

1 **RUNOFF, SOIL AND NUTRIENT LOSS UNDER ALTERNATIVE CROPPING**
2 **SYSTEMS IN A RECLAMATION DISTRICT OF CENTRAL ITALY**

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4 Nicola Silvestri^{a,*}, Chiara Pistocchi^{b,c}, Daniele Antichi^a,

5

6 ^a Department of Agriculture, Food and Environment, University of Pisa, via del Borghetto 80,
7 56124 Pisa, Italy

8 ^b Group of Plant Nutrition, USYS ETH Zurich, Eschikon 33 Lindau, Switzerland

9 ^c Institute of Life Sciences, Scuola Superiore Sant'Anna, p.za Martiri della Libertà 33, 56127
10 Pisa, Italy

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12 * Correspondence to: Nicola Silvestri, Department of Agriculture, Food and Environment,
13 University of Pisa, via del Borghetto 80, 56124 Pisa, Italy. E-mail: nicola.silvestri@unipi.it

14 Tel. +39-050-2220606 Fax +39-050-2218951

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26 **Abstract**

27 Erosion and nutrient losses represent two of the most important impacts on the environment not
28 only on hilly croplands but also on plains. Quantifying them is necessary to evaluate the
29 sustainability of cropping systems. In a reclamation district characterised by large-scale and
30 intensive agricultural use and the presence of a vulnerable receiving water body, we compared in
31 a field experiment the impact and productivity of three alternative continuous cropping maize
32 systems: conventional (Con), low-input (Low) and environmentally protective (Pro), each using
33 different amounts of chemical and mechanical inputs. Experimental sites were located on two
34 farms with different soil types: peat soil (PF) and loam soil (LF). Crop growth and cumulative
35 runoff, sediment, dissolved and particulate nutrient losses were measured. Yields of Con were
36 20-25% higher than those of alternative systems (Low and Pro) at both sites. The effect of
37 cropping systems on erosion was influenced by location: Con had higher impact on the loam
38 soil, while Low had higher impact on the peat soil. Pro seemed to ensure the best soil
39 conservation conditions at both sites. Simple linear regressions estimated the contribution of
40 predictor variables to explaining the results: runoff was strongly influenced by rainfall (above
41 75% of variability explained) but not by the type of cropping system, which instead significantly
42 influenced soil losses (23-25% of variability explained). The use of a multiple linear regression
43 model allowed explaining the single runoff events while the prediction of soil and nutrient losses
44 were consistent on annual basis. Estimations of eroded soil remained below 800 kg/(ha y) at both
45 sites, while those of dissolved N losses ranged from 488-1118 and 379-1172 g/(ha y) for PF and
46 LF sites, respectively, and those of dissolved P losses ranged from 527-793 and 468-749 g/(ha y)
47 for PF and LF sites, respectively.

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49 **Key words:** cropping systems, erosion, nutrient loss, predictor variables, multiple linear
50 regression.

51 **1. Introduction**

52 Soil erosion from cultivated land has direct negative effects on soil fertility and represents one of
53 the most important causes of land degradation (e.g. soil compaction, depletion of nutrient stocks,
54 decrease in microbiological activity) at world level (Bravo-Espinosa et al., 2009; Stavi and Lal,
55 2011). The erosion of the land leads to a decrease in soil functionality and therefore to a
56 degradation of ecosystem services.

57 Many factors can affect the intensity of erosive phenomena, increasing the loss of sediment and
58 nutrients. Some of them depend largely on local and physical conditions, including climate,
59 lithology, topography and soil texture (Cao et al., 2003; Stavi and Lal, 2011); others are under
60 human control and are related to crop choice and the farming practices adopted (Ramos and
61 Martinez-Casanovas, 2006; Hahn et al., 2012; Sweeney et al., 2012).

62 The ability of cropping systems to reduce sediment and nutrient losses from cultivated fields is a
63 necessary condition for the sustainability of agricultural land use and a key factor in the
64 protection of water resources. The adoption of alternative management methods such as long and
65 diversified crop rotations (Huang et al., 2006; Jiao et al., 2011), intercropping and cover crops
66 (Bahadur Sapkota et al., 2012), minimum- or zero tillage (Fuentes et al., 2009), and crop residue
67 management (Torbert et al., 1999; Grande et al., 2005) are among the most important options
68 available to mitigate the effects of agricultural land use on increasing erosion and to restore soil
69 quality (Bravo-Espinosa et al., 2009).

70 The study of cropping systems, which are combinations of crop genotypes (species/cultivars) and
71 agricultural practices on the same field, allows identification of solutions that offer the highest
72 level of compatibility with the conditions of a particular cultivated area (Silvestri and Bellocchi,
73 2007; Jiao et al., 2011). It is evident that the strategies adopted by farmers can have important
74 effects on protection of the environment (De Jager et al., 1998). They require the extension of
75 evaluation from a private/farm level, based on a farmer's point of view, to a

76 public/environmental level, which includes potential negative externalities (Silvestri et al.,
77 2012).

78 Moreover, soil erosion is the result of a few randomly distributed events rather than of regularly
79 occurring events. Therefore, it is important to evaluate the conditions that exist during each
80 event. Many of the variables involved (e.g. rainfall intensity, vegetation stage, water infiltration
81 rate, nutrient content in the topsoil) can indeed change significantly over time and interact with
82 each other in different ways (Gonzales-Hidalgo et al., 2007; Truman et al., 2007). Therefore, the
83 simultaneous occurrence of critical values for several variables, even for a short period,
84 represents a risk condition, which is difficult to predict or model.

