

# The Anxiolytic Etifoxine Binds to TSPO Ro5-4864 Binding Site with Long Residence Time Showing a High Neurosteroidogenic Activity

Barbara Costa,\*Chiara Cavallini, Eleonora Da Pozzo, Sabrina Taliani, Federico Da Settimo, and Claudia Martini

Department of Pharmacy, University of Pisa, via Bonanno, 6-56126 Pisa, Italy

**ABSTRACT:** The low binding affinity of the approved anxiolytic drug etifoxine (Stresam) at the steroidogenic 18 kDa translocator protein (TSPO) has questioned the specific contribution of this protein in mediating the etifoxine neurosteroidogenic efficacy. Residence time (RT) at the binding site of the classical TSPO ligand PK11195 is emerging as a relevant neurosteroidogenic efficacy measure rather than the binding affinity. Here etifoxine was evaluated for (i) the in vitro neurosteroidogenic activity in comparison to poorly neurosteroidogenic reference TSPO ligands (PK11195 and Ro5-4864) and (ii) the affinity and RT at [3H]PK11195 and [3H]Ro5-4864 binding sites in rat kidney membranes. Etifoxine shows (i) high neurosteroidogenic efficacy and (ii) low affinity/short RT at the [3H]PK11195 site and low affinity/long RT at the [3H]Ro5-4864 site, at which etifoxine competitively bound. These findings suggest that the long RT of etifoxine at the Ro5-4864 binding site could account for its high neurosteroidogenic efficacy.

**KEYWORDS:** Etifoxine, residence time, neurosteroidogenic efficacy, anxiolytic effect, kinetic binding parameters

Etifoxine (Stresam Biocodex, Gentilly, France) is a benzoxazine derivative approved for the treatment of anxiety since 1979,<sup>1</sup> and it is currently under investigation for

its ability to promote peripheral axonal regeneration<sup>3</sup> and treat pain pathologies.<sup>4</sup> Etifoxine has the important clinical advantage of exerting anxiolytic effects without any adverse effects typical of benzodiazepines (BZDs), such as dependence, anterograde amnesia, sedation, and impaired psychomotor performance.<sup>2,5</sup> Anxiolytic effects of etifoxine, as well as those induced by BZDs, have been attributed to the potentiation of GABAergic transmission by a positive allosteric modulation of type A GABA (GABA<sub>A</sub>) receptor/chloride ionophore.<sup>6</sup> Analogously to BDZs, etifoxine modulates GABA<sub>A</sub> receptor through direct interaction with a specific site that is close to the chloride channel and distinct from that of BDZs.<sup>7</sup> However, an additional indirect mechanism in the modulation of GABA<sub>A</sub> receptor by etifoxine was proposed, as this molecule is able to stimulate the endogenous synthesis of 3 $\alpha$ -reduced neurosteroids,<sup>8,9</sup> the most potent positive allosteric modulators of GABA<sub>A</sub> receptor activity.<sup>10</sup> Etifoxine-mediated neurosteroidogenesis stimulation was suggested to occur by its binding to a mitochondrial protein, the 18 kDa translocator protein (TSPO).<sup>8</sup> TSPO plays a key role in the neuroactive steroid biosynthesis, as converging data have suggested that it is involved in the first rate-limiting step of steroidogenesis.<sup>11</sup> Specifically, TSPO supplies the steroidogenesis substrate cholesterol to the cytochrome P450 enzyme CYP11A1, which converts it into pregnenolone, the precursor of all neurosteroids.<sup>11</sup> Actually, etifoxine efficaciously stimulates neurosteroidogenesis in nervous system,<sup>8,9</sup> mimicking TSPO selective steroidogenic ligands, such as, for example, the

anxiolytic candidate XBD173,<sup>12</sup> that, like etifoxine, has been demonstrated to exert antianxiety effects in rodents and humans without the typical undesirable side-effects of BDZs

(ClinicalTrials.gov identifier: NCT00108836).<sup>13</sup> Despite these findings, several literature data, mainly those pinpointing the low binding affinity of etifoxine to TSPO,<sup>6,8</sup> have questioned the specific involvement of this protein in the etifoxine pharmacological effects.<sup>14</sup>

Our recent studies have demonstrated that the neurosteroidogenic ability of a TSPO ligand can be related to its "residence time" (RT, which refers to the period a ligand is bound to its target), rather than its binding affinity.<sup>15,16</sup> In particular, an experimental protocol was set up to determine the RT of classical TSPO ligands, such as PK11195 and Ro5-4864, as well as XBD173 and compounds<sub>17-20</sub> belonging to phenylindolylglyoxylamide class (PIGAs). Results highlighted that a long RT at TSPO was necessary so that a TSPO ligand promotes efficaciously neurosteroidogenesis, irrespective of its ligand binding affinity.<sup>15,16</sup>

The aim of the present paper is to explore whether RT might represent the crucial parameter able to rationalize the high neurosteroidogenic activity of etifoxine. In this view, the kinetic binding parameters of etifoxine were assessed for the first time by applying the "competition kinetic association" experimental approach, that follows the theoretical model developed by Motulsky and Mahan.<sup>21</sup> Specifically, the method involves the simultaneous addition of a radioligand for a given biological

