

1 Femtomole Detection Of Proteins Using A Label-Free
2 Nanostructured Porous Silicon Interferometer For Perspective
3 Ultra-Sensitive Biosensing

4 *Stefano Mariani, Lucanos Marsilio Strambini, Giuseppe Barillaro**

5 *Dipartimento di Ingegneria dell'Informazione, Università di Pisa, via G. Caruso 16, 56122 Pisa,*
6 *Italy*

7 **g.barillaro@iet.unipi.it*

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Abstract

10 Nanostructured porous silicon (PS) is a promising material for the label-free optical detection of
11 biomolecules, but it currently suffers of limited clinical diagnostic applications due to insufficient
12 sensitivity. In this regard, here we introduce an ultrasensitive and robust signal processing strategy
13 that relies on the calculation of the average value over wavelength, namely IAW, of spectral
14 interferograms attained on a PS interferometer by subtraction (wavelength by wavelength) of
15 reflection spectra acquired after adsorption of biomolecules inside the nanopores from a reference
16 spectrum recorded in acetate buffer. As a model we have chosen Bovine Serum Albumin (BSA)
17 unspecific adsorption, which has been often employed in the literature for proof-of-concept studies
18 of perspective biosensing applications.

19 The proposed IAW signal processing strategy enables reliable detection of BSA at concentrations in
20 the range 150 pM - 15 μ M (down to 3 orders of magnitude lower than those targeted in the current
21 literature) using a PS interferometer operating in label-free mode without any amplification
22 strategies, with good sample-to-sample reproducibility over the whole range of tested
23 concentrations (%CV= 16% over 5 replicates) and good signal-to-noise ratio (S/N \sim 4.6) also at the
24 lowest tested concentration (150 pM). A detection limit (DL) of 20 pM (20 femtomole, 1 ml) is

1 estimated from the sigmoidal function best fitting ($R^2=0.989$) IAW experimental data over the
2 whole range of tested concentrations. This is the lowest DL that has been reported in the literature
3 since the seminal paper of Sailor and coworkers (1997) on the use of PS interferometer for
4 biosensing, and lowers of 4 orders of magnitude the best DL attained with label-free PS
5 interferometers using conventional effective optical thickness (EOT) calculation obtained by
6 reflective interferometric Fourier transform spectroscopy. Accordingly, the IAW signal processing
7 strategy envisage bringing PS optical transduction at the forefront of ultrasensitive label-free
8 biosensing, especially for point-of-care clinical analysis where low analyte concentrations have to
9 be detected in small amount of real biological samples.

10

11 Keywords: nanostructured porous silicon, interferometer, ultrasensitive detection, femtomole, label-
12 free, protein

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INTRODUCTION

15 According to recent surveys, the global biosensor market is expected to grow up to about USD 21
16 billion by 2020, with increasing demand for sensitive, specific, and real-time devices in healthcare
17 and point-of-care fields.¹ Among others (i.e. electrochemical, piezoelectric),² optical transduction
18 has been thoroughly investigated over the last two decades for its intrinsic high sensitivity both in
19 fluorescence and label-free (i.e. based on detection of refractive index –RI– variation) modes.³
20 Porous silicon (PS) is an increasingly exploited nanostructured material for the preparation of
21 interferometric label-free (bio)sensors thanks to its high degree of biocompatibility, high versatility,
22 easy fabrication, and low cost.⁴⁻⁸ PS (bio)sensors are currently used for different applications
23 ranging from environmental control to food monitoring, from clinical diagnostics to point of care
24 analysis.⁵⁻⁷

25 The first demonstration of optical biosensing with PS was given in 1997 by Sailor and coworkers
26 both in antibodies and in DNA affinity detection, for which pico- and femtomolar detection limit

1 (DL) were achieved using an optimized assay design in terms of immobilization chemistry.⁹
2 Following that seminal research, an intense effort has been paid to the use PS optical
3 interferometric biosensors both in DNA affinity detection^{10,11} and in protein detection.¹²⁻¹⁹ As to
4 protein detection, immobilization steps, signal processing, and PS preparation have been firstly
5 optimized using suitable models, e.g. either studying reversible binding of IgG on protein A coated
6 mono-layered surfaces¹² (also using IgG derived from different animal species on protein A,¹³ with
7 IgG on protein A using self-compensating double-layer,¹⁴ with IgG on protein A using serum or
8 whole blood by exploiting intrinsic PS size-exclusion filtering¹⁵) or investigating streptavidin
9 immobilization within different pore size biotinylated surfaces¹⁶ and using short peptides as linker
10 for biotin;¹⁷ afterward, specific assays for detection of molecules of clinical interest have been then
11 developed, e.g. for either small peptide his-tag detection with aptamer¹⁸ or protein subunit B of
12 cholera toxin detection by hybrid lipid bi-layered membrane bio-mimetic PS scaffold.¹⁹ Further, PS
13 interferometric biosensors have been also reported for the detection of small organic molecules of
14 clinical or environmental interest, e.g. glutamine,²⁰ opiates,^{21,22} glucose,²³ and warfare toxic
15 compound, e.g. fluorophosphates using catalytic gas chemosensor.²⁴ Finally, PS interferometers
16 have been employed for studying enzymatic activity of protease²⁵⁻²⁸ and glutathione-S-transferase,²⁹
17 and, more recently, for monitoring single cell activity,³⁰ e.g. by capturing bacteria using IgG³¹ or by
18 monitoring bacteria lysates using peptidomimetic antimicrobial compounds.³²

19 In spite of such an intensive and successful use of PS interferometer for (bio)sensing, in 2015 Segal
20 and coworkers have emphasized how PS biosensors still suffer of limited real clinical diagnostic
21 applications due to insufficient sensitivity caused by mass-limited diffusion of target molecules
22 inside the nanopores.³³ As a matter of fact, none reached detection limits comparable to those
23 reported by Sailor and coworkers in 1997,⁵ by direct, label-free, optical detection using PS, the best
24 reported one being currently in the micromolar level both for DNA^{11,33} and proteins.^{14,18}

25 This fact has steered researchers toward signal amplification strategies^{13,33,35-38} able to push
26 detection limit of PS biosensors down to that of others high sensitivity label-free optical techniques,