85 Soil erosion is usually higher on steep, hilly croplands. Nevertheless, erosive phenomena can
86 still be an issue on plains, not as much for their intensity as for the vulnerability of receiving
87 water bodies. In reclamation districts, the effects of erosion are of major concern because of the
88 siltation of natural and artificial reservoirs and the pollution (eutrophication) of surface waters
89 (Carpenter et al., 1998).

90 In this paper we deal with a case study of a reclamation district, characterised by large-scale and
91 intensive agricultural use and the presence of a vulnerable receiving water body (the lake of
92 Massaciuccoli in Tuscany, Italy) (Pistocchi et al., 2012). The objectives of this study were i) to
93 compare the impacts and productivity of three alternative cropping systems with differing use of
94 chemical and mechanical inputs, ii) to quantify the importance of natural and anthropic factors in
95 driving erosion phenomena, and iii) to verify the consistency of estimates obtained using one or
96 a small set of predictor variables.

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98 **2. Materials and methods**

99 *2.1 Field trial description*

100 The study was carried out in the Regional Park of Migliarino-S.Rossore-Massaciuccoli (coastal

101 plain of Central Italy). The region has a Mediterranean climate and mean annual rainfall of ca.
102 700 mm, with two peaks (autumn and spring). Mean annual temperature equals 15°C, with mean
103 monthly maximum temperatures (summer season) above 25°C and mean monthly minimum
104 temperatures rarely below zero.

105 The experimental sites were located on two farms (5 km away from each other) with different
106 soil conditions. In the first (Peat Farm, hereafter PF), peat soils (eutri-sapric and endo-salic
107 histosols) prevail, with low pH (5.1-6.2) and mean organic matter content of ca. 30% (Silvestri et
108 al., 2002). In the second (Loam Farm, LF), soils are mainly clay loam and silt loam and have
109 much less organic matter (mean content of 2.7%). These soils are classified as calcari-fluvic
110 cambisols. Table 1 lists chemical and physical characteristics of the soil profiles in the two sites.
111 Since the experimental sites are located within a reclamation district, their hydrological
112 conditions are peculiar: elevation is below the mean sea level, requiring artificial drainage and
113 pumping stations to maintain a water table depth suitable for cultivation (0.3-0.5 m below field
114 level).

115 We compared three cropping systems under rainfed conditions: conventional (Con), low-input
116 (Low) and protective (Pro) systems, characterized by a decreasing use of chemical and
117 mechanical inputs (Table 2). The crop studied was maize, the most widespread in this district,
118 which is cultivated in continuous cropping or two-year rotations with winter wheat or sunflower
119 (Silvestri et al., 2012). In the Con system we chose the farming practices usually adopted in the
120 area. In the Low system we applied a “passive” mitigation strategy, significantly decreasing the
121 amount of chemical and mechanical inputs, while in the Pro system, the decrease in inputs was
122 combined with an "active" protection strategy, consisting of buffer strips along the field ditches.
123 Each cropping system occupied an entire field (24 m wide and 200 m long, with a mean slope of
124 2% created by ploughing) and was replicated three times, for a total of nine experimental fields,
125 according to a randomised block design. Each field was equipped with one device (1.5 m long

126 and 1.0 m wide), comprised of three steel-sheet edges pushed 10 cm into the soil and a triangular
127 manifold ending with a pipe which directed the flow to a storage tank (0.25 m³) installed down-
128 slope in the ditch (Dunjò et al. 2004). The trap was therefore hydraulically isolated from the rest
129 of the field and able to collect the runoff generated by a surface area of 1.5 m².

130

131 *2.2 Sampling strategy*

132 Since it was necessary to remove the traps before tillage and harvesting operations, runoff
133 monitoring was discontinuous. Significant events (> 2 mm) were monitored for a period of 1.5
134 years, divided into two sub-periods: I and II. For PF, the first (I) ran from June 2007 to February
135 2008 and the second (II) from May to November 2008 (Fig. 1), while for LF the first (I) ran from
136 June to October 2007 and the second (II) from December 2007 to November 2008 (Fig. 1).

137 Sampling was performed after each rainfall event if the amount of water collected in the storage
138 tanks was enough for analysis; if not, rainfall from events was accumulated until a sufficient
139 amount of water was obtained. Samples were also aggregated for events close in time (e.g.
140 occurring on two consecutive days). Small (< 5 mm) and isolated (more than three days far from
141 each other) events were ignored.

142 For PF and LF, 28 and 29 events were sampled, respectively, which can be considered
143 representative of the variability in environmental conditions (combination of soil, crop stage and
144 rainfall conditions) during the monitoring period.

145 Rainfall depth (RD, in mm) was measured using rain gauges installed at the experimental sites.
146 Rainfall intensity over 30-minute intervals was calculated using data from the closest
147 meteorological station (Metato-PI, Servizio Idrologico Regionale), less than 4 km from both the
148 experimental sites.

149 Crop yields were estimated by harvesting sample areas of 2 m² replicated three times for each
150 experimental field. The grain was separated from the above-ground biomass and weighed after
151 oven drying at 60°C until constant weight.

152

153 *2.3 Laboratory analyses*

154 Runoff volume (RO, in l) was measured manually in the field with a graduated cylinder.

155 Electrical conductivity (EC, in mS/cm) and pH were also measured in the field using portable
156 devices (XS COND 6 and XS pH 611, Oakton-Eutech Instruments, respectively). For each
157 replicate, a subsample of runoff was taken and stored in 1 l PE bottles at 4°C before analysis.