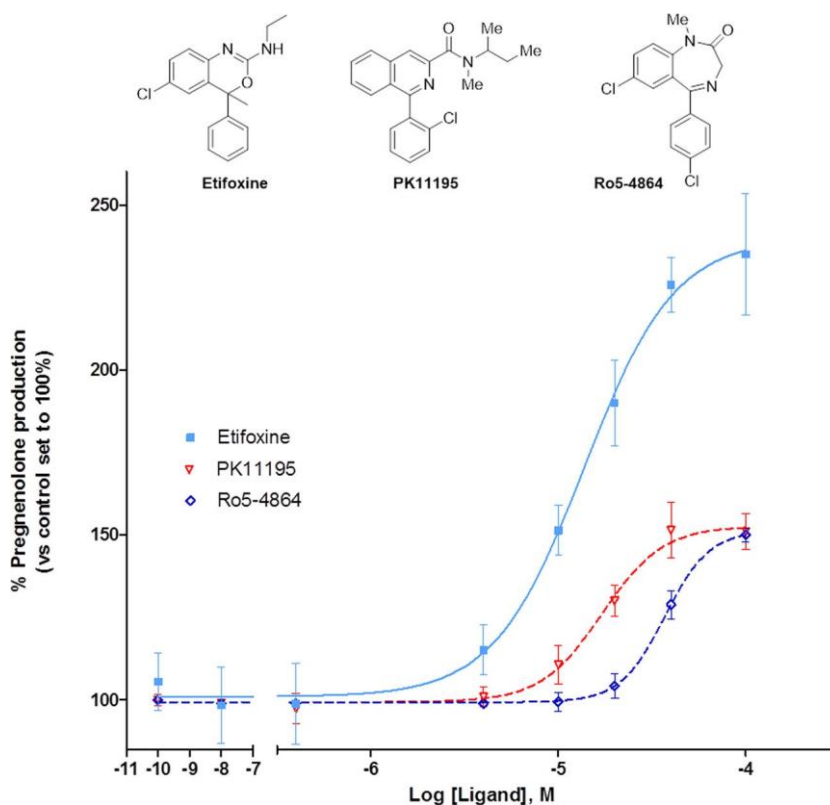


Figure 1. In vitro neurosteroidogenic efficacy of etifoxine. Pregnenolone released from 2 h etifoxine-treated C6 glioma cells was quantified by ELISA. For such a measurement, C6 cells were exposed with increasing concentration of etifoxine in serum-free conditions in the presence of trilostane and SU10603, specific inhibitors of further pregnenolone metabolism. The graph reports also data obtained by the use of the TSPO ligands PK11195 and Ro5-4864 with low steroidogenic activity. The results are expressed as the mean  $\pm$  SEM of three separate experiments. The efficacy values of etifoxine, PK11195, and Ro5-4864 (calculated at 100  $\mu$ M) were  $235 \pm 18\%$ ,  $151 \pm 5\%$  and  $150 \pm 2\%$ , respectively (vs control, set up at 100%). Chemical structures of etifoxine, PK11195, and Ro5-4864 are also shown.

target and a competitor to the receptor preparation, and the assessment of the radioligand binding after various subsequent incubation times. Briefly, if the competitor dissociates at a comparable or faster rate than the radioligand, the radioligand binding curve follows a hyperbolic trend until equilibrium is reached. If the competitor dissociates more slowly than the radioligand, the kinetic association curve exceeds its equilibrium for a certain time, then decreases up to reach equilibrium. As a result, the association ( $k_{on}$ ) and dissociation ( $k_{off}$ ) rate constants of the competitor are derived, and then the parameter RT ( $1/k_{off}$ , expressed in minutes) is calculated from  $k_{off}$ .

## RESULTS AND DISCUSSION

**In Vitro Neurosteroidogenic Activity of Etifoxine.** As a first step, the neurosteroidogenic ability of etifoxine was investigated in a well-validated neurosteroidogenic cell model (rat glioma C6 cells), using experimental conditions commonly employed in our previous studies.<sup>15,16</sup> The first metabolite of neurosteroidogenesis, pregnenolone (released from cells), was quantified following 2 h cell exposure with increasing ligand concentrations in serum-free conditions, and in the presence of further pregnenolone metabolism inhibitors. According to this method, TSPO ligands could be defined as “high steroidogenic ligands” showing a maximum efficacy ( $E_{max}$ ) value of 250% or more (vs control, set up at 100%), or “low steroidogenic ligands” showing an  $E_{max}$  value of 140–150% (vs control, set up at 100%).<sup>15</sup> The classical selective TSPO ligands, PK11195 and Ro5-4864 (low steroidogenic ligands), were tested in parallel

experiments for comparison purposes. As shown in Figure 1, etifoxine resulted more effective in stimulating pregnenolone production than PK11195 and Ro5-4864. In particular, etifoxine induced a dose-dependent pregnenolone production, reaching  $235 \pm 18\%$  efficacy at the highest tested 100  $\mu$ M concentration (vs control, set up at 100%). The observed etifoxine neurosteroidogenic efficacy was in agreement with previously published results, although obtained using different etifoxine incubation time and concentration (24 h, 10  $\mu$ M etifoxine: approximately 220% efficacy). To assess whether the etifoxine neurosteroidogenic effect was affected by the potential interaction of the drug with the GABA<sub>A</sub> receptor, the presence of the receptor was investigated in C6 cells by the use of the selective GABA<sub>A</sub> receptor radioligand [<sup>3</sup>H]flumazenil. The specific [<sup>3</sup>H]flumazenil binding was not detectable, suggesting that GABA<sub>A</sub> receptor, at protein level, is not expressed in C6 cells, in agreement with literature data.<sup>22</sup>

**Thermodynamic and Residence Time Parameters of Etifoxine at TSPO [<sup>3</sup>H]PK11195 Binding Site.** At first, the etifoxine thermodynamic equilibrium parameter  $K_i$  (inhibitory constant, index of binding affinity) was measured in rat kidney membranes, a TSPO-rich tissue source. The  $K_i$  value was  $14.1 \pm 2.8 \mu$ M, (Figure 2A) in agreement with previous results (etifoxine concentration that inhibits 50% of [<sup>3</sup>H]PK11195 binding,  $IC_{50} = 27.3 \mu$ M and  $18.3 \mu$ M in rat heart and forebrain, respectively).<sup>6,8</sup> Nanomolar  $K_i$  values at [<sup>3</sup>H]PK11195 binding site for the classical TSPO ligands have been previously