1 e.g. Surface Plasmon Resonance (SPR) with detection limits in (and below) the nanomolar level.³⁴
2 As to label-free amplification strategies, in 2007, Sailor and coworkers by-passed the problem of
3 biomolecule diffusion inside PS by continuously circulating 4mL of IgG solution on a protein A
4 covered nanopore surface, thus pushing the detection limit down to 50 nM.¹³ More recently, Segal
5 and coworkers proposed a novel microfluidic platform that exploits electrokinetic focusing to
6 enhance DNA diffusion and hybridization inside PS, thus reaching a detection limit of 1 nM.³³
7 Besides, non label-free amplification strategies have been also reported. For instance, in 2011,
8 Voelcker and coworkers reported enzymatic amplification by horseradish peroxidase (HRP)
9 mediated oxidation of TMB on antibody-functionalized PS for human IgG detection with detection
10 limit down to 0.2 µg/ml.³⁵ In 2012, the same group reported polymerization-amplified detection of
11 DNA for single nucleotide mismatch detection.³⁶ In 2014, Voelcker and coworkers exploited
12 fluorescence-enhanced protein detection using a fluorogenic MMP (Matrix Metalloproteinase)
13 peptide immobilized on the nanopore surface of a resonant microcavity to push the detection limit
14 of MMP-1 down to 7.5×10^{-19} M.³⁷ In 2015, Gooding and coworkers employed proteolytic action
15 against peptides dispersed in a synthetic polymeric substrates in nanopores for the detection of
16 MMP9 with detection limit of 0.37 pM.³⁸

17 This overview clearly highlights the need for improving analytical performance (higher sensitivity
18 and lower detection limit) of PS interferometers for optical affinity biosensors, which perfectly fits
19 the research reported in this work concerning direct, label-free, and ultrasensitive optical detection
20 of proteins using PS. As a model system we have used Bovine Serum Albumin (BSA) unspecific
21 adsorption inside the inner PS surface, a cheap and effective model often exploited in literature for
22 proof of concept demonstrations of perspective biosensing applications.^{39,40} A simple, sensitive, and
23 robust signal processing strategy based on the calculation of the average value spectral
24 interferograms over wavelength, namely IAW, is developed. Interferograms are obtained by
25 subtracting (wavelength by wavelength) reflection spectra acquired on a PS interferometer upon
26 BSA adsorption on the nanopore surface from a reference spectrum recorded in acetate buffer. The

1 IAW signal processing strategy allows to reliably detect BSA at concentrations ranging from 150
2 pM to 15 μ M (down to 3 orders of magnitude lower than those detected in the state of the art
3 literature) using a PS interferometer operating in label-free mode without any amplification
4 strategies. A good sample-to-sample reproducibility is obtained over the whole range of tested
5 concentrations (%CV= 16% over 5 replicates), with a good S/N (\sim 4.6) already at the lowest
6 concentration (150 pM). A sigmoidal behavior encompasses the whole range of tested
7 concentrations ($R^2=0.989$) and yields a detection limit (DL) of 20 pM (20 femtomole, 1 ml). This is
8 the lowest detection limit that has been reported in the literature on PS interferometer for biosensing
9 applications since the seminal paper of Sailor and coworkers (1997),⁹ and lowers DL of PS
10 interferometers in biosensing of 4 orders of magnitude with respect to the best DL obtained using
11 conventional effective optical thickness (EOT) calculation through reflective interferometric
12 Fourier transform spectroscopy. Accordingly, the IAW processing strategy envisages using PS
13 interferometers in point of care applications for direct and effective label-free targeting of low
14 analyte concentration in a small amount of real samples (e.g. in-trace miRNA biomarkers directly
15 from biological samples in “liquid biopsy” for tumor diagnosis).⁴¹

17 MATERIALS AND METHODS

18 *Materials and Chemicals*

19 Silicon wafer boron doped, <100> oriented, resistivity of 0.8-1.2 m Ω -cm, are purchased from
20 Siltronix, Inc.(France). Aqueous hydrofluoric acid (HF 48%), absolute ethanol (99.8%), sodium
21 hydroxide (NaOH >98%), isopropyl alcohol (99.7%), anhydrous pentane (98%), sodium chloride
22 (NaCl 99%), acetic acid (CH₃COOH 99.5%), sodium acetate (CH₃COONa 99%), and bovine serum
23 albumin (BSA, \geq 98%, pI = 4.7, MW = 66,430 Da) are purchased from Sigma Aldrich (Germany).
24 Aqueous acetate buffer is prepared dissolving 10.0 mM CH₃COONa/CH₃COOH and 100 mM NaCl
25 in deionized water (DIW), adjusted to pH = 4.70, filtered using syringe filters (Minisart® NML
26 Syringe Filters 1.20 μ m), and used both as a running buffer and as a solvent to solubilize BSA.

1

2 *Preparation and oxidation of PS samples*

3 Porous silicon samples are prepared by a two-steps anodic etching of highly doped *p*-type silicon
4 using a solution of HF(48%):EtOH, 3:1 v/v. Caution: HF is a highly corrosive acid, and it has to be
5 handled with extreme care under safety work conditions! Silicon samples (area of 0.567 cm²) are
6 placed in a two-electrodes Teflon cell equipped with an aluminum flat anode and a platinum wire
7 cathode and driven by a Keithley 2602A SourceMeter. A first PS sacrificial layer is prepared at 200
8 mA/cm² for 30 s and dissolved in a NaOH(1M):EtOH, 9:1 v/v solution to avoid the presence of a
9 top parasitic layer restricting effective diffusion of large molecules, e.g. proteins, in the PS layer
10 underneath.⁸ After NaOH dissolution, silicon samples are thoroughly rinsed with ethanol and dried
11 under nitrogen flow. A second PS sensing layer is prepared on NaOH-treated silicon samples by
12 anodic etching at 400 mA/cm² for 20 s. PS samples are then rinsed with 2-propanol and pentane,
13 and dried under nitrogen flow to obtain a crack-free PS layer. Eventually, PS samples are thermally
14 oxidized in a muffle furnace (ZB 1, ASAL, Italy) at 750°C for 1h (ramp-up/ramp-down 12°C/min)
15 in room atmosphere.