158 The material that settled at the bottom of the tank was summed over each sub-period.

159 Total suspended solids (SS, in g/l) in the liquid samples were measured in triplicate by the
160 gravimetric method while stirring (0.5 h). Nutrient losses were estimated based on dissolved and
161 particulate fractions in the liquid and solid samples, respectively. The dissolved fraction included
162 nitrates (N_{dis}, in mg/l), which were determined by ion chromatography (Dionex Dx-500 ion
163 chromatograph). Soluble reactive phosphorus (P_{dis}, in mg/l) was determined by the blu-
164 molybdenum method on filtered samples (with a Perkin Elmer 22 Lambda 1 spectrophotometer).
165 The particulate fractions included nitrogen (N_{par}, in mg/kg) and phosphorus (P_{par}, in mg/kg),
166 were analysed after digestion (Taylor, 2000) with the Kjeldhal and the blu-molybdenum
167 methods, respectively.

168 As QA/QC procedures, field and analysis blanks were included, as well as replicates at different
169 dilutions, to check for matrix effects. Standards were also included for each batch.

170

171 *2.4 Data processing*

172 Comparison of cropping systems was performed separately for each sub-period based on
173 cumulative values of runoff (cRO, in m³/(ha mm)), sediment (cSS, in kg/(ha mm)) and dissolved

174 nutrient losses (cN_{dis} and cP_{dis} , in g/(ha mm)) expressed per rainfall unit. These values were
175 calculated as follows:

176

$$\text{cumulative value} = \frac{\sum_i C_i \cdot RO_i}{\sum_i RD_i}$$

177

178 where C_i is the SS, N_{dis} or P_{dis} concentration for the i^{th} rainfall (RD_i) and runoff (RO_i) event.

179 Cumulative losses of particulate nutrients (cN_{par} and cP_{par} , in g/(ha mm)) were determined by

180 dividing N_{par} and P_{par} of each sub-period by the cumulative rainfall depth. The sum of dissolved

181 and particulate fractions allowed total nutrient losses ($cN_{tot} = cN_{dis} + cN_{par}$ and $cP_{tot} = cP_{dis} +$

182 cP_{par} in g/(ha mm)) to be determined. The cumulative data were analysed with a one-way

183 ANOVA in which the cropping system was the factor with three levels (Con, Low and Pro). We

184 considered a $p \leq 0.05$ as the limit of significance. The Tukey HSD test was used for *post hoc*

185 means comparison.

186 To interpret the contribution of factors driving erosion phenomena, we considered the following

187 quantitative and qualitative variables: rainfall depth measured *in situ* (RD, in mm), erosion index

188 (EI, in MJ mm/(ha h)), cropping system (CS) and crop stage (ST) as predictor variables and the

189 data collected for each event (RO, SS, N_{dis} and P_{dis}) as dependent variables. RO was also

190 considered a predictor variable when treating SS, N_{dis} and P_{dis} .

191 The EI was calculated for each event using the data (rainfall intensity and depth at 30 minutes)

192 from the meteorological station, according to the equation described by Foster et al. (1981). The

193 ST was assigned according the stage classification developed by Wisn Meyer and Smith (1978).

194 We first performed simple linear regressions (separately for the two study sites) to identify the

195 key predictor variable (i.e. explaining the most variability) for each dependent variable. Then, a

196 multiple linear regression (MLR) model including all the predictor variables and their

197 interactions was built for each dependent variable to fill in gaps in the monitoring period and

198 estimate annual values. In the MLR, dependent variables were log-transformed to satisfy the
199 assumption of normality. We used a stepwise elimination method to remove the predictor
200 variables that did not contribute significantly to improve MLR performances. The significance of
201 the fitted models was determined by F statistics. The goodness of fit of the MLR was assessed by
202 the adjusted R^2 and analysis of standardised residuals, which were also checked for
203 heteroscedasticity with the Shapiro-Wilk normality test.

204 To validate the MLR, an independent dataset of RO and sediment losses from 18 events recorded
205 in the PF site during a 10-month period (May 2005 - March 2006) was used. The degree of
206 agreement between observed and predicted results was estimated by calculating R^2 , the Nash-
207 Sutcliffe efficiency (NSE), the coefficient of residual mass (CRM) and the percent bias (PBIAS)
208 (Moriassi et al., 2007). All statistical analyses were performed with R statistical software (version
209 2.12.0, R Foundation for Statistical Computing).

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211

212 **3. Results and discussion**

213 *3.1 Cropping system effect*

214 Table 3 shows cumulative values cRO , cSS , cN_{dis} , cP_{dis} , cN_{par} , cP_{par} , cN_{tot} and cP_{tot} for the three
215 cropping systems and the two sites.

216 At the PF site, cRO was not significantly different among sub-periods, and cSS was significantly
217 different only for sub-period I: higher in the Low (2.03 kg/(ha mm)) than the Pro (0.82 kg/(ha
218 mm)) system. The type of CS did not affect cRO (grand mean = 1.15 m^3 /(ha mm)), and the
219 amount of soil eroded was only partially related to agronomic management practices.

220 The effect of CS on nutrient release was more evident. Some differences were significant (I-
221 cN_{dis} , II- cN_{dis} , I- cN_{par} , I- cP_{par}), with the Low system showing systematically higher losses than
222 the Pro system, which had the lowest nutrient losses. The values of the Con system were

223 intermediate to, and often not significantly different than, those of the other two (I_s and II-cN_{dis},
224 I-cN_{par}).

