlight irradiance (De la Haba et al., 2014) as revealed by both *in situ* and *in vitro*
116 analysis of enzyme activity (Peltzer and Polle, 2001; Peltzer et al., 2002). Temperature dependent
117 reduction of enzyme activities may be further enhanced under severe drought induced limitations of
118 photosynthesis, which in turn contribute forming excess excitation energy (Fini et al., 2011, 2012).

119 Similarly to antioxidant enzymes, also the concentration of ASA and GSH generally increases
120 under mild to moderate stress, but may decrease when the stress become more severe, in
121 concomitance with severe limitation of photosynthesis (Herbinger et al. 2002; Guo et al., 2006;
122 Zechmann et al., 2011; Koffler et al., 2014). Notably, drought induced decrease in ascorbate and
123 glutathione concentrations in *Arabidopsis* was mostly due to depletion in chloroplasts and peroxisomes,
124 whereas the concentration of vacuolar ASA steeply increased (Koffler et al 2014). It was suggested that
125 ASA may have a role as H₂O₂-detoxifying in the vacuole (Koffler et al 2014), possibly behaving as a
126 'secondary vacuolar antioxidant', as detailed below in section 4.

127 The extent of stress-induced depletion of primary antioxidant defences determine cell and
128 whole-organ fate. Indeed, ROS may represent an unsolvable dead threat for the cell or instead activate a
129 network of defences (through ROS-signalling) conferring further stress tolerance (Suzuki et al., 2012;
130 Barajas-Lopez et al., 2013; Van Breusegem and Dat, 2006) in a very narrow concentration range
131 (Cheeseman, 2006). The matter needs further investigations, examining the responses of plants to
132 multiple stressors on long-term basis.

133
134 **3. Antioxidant functions of volatile and non-volatile isoprenoids in high light-stressed**
135 **leaves**

136 As mentioned above, the conditions that lead to depletion of primary antioxidants can activate the
137 biosynthesis of relevant secondary metabolites. This is exactly the case of volatile (here the discussion is
138 centred on isoprene, the functions of which have been deeply explored) and non-volatile isoprenoids
139 (Esteban et al., 2014; Rasulov et al., 2014; Tattini et al., 2014a). These metabolites are therefore best
140 suited to complement the function of primary chloroplast antioxidants, and equip the chloroplast with
141 an extraordinarily versatile arsenal aimed at effectively countering the risk of irreversible photo-
142 oxidative damage.

143

144 **3.1 Isoprene**

145 Isoprene biosynthesis is a feature of most hygrophilic and deciduous species (Loreto and Fineschi,
146 2015), and its emission is further stimulated when these plants experience intense, even transient stress
147 events, e.g. water deficit coupled with heat waves (Bruggeman and Schnitzler, 2002; Sharkey et al.,
148 2008; Harrison et al., 2013; Rasulov et al., 2014). Drought and heat stress-induced changes in
149 physiological traits result into 'biochemical' conditions that stimulate isoprene biosynthesis.
150 Photosynthesis mostly declines because of stomatal limitations early during drought stress without a
151 concomitant decrease in electron transport rate. The generated excess of reducing power coupled with
152 limited intercellular CO₂ partial pressure, are the very conditions that favour foliar emission of isoprene
153 (Harrison et al., 2013; Morfopoulos et al., 2014). Severe reductions in stomatal conductance inevitably
154 increase leaf temperature, thus approaching to the optimal temperature range for the activity of
155 isoprene synthase (45-50 °C, Niinemets and Sun, 2015), which is, interestingly, much higher than
156 optimal temperature for the activity of Rubisco and other cellular enzymes, including antioxidant
157 enzymes (Peltzer and Polle, 2001; Cen and Sage, 2005). This may help explaining why in plants growing
158 in full sunlight and concomitantly exposed to heat and drought stress, isoprene biosynthesis is
159 stimulated, though photosynthesis is severely depressed (Behnke et al., 2007; Loreto and Schnitzler,
160 2010). In other words, isoprene biosynthesis is stimulated when plants potentially suffer from severe,
161 though transient photo-oxidative stress.

162 The issue of why plants loose considerable amounts of fresh assimilated carbon (up to 10-20%)
163 to isoprene emission, and continue to invest both fresh assimilated and organic carbon for isoprene
164 biosynthesis even when carbon gain is severely constrained, is still an open question (Harrison et al.,
165 2013). However, several empirical and mechanistic evidences supports the idea that isoprene, as also
166 reported for other secondary metabolites, may serve a multiplicity of functions in plants suffering from
167 severe excess light stress. Isoprene is long known to preserve leaves from photo-oxidative damage