16

17 *Morphological and optical characterization of PS samples*

18 Top view and cross-section of as-prepared PS samples are investigated using a Scanning Electron
19 Microscope (SEM, JEOL JSM-6390, ITALY) at an accelerating voltage of 5 kV so as to infer on
20 both size and length of pores, respectively. Porosity is numerically estimated by fitting experimental
21 reflection spectra of as-prepared PS samples with a home-made software developed in MatLab
22 (MathWorks®, USA).⁴²

23 Both as-prepared and thermally-oxidized PS samples are optically characterized in air in the
24 wavelength range 400-1000 nm using a fiber-optic setup consisting of a halogen lamp source (HL-
25 2000), a bifurcated fiber-optic probe (QR200-7-VIS-BX), and a UV-VIS spectrometer (USB2000-
26 VIS-NIR-ES) purchased from Ocean Optics (USA). Light exiting from the halogen lamp source is

1 fed through one arm of the bifurcated fiber-optic probe orthogonally onto the PS surface and the
2 reflected light is collected through the other arm of the bifurcated fiber-optic probe into a UV-VIS
3 spectrometer that yields the reflection spectra.

4 Acquisition parameters of reflection spectra are: integration time of 2 ms, average scan number 5,
5 boxcar width 5, with spectrometer working in photon counts mode.

6

7 *Experimental setup and infiltration protocol for BSA*

8 A flow-cell system integrated with the fiber-optic setup previously described is used for the optical
9 characterization of PS samples in the presence of acetate buffer at different BSA concentrations.
10 The PS sample is secured into a home-made Plexiglas flow-cell with volume of 100 μL . The flow-
11 cell is connected to a Nexus 3000 (Chemyx Inc., USA) syringe pump working in withdraw mode,
12 through which solutions under test are injected in the flow-cell at a flow-rate of 25 $\mu\text{L}/\text{min}$. Acetate
13 buffer is firstly injected for a warm-up time of 60 minutes before reflection spectra are recorded,
14 which ensures both fluidic and thermal transient are fully over. After the warm-up time is elapsed a
15 reference reflection spectrum in acetate buffer is acquired. Acetate buffer is further flushed for 50
16 minutes in the flow-cell, and then a novel reflection spectrum is acquired before starting injecting
17 BSA solutions and used for both blank signal and instrumental noise evaluation. BSA solutions
18 with concentration in the range 150 pM-15 μM (150 femtomoles-15 nanomoles, 1 mL) are then
19 injected for 40 min (1 mL total volume) for each concentration value using acetate buffer as a
20 carrier, starting with the lower concentration value and acquiring reflection spectra every 10
21 minutes since the injection has started. A rinse step in acetate buffer of 10 min follows injection of
22 each BSA concentration value so as to empty the nanopores from BSA not adsorbed on the pore
23 surface, then a reflection spectrum is acquired at the end of the rinse step before injection of the
24 next BSA concentration value. Analytical quantification of BSA adsorption in the PS layer at each
25 tested concentration is carried out through analysis of experimental reflection spectra according to
26 the signal processing strategy described in the Results and Discussion section.

1 Evaluation of BSA adsorption kinetics in the inner PS surface is carried out for some specific
2 concentrations (namely, 15 μM) according to the protocol above described, though reflection
3 spectra are acquired every single minute.

4 Acquisition parameters of reflection spectra are: integration time of 2 ms, average scan number 5,
5 boxcar width 5, with spectrometer working in normalized reflectivity mode.

6

7 *Effective optical thickness calculation by FFT*

8 Effective Optical Thickness (EOT), namely $2nL$ with n effective refractive index and L thickness of
9 the PS layer, respectively, is estimated by reflective interferometric Fourier transform spectroscopy
10 using a home-made software developed in MatLab (MathWorks®, USA). The wavelength axis of
11 each PS reflection spectrum is firstly inverted (x-axis changed from wavelength to $1/\text{wavelength}$) to
12 get a wavenumber axis, then a cubic-spline interpolation is applied to reflection data so as to have a
13 dataset (reflection, wavenumber) spaced evenly (sample-to-sample distance $8.57 \times 10^{-7} \text{ nm}^{-1}$). A
14 Hanning window is applied to the reflection spectrum and it is zero-padded to a power of two,
15 specifically 2^{24} . Eventually, the FFT algorithm is applied to the zero-padded reflection spectrum,
16 which yields both Fourier transform amplitude and phase (y-axis in the Fourier transform domain)
17 as a function of length, i.e. $1/\text{wavenumber}$ (x-axis in the Fourier transform domain), with spatial
18 resolution of about 0.07 nm. The EOT value corresponds to the $1/\text{wavenumber}$ axis (x-axis) value
19 in the Fourier transform domain for which the main peak in the Fourier Transform amplitude (y-axis)
20 occurs.

21

22

RESULTS AND DISCUSSIONS

23 *Porous silicon preparation and oxidation*

24 PS samples, produced by anodic etching in ethanoic HF solution of highly doped p -type silicon, are
25 at first morphologically and optically characterized. In Fig. 1a and 1b SEM images of typical cross-
26 section and planar views of freshly etched PS samples are reported. From SEM images a columnar-

1 like structure is apparent (Fig. 1a) with pores sizes between 50 and 80 nm (Fig. 1b), which are large
2 enough to allow effective infiltration of proteins with characteristic dimensions of a few nm, such as
3 BSA (about $4.0 \times 4.0 \times 12 \text{ nm}^3$).⁴³ PS thickness, evaluated by SEM measurements and averaged
4 over six samples, is $2.95 \pm 0.14 \text{ }\mu\text{m}$ (%CV $\sim 4.7\%$). The PS thickness is chosen according to former
5 works on BSA adsorption in PS using a flow-over approach ($\sim 3\text{-}5 \text{ }\mu\text{m}$)^{39,40}. Porosity (%),
6 numerically estimated by a computational method based on the analysis of reflection spectrum⁴²
7 and averaged over six samples, is $75.5 \pm 0.4\%$ (%CV $\sim 5.3\%$). Specific surface, numerically
8 estimated by geometrical approximation of pores as ideal columnar structures with height of 2.95
9 μm (average PS thickness) and diameter of 65 nm (average pore size), is $48 \text{ m}^2/\text{cm}^3$. Reliability and
10 reproducibility of the PS production process is good, as testified by low %CV values of both
11 porosity and thickness. Optical characterization of as-prepared PS samples is performed by UV-VIS
12 reflectance spectroscopy in the wavelength range 400-1000 nm. A typical reflectance spectrum of
13 as-prepared PS samples recorded in air is shown in Fig. 1c (black trace).