225 Two observations can explain these results. First, nutrient losses were strongly correlated with
226 the carrier phase (water or soil). Differences in dissolved nutrient losses among systems were
227 indeed related to concentrations rather than amount of runoff, which was similar among the three
228 systems. In contrast, particulate nutrient losses were affected by differences in soil erodibility
229 and therefore to agronomic management practices. In fact, the only significant differences for the
230 first sub-period (I-cN_{par} and I-cP_{par}) followed the pattern of cSS.

231 The second observation is related to the different behaviours of N and P. The type of CS (and
232 then the amount and distribution of fertilizers) significantly affected the release of dissolved N
233 (I-cN_{dis} and II-cN_{dis}), confirming its higher leachability. In contrast, agronomic management
234 practices did not affect dissolved P losses in both sub-periods but rather particulate P losses. This
235 is also confirmed by the higher relative difference in particulate nutrient losses between the Low
236 and Pro systems, as confirmed by Low/Pro ratios equal to 2.8 (I-cP_{par}) and 2.1 (II-cP_{par}) for P and
237 to 2.4 (I-cN_{par}) and 1.6 (II-cN_{par}) for N.

238 Total nutrient losses of the three CS were significantly different, except for II-cN_{tot}. Their
239 variability was relatively large, ranging between 5.2 and 19.5 g/(ha mm) for N (Pro-I and Low-I,
240 respectively) and between 2.2 and 4.2 g/(ha mm) for P (Pro-II and Low-I, respectively).

241 At the LF site, almost all differences were significant (except for I-cRO, II-cN_{dis}, I-cP_{dis}),
242 although this did not necessarily imply an enhancement of erosion effects compared to the other
243 site. The difference between the two sites (LF - PF values), calculated as the mean of the three
244 systems and the two sub-periods, was indeed positive for eroded soil (cSS = +0.76 kg/(ha mm))
245 and dissolved P (cP_{dis} = +0.41 g/(ha mm)), negligible for RO (cRO = -0.07 m³/(ha mm)),
246 particulate P (cP_{par} = +0.02 g/(ha mm)) and total P losses (cP_{tot} = +0.43 g/(ha mm)) and negative
247 for all N losses (-0.74, -5.13 and -5.87 g/(ha mm) for cN_{dis}, cN_{par} and cN_{tot}, respectively).

248 At the LF site, we also observed a different pattern among the CSs. The Con system was the
249 least conservative, due to higher sediment and nutrient losses than the other two. Values of the
250 Low and Pro systems were also often significantly different from Con: II-cRO, I-cSS, I-cN_{par}, I-
251 cP_{par}, I-cN_{dis}, II-cP_{dis}, I-cN_{tot}, II-cP_{tot}. The amount of soil eroded in the Con system was 1.5 times
252 as high as that in the Low system and 4 times as high as that in the Pro system. Differences in
253 particulate nutrient losses had the same ratios, while those for dissolved phases were negligible.
254 This means that under these soil conditions, the CS choice could substantially decrease
255 environmental impacts of cultivation and reduce sediment and nutrient losses.
256 Hence, the results were influenced by the interaction of agronomic management practices with
257 soil type. In fact, on peat soil (PF site) the Low system provided a lower level of soil
258 conservation than the Con system, which instead appeared the worst option on loam soil (LF
259 site). Minimum tillage (Low system) seemed to increase erodibility on peat soil, leading to
260 higher losses of nutrients associated with the sediments. Our explanation is that under the lower
261 hydraulic conductivity (1.5×10^{-5} m/s) of peat soil, the shallower plough pan produced by
262 minimum tillage decreased rainfall infiltration, thereby increasing erosion as observed by others
263 authors on different types of soils (Bonari et al., 1995).
264 In general, high soil organic matter (SOM) content reduced the relative differences among the
265 CSs (low erodibility, high N availability due to SOM mineralisation), although the Pro system
266 appeared, in both soils, the most environmentally friendly due to the use of no-tillage and buffer-
267 strips. Moreover at the PF site, it was evident that the high N availability in soil led to generally
268 higher releases of nitrates than at the LF site, where, conversely, we observed higher losses of
269 particulate P because of its higher soil erodibility.
270 Differences between the two years were noticeable but related to the magnitude of the
271 phenomena (i.e. differing rainfall erosivities) rather than to the relative performance of the CSs.
272

273 *3.2 Yields*

274 At the PF site, the Con system was consistently the most productive (about 2 t/ha more than the
275 Low and Pro systems), while the other two systems did not differ significantly (2-year means of
276 9.4 and 9.9 t/ha for Low and Pro systems, respectively; Table 4). At the LF site, yields were
277 generally lower (about -20%) than those at the PF site, but showed the same pattern among CSs.
278 The lower productivity of maize in the loam soil is related mainly to hydrological conditions,
279 since the water table was deeper during the growing season, leading to lower water availability
280 for the crop. These results confirmed the importance of mechanical and chemical input
281 availability to yields and highlighted that in terms of yield the two non-conventional systems
282 (Low and Pro) were equivalent.

283

284 *3.3 Linear model*

285 Table 5 shows the contribution of each factor (predictor variable) to each dependent variable as a
286 coefficient of determination (R^2). This analysis identified, for a given dependent variable, a main
287 factor (or a set of factors) contributing to its overall variability.

288 For RO, RD was by far the main driving factor (77% and 78% of the overall variability for LF
289 and PF, respectively). EI, the second most influential factor, explained about 35% of the
290 variability for both sites.

291 The effect of CS was highly significant in explaining SS data (25% and 23% of the overall
292 variability for LF and PF, respectively). The different types of tillage among the CSs tested and
293 the adoption or not of an active protection strategy (buffer strips) led to significant differences in
294 sediment losses, as reported in the literature (Takken et al., 2001; Basic et al., 2004; Schuller et
295 al., 2007; Dorioz et al., 2006; Novara et al., 2011, Prashun, 2012).