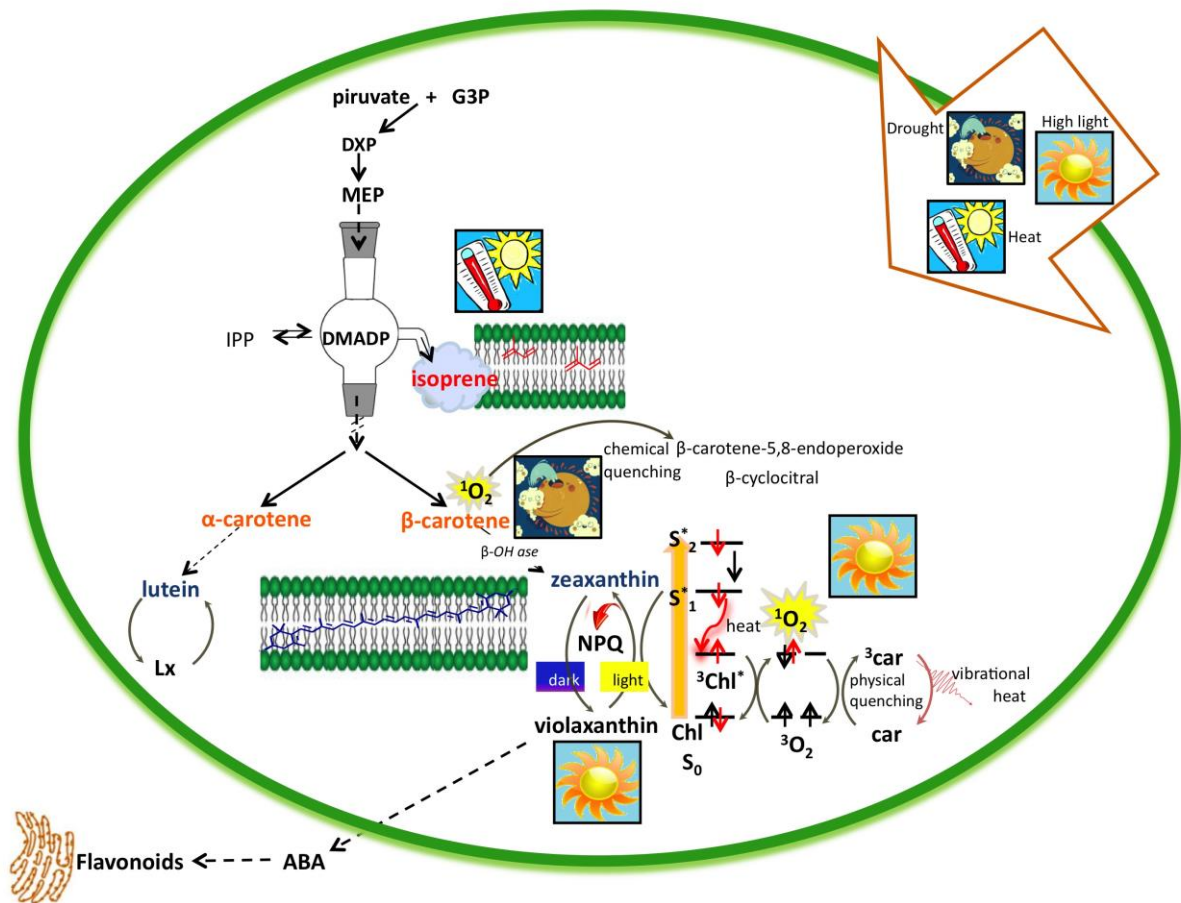
168 through its capacity to quench ROS/RNS and strength thylakoid membranes (Affek and Yakir, 2002;
169 Velikova et al., 2004; Vickers et al., 2009). The idea that isoprene stabilizes chloroplast membranes was
170 proposed two decades ago by Sharkey and Singsaas (1995). Recent studies have shown that isoprene
171 may transiently enhance phospholipid layer packing in model membrane systems (Siwko et al., 2007).
172 The high lipophilicity of isoprene is likely responsible for its capacity to stabilize pigment-protein
173 complexes, and hence to preserve the functionality of membranes at elevated temperature, though
174 isoprene can reside in thylakoid membrane only for short time (**Fig. 1**, Velikova et al., 2011). These
175 findings may explain why isoprene-emitting plants usually display higher thermo-tolerance as compared
176 to non-emitting counterparts (Singsaas et al., 1997; Sharkey et al., 2001; Velikova and Loreto 2005;
177 Sasaki et al., 2007)

178 As mentioned above isoprene biosynthesis is stimulated when the ratio of electron transport to
179 photosynthesis steeply increases (Morfopoulos et al., 2013). Isoprene emitting plants use a portion of
180 this excess of reducing power (NADPH) to form DMADP (dimethylallyl diphosphate) (Harrison et al.
181 2013), in turn preventing ROS generation. The consumption of DMADP for isoprene biosynthesis
182 prevents DMADP accumulation and its consequent feedback down-regulation of the whole MEP
183 pathway (**Fig. 1**, Banerjee et al., 2013; Ghirardo et al., 2014). This regulatory effect of isoprene on the
184 MEP pathway may have significance in plants concurrently facing severe drought and high light stress
185 (**Fig. 1**, Rinnan et al., 2014; Tattini et al., 2014a). Isoprene biosynthesis may indeed channel more carbon
186 to the synthesis of non-volatile MEP-pathway products (**Fig. 1**), such as carotenoids (Tattini et al.,
187 2014a), which play a role of outstanding significance in high light-stressed leaves (Esteban et al., 2014).