14 As-prepared PS samples are thermally oxidized in a muffle furnace at 750°C for 1h and then cooled
15 down to room temperature (18°C). A typical reflectance spectrum of oxidized PS samples recorded
16 in air is shown in Fig. 1c (red trace). Oxidation of the PS silicon skeleton is confirmed by contact
17 angle measurements using deionized water (DIW), which highlight a significant decrease of the
18 contact angle upon oxidation, from $\sim 110^\circ$ of freshly etched PS to $\sim 13.5^\circ$ of oxidized PS (Fig. 1d).
19 PS oxidation is also confirmed by FFT analysis of the reflection spectra acquired before and after
20 thermal treatment, which shows a typical blue-shift of the EOT value after oxidation, from about
21 9247 nm of as-prepared PS to about 7763 nm of oxidized PS (Supporting Information). PS surface
22 oxidation has a twofold aim: controlling passivation of nanopore surface so as to avoid uncontrolled
23 oxidation over time; increasing hydrophilicity so as to improve infiltration in the nanopores of
24 acetate buffer and promote BSA adsorption on the inner nanopore surface.

25

26 *BSA infiltration and signal processing strategy*

1 BSA solutions are prepared in acetate buffer ($\text{pH} = \text{pI}_{\text{BSA}} = 4.7$) at concentrations ranging from 150
2 pM to 15 μM (150 femtomoles - 15 nanomoles, 1.0 mL). The use of acetate buffer (10.0 mM
3 $\text{CH}_3\text{COONa}/\text{CH}_3\text{COOH}$ and 100 mM NaCl) allows maximizing protein diffusion and adsorption in
4 the nanopores, occurring when BSA is both globally neutral (condition reached with $\text{pH} = \text{pI}_{\text{BSA}}$)
5 and deeply shielded by a high ionic strength (condition reached with 100 mM NaCl).⁴⁰ In fact, by
6 minimizing ionic protein-protein repulsions outside the nanopores, BSA diffusion inside the
7 nanopores is encouraged and its adsorption on the nanostructured surface is, in turn, enhanced.⁴⁰
8 Both acetate buffer and BSA solutions are injected into a flow-cell containing the PS sample at a
9 rate of 25 $\mu\text{L}/\text{min}$ and reflection spectra are acquired according to the protocol detailed in Materials
10 and Methods.

11 The proposed analytical signal processing strategy for direct label-free BSA detection using a PS
12 interferometer relies on the calculation of the average value over wavelength of spectral
13 interferograms, namely IAW. For each tested BSA concentration, interferograms are calculated by
14 subtraction of the reflection spectrum acquired after each BSA injection from a reference reflection
15 spectrum acquired in acetate buffer. All interferograms are referred to a reference interferogram
16 calculated for acetate buffer before starting any BSA injection. The details of the IAW signal
17 processing strategy are here in the following given and discussed with respect to the highest BSA
18 concentration tested in this work (i.e. 15 μM , 15 nanomoles in 1 mL), also with reference to Fig. 2
19 that highlights the outcomes of the main processing steps.

20 The first step deals with the calculation of the interferograms from reflection spectra recorded in
21 acetate buffer and after infiltration of PS with any tested BSA concentration. Reflection spectra are
22 all acquired in acetate buffer, either before starting BSA injection or after injection of each BSA
23 concentration value. In Fig. 2a as-acquired reflection spectra in acetate buffer both before starting
24 BSA injection (black trace) and after injection of 15 μM BSA (red trace) are shown. A slight but
25 clear change in the reflection spectrum is observable, which is theoretically explained in terms of
26 intensity, phase, and frequency changes of the Fabry-Perot fringes that are originated by

1 constructive-destructive interference of light within the PS layer. Such a change of the reflection
2 spectrum is ascribable to BSA bioaccumulation on the nanopore surface, being the contribution of
3 BSA molecules dispersed in the buffer negligible. In fact, according to Pacholski et al., 2005,³⁹
4 BSA refractive index at concentration of 15 μM (which is the highest concentration tested in this
5 work) in buffer with $\text{pH}=4$ is 1.3365 and it is indistinguishable from refractive index of pure buffer.
6 In addition, reflection spectra are acquired after a 10 minute rinsing step following BSA injection,
7 which ensures BSA molecules dispersed in acetate buffer are further diluted, at least, if not fully
8 removed. Reflection spectra are normalized with respect to a reference mirror before calculation of
9 the interferograms. Although this is not a mandatory operation, it allows compensating (partially)
10 for non-idealities of the spectrometer (e.g. reduction of the sensitivity at the edge of the wavelength
11 range under investigation). Interferograms are then calculated by subtraction of reflection intensity
12 (wavelength by wavelength) of the normalized reflection spectrum acquired for each BSA
13 concentration from a normalized reference reflection spectrum acquired in acetate buffer at the end
14 of the warm-up time. Subtraction of reflection spectra was for the first time reported by Sailor and
15 coworkers to visually highlight changes in the reflection spectrum before and after binding of
16 specific analytes in a bio-affinity assay,⁹ but to our best knowledge no report on the analytical
17 validation and application of a signal processing strategy based on use of interferograms for (even
18 perspective) quantitative biosensing applications has been published. All the interferograms are
19 limited in the wavelength region 500-800 nm, where the spectrometer used in this work has higher
20 signal-to-noise ratio. Fig. 2b reports a typical interferogram obtained for BSA 15 μM (red trace),
21 which appears as a pseudo-periodic signal with peaks and valleys originated by the mismatch of the
22 reflection spectrum after BSA adsorption in the nanopores with respect to the reference reflection
23 spectrum in acetate buffer. A reference interferogram is calculated for acetate buffer by subtraction
24 of the normalized reflection spectrum acquired in acetate buffer right before injecting the first BSA
25 concentration (i.e. 50 minutes after the warm-up time is elapsed) from the normalized reference
26 reflection spectrum. The reference interferogram is used to calculate the instrumental noise floor to

1 which BSA interferograms are referred to. Fig. 2b shows the typical reference interferogram of
2 acetate buffer (black trace), which appears as noise spanned over the whole wavelength range under
3 consideration. From Fig. 2b it is clear that the interferogram of BSA 15 μM is significantly higher
4 than that of the acetate buffer, thus highlighting that 15 μM of BSA are effectively discerned using
5 a PS interferometer operating in direct label-free mode.