296 The ability of the crop to reduce rain erosivity according to its growth stage was confirmed by
297 the percentage of total variability explained by ST (12-20%).

298 The major factor influencing N_{dis} was ST. We recorded one peak of N_{dis} in runoff at the F stage
299 (from soil tillage to seedbed preparation), which was linked to the absence of the crop and
300 increased nitrate availability during the late summer and early autumn due to soil microbial
301 activity. Soil nitrate concentration is indeed strictly linked to trends in SOM mineralisation and
302 fertiliser application as well as crop development (Randall and Mulla, 2001; Agostini et al.,
303 2010). N_{dis} was also negatively correlated with rainfall and runoff (dilution effect), with r
304 ranging from -0.39 to -0.33 for RD and from -0.30 to -0.23 for the RO at PF and LF respectively.
305 For P_{dis} , ST was by far the most important factor, explaining 57 and 44% of variability at the LF
306 and PF sites, respectively. Peak concentrations in RO were observed in different stages at the
307 two sites: 1, 2 and 4 (increasing percentage of canopy cover) for LF and 2, 3 and SB (from
308 seedbed preparation to 10% of canopy cover) for PF. This temporal variability seems to be
309 related to different factors temporarily influencing the availability of dissolved P in the soil, as
310 well as agronomic management practices and biological activity. Indeed, similar variability was
311 observed at the territorial scale for the same area (Pistocchi et al., 2012). The variability
312 explained by EI was decidedly lower (about 10%), but positively correlated with P_{dis} .
313 Concerning EC, we observed a different pattern at each site. At the LF site, ST explained half of
314 the variability in EC, while at the PF site, in addition to ST, RD and RO were significant, each
315 one explaining approximately 20% of variability in EC (17%, 23% and 16%, respectively). The
316 contribution of ST was probably the result of different evapotranspiration rates during the crop
317 growth. The lower contribution of ST at the PF site could be related to its unique hydrology,
318 characterized by a water table level maintained artificially constant during the monitoring period
319 (Pistocchi et al., 2012), thus smoothing differences in soil moisture among different stages.
320 Table 6 shows MLR models for each dependent variable for the two study sites. At both sites,
321 RO was significantly affected by RD, which explained more than 76% of its variability. ST, CS
322 and the interactions ST x RD, ST x EI, and RD x EI were also significant, but they accounted for

323 less variability. EI was significant only for the LF site. The model was able to explain more than
324 85% of the overall variability in RO for both sites.

325 Variability in SS was explained by several factors, each accounting for a non-negligible
326 percentage of variance ($> 5\%$). Among them, CS (23-25% of total variance) and ST (14-16%)
327 were common to both sites, while RD was relevant (8%) only for PF. The model could explain
328 approximately half of the overall variability in SS.

329 ST and RD drove the pattern of EC at both sites (55% and 40% of the overall variability for LF
330 and PF, respectively). However EI also played an important role at the PF site, explaining 10%
331 of the variability. The residual variability was $\leq 30\%$.

332 For N_{dis} , the most important factors were ST, RD and their interaction, which explained 38% and
333 27% of the total variability for LF and PF, respectively. For the former, the interactions between
334 ST and other factors were also significant (11% of total variance), while for the latter, RO
335 accounted for 10%. Model performances ranged from 48-51% of overall variability.

336 Finally, for P_{dis} , we observed a similar pattern for the two sites. ST was the main factor,
337 accounting for 57% of total variance for LF and 44% for PF. On peat soil, RD also contributed
338 10% of the total variability, and the interaction ST x EI was also non-negligible (13%). At both
339 sites, the percentage of variability explained exceeded 76%. This good fit was due to the
340 inclusion of interactions in the MLR model, which took the mutual effects of multiple factors
341 into account, unlike simple linear regression.

342

343 *3.4 Model validation and prediction*

344 Model validation for single-event predictions was satisfactory for runoff and partially
345 satisfactory for sediment loss, according to the model evaluation indices. Indeed, NSE (optimal
346 value = 1) was 0.3 for sediment losses and 0.4 for runoff data, while CRM (optimal value = 0)
347 was 0.1 for sediment loss and 0.2 for runoff. R^2 of the regression line was equal to 0.61 and 0.32

348 for runoff and sediment loss, respectively, and residuals were randomly distributed. PBIAS
349 (optimal value = 0) values were < 15% for both RO and sediment loss, meaning that predicted
350 values were generally accurate. The model's difficulty in predicting sediment losses was due to a
351 few poorly predicted events. These events had high EI values (> 90 MJ mm/(ha h)) that lay
352 outside the range of values used to calibrate the MLR. This suggests that calibrating the linear
353 model with more rainfall events, thus a wider range of RD and EI, should improve model
354 predictions. However the total of measured values (sum of all monitored events) was predicted
355 relatively well (relative error of observed vs predicted values < 20%). Thus, in these conditions,
356 the use of MLR models is recommended for predicting over long time periods, rather than single
357 events.

358 Table 7 shows annual values predicted by the model for 2007 and 2008. Predictions of eroded
359 soil (always < 800 kg/(ha y)) at both sites are consistent with the values reported for plain
360 croplands in Mediterranean regions (Kosmas et al., 1997; Martínez Raya et al., 2006; Terranova
361 et al., 2009).