188 **3.2. Carotenoids**

189 Carotenoids are essential for the correct assembly and functioning of photosystems and protect the
190 photosynthetic machinery from excessive light (Cazzonelli, 2011; Esteban et al., 2014; Havaux, 1998).
191 They afford protection against photo-oxidative damage preventing and quenching ROS generated from
192 triplet excited chlorophylls ($^3\text{Chl}^*$; **Fig. 1**). Xanthophylls mediated non-photochemical quenching (NPQ)
193 limits the formation of $^3\text{Chl}^*$ from $^1\text{Chl}^*$ (chlorophyll singlet excited state, Demmig-Adams, 1998).
194 Briefly, cycles involved in the light-driven dynamic inter-conversion of xanthophylls are the VAZ cycle
195 (VAZ, violaxanthin-antheraxanthin-zeaxanthin) and the Lx cycle (Lx, lutein epoxide), in which epoxidized
196 xanthophylls (violaxanthin and lutein epoxide) are converted to corresponding de-epoxidized forms
197 (antheraxanthin, zeaxanthin and lutein). Then changes in xanthophyll composition during dark-to-sun
198 transition allow carotenoids to serve strikingly different functions from light harvesting to its dissipation

199 through NPQ (Ruban and Johnson, 2010), thus equipping leaves with flexible mechanisms to manage
 200 properly radiant energy reaching PSII (Demmig-Adams and Adams, 2006).



201 **Fig. 1.** A proposed model for the integrated actions of isoprene, carotenoids, and flavonoids in leaves
 202 suffering from a severe excess of radiant energy, following the possible depletion of chloroplastic antioxidant
 203 defences (e.g. ascorbate peroxidase and ascorbic acid). Consumption of DMADP for isoprene biosynthesis channels
 204 more carbon into the whole MEP pathway in full sunlight growing plants concomitantly challenged against heat
 205 and drought stress. Isoprene improves the thermostability of thylakoids. Isoprene-induced enhancement of
 206 carotenoids biosynthesis equips leaves with a versatile system that prevents the generation of ROS and quench
 207 ROS once they are formed. De-epoxidation of violaxanthin to zeaxanthin, in addition to avoid the formation of
 208 triplet chlorophyll ($^3\text{Chl}^*$) from singlet chlorophyll (S_1^* , via NPQ), confers rigidity to thylakoid membranes, and
 209 prevents lipid peroxidation. Carotenoids (car) also quench, physically and chemically singlet oxygen ($^1\text{O}_2$) through
 210 dissipation of highly energetic molecular oxygen ($^1\text{O}_2$ - $^3\text{O}_2$ transition) and direct $^1\text{O}_2$ -oxidation of β -carotene (and
 211 zeaxanthin). Isoprene-induced activation of the MEP pathway also promotes the biosynthesis of abscisic acid (ABA)
 212 and, in turn the biosynthesis of flavonoids.

213

214 De-epoxidation of violaxanthin to zeaxanthin may have, however, a more subtle role in
215 chloroplasts suffering from severe excess of radiant energy. There is compelling evidence that
216 zeaxanthin may play antioxidant functions when the photosynthetic capacity of high light-grown leaves
217 is severely constrained by concurrent stress agents, such as drought and salinity (Fini et al., 2014;
218 Beckett et al., 2012). Indeed, these are the very conditions that steeply enhance the pool of
219 violaxanthin-cycle pigments (VAZ) relative to the chlorophyll pool (Chl_{tot}). Zeaxanthin may therefore
220 derive from 'free' - unbound to light-harvesting chlorophyll-protein complexes - violaxanthin, when the
221 concentration of VAZ relative to Chl_{tot} concentration exceeds 50 mmol mol^{-1} (Havaux and Niyogy, 1999;
222 Niinemets et al., 2003), as commonly observed in high light-grown leaves (Esteban et al., 2014).
223 Zeaxanthin may therefore resides in other parts of the thylakoids thus conferring rigidity to the lipid
224 bilayer membranes (**Fig. 1**), enhancing their thermo-stability during severe events of drought and heat
225 stress, and in turn preventing membrane lipid peroxidation (Havaux, 1998; Havaux et al., 2007; Beckett
226 et al., 2012; Tattini et al., 2014a). Beckett et al. (2012) observed that in *Xerophyta humilis* at very severe
227 dehydration (RWC at 5%) chlorophyll levels became negligible whereas zeaxanthin accumulated to very
228 high concentrations. Authors offered intriguing hypothesis that zeaxanthin tightly associated to
229 thylakoid membranes preserved chloroplast from irreversible disruption, and allowed a prompt
230 recovery of the photosynthetic apparatus when water was newly available to plants. Relevantly,
231 zeaxanthin can also derive through direct hydroxylation of β -carotene (**Fig. 1**) when plants suffer from a
232 wide range of stress agents, including high light, heat and drought stress (Davison et al., 2002; Du et al.,
233 2010). Such conversion of β -carotene to zeaxanthin offers further stability to thylakoid membranes, as
234 β -carotene is mostly involved in enhancing thylakoid membrane fluidity (consistent with its outstanding
235 significance in cold acclimation, Havaux, 1998).