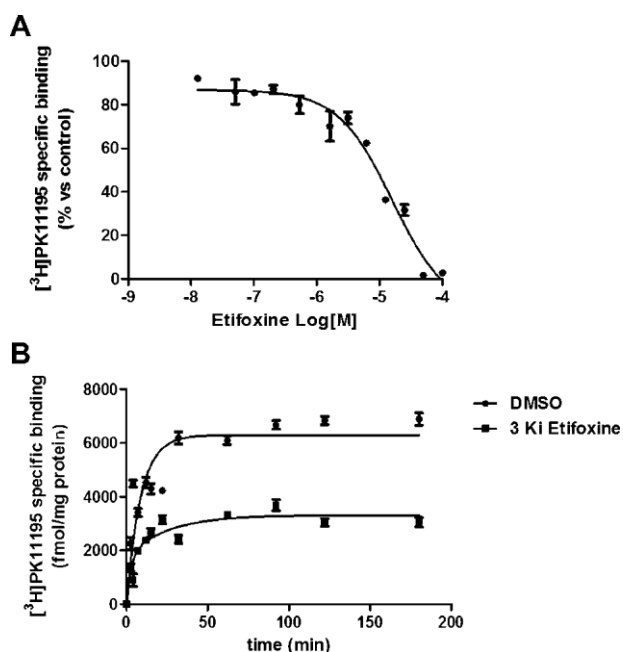


Figure 2. Etifoxine binding parameters at [<sup>3</sup>H]PK11195 binding site in rat kidney membranes. (A) Displacement curve of [<sup>3</sup>H]PK11195 specific binding to TSPO by etifoxine. The ordinate reports the [<sup>3</sup>H]PK11195 specific binding obtained in the presence of etifoxine and calculated as percentage of control ([<sup>3</sup>H]PK11195 specific binding obtained in the absence of etifoxine). The abscissa reports the etifoxine logarithmic concentration. The “log(inhibitor) vs response” analysis of the GraphPad computer program was used to fit the concentration–response curve and derive etifoxine IC<sub>50</sub>. IC<sub>50</sub> was converted to K<sub>i</sub> value using the method of Cheng and Prusoff.<sup>33</sup> The data points represent the means ± SEM of three independent experiments, each performed in triplicate. The K<sub>i</sub> value was 14.1 ± 2.8 μM. (B) Etifoxine RT at [<sup>3</sup>H]PK11195 binding site by “competitive kinetics of association” assay. Representative curves obtained by incubation of rat kidney membranes with either radioligand alone or radioligand and etifoxine (tested at 3-fold K<sub>i</sub>) for the indicated time points. The etifoxine RT mean ± SEM (15 ± 2 min) was calculated from three independent experiments.

determined (PK11195 and Ro5-4864, K<sub>i</sub> of 3.4 and 20.0 nM, respectively).<sup>15</sup>

Then, etifoxine RT at [<sup>3</sup>H]PK11195 binding site was estimated in rat kidney membranes, applying the “competition kinetic association” method, and using a 3-fold K<sub>i</sub> concentration of etifoxine. As shown in Figure 2B, the “competition kinetic association” curve in the presence of etifoxine follows a hyperbolic trend until equilibrium is reached, in line with the trend of a ligand that dissociates from the binding site similarly or faster than the radioligand. The etifoxine kinetic parameters were  $k_{on} = 5.7 \pm 0.7 \times 10^3 \text{ M}^{-1} \text{ min}^{-1}$ ,  $k_{off} = 0.067 \pm 0.009 \text{ min}^{-1}$ , and the derived RT was 15 ± 2 min. Taking into consideration our recently published data, etifoxine showed a RT value at PK11195 binding site in line with RTs of “low neurosteroidogenic” ligands (approximately 150% neurosteroidogenesis increase vs control, set up at 100%; RT = 10–30 min), rather than with those of “high neurosteroidogenic” ligands (approximately 250% neurosteroidogenesis increase vs control, set up at 100%; RT = 100 min).<sup>15,16</sup> Due to the well-known etifoxine high neurosteroidogenic efficacy, this unexpected result prompted us to investigate etifoxine kinetic binding parameters at Ro5-4864 binding site. Several evidence supported that Ro5-4864 binding site is not identical to the

PK11195 one.<sup>23–25</sup> Although the molecular determinants underlying interaction of PK11195 and Ro5-4864 with TSPO are not yet fully understood, heterogeneous sites for these two ligands, either partially overlapping or allosterically coupled, have been proposed.<sup>23–25</sup>

**Thermodynamic and Residence Time Parameters of Etifoxine at TSPO [<sup>3</sup>H]Ro5-4864 Binding Site.** Thermodynamic and kinetic parameters of etifoxine at [<sup>3</sup>H]Ro5-4864 binding site were investigated in rat kidney membranes. To this aim, the following experimental strategy was undertaken:

**Etifoxine K<sub>i</sub> Determination.** To assess etifoxine affinity at [<sup>3</sup>H]Ro5-4864 binding site, K<sub>i</sub> was determined by displacement competition assay. The results demonstrated that etifoxine inhibited [<sup>3</sup>H]Ro5-4864 binding in a dose-dependent manner, giving a K<sub>i</sub> value of 9.0 ± 0.9 μM (Figure 3A).

**Etifoxine Competitive or Noncompetitive Binding Evaluation.** Saturation analysis of [<sup>3</sup>H]Ro5-4864 binding was performed in the presence and in the absence of etifoxine (at K<sub>i</sub> concentration) to assess if etifoxine competitively or noncompetitively binds to Ro5-4864 binding site. Scatchard analysis of the [<sup>3</sup>H]Ro5-4864 binding saturation data revealed that etifoxine caused a decrease in receptor affinity (measured by the equilibrium dissociation constant K<sub>d</sub>), but no effect on density of binding sites (B<sub>max</sub>) (with etifoxine: K<sub>d</sub> = 22.2 ± 1.7 nM, B<sub>max</sub> = 3501 ± 174 fmol/mg protein; without etifoxine: K<sub>d</sub> = 11.1 ± 1.1 nM, B<sub>max</sub> = 3498 ± 114 fmol/mg protein). This result indicated an apparently competitive interaction of etifoxine at [<sup>3</sup>H]Ro5-4864 binding site in rat kidney membranes (Figure 3B).