6 The second step deals with the removal of the average value of interferograms calculated for any
7 BSA concentration, so as to reduce possible artifacts on the spectral reflection intensity induced by
8 unwanted (though unavoidable) BSA adsorption on top of the PS layer, as pointed out by Pacholski
9 et al.,⁴⁴ and/or on the flow-cell quartz window through which optical measurements are carried out.
10 Artifacts on the reflection intensity might significantly affect PS biosensors especially in terms of
11 reproducibility from samples to samples at the higher analyte concentrations, as it is here
12 demonstrated in the next paragraph “*Calibration curve and analytical performance*”. Fig. 2c shows
13 the two interferograms of Fig. 2b after the average values are removed, thus yielding interferograms
14 (almost) symmetrical with respect the x-axis.

15 The final step deals with the calculation of the output signal from interferograms obtained for any
16 BSA concentration, namely Interferogram Average over Wavelength (IAW), which is performed by
17 applying the absolute value function to interferograms resulting from step 2 and then calculating the
18 average value of the subsequent interferograms over the whole spectral range of interest (500-800
19 nm). Application of the absolute value function allows obtaining a full positive interferogram
20 whose IAW value differs from zero and is correlated to the information carried out from the
21 interferogram itself, which increases as the BSA concentration increases. Fig. 2d shows the
22 interferograms obtained for BSA 15 μM and acetate buffer after application of the absolute value
23 function to data of Fig. 2c. Taking the average value of interferograms over wavelength allows to
24 significantly increase the output signal robustness, e.g. with respect to only take the maximum value
25 of interferogram peaks at either single or multiple specific wavelengths. In fact, while the latter is
26 not accurate being strongly dependent on the noise level around the specific peak taken into account

1 (see noisy peaks in Fig. 3d), the former is considerably more accurate being the effect of noise
2 reduced from the definite integral operation (see output signals in Fig. S1). Fig. S1a and S1b show
3 the typical interferogram integral value (i.e. definite integral of interferogram amplitude over
4 wavelength in the wavelength range $[500 - \lambda^*]$ nm, with λ^* spanning over the whole range under
5 investigation 500-800 nm) and average value (i.e. ratio between the integral value and the width
6 $(\lambda^* - 500)$ nm of the wavelength interval under consideration), respectively, for the full set of BSA
7 concentrations tested, for one of the PS samples of this work. Independently of the BSA
8 concentration value, the integral value (Fig. S1a) increases almost linearly as the wavelength
9 integration interval increases, whereas the average value (Fig. S1b) initially increases then tends to
10 quickly stabilize to its final value, namely IAW, after a wavelength integration interval of about 100
11 nm. Remarkably, both integral and average values allow discriminating between different BSA
12 concentrations when the wavelength integration interval increases over 100 nm. The IAW values
13 for BSA 15 μM (1.0 mg/mL) and acetate buffer (blank signal) calculated in the range 500-800 nm
14 over five replicates are 0.595 ± 0.080 (a.u.) and 0.067 ± 0.008 (a.u., IAW_0), respectively, which
15 yield a net differential IAW signal of 0.528 ± 0.080 (a.u.). The standard deviation of the acetate
16 buffer IAW_0 value, namely $\sigma_{\text{IAW}_0} = 0.008$ (a.u.), allows estimating the sample-to-sample
17 experimental noise floor of our PS interferometer in acetate buffer, which is about 74 times smaller
18 than the IAW value for BSA 15 μM .

19 Fig. 3a shows the $\text{IAW} - \text{IAW}_0$ signal *versus* time at sampling rate of 1 minute for the PS
20 interferometer of this work in acetate buffer before injecting BSA (minutes 0-10), during injection
21 of BSA 15 μM (minutes 10-50), and in acetate buffer after BSA injection (rinsing step, minutes 50-
22 60). From Fig. 3a it can be assessed that BSA rapidly diffuses inside the nanopores and
23 significantly adsorbs on their surface in about 5 minutes, then adsorption saturates during the
24 following 30 minutes. This saturation trends well agrees with kinetics models reported in literature
25 for protein adsorption on PS oxidized surface.⁴⁵ Fig. 3a allows estimating the experimental noise
26 floor over time of our PS interferometer for a given sample from the standard deviation of the IAW_0

1 value in acetate buffer (baseline) before (from 0 to 10 min) and after (from 50 to 60 min) injection
2 of BSA. Remarkably, the noise floor over time for a given sample is 0.005 (a.u.), which is in good
3 agreement with the sample-to-sample noise floor ($\sigma_{IAW_0} = 0.008$ a.u., previously reported).

4

5 *Calibration curve and analytical performance*

6 Fig. 3b shows the calibration curve in semi-log scale (linear scale in inset) for BSA unspecific
7 adsorption obtained with the PS interferometer of this work at concentrations in the range 150 pM-
8 15 μ M. The IAW values calculated for each BSA concentration are subtracted from the IAW₀ blank
9 value in acetate. A typical sigmoidal trend is observed and a significant signal (IAW–IAW₀ = 0.037
10 \pm 0.012 a.u.) is recorded also at the lowest tested concentration (150 pM), with a good signal-to-
11 noise ratio (S/N~ 4.6), if compared to the noise floor $\sigma_{IAW_0} = 0.008$ a.u., and a satisfactory
12 reproducibility (%CV = 32%), especially if one considers the very low level of concentration tested
13 and detected. The calibration curve is best-fitted ($R^2 = 0.989$) by the sigmoidal function in Eq. 1:

$$14 \quad IAW - IAW_0 = A - (A - B)e^{-(kC)^d} \quad (1)$$

15 being C the BSA concentration, and $A = 0.516$, $B = 0.024$, $k = 2.617$, and $d = 0.558$ fitting
16 parameters. From Eq. 1 it is possible to extrapolate the DL for the PS interferometer of this work,
17 which is by definition the concentration value for which the signal-to-noise ratio is 3.3.⁴⁶ This is
18 achieved when IAW–IAW₀ = 3.3 σ_{IAW_0} = 0.026 (shown in Fig. 3b as a gray area) and corresponds to
19 a concentration of 20 pM (i.e. 20 femtomoles, 1 mL). In addition, the proposed signal processing
20 strategy proves to be quite robust, with satisfactory reproducibility (over 5 replicates) in terms of
21 averaged %CV= 16% over the whole range of concentrations tested, especially if compared with
22 the standard analysis performed by EOT calculation through conventional FFT analysis of
23 reflection spectra (see next paragraph “*Conventional analysis by EOT calculation*”).