236 The magnitude of the reduction of $^3\text{Chl}^*$ to its ground state by carotenoids depends, obviously,
237 from the excess of radiant energy reaching the photosynthetic apparatus. Although $^3\text{Chl}^*$ thermally
238 decay to ground states in few μs , this time is long enough to generate the most dangerous chloroplast
239 oxidant, i.e. singlet oxygen ($^1\text{O}_2$). Carotenoids have the peculiar capacity, among the wide array of
240 chloroplast antioxidants, to quench $^1\text{O}_2$, both physically (Triantaphylidès and Havaux, 2009, Alboresi et
241 al., 2011) and chemically (Ramel et al., 2012a), once it is formed. β -carotene, and to a lower degree
242 zeaxanthin 'reduce' $^1\text{O}_2$ to its triplet state ($^3\text{O}_2$), producing a wide range of oxidation products, mostly
243 endo-peroxides and volatile short-chain molecules (**Fig. 1** Ramel et al., 2012b, Havaux, 2014). Since β -
244 carotene is exclusively located in the reaction centres, the major site of $^1\text{O}_2$ generation, β - carotene-5, 8-
245 endoperoxide has been proposed as an 'early marker' of $^1\text{O}_2$ -induced oxidative stress (Ramel et al.,
246 2012b). β -carotene also produces volatile derivatives, mainly β -cyclocitral and dihydro-actinidiolide

247 (Ramel et al., 2012a,b; Shumbe et al., 2014). These carbonyl by-products are very reactive, thus
248 supporting recent hypotheses that they may serve as secondary messengers in $^1\text{O}_2$ signalling, and
249 significantly contribute to chloroplast-to-nucleus retrograde signalling under severe photooxidative
250 stress (Laloi and Havaux, 2015; Ramel et al., 2012b; Shumbe et al., 2014).

251 **3.3. Isoprene and carotenoids complement primary antioxidant defences in high light** 252 **stressed leaves on daily basis**

253 **Fig. 2** shows daily changes in chloroplastic APX, isoprene and zeaxanthin in leaves of the isoprene
254 emitting *Q. pubescens* growing in full sunlight, under either optimal irrigation or suffering from drought
255 stress of increasing severity, during Mediterranean summer. As mentioned above, the activity of APX,
256 which increased in response to mild to moderate drought, declined steeply at severe drought. In
257 contrast, isoprene emission, and particularly zeaxanthin concentration increased in drought stressed
258 leaves. All antioxidants had strikingly different daily variations in both well watered and drought
259 stressed leaves. Interestingly, the activity of APX declined during the hottest hours of the day (in both
260 well watered and drought stressed leaves), particularly in severely drought stressed leaves. On the
261 contrary, isoprene biosynthesis was highest from 12:00 to 16:00 hrs, and zeaxanthin concentration was
262 at its maximum at 12:00 h. Therefore, isoprene and zeaxanthin might play roles of increasing
263 significance to preserve chloroplast from photo-damage, when leaves concurrently faced with multiple
264 stressors (i.e. high solar irradiance, high air temperature and severe drought stress). This suggestion
265 conforms to the notion that: (1) zeaxanthin biosynthesis is mostly activated in response to sunlight
266 irradiance; (2) isoprene biosynthesis is stimulated by high air temperature; (3) a combination of high
267 sunlight irradiance and high air temperature, broadly excess light stress, may depress the activity of APX.

268 There is increasing interest in understanding how plants cope with such a multiple stress
269 condition, in view of future climate change (Flexas et al., 2014; Matesanz and Valladares, 2014; Tattini &
270 Loreto 2014). This asks for future studies aimed at exploring how plants sense and respond to signals
271 originated from multiple stress agents, at both physiological and biochemical levels, under field
272 conditions. The ability of most species, which have not been evolved in harsh environments, to
273 withstand intense, even transient stress events typical of future climate tightly depends on the so-called
274 “metabolic plasticity” (Logemann et al., 2000). Our reasoning, suggests that ‘secondary’ metabolites,
275 which are key components of the metabolic suite of plants, may serve functions of increasing
276 significance for the survival of plants experiencing a severe excess of sunlight irradiance.