**Etifoxine Kinetic Parameter Determination.** Kinetic parameters were measured by the “competition kinetic association” method, in order to calculate etifoxine RT at [<sup>3</sup>H]Ro5-4864 binding site. As shown in Figure 3C, [<sup>3</sup>H]Ro5-4864 “competition kinetic association” curve exceeds its equilibrium for a certain time, then decreases to reach equilibrium, following a pattern typical for a competitor with slower dissociation rate than radioligand. The obtained kinetic parameters of etifoxine were  $k_{on} = 5.0 \pm 0.4 \times 10^3 \text{ M}^{-1} \text{ min}^{-1}$ , and  $k_{off} = 0.020 \pm 0.002 \text{ min}^{-1}$  (Figure 3C). The etifoxine RT was calculated to be 50 ± 5 min. The Ro5-4864 RT on TSPO resulted to be 16 min, as calculated from previously reported  $k_{off}$  values.<sup>26,27</sup>

Taken together, the present results provide useful information to shed light on the mechanism by which the approved anxiolytic drug etifoxine increases endogenous neurosteroid levels. Actually, it has been questioned that such an effect could derive from an interaction with the steroidogenic protein 18 kDa TSPO, as etifoxine binds to TSPO with low micromolar affinity,<sup>6,8</sup> and the classical TSPO ligand PK11195, which generally blocks the effects triggered by other TSPO ligands, does not abolish the etifoxine-induced neurosteroid production in frog hypothalamus.<sup>14</sup> On the other hand, in support of a TSPO specific contribution, etifoxine steroidogenic activity resembles that of some ligands interacting with TSPO,<sup>8,9,12,15,16,28,29</sup> and PK11195 only partly suppresses the etifoxine-induced effects on GABA<sub>A</sub> receptors in rat hypothalamic cultures.<sup>6</sup> However, the lack of a total abolition of these effects by PK11195 could be due to the etifoxine ability to modulate the GABA<sub>A</sub> receptor also by means of a direct interaction with this receptor.

Etifoxine binds with a micromolar affinity (in term of the thermodynamic parameter at equilibrium K<sub>i</sub>) and non-competitively at PK11195 site, suggesting partially overlapping