362 Concerning nutrients, model predictions lie within ranges of values reported in the literature,
363 closer to the low values, and range from about 379-1118 g/(ha y) for dissolved N and 468-793
364 g/(ha y) for dissolved P (Vourenmaa et al., 2002; Hart et al., 2004; Ramos and Martínez-
365 Casanovas, 2006; Udawatta et al., 2006; Jiao et al., 2011; Sweeney et al., 2012). Although the
366 N/P ratio was generally low (around 1:1), on peat soil this ratio was shifted in favour of
367 dissolved N (mean N:P = 1.34), while on loam soil it was the opposite (mean N:P = 0.84). The
368 higher SOM content of the former likely led to a larger release of N during mineralization.

369 Assuming that the same ratio between dissolved and total N/P measured during the monitoring
370 period is also maintained over the year for each CS, we can estimate total annual nutrient losses
371 for each CS from the annual values of dissolved N/P predicted by the model. Estimated N losses

372 range from 2.9-5.7 and 0.9-3.4 kg/(ha y) for PF and LF sites, respectively, while estimated P
373 losses range from 0.7-2.0 and 0.6-1.7 kg/(ha y) for PF and LF sites, respectively.

374

375

376 **4. Conclusions**

377 The tested cropping systems (conventional, low-input and protective) affected significantly soil
378 erosion and all correlated phenomena: runoff production, removal of the top soil layer, and
379 dissolved and particulate nutrient losses. In our conditions cropping-system performances were
380 however influenced by the environmental context; thus, the conventional system had higher
381 environmental impact on the loam soil, while the low-input system had higher impact on the peat
382 soil. The use of no-tillage and buffer-strips (Pro system) seemed to ensure, instead, the best soil
383 conservation conditions at both sites.

384 From the productive point of view, the only significant differences were between the
385 conventional and alternative systems: Low and Pro. The latter two had similar yields, and this
386 led to the lower suitability of the Low system, which was dominated (*sensu* Pareto) compared to
387 the Pro system (less environmentally friendly but equally productive). The choice between the
388 Con and Pro system is more uncertain, although the yield advantage of the conventional system
389 seems too moderate to make it preferable.

390 The simple linear regressions were useful for evaluating the contribution of different factors to
391 explaining the results. In our experimental conditions, runoff was strongly influenced by rainfall
392 (depth and intensity), but not by the cropping system, which instead significantly affected the
393 soil erodibility.

394 The validation of multiple linear regression models on an independent dataset performed
395 consistent single-event predictions for runoff while the estimates of sediment and nutrient losses

396 were reliable only on annual basis. These results are comparable to those reported by other
397 authors.

398 Some caution remains on the size of the dataset necessary to calibrate the MLR model; ours was
399 probably not sufficient to represent the variability of the rainfall events that occurred during a
400 long-term period.

401 Finally, the differences observed at the two sites confirmed the importance of carefully
402 evaluating the suitability of agronomic management practices for the specific characteristics of
403 the cultivated land when choosing a cropping system.

404

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544 **Captions**

545 Fig. 1. Rainfall depth, cumulative Erosion Index (EI) and crop stages (see the text) during the
546 monitoring period. Continuous line-arrows indicate the interruption of the monitoring for the LF
547 site and dotted line-arrows indicate the interruption of the monitoring for the PF site.

548

Tables[Click here to download Tables: tables.docx](#)**Table 1**

The main characteristics of the soil for the two experimental sites: peat farm (PF) and loam farm (LF), in the 0-45 cm layer.

Characteristics	PF site			LF site		
	0-15 cm	15-30 cm	30-45 cm	0-15 cm	15-30 cm	30-45 cm
Sand (%) ¹	24.1	22.5	23.6	39.2	39.9	39.8
Silt (%) ¹	42.0	42.7	42.1	28.1	26.9	27.3
Clay (%) ¹	33.9	34.8	34.3	32.7	33.1	32.9
pH	5.4	5.5	5.5	8.2	8.2	8.3
Organic C (%) ²	17.2	17.7	19.7	1.6	1.5	1.6
N Kjeldahl (‰)	6.9	7.4	7.5	1.3	1.3	1.3
P Olsen (mg/kg)	12.0	10.3	9.5	34.9	29.0	29.1

¹ USDA classification; ² Walkey-Black method

Table 2
Main cultivation practices of conventional (Con), low-input (Low), and environmental protective (Pro) cropping systems

Operation	Con	Low	Pro
Main tillage	ploughing (25-30 cm deep)	rotary harrowing (7-10 cm deep)	direct drilling
N	280 kg/ha	170 kg/ha	170 kg/ha
sowing time	200 (broadcast)	120 (broadcast)	120 (banded)
top dressing	80 (banded)	50 (banded)	50 (banded)
P ₂ O ₅	140 kg/ha	90 kg/ha	90 kg/ha
K ₂ O	90 kg/ha	60 kg/ha	60 kg/ha
Chemical weed control	pre-emergence (broadcast)	post-emergence (broadcast)	pre-emergence (banded)
Buffer strips	absent	absent	<i>Festuca arundinacea</i> cultivated at the field edge (2.0 m wide)
Seeding rate	8.3 seeds per m ²	8.3 seeds per m ²	8.3 seeds per m ²
Maize hybrid	FAO class 600	FAO class 600	FAO class 600

Table 3

Cumulative values of runoff volume (cRO), suspended solids (cSS), dissolved nitrogen (cN_{dis}), dissolved phosphorus (cP_{dis}), particulate nitrogen (cN_{par}), particulate phosphorus (cP_{par}), total nitrogen loss (cN_{tot} = cN_{dis} + cN_{par}) and total phosphorus loss (cP_{tot} = cP_{dis} + cP_{par}) for the three cropping systems (Con = conventional, Low = low-input and Pro = environmental protective), the two sub-periods (I and II, see the text) and the two sites (PF = peat farm and LF = loam farm)