24 Fig. S2 shows the calibration curve obtained by applying the IAW processing strategy *without*
25 removal of the average value from interferograms (step 2 of the analytical procedure) to the same
26 set of reflection spectra used in Fig. 3b. By comparison of the two calibration curves obtained with

1 and without average value removal from interferograms a larger data dispersion is evident for the
2 latter (%CV = 34%) with respect to the former (%CV = 16%), which yields a worse sample-to-
3 sample reproducibility. It is interesting to note that IAW₀ values in acetate buffer calculated with
4 and without removal of the average values from interferograms do not show any differences, being
5 0.067±0.008 in both cases, thus experimentally corroborating that unwanted adsorption of BSA on
6 top of the PS interferometer and/or on the flow-cell window affects measurement reproducibility.

7

8 *Conventional analysis by EOT calculation*

9 As a benchmark, we performed conventional FFT analysis on the same set of reflection spectra used
10 in Fig. 3b for the IAW analysis, so as to compare EOT changes resulting from BSA adsorption on
11 the nanopore surface with IAW changes. Fig. S3a reports FFT amplitude spectra typical of as-made
12 and oxidized PS samples in air, as well as of oxidized PS samples both in pure acetate buffer and in
13 acetate buffer after injection of BSA 15 μM. A change in the EOT value of about 30 nm after
14 injection of BSA 15 μM, with respect to pure acetate buffer, is observed (Fig. S3b). This change is
15 compatible with former reports on the detection of BSA 15 μM (1.0 mg/ml) where changes in EOT
16 of about 90 nm were recorded in similar conditions (pH=4) using a double-layered PS
17 interferometer, where the PS layer in which BSA was adsorbed had comparable thickness (2.9 μm)
18 but higher porosity (85%) than that used in this work.³⁹ We argue that differences in both PS layer
19 porosity and injected BSA masses between this work and reference³⁹ are compatible with the
20 smaller EOT change recorded for BSA 15 μM. In fact, here we infiltrate 1 mg/ml of BSA for 40
21 min at 25 μL/min, which corresponds to 1 mg of BSA dissolved in 1 mL of acetate buffer; in
22 reference³⁹ authors infiltrate 1.0 mg/ml of BSA for 20 min at 0.5 ml/min, which corresponds to 10
23 mg of BSA dissolved in 1 mL of acetate buffer, that is a BSA mass 10-fold higher than that used in
24 this work.

25 Figure S3c shows the calibration curve over the whole range of tested BSA concentrations obtained
26 using EOT values (calculated over 5 replicates on the same reflection spectrum dataset used for the

1 IAW analysis) as output signal. The EOT values calculated for each BSA concentration are
2 subtracted from the EOT_0 blank value in acetate buffer. The limit of detection achievable with FFT
3 analysis is estimated as the BSA concentration for which $EOT - EOT_0 = 3.3\sigma_{EOT_0} = 17.1$ nm (upper
4 boundary of the gray area in Fig. S3c), being $\sigma_{EOT_0} = 5.17$ nm the standard deviation of EOT_0 . It is
5 apparent that conventional FFT analysis does not allow to reliably discriminate among the different
6 BSA concentrations used in this work (average %CV over the whole concentration range 129%).
7 Particularly, the BSA concentrations in the range 150 pM – 150 nM are below the detection limit
8 (within the gray area), whereas the two BSA concentrations at 1.5 and 15 μ M lie just close to the
9 detection limit (boundary of the gray area). This is in agreement with the current literature on PS
10 biosensors for which the micromolar level is only targeted through the use of signal amplification
11 strategies that allow to increase EOT changes upon biomolecule binding at the nanopore surface
12 and to yield, in turn, the FFT signal processing strategy more effective and reliable both for in-
13 sample and for sample-to sample analyses.

14

15

CONCLUSIONS

16 In this work we prove that nanostructured PS interferometer can be effectively exploited for
17 ultrasensitive and label-free detection of biomolecules without need for time-/reagent-consuming
18 (either ex-ante or ex-post) signal amplification strategies used to overcome insufficient sensitivity
19 of PS for perspective clinical applications.³³ As a benchmark we target unspecific adsorption of
20 BSA into oxidized PS, being this a fast, cheap, and reliable model often exploited in literature for
21 proof-of-concept demonstrations of perspective biosensing.^{39, 40}

22 BSA concentrations in the range 150 pM – 15 μ M (150 femtomoles – 15 nanomoles) are
23 successfully monitored with good sample-to-sample reproducibility (%CV= 16% over 5 replicates)
24 and good signal-to-noise ratio (S/N \sim 4.6 for BSA 150 pM). A sigmoidal trend encompassing the
25 whole concentration range is recorded ($R^2 = 0.989$) that yields a DL = 20 pM (20 femtomole, 1 ml).
26 This is the lowest DL reported in the literature since the 1997 seminal paper of Sailor and

1 coworkers, and envisages the possibility of decreasing detection limit of PS biosensors of orders of
2 magnitude compared to current literature.

3 To achieve such remarkable analytical performance, we introduce a novel, simple, effective, and
4 reliable signal processing strategy that is based on the calculation of the average value over
5 wavelength of spectral interferograms, namely IAW, to be used as output signal. Interferograms are
6 obtained by subtracting reflection spectra acquired on PS after adsorption of BSA from a reference
7 reflection spectrum acquired in acetate buffer. The IAW output signal allows achieving higher
8 reproducibility (in terms of both in-sample and sample-to-sample reproducibility) and lower
9 detection limit (in terms of minimum detectable concentration over the noise floor) with respect to
10 the EOT output signal obtained by conventional FFT analysis. In fact, comparing IAW and EOT
11 signals arising from the analysis of the same set of reflection spectra, it is apparent that whereas the
12 IAW signal allows to clearly discriminate BSA 150 pM, the EOT signal does not allow to
13 effectively discriminate BSA concentrations underneath the micromolar level.

