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Title: Uptake and partitioning of selenium in basil (*Ocimum basilicum* L) plants grown in hydroponics

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Abstract: Biofortification of edible crops with selenium (Se) may represent an alternative system for providing selenium in the human diet. The aim of the present study was to provide insights into the ability of basil plants grown in hydroponics to take up Se from the growth substrate, and to study the effects of Se concentration on plant growth and Se accumulation. The addition of sodium selenate at the rates of 4, 8 and 12 mg Se L⁻¹ to the nutrient solution induced a dose-dependent increase in the Se uptake rate. Se was absorbed by the roots and translocated to the above-ground organs and accumulated particularly in the leaves, without affecting the biomass production of the plants. Se concentration increased during seedling growth, was highest in the younger leaves, and then declined before or upon flowering. The results clearly highlight the potential of selenizing basil shoots through the addition of selenate to the nutrient solution. This study provides crucial information for assessing the appropriate Se dosage in order to obtain the desired Se content in leaves, and the best harvest time to obtain the highest leaf Se concentration in basil. The addition of selenate to the nutrient solution could be an efficient system for providing enriched basil plants.

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NATIONAL RESEARCH COUNCIL
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February 20, 2017

Dear Editor,

I would like to submit the manuscript entitled “Selenium uptake and partitioning by basil (*Ocimum basilicum* L) plants grown in hydroponics under different Se concentrations”, for publication in *Scientia Horticulturae*.

Selenium biofortification may provide alternative system to deliver selenium in human diet. The addition of selenium to the nutrient solution to fortify tissues of basil has not been yet investigated. The present study aimed to investigate whether basil can efficiently take up Se from the nutrient solution and accumulate in leaves, and to study the effects of Se concentration on plant growth and Se accumulation over the basil crop cycle.

This study provides crucial information for Se fortification of basil tissue and for assessing the best harvesting time in order to get the highest leaf Se concentration. Our results showed that the addition of selenate in the nutrient solution might be an efficient system for providing enriched basil plants.

The work submitted is original, unpublished and is not being considered for publication elsewhere.

The English has been revised by an English mother tongue professional editor.

I understand the objectives of the Journal and have formatted the manuscript to fit the style and needs of *Scientia Horticulturae*.

Yours sincerely,

Beatrice Pezzarossa

HIGHLIGHTS

- Selenium added to basil plants grown in hydroponics did not affect biomass.
- Se partitioning was observed and the highest percentage accumulated in leaves.
- Se uptake rate increased during the first 27 days of treatment, then decreased.
- Selenium treatments induced a dose-dependent increase in Se uptake rate.
- Se addition to nutrient solution is an efficient tool for selenizing basil leaves.

1 **Uptake and partitioning of selenium in basil (*Ocimum basilicum* L) plants grown in**
2 **hydroponics**

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11

12

13 **Abstract**

14 Biofortification of edible crops with selenium (Se) may represent an alternative system for
15 providing selenium in the human diet. The aim of the present study was to provide insights
16 into the ability of basil plants grown in hydroponics to take up Se from the growth substrate,
17 and to study the effects of Se concentration on plant growth and Se accumulation. The
18 addition of sodium selenate at the rates of 4, 8 and 12 mg Se L⁻¹ to the nutrient solution
19 induced a dose-dependent increase in the Se uptake rate. Se was absorbed by the roots and
20 translocated to the above-ground organs and accumulated particularly in the leaves, without
21 affecting the biomass production of the plants. Se concentration increased during seedling
22 growth, was highest in the younger leaves, and then declined before or upon flowering. The
23 results clearly highlight the potential of selenizing basil shoots through the addition of
24 selenate to the nutrient solution. This study provides crucial information for assessing the
25 appropriate Se dosage in order to obtain the desired Se content in leaves, and the best harvest

26 time to obtain the highest leaf Se concentration in basil. The addition of selenate to the
27 nutrient solution could be an efficient system for providing enriched basil plants.

28

29 *Key words:* selenium fertilization; selenate; biofortification; selenium-enriched products

30

31 **1 Introduction**

32 The biofortification of edible crops with selenium (Se) may represent an alternative system
33 for providing selenium in the human diet. Additional selenium intake in people with low
34 status, without exceeding the toxic threshold, may have long-term health benefits, since Se is
35 involved in metabolic processes such as thyroid hormone metabolism, antioxidant defence
36 and immune function (Tapiero et al., 2003; Rayman, 2012).

37 The Food and Nutrition Board of the Institute of Medicine (USA) has proposed a
38 Recommended Dietary Allowance (RDA) of 55 μg of Se per day⁻¹ and a tolerable upper
39 intake of 400 μg of Se per day⁻¹ for adults (Institute of Medicine, 2000). A deficient Se status
40 can be reversed by Se supplementation. Plants are the first link in the food chain, which ends
41 with humans, therefore Se accumulation in plants may prevent Se deficiency in humans. The
42 development of phytotechnologies for selenium biofortification requires a thorough
43 understanding of the uptake, translocation and assimilation processes at the molecular,
44 physiological and agronomic levels (Versini et al., 2016).