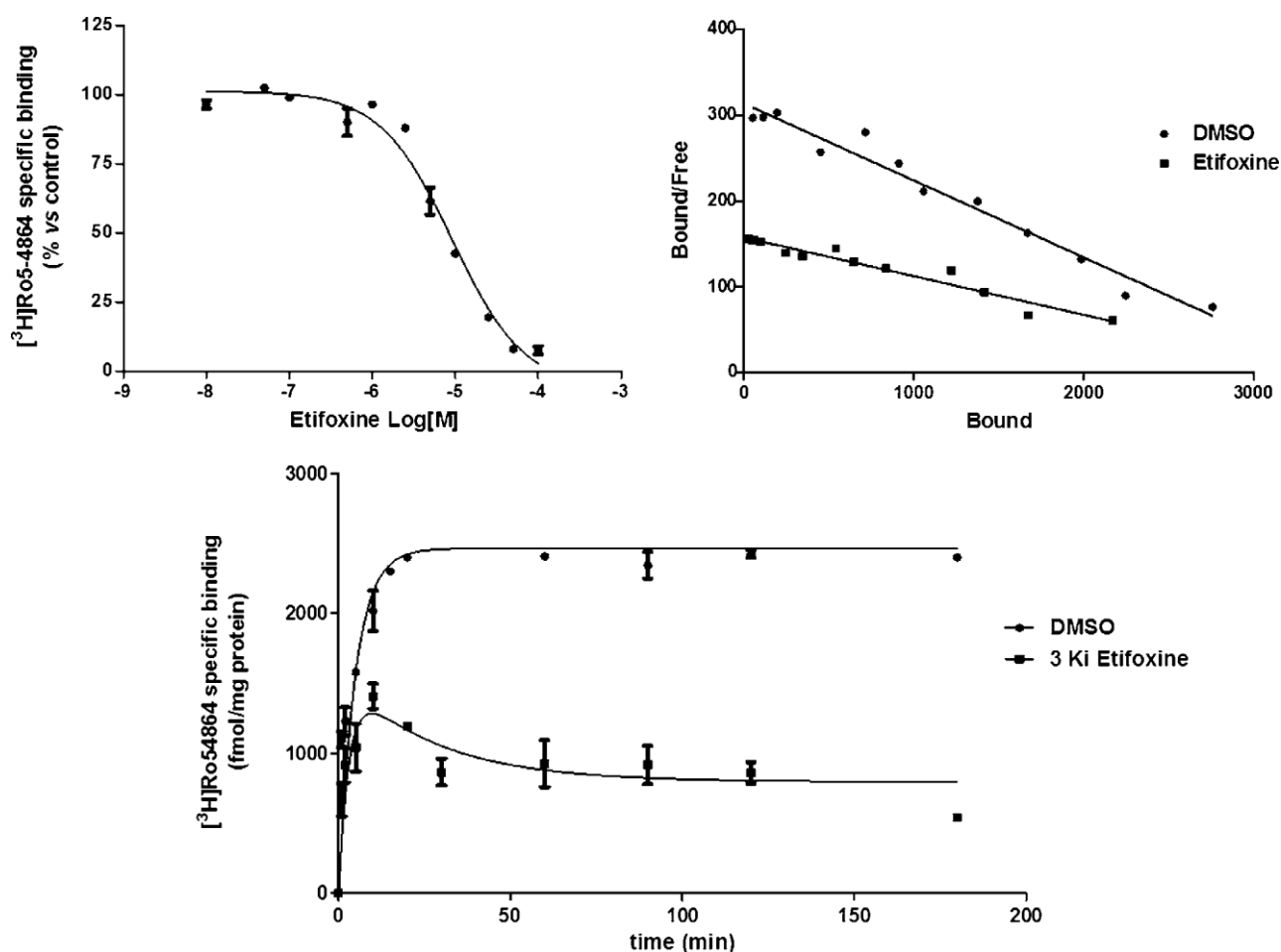


Figure 3. Etifoxine binding parameters at  $[^3\text{H}]\text{Ro5-4864}$  binding site in rat kidney membranes. (A) Displacement curve of  $[^3\text{H}]\text{Ro5-4864}$  specific binding to TSPO by etifoxine. The “log(inhibitor) vs response” analysis of the GraphPad computer program was used to fit the concentration-response curves and derive etifoxine  $\text{IC}_{50}$ .  $\text{IC}_{50}$  was converted to  $K_i$  value using the method of Cheng and Prusoff.<sup>33</sup>  $K_i$  value was  $9.0 \pm 0.9 \mu\text{M}$ . The data points represent the means  $\pm$  SEM of three independent experiments, each performed in triplicate. (B)  $[^3\text{H}]\text{Ro5-4864}$  binding saturation data were fitted to eq 2. Values shown are means from a single representative experiment performed in duplicate for each sample (with or without etifoxine). The  $K_d$  and  $B_{\text{max}}$  means  $\pm$  SEM were determined from three independent experiments: with etifoxine,  $K_d = 22.2 \pm 1.7 \text{ nM}$ ,  $B_{\text{max}} = 3501 \pm 174 \text{ fmol/mg protein}$ ; without etifoxine:  $K_d = 11.1 \pm 1.1 \text{ nM}$ ,  $B_{\text{max}} = 3498 \pm 114 \text{ fmol/mg protein}$ . (C) “Competition kinetic association” of etifoxine at  $[^3\text{H}]\text{Ro5-4864}$  binding site. Representative curves obtained by incubation of membranes with either radioligand alone or radioligand and etifoxine (tested at 3-fold  $K_i$ ) for the indicated time points. The etifoxine RT was  $50 \pm 5 \text{ min}$ .

binding sites for the two ligands.<sup>6,8</sup> Indeed, in the present work, a micromolar binding affinity of etifoxine to this TSPO binding site was confirmed (approximately 4000-fold lower than PK11195). The etifoxine  $K_i$  at the site for the other classical TSPO ligand Ro5-4864 was investigated for the first time, highlighting a micromolar affinity (approximately 800-fold lower than Ro5-4864). In addition, the interaction of etifoxine with the Ro5-4864 site resulted competitive, supporting the hypothesis of an identical binding site for the two ligands. Despite the low affinity at both TSPO binding sites, etifoxine showed higher in vitro neurosteroidogenic efficacy than PK11195 and Ro5-4864. These data confirmed that the parameter  $K_i$  (quantified at PK11195, but also at Ro5-4864 site) is not the best in vitro measurement that accounts for the neurosteroidogenic effectiveness of etifoxine. This phenomenon is common among other TSPO ligands, thus indicating a poor relationship between binding affinity and neurosteroidogenic efficacy.<sup>18,30</sup> Our recent data have suggested that a long “Residence Time” (RT) of a ligand to TSPO is crucial to predict the ability to stimulate neurosteroidogenesis, irrespective of the binding affinity.<sup>15,16</sup> The results of the present study

highlight RT at TSPO as the relevant in vitro parameter for neurosteroidogenic efficacy also for etifoxine. In particular, etifoxine showed a long RT at the Ro5-4864 site, approximately 3-fold longer than Ro5-4864. This trend is consistent with that showed by the candidate anxiolytic XBD173 and some PIGAs with promising anxiolytic activities in animal models, that exhibited a longer (approximately 3- or 4-fold longer) RT than PK11195 at the PK11195 site. Etifoxine showed a RT more in line with that of poorly neurosteroidogenic TSPO ligands at PK11195 site, strongly suggesting that etifoxine stimulates neurosteroidogenesis via the Ro5-4864 binding site. Our results suggest that despite the binding assay and the steroidogenic assay are conducted at two different temperatures for experimental requirements, the residence time parameter keeps the characteristics of a predictive parameter for the ligand efficacy in in vitro steroidogenesis.

In conclusion, the present results further corroborate the literature data suggesting TSPO as a molecular target of etifoxine. The long RT of etifoxine at Ro5-4864 binding site could be the mechanism by which it promotes neurosteroidogenesis, again supporting the relevance of RT as a predictive

measure of neurosteroidogenic efficacy for TSPO ligands. Actually, it might be proposed that an efficacious pharmacological stimulation of neurosteroidogenesis could be obtained by the use of a TSPO ligand that interacts with a long residence time at PK11195 (at least 100 min) or at Ro5-4864 (at least 50 min) binding site. This has important implications, as the pharmacological stimulation of neurosteroidogenesis via TSPO could represent a suitable strategy to obtain promising anxiolytic agents, devoid of the typical adverse effects of BDZs.

## METHODS

**Pregnenolone Measurement.** Pregnenolone production was evaluated using rat glioma C6 cells, as previously described.<sup>15,16</sup> Briefly, C6 cells were cultured in Dulbecco's modified Eagle's medium supplemented with 10% FBS, 2 mM L-glutamine, 100 U/mL penicillin, and 100 U/mL streptomycin and maintained in humidified atmosphere of 5% CO<sub>2</sub> and 95% air, at 37 °C. For each experiment, C6 cells were seeded in 96-well plate (10<sup>4</sup> cells/well) in a final volume of 100 µL of complete medium. Following 24 h, the complete medium was removed and cells were incubated for 2 h with a salt buffer (140 mM NaCl, 10 mM N-2-hydroxyethylpiperazine-N'-2-ethanesulfonic acid (HEPES), 10 mM glucose, 5 mM KCl, 1.8 mM CaCl<sub>2</sub>, 1 mM MgSO<sub>4</sub>, pH 7.4) supplemented with 0.1% bovine serum albumin and inhibitors of further pregnenolone metabolism (25 µM trilostane and 10 µM SU10603) in the presence of increasing concentration (0.1 nM–100 µM) of etifoxine, Ro5-4864 or PK11195. The solvent (DMSO and ethanol) concentrations did not exceed 0.5% (v/v). At the end of the incubation time, the conditioned salt buffer was collected and the pregnenolone concentrations were measured by ELISA.