14 Concluding, the IAW analytical signal processing strategy proposed in this work allows to better
15 exploit, with respect to conventional reflective interferometric Fourier transform spectroscopy, the
16 potential of PS interferometer for the detection of a specific analyte at low concentration and in a
17 small amount of fluid, both of which act as a bottleneck in point-of-care tests of clinical diagnosis
18 medical relevance.

19

20 **Author information**

21 Corresponding Author

22 *Phone: 050 2217601. E-mail: *g.barillaro@iet.unipi.it*.

23

24 **Notes**

25 The authors declare no competing financial interest.

26

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3 Ricerca (FIR) programme, GrantNo. RBFR122KL1 (SENS4BIO).

5 **Supporting Information**

6 Additional figures aimed at better clarifying peculiar aspects of the proposed IAW signal processing
7 strategy, also with respect to the conventional EOT signal processing strategy are provided in
8 Supporting Information.

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1 **Figure captions**

2 Fig. 1 SEM images, (a) cross-section and (b) top view, of a porous silicon (PS) layer. (c) Reflection
3 spectra, recorded in air, of as made (black line) and oxidized (red line) PS. (d) Contact angles of
4 deionized water (DIW) on as made and oxidized PS.

5
6 Fig. 2 (a) Reflection spectra of PS in acetate buffer before (black trace) and after injection of BSA
7 15 μM (red trace). (b-d) Interferograms of PS in acetate buffer (black trace) and after injection of
8 BSA 15 μM (red trace) calculated over the spectral range 500-800 nm: (b) after differentiation of
9 reflection spectra in (a); (c) after removal of the average value from (b); (d) after application of the
10 absolute value function to (c).

11
12 Fig. 3 (a) Time-resolved $\text{IAW}-\text{IAW}_0$ value upon injection of BSA 15 μM (acetate buffer $\text{pH} = \text{pI} =$
13 4.7) at a flow-rate of 25 $\mu\text{L}/\text{min}$: acetate buffer before injecting BSA (minutes 0-10), injection of
14 BSA 15 μM (minutes 10-50), and acetate buffer after BSA injection (rinsing step, minutes 50-60).
15 (b) Calibration curve $\text{IAW}-\text{IAW}_0$ V_s BSA concentration in semi-log scale (linear scale in inset)
16 experimentally measured over 5 replicates, and best fitted ($R^2 = 0.989$) with a sigmoidal function
17 (red trace). The gray area underneath the calibration curve indicates $\text{IAW}-\text{IAW}_0$ values
18 corresponding to BSA concentrations below the instrumental detection limit (20 pM, i.e. 20
19 femtomoles, 1 mL).