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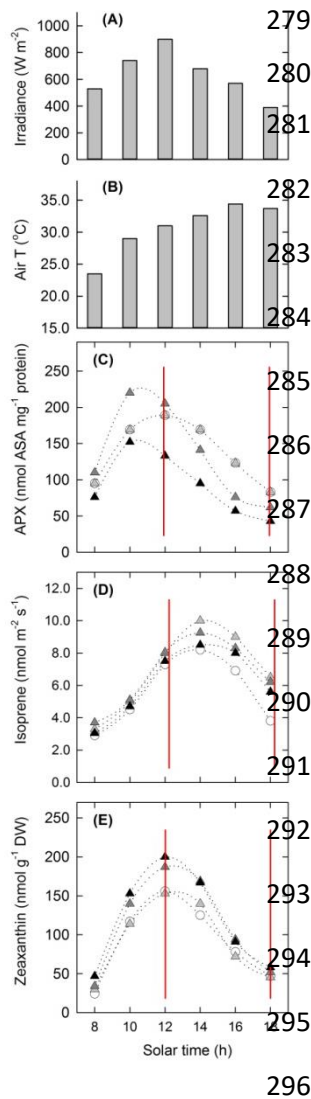


Fig. 2. Daily variation of: (A) sunlight irradiance, estimated over 200-3,000 nm spectral region and peaked approx. 900 Wm⁻² at midday; (B) air temperature (min/max ranged from 19.7 ± 2.2 to 32.8 ± 2.7 °C) to which *Q. pubescens* plants were exposed during July 2014; the activity of ascorbate peroxidase (APX, C), the emission of isoprene (D) and the concentration of zeaxanthin (E) in leaves of plants growing under either well-watered (open circles) or drought stress conditions of increasing severity. Drought stress was imposed by withholding water for five (grey triangles), 10 (dark grey triangles) or 15 days (closed triangles). Vertical red lines have been reported for illustrative purposes only.

297

298 **4. The peculiar, still unappreciated antioxidant functions of flavonoids in high light-** 299 **stressed plants**

300 Flavonoids accumulate in a range of tissues and subcellular compartments, thus having the potential to
301 reduce photo-oxidative damage in all order of plants (for a review see Agati et al., 2012). UV-absorbing
302 flavonoids located in epidermal cells strongly reduce highly energetic solar wavelengths from reaching
303 ROS-generating cells, and the consequential photo-oxidative stress and damage (Tattini et al., 2005).
304 Nuclear located dihydroxy B-ring-substituted flavonols (e.g. quercetin, Agati et al., 2012) may effectively
305 chelate Fe and Cu ions, thus avoiding the generation of the extraordinary reactive hydroxyl radical,
306 when H₂O₂ may freely escape from the chloroplast under severe excess light stress conditions
307 (Hernández et al., 2009). Nuclear-located flavonols in addition to preserve DNA from photo-oxidative

308 damage may also fine-tune the H₂O₂-induced signaling cascades that involve MAPKs. Flavonols have also
309 the capacity to regulate the MAPK activity by directly competing with the ATP binding sites of the
310 proteins (Pollastri and Tattini, 2011). The potential of nuclear flavonols in regulating key steps of cell
311 growth and differentiation under photo-oxidative stress has not been deeply investigated, possibly
312 because of technical difficulties on their visualization (Agati et al., 2012; Brunetti et al., 2013; Polster et
313 al., 2006). However, the matter is intriguing, as key enzymes of flavonol biosynthesis have been also
314 detected in the nucleus (Saslowsky et al. 2005; Kuhn et al., 2011).

315 Agati et al. (2007), comparing shade- and full sun-adapted leaves of *P. latifolia*, gave compelling
316 evidence that chloroplast located flavonols quenched ¹O₂ generated in leaf cross sections exposed to
317 severe excess of blue light. Light stressed shade and sun leaves did not differ for the actual efficiency of
318 PSII photochemistry. Authors therefore hypothesized that flavonols were mostly involved in the ¹O₂
319 quenching under these specific conditions. In-depth fluorescence-microscopy analyses have revealed
320 that flavonols have probably a location in the chloroplast outer envelope membrane (Agati et al. 2007).
321 Flavonols have the capacity to stabilize membranes, including membranes that contain non-bilayer
322 lipids, such as monogalactosyl diacyl glycerol (MGDG) (Scheidt et al. 2004). Taking into account that the
323 cytoplasmic side of OEM is poor in MGDG (Moellering and Benning, 2010), and that during dehydration
324 there is highly specific decrease in MGDG at the OEM, flavonols may preserve the integrity of OEM, thus
325 preventing the chloroplast from irreversible oxidative damage. The significance of flavonols as
326 chloroplast antioxidants might increase in leaves experiencing severe excess light stress, when other
327 ROS-detoxifying systems have been already compromised.