**Radioligand Binding Assays.** [<sup>3</sup>H]Flumazenil binding assay was performed using rat C6 glioma membranes. For crude membrane preparation, C6 cells were harvested using phosphate buffer saline (PBS), pH 7.4, supplemented with EDTA 0.04% and centrifuged at 1000g for 10 min. The obtained pellet was suspended in ice-cold buffer (Tris-HCl 5 mM, pH 7.4) containing protease inhibitors (160 µg/mL benzamidine, 200 µg/mL bacitracin and 20 µg/mL trypsin inhibitor), homogenized with an Ultraturrax, and centrifuged at 48 000g for 15 min at 4 °C. Then, the resulting pellet was resuspended in Tris-HCl 50 mM, pH 7.4, and an additional centrifugation step followed (48 000g, 15 min, 4 °C). The resulting cell membrane pellet was suspended in Tris-citrate 50 mM, pH 7.4 and homogenized by using an Ultraturrax homogenizer. [<sup>3</sup>H]PK11195 and [<sup>3</sup>H]Ro5-4864 binding assays were performed using rat kidney membranes. Rat kidney membranes were prepared as previously reported,<sup>15</sup> aliquoted

and stored at -20 °C until further use. For radioligand binding assays, an aliquot of membrane pellet was thawed, suspended in Tris-HCl 50 mM, pH 7.4 and homogenized by using an Ultraturrax homogenizer. The experimental procedures were performed following the guidelines of the European Community Council Directive 86-609 and approved by the Committee for animal experimentation of the University of Pisa.

For all radioligand binding assays, the protein content in membrane homogenates was determined by the Bradford method using the Bio-Rad Protein Assay Dye reagent.<sup>32</sup> For all radioligand binding assays, incubation times of each sample were terminated by filtration under vacuum using GF/C glass fiber filters. After two washing with 4 mL of ice-cold assay buffer, radioactivity was measured by liquid scintillation counter (TopCount; PerkinElmer Life and Analytical Sciences; 65% counting efficiency).

**[<sup>3</sup>H]Flumazenil Binding Assay.** Membrane homogenates (20 µg of proteins) were incubated with 0.4 nM [<sup>3</sup>H]flumazenil (specific activity 85.4 µCi/nmol) in 500 µL final volume of Tris-citrate 50 mM for 90 min at 0 °C. Nonspecific [<sup>3</sup>H]flumazenil binding was determined in the presence of 50 µM diazepam.

**[<sup>3</sup>H]PK11195 Binding Assays.** For displacement binding assay, an aliquot of membrane pellet was thawed, suspended in Tris-HCl 50 mM, pH 7.4 and homogenized by Ultraturrax. Membrane homoge-

nates (15 µg of proteins) were incubated with increasing concentrations of etifoxine (10 nM to 100 µM) and 0.5 nM [<sup>3</sup>H]PK11195 (Specific Activity 80.9 µCi/nmol) in 500 µL final volume of Tris-HCl 50 mM, pH 7.4 for 90 min at 0 °C. Nonspecific [<sup>3</sup>H]PK11195 binding was determined in the presence of 1 µM PK11195. The solvent (ethanol) concentration was less than 1% in each sample. For "competition kinetic association" assay, the previously reported experimental conditions were used.<sup>15</sup> The assay was performed using concentration of etifoxine corresponding to 3-fold its K<sub>i</sub>.

**[<sup>3</sup>H]Ro5-4862 Binding Assays.** For displacement binding assay, membrane homogenates (60 µg of proteins) were incubated with increasing concentrations of etifoxine (10 nM to 100 µM) and 0.3 nM [<sup>3</sup>H]Ro5-4864 (Specific Activity 49.4 µCi/nmol) in 500 µL, the final volume of Tris-HCl 50 mM, pH 7.4 for 90 min at 4 °C. Nonspecific [<sup>3</sup>H]Ro5-4864 binding was determined in the presence of 50 µM diazepam. For saturation assay, membrane homogenates (60 µg of proteins) were incubated with increasing [<sup>3</sup>H]Ro5-4864 concentrations (0.05–35 nM; Specific Activity, 49.4 µCi/nmol) in the presence and in the absence of 10 µM etifoxine in 500 µL final volume of Tris-HCl 50 mM, pH 7.4 for 90 min at 4 °C. Nonspecific [<sup>3</sup>H]Ro5-4864 binding was obtained in the presence of 50 µM diazepam. For "competition kinetic association" assay, [<sup>3</sup>H]Ro5-4864 (approximately 35 nM; specific activity 24.7 µCi/nmol) and etifoxine (3-fold its K<sub>i</sub>) were simultaneously added to membrane homogenates (60 µg of proteins) in 500 µL final volume of Tris-HCl 50 mM, pH 7.4. The incubation was conducted at 4 °C and terminated at multiple time points.

**Data Analysis.** The experiments were analyzed by linear or non linear regression using GraphPad Prism 5.0 (GraphPad Software Inc., San Diego, CA). The concentration of etifoxine that inhibited by 50% [<sup>3</sup>H]Ro5-4864 or [<sup>3</sup>H]PK11195 binding to kidney membranes (IC<sub>50</sub>) was calculated by fitting the data to the "log(inhibitor) vs. response equation" (GraphPad Software Inc., San Diego, CA):

$$Y = \text{bottom} + \frac{\text{top} - \text{bottom}}{1 + 10^{(x - \log(\text{IC}_{50}))}} \quad (1)$$

where "bottom" is the maximally inhibited response and "top" is the maximal response. IC<sub>50</sub>'s were converted to K<sub>i</sub> value using the method of Cheng and Prusoff.<sup>33</sup>

Scatchard plot analysis<sup>34</sup> was performed to calculate maximum binding sites (B<sub>max</sub>) and equilibrium constant (K<sub>d</sub>) values of [<sup>3</sup>H]Ro5-4864 at TSPO. Data obtained by the saturation radioligand binding experiments were fitted to the equation:

$$\frac{B}{F} = -\frac{B}{K_d} + \frac{B_{\max}}{K_d} \quad (2)$$

which fits the equation of a line ( $y = mx + b$ ;  $B/F$  vs  $B$ ) where  $B_{\max}/K_d$  is the  $y$ -intercept,  $B_{\max}$  is the  $x$ -intercept, and  $-1/K_d$  is the slope.  $B$  is the radioligand bound to the protein, and  $F$  is the radioligand in the free form.

Etifoxine  $k_{\text{on}}$  and  $k_{\text{off}}$  at [<sup>3</sup>H]Ro5-4864 or [<sup>3</sup>H]PK11195 binding sites were calculated applying the competition association model using the "kinetics of competitive binding" assay, as previously reported.<sup>15</sup> In such a model, to derive  $k_3$  and  $k_4$  values of etifoxine ( $k_3$  and  $k_4$  values, respectively), the  $k_1$  and  $k_2$  of [<sup>3</sup>H]Ro5-4863<sup>27</sup> and [<sup>3</sup>H]PK11195 binding were used.