Site	Sub-period	Cropping system	c-RO (m ³ /ha/mm)	c-SS (kg/ha/mm)	c-N _{dis} (g/ha/mm)	c-P _{dis} (g/ha/mm)	c-N _{par} (g/ha/mm)	c-P _{par} (g/ha/mm)	c-N _{tot} (g/ha/mm)	c-P _{tot} (g/ha/mm)
PF	I	Con	1.30	1.28 ab	2.7 ab	1.1	10.1 ab	1.7 b	12.8 ab	2.8 b
		Low	1.57	2.03 b	3.8 a	1.3	15.8 a	2.9 a	19.5 a	4.2 a
		Pro	1.39	0.82 a	1.7 b	1.3	6.6 b	1.0 b	8.3 b	2.4 b
			p = 0.1177	p = 0.0103	p = 0.0210	p = 0.5974	p = 0.0117	p = 0.0072	p = 0.0110	p = 0.0061
PF	II	Con	0.94	0.67	1.0 ab	1.7	5.1	0.8	6.4	2.4 ab
		Low	1.04	0.93	1.6 a	1.8	7.2	1.4	8.8	3.2 a
		Pro	0.99	0.52	0.8 b	1.6	4.4	0.6	5.2	2.2 b
			p = 0.1647	p = 0.2394	p = 0.0353	p = 0.7733	p = 0.2904	p = 0.1052	p = 0.2693	p = 0.0353
LF	I	Con	1.15	4.22 a	1.8 ab	1.8	6.6 a	3.7 a	8.4 a	5.5 a
		Low	1.16	2.69 b	1.8 a	1.6	4.7 a	2.0 b	6.5 a	3.7 ab
		Pro	1.09	0.88 c	1.2 b	1.9	1.7 b	0.6 c	2.9 b	2.4 b
			p = 0.5176	p = 0.0009	p = 0.0320	p = 0.8092	p = 0.0013	p = 0.0005	p = 0.0012	p = 0.0014
LF	II	Con	1.16 ab	1.56 a	0.8	2.0 ab	2.7 a	1.1 a	3.4 a	3.1 a
		Low	1.19 a	0.88 b	0.8	2.6 a	1.5 b	0.7 b	2.3 b	3.2 a
		Pro	1.06 b	0.57 b	0.8	1.4 b	1.2 b	0.4 c	2.0 b	1.8 b
			p = 0.0214	p = 0.0032	p = 0.7031	p = 0.0127	p = 0.0083	p = 0.0033	p = 0.0072	p = 0.0052

Table 4

Production of maize grown under conventional (Con), low-input (Low) and environmental protective (Pro) cropping system for the two experimental sites: peat farm (PF) and loam farm (LF).

Cropping system	Grain yield (t/ha)			
	PF site		LF site	
	2007	2008	2007	2008
Con	11.30 a	11.94 a	9.97 a	8.55 a
Low	9.60 b	9.25 b	7.50 b	6.41 b
Pro	10.44 ab	9.32 b	8.08 b	6.39 b
	p = 0.0189	p = 0.0078	p = 0.0032	p = 0.0381
	Above ground biomass (t/ha)			
	PF site		LF site	
	2007	2008	2007	2008
Con	20.70 a	25.45 a	19.15 a	18.13 a
Low	16.77 b	19.23 b	15.91 b	12.87 b
Pro	18.56 ab	18.23 b	16.56 b	12.74 b
	p = 0.0490	p = 0.0057	p = 0.0027	p = 0.0096
	Harvest index (%)			
	PF site		LF site	
	2007	2008	2007	2008
Con	54.6	46.9	51.9 a	47.2
Low	57.2	48.3	47.1 b	49.9
Pro	56.3	51.3	48.6 ab	50.2
	p = 0.1242	p = 0.2221	p = 0.0351	p = 0.4142

Table 5

Coefficient of determination (R^2) of each factor for each dependent variable: runoff volume (RO), suspended solids (SS), dissolved nitrogen (N_{dis}), dissolved phosphorus (P_{dis}) and electrical conductivity (CE), * means statistically significant correlation with $p < 0.05$

Site	Factor	Coefficient of determination (R^2)				
		RO	SS	N_{dis}	P_{dis}	CE
PF	Rainfall depth (RD)	0.78*	0.02*	0.15*	0.02*	0.23*
	Erosion index (EI)	0.35*	0.02*	0.07*	0.09*	0.00
	Runoff (RO)	-	0.00	0.09*	0.01	0.16*
	Cropping system (CS)	0.00	0.23*	0.03	0.00	0.01
	Stage (ST)	0.09*	0.20*	0.15*	0.44*	0.18*
LF	Rainfall depth (RD)	0.77*	0.03*	0.11*	0.00	0.03*
	Erosion index (EI)	0.37*	0.02*	0.05*	0.12*	0.05*
	Runoff (RO)	-	0.07*	0.05*	0.01	0.00
	Cropping system (CS)	0.00	0.25*	0.00	0.03*	0.00
	Stage (ST)	0.11*	0.12*	0.13*	0.57*	0.50*

Table 6

Percentage of explained variance and p value of multiple linear regression (MLR) model (including all the factors and their interactions) for each dependent variable: runoff volume (RO), suspended solids (SS), dissolved nitrogen (N_{dis}), dissolved phosphorus (P_{dis}) and for the two study sites: peat farm (PF) and loam farm (LF)