328 Nonetheless, the actual significance of flavonoids as antioxidants in high light-stressed leaves is a
329 long-standing question, as these secondary metabolites are mostly confined in the vacuole, in which the
330 risk of photo-oxidative stress is much less as compared to the chloroplast or the peroxisome. Whether
331 vacuolar flavonoids may play a role in the whole-cell redox homeostasis has been a matter of intense
332 conflicts during the last decade (Mittler et al., 2004; Hernández et al., 2009; Agati and Tattini, 2010,
333 Ferreres et al., 2011; Agati et al., 2012). Recent experiments have shed new light on this complex
334 matter, starting from clear evidence that H₂O₂ may cross the tonoplast membrane and enter the vacuole
335 using aquaporins (Bienert et al., 2006, 2007, 2014). This further corroborates early hypothesis that
336 flavonoids, particularly UV-responsive dihydroxy B-ring substituted flavonols may effectively quench
337 H₂O₂ serving as substrates for vacuolar peroxidases (POX, Yamasaki et al., 1997; for a review see
338 Takahama, 2004). Furthermore, there is compelling evidence that under severe conditions of excess
339 light stress, declines in the activity of APX and CAT are paralleled by concomitant increases in the activity
340 of POX and in the concentration of dihydroxy B-ring-substituted flavonols (Agati et al., 2011, Fini et al.,

2011, 2012, 2014). An in-depth analysis of subcellular compartmentation of ascorbate and glutathione add further insights on the antioxidant machinery that may operate in the vacuole in high light and drought stressed plants (Zechmann et al., 2011; Koffler et al., 2014). These authors have shown that the decrease in ASA and GSH in both experiments regards the chloroplast, while the concentration of ASA steeply increases in the vacuole. Since ASA has a much lower both ability to quench directly H₂O₂ and affinity for vacuolar POX than flavonols, it is supposed that H₂O₂ is scavenged by POX using flavonols as substrates, and then flavonoid radicals are recycled back to their reduced forms. This is the classical Takahama/Yamasaki (Yamasaki et al, 1997; Takahama et al., 2004) model, further corroborated more recently by studies conducted by Ferreres et al. (2011). Recent experiments conducted in sun-adapted *F. ornus* leaves reveal that coumarins accumulate as vacuolar inclusions in mesophyll cells, and that the antioxidant esculetin is preferentially distributed in the vacuolar portion proximal to the adaxial epidermis, whereas the poor-antioxidant, but effective UV-screener esculin was confined deeper in the vacuole (Tattini et al., 2014b). This finding supports, from one hand that vacuolar phenylpropanoids may serve as effective antioxidants in high light-stressed leaves, but from the other hand, highlights how many questions are still open concerning the transport mechanisms and the distribution of these vast class secondary metabolites in the vacuole.

5. Is ABA the missing link between isoprenoid and phenylpropanoid metabolism in plants suffering from severe excess light stress?

There is evidence that the isoprenoid and phenylpropanoid metabolism are inter-related, although both pathways are involved in the synthesis of specialized metabolites (Behnke et al., 2010; Zvi et al., 2012; Tattini et al., 2014a). Introduction of *PRODUCTION OF ANTHOCYANIN PIGMENT1 (PAP1)* in *Rosa hybrida* enhanced the production of volatile terpenoids (Zvi et al., 2012). A decline in phenylpropanoid biosynthesis was observed in transgenic poplar with suppressed isoprene biosynthesis (Behnke et al., 2010), and suggested as partially responsible for the greater oxidative damage suffered by transgenic than wild-type plants challenged against heat stress. Recently, in transgenic isoprene-emitting lines of tobacco the biosynthesis of phenylpropanoids (caffeic acid derivatives and flavonol glycosides) was significantly greater than in non-emitting lines in response to drought stress (Tattini et al., 2014a). Authors also observed that in isoprene-emitting lines the biosynthesis of ABA increased to a much greater degree than in non-emitting lines in response to drought stress, without a concomitant greater reduction in stomatal conductance and net assimilation rate. It was therefore hypothesized that isoprene biosynthesis under severe drought channels more carbon in the whole MEP pathway, thus stimulating ABA biosynthesis (**Fig. 1**). These findings conform to previous suggestions that isoprene may be a proxy of ABA (Barta and Loreto, 2006).

374 The stress-responsive phyto-hormone ABA plays multifarious roles in plant-environment
375 interaction, which go well beyond its control of stomata movements in response to changes in soil water
376 availability (Rook et al., 2006; Takezawa et al., 2011). Interestingly, sunlight, particularly UV-irradiance,
377 also promotes the ABA biosynthesis (Maruta et al., 2012; Lee et al., 2012; Tossi et al., 2012). The
378 biosynthesis of ABA in *Arabidopsis* during dark-to-high light transition originated through β -
379 deglucosylation of ABA-GE in the absence of hydraulic signal, which is long known to be responsible for
380 the activation of β -glucosidase (Lee et al., 2006; Jiang and Hartung, 2008). This conforms to previous
381 suggestions (Barta and Loreto, 2006; Christmann et al., 2007) that increase in foliar ABA concentration is
382 not only through the transport of ABA loaded in the root and leaf xylem, but directly through the
383 activation of the MEP pathway in the leaf. Therefore, ABA biosynthesis is stimulated in leaves suffering
384 from a severe excess of sunlight, the very conditions that also activate the biosynthesis of
385 phenylpropanoids.