## AUTHOR INFORMATION

### Corresponding Author

\*E-mail: barbara.costa@farm.unipi.it.

### ORCID

Barbara Costa: 0000-0002-7598-1275

Eleonora Da Pozzo: 0000-0003-4762-8949

Claudia Martini: 0000-0001-9379-3027

## Author Contributions

B.C. conceived the idea, analyzed the results, and wrote the manuscript. C.C. conducted the experiments, contributed to write the manuscript, and analyzed the results. E.D.P. analyzed the results and revised the manuscript. S.T. revised the manuscript. F.D.S. revised the manuscript. C.M. conceived the idea of the manuscript and revised the manuscript.

## Funding

Funding for this study was provided by the Italian Ministry of University and Scientific Research (PRIN-prot. 2010W7YRLZ\_005 and FIRB-prot. RBF10ZJQT\_002).

## Notes

The authors declare no competing financial interest.

## ABBREVIATIONS

TSPO, translocator protein; RT, residence time; etifoxine, 2-ethylamino-6-chloro-4-methyl-4-phenyl-4H-3,1-benzoxazine hydrochloride; Ro5-486, 4'-chlorodiazepam; PIGAs, phenyl-indolylglyoxylamides;  $k_{on}$ , association rate constant;  $k_{off}$ , dissociation rate constant

## REFERENCES

- (1) Boissier, J. R., Simon, P., Zaczinska, M., and Fichelle, J. (1972) Experimental psychopharmacologic study of a new psychotropic drug, 2-ethylamino-6-chloro-4-methyl-4-phenyl-4H-3,1-benzoxazine. *Therapie* 27, 325–338.
- (2) Nguyen, N., Fakra, E., Pradel, V., Jouve, E., Alquier, C., Le Guern, M. E., Micallef, J., and Blin, O. (2006) Efficacy of etifoxine compared to lorazepam monotherapy in the treatment of patients with adjustment disorders with anxiety: a double-blind controlled study in general practice. *Hum. Psychopharmacol.* 21, 139–149.
- (3) Girard, C., Liu, S., Adams, D., Lacroix, C., Sineux, M., Boucher, C., Papadopoulos, V., Rupprecht, R., Schumacher, M., and Groyer, G. (2012) Axonal regeneration and neuroinflammation: roles for the translocator protein 18 kDa. *J. Neuroendocrinol.* 24 (1), 71–81.
- (4) Poisbeau, P., Keller, A. F., Aouad, M., Kamoun, N., Groyer, G., and Schumacher, M. (2014) Analgesic strategies aimed at stimulating the endogenous production of allopregnanolone. *Front. Cell. Neurosci.* 8, 174.
- (5) Stein, D. J. (2015) Etifoxine versus alprazolam for the treatment of adjustment disorder with anxiety: a randomized controlled trial. *Adv. Ther.* 32 (1), 57–68.
- (6) Schlichter, R., Rybalchenko, V., Poisbeau, P., Verleye, M., and Gillardin, J. (2000) Modulation of GABAergic synaptic transmission by the non-benzodiazepine anxiolytic etifoxine. *Neuropharmacology* 39 (9), 1523–35.
- (7) Hamon, A., Morel, A., Hue, B., Verleye, M., and Gillardin, J. M. (2003) The modulatory effects of the anxiolytic etifoxine on GABA(A) receptors are mediated by the beta subunit. *Neuropharmacology* 45, 293–303.
- (8) Verleye, M., Akwa, Y., Liere, P., Ladurelle, N., Pianos, A., Eychenne, B., Schumacher, M., and Gillardin, J. M. (2005) The anxiolytic etifoxine activates the peripheral benzodiazepine receptor and increases the neurosteroid levels in rat brain. *Pharmacol., Biochem. Behav.* 82, 712–720.
- (9) Aouad, M., Petit-Demouliere, N., Goumon, Y., and Poisbeau, P. (2014) Etifoxine stimulates allopregnanolone synthesis in the spinal cord to produce analgesia in experimental mononeuropathy. *Eur. J. Pain.* 18 (2), 258–68.
- (10) Porcu, P., Barron, A. M., Frye, C. A., Walf, A. A., Yang, S. Y., He, X. Y., Morrow, A. L., Panzica, G. C., and Melcangi, R. C. (2016) Neurosteroidogenesis Today: Novel Targets for Neuroactive Steroid Synthesis and Action and Their Relevance for Translational Research. *J. Neuroendocrinol.* 28 (2), 12351.
- (11) Rupprecht, R., Papadopoulos, V., Rammes, G., Baghai, T. C., Fan, J., Akula, N., Groyer, G., Adams, D., and Schumacher, M. (2010) Translocator protein (18 kDa) (TSPO) as a therapeutic target for neurological and psychiatric disorders. *Nat. Rev. Drug Discovery* 9, 971–988.
- (12) Wolf, L., Bauer, A., Melchner, D., Hallof-Buestrich, H., Stoertebecker, P., Haen, E., Kreutz, M., Sarubin, N., Milenkovic, V. M., Wetzel, C. H., Rupprecht, R., and Nothdurfter, C. (2015) Enhancing neurosteroid synthesis—relationship to the pharmacology of translocator protein (18 kDa) (TSPO) ligands and benzodiazepines. *Pharmacopsychiatry* 48, 72–77.
- (13) Rupprecht, R., Rammes, G., Eser, D., Baghai, T. C., Schüle, C., Nothdurfter, C., Troxler, T., Gentsch, C., Kalkman, H. O., Chaperon, F., Uzunov, V., McAllister, K. H., Bertaina-Anglade, V., La Rochelle, C. D., Tuerck, D., Floesser, A., Kiese, B., Schumacher, M., Landgraf, R., Holsboer, F., and Kucher, K. (2009) Translocator protein (18 kDa) as target for anxiolytics without benzodiazepine-like side effects. *Science* 325 (5939), 490–3.
- (14) do Rego, J. L., Vaudry, D., and Vaudry, H. (2015) The non-benzodiazepine anxiolytic drug etifoxine causes a rapid, receptor-independent stimulation of neurosteroid biosynthesis. *PLoS One* 10 (3), e0120473.
- (15) Costa, B., Da Pozzo, E., Giacomelli, C., Barresi, E., Taliani, S., Da Settimo, F., and Martini, C. (2016) TSPO ligand residence time: a new parameter to predict compound neurosteroidogenic efficacy. *Sci. Rep.* 6, 18164.
- (16) Costa, B., Da Pozzo, E., Cavallini, C., Taliani, S., Da Settimo, F., and Martini, C. (2016) Long Residence Time at the Neurosteroidogenic 18 kDa Translocator Protein Characterizes the Anxiolytic Ligand XBD173. *ACS Chem. Neurosci.* 7 (8), 1041–6.
- (17) Lee, Y. S., Simeon, F. G., Briard, E., and Pike, V. W. (2012) Solution structures of the prototypical 18 kDa translocator protein ligand, PK11195, elucidated with 1H/13C NMR spectroscopy and quantum chemistry. *ACS Chem. Neurosci.* 3 (4), 325–35.
- (18) Taliani, S., Pugliesi, I., and Da Settimo, F. (2011) Structural requirements to obtain highly potent and selective 18 kDa Translocator Protein (TSPO) Ligands. *Curr. Top. Med. Chem.* 11 (7), 860–86.
- (19) Da Settimo, F., Simorini, F., Taliani, S., La Motta, C., Marini, A. M., Salerno, S., Bellandi, M., Novellino, E., Greco, G., Cosimelli, B., Da Pozzo, E., Costa, B., Simola, N., Morelli, M., and Martini, C. (2008) Anxiolytic-like effects of N,N-dialkyl-2-phenylindol-3-ylglyoxylamides by modulation of translocator protein promoting neurosteroid biosynthesis. *J. Med. Chem.* 51, 5798–5806.
- (20) Barresi, E., Bruno, A., Taliani, S., Cosconati, S., Da Pozzo, E., Salerno, S., Simorini, F., Daniele, S., Giacomelli, C., Marini, A. M., La Motta, C., Marinelli, L., Cosimelli, B., Novellino, E., Greco, G., Da Settimo, F., and Martini, C. (2015) Deepening the Topology of the Translocator Protein Binding Site by Novel N,N-Dialkyl-2-arylidol-3-ylglyoxylamides. *J. Med. Chem.* 58, 6081–6092.
- (21) Motulsky, H. J., and Mahan, L. C. (1984) The kinetics of competitive radioligand binding predicted by the law of mass action. *Mol. Pharmacol.* 25, 1–9.
- (22) Hales, T. G., and Tyndale, R. F. (1994) Few cell lines with GABAA mRNAs have functional receptors. *J. Neurosci.* 14 (9), 5429–36.
- (23) Farges, R., Joseph-Liauzun, E., Shire, D., Caput, D., Le Fur, G., Loison, G., and Ferrara, P. (1993) Molecular basis for the different binding properties of benzodiazepines to human and bovine peripheral-type benzodiazepine receptors. *FEBS Lett.* 335 (3), 305–8.
- (24) Farges, R., Joseph-Liauzun, E., Shire, D., Caput, D., Le Fur, G., and Ferrara, P. (1994) Site-directed mutagenesis of the peripheral benzodiazepine receptor: identification of amino acids implicated in the binding site of Ro5-4864. *Mol. Pharmacol.* 46 (6), 1160.
- (25) Garnier, M., Dimchev, A. B., Boujrad, N., Price, J. M., Musto, N. A., and Papadopoulos, V. (1994) In vitro reconstitution of a functional peripheral-type benzodiazepine receptor from mouse Leydig tumor cells. *Mol. Pharmacol.* 45 (2), 201–11.
- (26) Marangos, P. J., Patel, J., Boulenger, J. P., and Clark-Rosenberg, R. (1982) Characterization of peripheral-type benzodiazepine binding sites in brain using [<sup>3</sup>H]Ro 5-4864. *Mol. Pharmacol.* 22 (1), 26–32.