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1 **Figures**

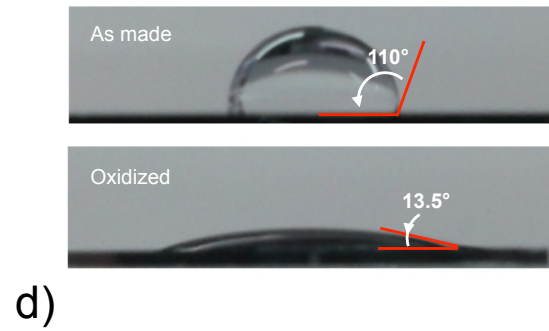
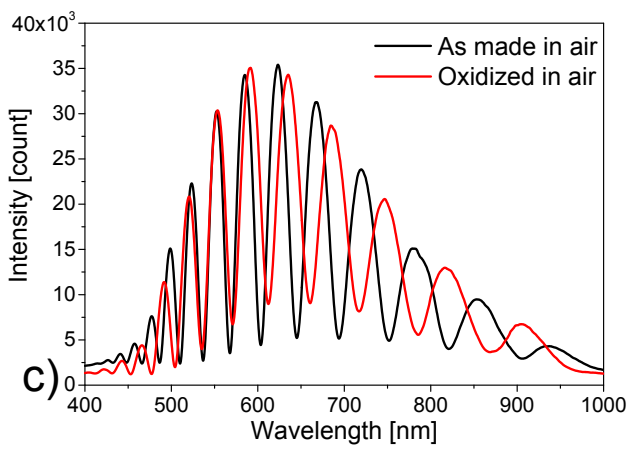
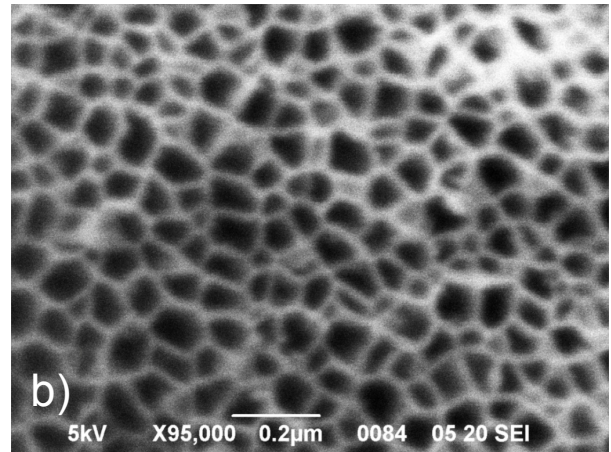
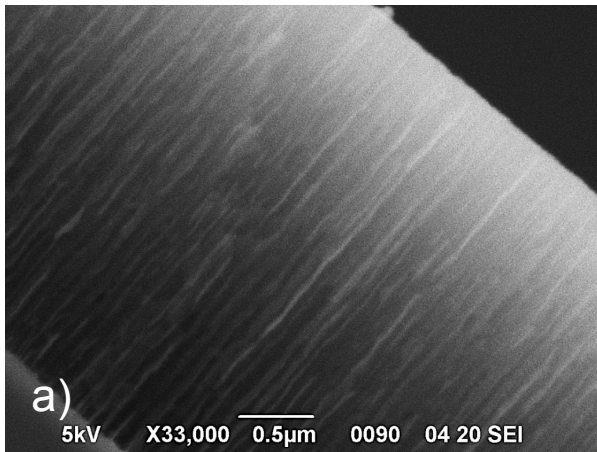
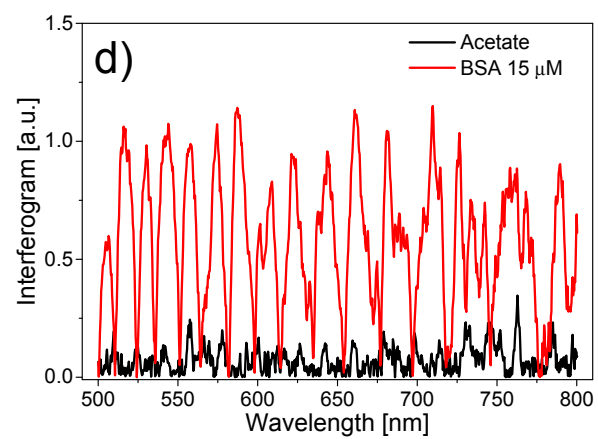
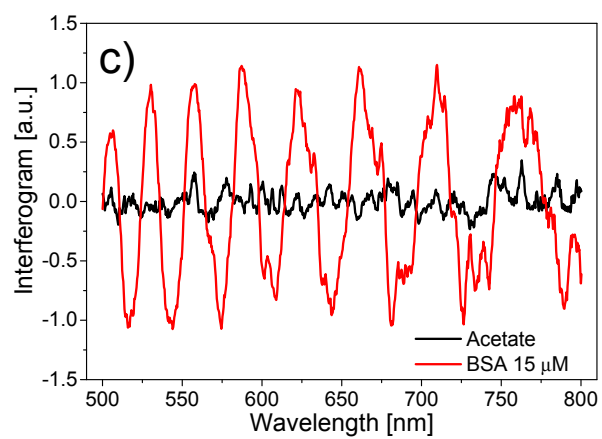
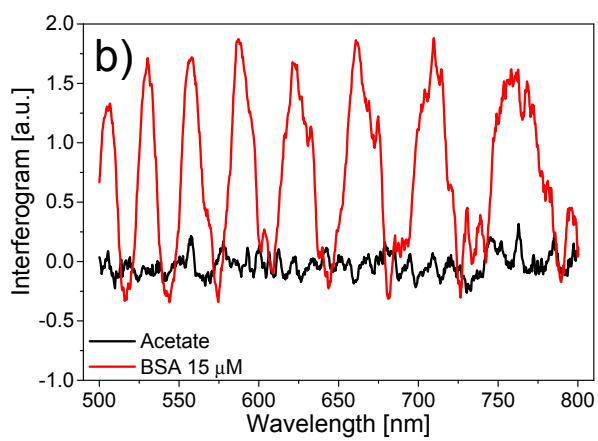
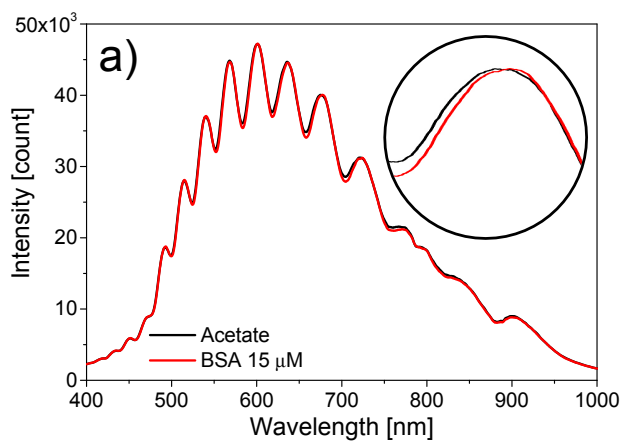


Figure 1

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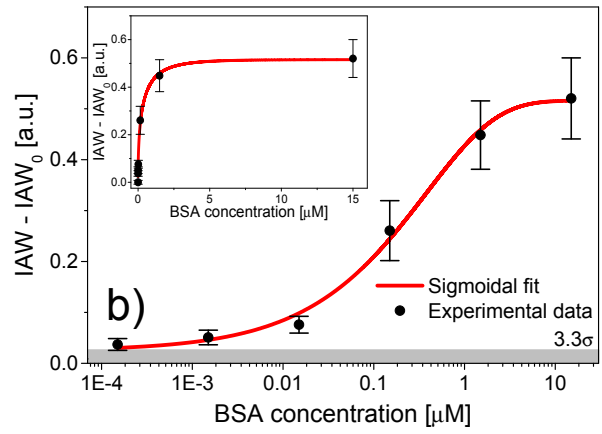
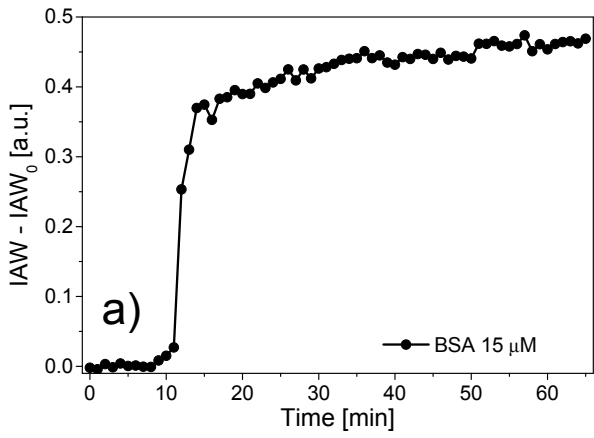
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Figure 2

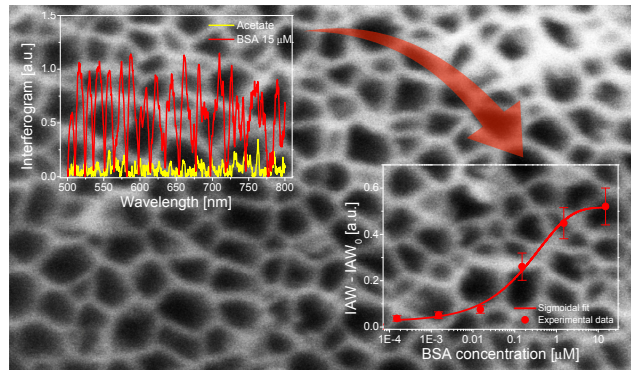


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Figure3

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