Factors and fitting	Site	RO		TSS		N_{dis}		P_{dis}	
		% variance	p	% variance	p	% variance	p	% variance	p
Rainfall depth (RD)	LF	76.86	2.20E-16	0.79	4.54E-02	5.95	3.59E-08	4.49	2.20E-16
Erosion index (EI)	LF	0.26	3.49E-02	1.83	2.38E-03	0.01	8.43E-01	0.08	3.57E-01
Runoff (RO)	LF	-	-	3.08	8.97E-05	2.77	2.06E-04	0.12	2.50E-01
Cropping system (CS)	LF	0.84	7.67E-04	25.13	2.20E-16	0.38	3.51E-01	3.03	1.28E-07
Stage (ST)	LF	2.23	7.82E-07	13.65	4.58E-12	12.62	8.29E-12	61.45	2.20E-16
RD x EI	LF	1.04	2.80E-05	0.02	7.52E-01	2.04	9.90E-04	0.89	1.80E-03
RD x RO	LF	-	-	0.05	5.97E-01	0.31	1.93E-01	0.60	1.41E-04
RD x CS	LF	0.05	6.28E-01	0.29	4.75E-01	0.16	1.68E-02	0.19	3.40E-01
RD x ST	LF	0.94	6.57E-03	0.66	6.38E-01	19.67	2.20E-16	1.90	8.95E-08
EI x RO	LF	-	-	0.97	2.62E-02	0.34	1.72E-01	0.32	6.02E-02
EI x CS	LF	0.07	5.26E-01	1.17	5.09E-02	0.68	8.30E-01	0.36	1.36E-01
EI x ST	LF	3.66	2.39E-12	3.10	1.45E-03	6.25	5.32E-07	3.13	3.54E-07
RO x CS	LF	-	-	0.13	7.21E-01	1.02	1.22E-01	0.72	1.89E-02
RO x ST	LF	-	-	1.89	8.75E-02	4.99	9.18E-05	1.96	7.65E-04
CS x ST	LF	1.93	1.07E-04	5.72	6.79E-04	1.46	6.37E-01	2.32	2.68E-03
residuals	LF	12.12		41.51		41.36		18.44	14.04
adjusted R^2	LF	-	0.8624	-	0.5101	-	0.5106	-	0.7960
adjusted R^2 reduced model	LF	-	0.8595	-	0.5063	-	0.5055	-	0.7930
Rainfall depth (RD)	PF	78.42	2.20E-16	8.03	3.30E-11	11.82	2.92E-12	9.84	1.04E-02
Erosion index (EI)	PF	0.06	2.61E-01	0.42	1.11E-01	0.29	2.49E-01	1.06	1.04E-03
Runoff (RO)	PF	-	-	0.09	4.59E-01	9.88	1.20E-10	0.18	1.70E-01
Cropping system (CS)	PF	0.37	2.86E-02	22.65	2.20E-16	4.20	8.94E-05	0.22	3.18E-01
Stage (ST)	PF	1.30	1.87E-04	16.05	3.86E-16	15.11	7.15E-12	45.53	2.20E-16
RD x EI	PF	3.03	4.10E-13	0.49	8.51E-02	0.88	4.49E-02	4.06	4.93E-10
RD x RO	PF	-	-	0.84	2.48E-02	3.45	8.67E-05	0.03	5.97E-01
RD x CS	PF	0.02	8.43E-01	1.30	2.10E-02	0.28	6.64E-01	0.49	7.59E-03

RD x ST	PF	1.61	1.62E-05	2.62	8.65E-03	0.73	6.40E-01	0.52	1.47E-01
EI x RO	PF	-	-	0.06	5.42E-01	1.37	1.25E-02	1.23	4.25E-04
EI x CS	PF	0.03	7.18E-01	0.69	1.27E-01	0.25	1.78E-01	0.03	7.69E-01
EI x ST	PF	4.48	5.86E-16	3.04	5.08E-04	0.49	5.17E-01	12.98	2.20E-16
RO x CS	PF	-	-	0.39	3.09E-01	0.74	7.38E-02	0.15	2.29E-01
RO x ST	PF	-	-	4.57	7.87E-05	4.20	2.12E-03	2.25	4.26E-04
CS x ST	PF	0.14	8.52E-01	0.78	9.13E-01	2.28	3.95E-01	0.48	8.97E-01
residuals	PF	10.55		37.96		44.04		20.98	10.68
adjusted R ²	PF	-	0.8801	-	0.5493	-	0.4720	-	0.7630
adjusted R ² reduced model	PF	-	0.8837	-	0.5657	-	0.4814	-	0.7638

Table 7

Annual values (full year 2007 and 2008) of runoff volume (RO), suspended solids (SS), dissolved nitrogen (N_{dis}), dissolved phosphorus (P_{dis}) estimated by the multiple linear regression (MLR) model for the conventional (Con), low-input (Low) and environmental protective (Pro) cropping system in the two experimental sites: peat farm (PF) and loam farm (LF)

Site	Cropping system	2007				2008			
		RO (m ³ /ha)	SS (kg/ha)	N_{dis} (g/ha)	P_{dis} (g/ha)	RO (m ³ /ha)	SS (kg/ha)	N_{dis} (g/ha)	P_{dis} (g/ha)
PF	Con	414	374	980	527	537	315	714	724
	Low	438	493	1118	606	557	532	980	793
	Pro	404	194	596	527	433	204	488	532
LF	Con	463	557	433	571	576	744	488	675
	Low	453	384	453	631	601	532	1172	749
	Pro	424	197	379	665	507	261	379	468

Figure
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