386 It is long known that the ABA-signalling network indeed profoundly alters the metabolic
387 machinery of plants in response to a wide array of environmental stimuli. Dissecting individual
388 components of this network is out of the scope of this article, but for detailed reviews see Cutler et al.
389 (2010) and Hauser et al. (2011). The flavonoid biosynthesis is just one, though relevant, of the
390 extraordinary high number of metabolic pathways that are potentially regulated by the ABA signalling
391 network. Although ABA regulation of flavonoid biosynthesis has mostly regarded anthocyanin
392 biosynthesis (Wheeler et al., 2009; Medina-Puche et al., 2014), there is also compelling evidence that a
393 rise in foliar ABA is paralleled by an enhanced biosynthesis of UV-absorbing flavonoids, such as
394 kaempferol and quercetin derivatives (Castellarin et al., 2007; Berli et al., 2011; Perrone et al., 2012;
395 Tattini et al., 2014a).

396 It is therefore conceivable that the ABA-signaling network may constitute an important hub that
397 tightly regulates fundamental biochemical, not only physiological adjustments of plants that
398 concurrently face conditions that strongly limit the use of radiant energy to photosynthetic processes,
399 exactly plants facing severe excess light stress. In detail, we speculate that environmental-induced
400 enhancement in the isoprenoid, and hence in ABA biosynthesis, might consequentially result in the
401 biosynthesis of phenylpropanoids, particularly flavonoids (**Fig. 1**). The potential tight interrelation
402 between isoprenoid and phenylpropanoid metabolism deserves future experimentation, but open new
403 scenarios on the functional roles of secondary metabolites in plants severely stressed by an excess of
404 sunlight irradiance.

405

406 **6. Primary vs. secondary antioxidant defences: Does it really matter?**

407 We are aware our view on the relative significance of individual components of the antioxidant
408 machinery of plants facing severe photo-oxidative stress has been from the secondary metabolites side.
409 However, we are also aware that primary low molecular-weight antioxidants are closely related with
410 secondary metabolite biosynthesis. ASA is a cofactor of violaxanthin de-epoxidase, which indeed assists
411 zeaxanthin biosynthesis (Bratt et al., 1995; Forti et al., 1999). ASA is also a cofactor of 2-oxoacid-
412 dependent dioxygenases involved in the synthesis of abscisic acid (Qin and Zeevaart, 1999) as well as of
413 several enzymes involved in flavonoid biosynthesis (including anthocyanidin synthase, flavone 3-
414 hydroxylase and flavonol synthase, Şahin and De Tullio, 2010). These findings also conform to early
415 observations that enzymes involved in the phenylpropanoid metabolism have originated from those
416 ancestrally regulating primary metabolism (Rausher, 2006). As reported above, ASA is also a key
417 component of the H₂O₂-detoxifying system that operate in the vacuole (Ferrerres et al., 2011). We also
418 acknowledge relevant studies (e.g., from Dr. Foyer's lab, Foyer and Noctor, 2012, 2013), which highlight
419 the relevance of redox couples (ASA/ASAH; GS/GSH) in stress-induced metabolic adjustments. Taylor
420 and Grotewold (2005) offered the interesting hypothesis that the redox potential of the cell might
421 tightly regulate the biosynthesis of flavonols, as R2R3MYBs transcription factors (well-known regulators
422 of flavonoid biosynthesis, Dubos et al., 2010) are redox-controlled.

423 Here our main objective has been to pose the question of what may happen to the antioxidant
424 machinery of high light-growing plants when concurrently challenged against stress agents that severely
425 constrains their capacity to 'use' safely radiant energy. We have offered evidence that primary and
426 secondary antioxidants are closely interconnected on daily basis in well-watered plants growing in full
427 sunlight and high air temperature. The antioxidant functions of secondary metabolites might assume
428 increasing significance when plants also face drought stress of increasing severity, particularly during the
429 hottest hours of the day. Our critical review may open to new experimentation to unveil how plants may
430 orchestrate individual components of the antioxidant machinery to cope with extreme, event transient
431 stress events in the field. The survival of most plants not evolved in harsh environments when suffering
432 from unpredictable environmental stressors greatly depends on their 'metabolic plasticity', and
433 secondary metabolites might serve roles of primary significance, when severe limitations to the usage of
434 radiant energy to photosynthesis lead to transient impairments of primary antioxidant defenses.

435

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- 763

764 **Captions**

765 **Fig. 1.** A proposed model for the integrated actions of isoprene, carotenoids, and flavonoids in leaves
 766 suffering from a severe excess of radiant energy, following the possible depletion of chloroplastic antioxidant
 767 defences (e.g. ascorbate peroxidase and ascorbic acid). Consumption of DMADP for isoprene biosynthesis channels
 768 more carbon into the whole MEP pathway in full sunlight growing plants concomitantly challenged against heat
 769 and drought stress. Isoprene improves the thermostability of thylakoids. Isoprene-induced enhancement of
 770 carotenoids biosynthesis equips leaves with a versatile system that prevents the generation of ROS and quench
 771 ROS once they are formed. De-epoxidation of violaxanthin to zeaxanthin, in addition to avoid the formation of
 772 triplet chlorophyll ($^3\text{Chl}^*$) from singlet chlorophyll (S_1^* , via NPQ), confers rigidity to thylakoid membranes, and
 773 prevents lipid peroxidation. Carotenoids (car) also quench, physically and chemically singlet oxygen ($^1\text{O}_2$) through
 774 dissipation of highly energetic molecular oxygen ($^1\text{O}_2$ - $^3\text{O}_2$ transition) and direct $^1\text{O}_2$ -oxidation of β -carotene (and
 775 zeaxanthin). Isoprene-induced activation of the MEP pathway also promotes the biosynthesis of abscisic acid (ABA)
 776 and, in turn the biosynthesis of flavonoids.