- (27) Bender, A. S., and Hertz, L. (1985) Binding of [<sup>3</sup>H]Ro 5-4864 in primary cultures of astrocytes. *Brain Res.* **341** (1), 41-9.
- (28) Tokuda, K., O'Dell, K. A., Izumi, Y., and Zorumski, C. F. (2010) Midazolam inhibits hippocampal long-term potentiation and learning through dual central and peripheral benzodiazepine receptor activation and neurosteroidogenesis. *J. Neurosci.* **30** (50), 16788-16795.
- (29) Frye, C. A., Paris, J. J., and Rhodes, M. E. (2009) Increasing 3alpha,5alpha-THP following inhibition of neurosteroid biosynthesis in the ventral tegmental area reinstates anti-anxiety, social, and sexual behavior of naturally receptive rats. *Reproduction* **137** (1), 119-28.
- (30) Scarf, A. M., Auman, K. M., and Kassiou, M. (2012) Is there any correlation between binding and functional effects at the translocator protein (TSPO) (18 kDa)? *Curr. Mol. Med.* **12** (4), 387-97.
- (31) Chelli, B., Salvetti, A., Da Pozzo, E., Rechichi, M., Spinetti, F., Rossi, L., Costa, B., Lena, A., Rainaldi, G., Scatena, F., Vanacore, R., Gremigni, V., and Martini, C. (2008) PK 11195 differentially affects cell survival in human wild-type and 18 kDa Translocator protein-silenced ADF astrocytoma cells. *J. Cell. Biochem.* **105**, 712-723.
- (32) Bradford, M. M. (1976) A rapid and sensitive method for the quantitation of microgram quantities of protein utilizing the principle of protein-dye binding. *Anal. Biochem.* **72**, 248-254.
- (33) Cheng, Y., and Prusoff, W. H. (1973) Relationship between constant (K<sub>i</sub>) and the concentration of inhibitor which causes 50% inhibition (IC<sub>50</sub>) of an enzymatic reaction. *Biochem. Pharmacol.* **22**, 3099-3108.
- (34) Dong, C., Liu, Z., and Wang, F. (2015) Radioligand saturation binding for quantitative analysis of ligand-receptor interactions. *Biophys. Rep.* **1**, 148-155.