777

778 **Fig. 2.** Daily variation of: (A) sunlight irradiance, estimated over 200-3,000 nm spectral region and peaked
 779 approx. 900 Wm⁻² at midday; (B) air temperature (min/max ranged from 19.7 ± 2.2 to 32.8 ± 2.7 °C) to which *Q.*
 780 *pubescens* plants were exposed during July 2014; the activity of ascorbate peroxidase (APX, C), the emission of
 781 isoprene (D) and the concentration of zeaxanthin (E) in leaves of plants growing under either well-watered (open
 782 circles) or drought stress conditions of increasing severity. Drought stress was imposed by withholding water for
 783 five (grey triangles), 10 (dark grey).

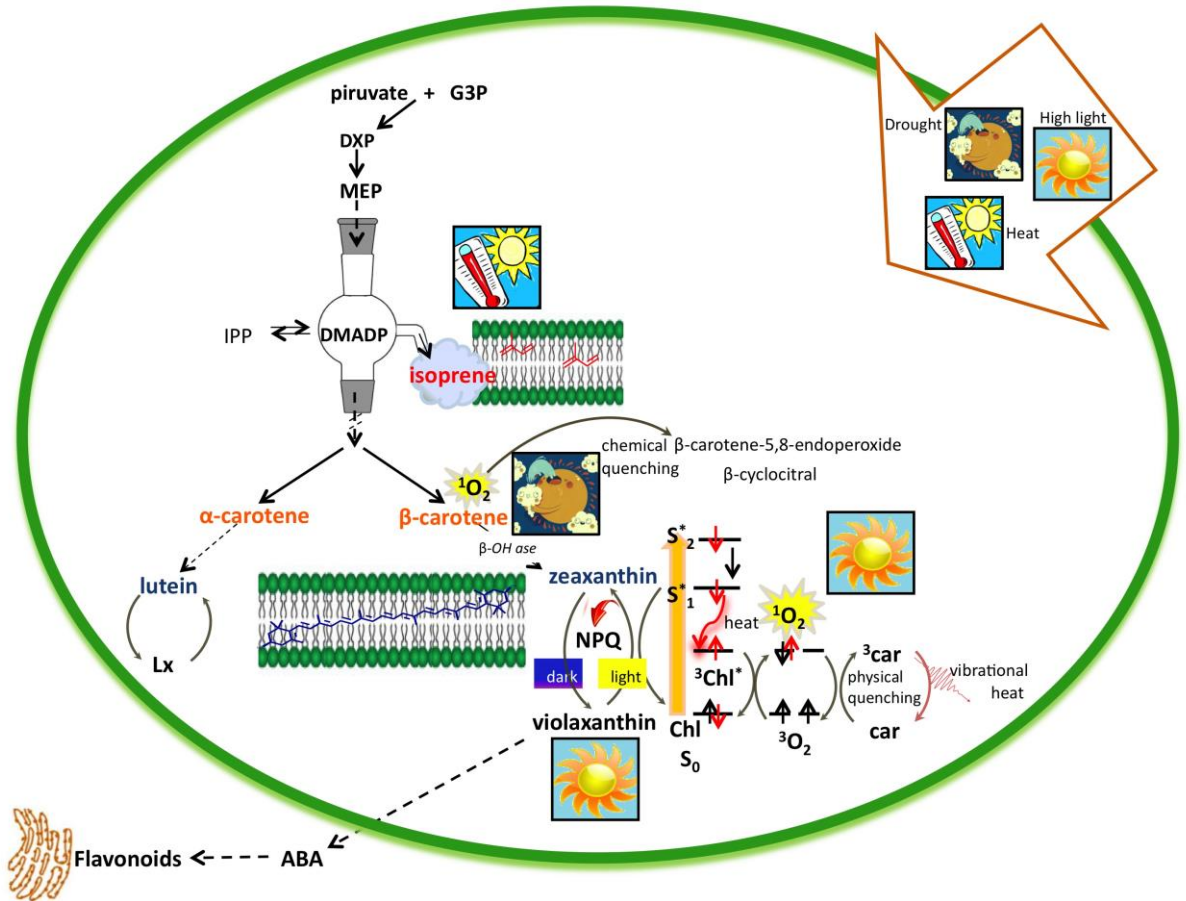
784

785 **Figure 1**

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789 **Figure 2**