45 The uptake and accumulation of Se in plants depend on the Se chemical form and
46 concentration in the growing medium. Selenate treatment has been found to induce the
47 highest concentration in shoots, followed by SeMet, and selenite treatment, whereas in roots,
48 the highest Se concentrations were found when SeMet was provided, followed by selenite,
49 and then selenate treatments (Lin, 2009). The chemical similarity between selenate and
50 sulfate suggests that selenate is taken up actively by the sulfate transporters, whereas the

51 uptake of selenite by plants is passive and/or occurs by phosphate transporters (Broyer et al,
52 1972a; 1972b; Abrams et al., 1990; Terry et al., 2000; Li et al., 2008; Zhu et al., 2009).
53 Selenate is readily translocated from roots to shoots, whereas most selenite remains in the
54 roots (Hopper and Parker, 1999; Li et al., 2008; Zhu et al., 2009). In addition, Se distribution
55 in plant organs is species specific, and depends on the stage of development and on the
56 physiological conditions of the plant.

57 Studying the dynamics of Se plant uptake is crucial in controlling the Se content in plants
58 and in reducing the risk of both Se toxicity and deficiency. Knowledge of the ability of
59 selenium to be taken up and assimilated by plants is critical in providing insights into the
60 appropriate Se dosage and the supplementation method in order to achieve the desired Se
61 content in plant tissues. This would also improve the production of safe and effective Se-
62 enriched products and decrease Se-deficiency in the human diet (Liu et al., 2016).

63 The selenium content in plants can be increased by soil and foliar application, by soaking
64 seeds in Se solution before sowing, seed dressing, or hydroponic cultivation in a nutrient
65 solution containing Se. The addition of selenium to the nutrient solution has been found to
66 increase the Se concentration in lettuce (Rios et al., 2008; Malorgio et al., 2009; Smoleń et
67 al., 2014), chicory (Malorgio et al., 2009), spinach (Ferrarese et al., 2012), and tomato
68 (Pezzarossa et al., 2014) without decreasing the production and qualitative characteristics of
69 the final product. Opposite results were obtained in lupin and sunflower (Ximénez-Embún et
70 al., 2004) which showed a significant decrease in root and shoot dry matter when 1 mg of Se
71 L⁻¹ was added to the nutrient solution. In soy, alfalfa and lentil sprouts, as the Se
72 concentration increased in the culture medium, the biomass of the plant decreased (Funes-
73 Collado et al., 2013).

74 Basil (*Ocimum basilicum* L.), an herbaceous plant belonging to the family of Lamiaceae, is
75 one of the most popular herbs used in the Mediterranean diet. The aromatic leaves, fresh or

76 dried, are highly valued due to their ability to enhance the flavour of food and to their
77 antioxidant effects (De Masi et al., 2005; Barátová et al., 2016). Several studies deal with the
78 enhancement of selenium content in basil plants through foliar fertilization (Hawrylak-
79 Nowak , 2008; Kopsell et al., 2009; Oraghi Ardebili et al., 2015; Barátová et al., 2016;
80 Mezeyová et al., 2016). The addition of selenium to the nutrient solution in order to fortify
81 basil tissue has not yet been investigated.

82 The objectives of the present study were to investigate whether basil can efficiently take up
83 Se from the nutrient solution and accumulate in leaves, and to study the effects of Se
84 concentration on plant growth and Se accumulation over the basil crop cycle.

85

86 **2 Materials and Methods**

87 **2.1 Plant material and growth conditions**

88 The experiment was conducted from October 2015 to January 2016 at the Department of
89 Agriculture, Food and Environment of the University of Pisa, Italy (lat. 43° 40' N) on basil
90 (*Ocimum basilicum* L. cv Tigullio). The basil seeds were sown on October 16, 2015 in 254-
91 cell plug-trays filled with perlite and vermiculite, and germinated in a growth chamber at
92 25°C. 21 days after sowing, seedlings were transferred to a heated greenhouse and placed
93 into separate hydroponic systems, each consisting of a polystyrene tray floating in a 50 L
94 plastic tank filled with nutrient solution. 16 plants were planted in each tank; the crop density
95 was approximately 96 plants m⁻² (on a ground area basis).

96 The nutrient solution contained 12.0 mM N-NO₃, 1.0 mM P-H₂PO₄, 2.44 mM S-SO₄, 4 mM
97 Ca, 5 mM K, 2 mM Mg, 1 µM Cu, 40 µM Fe, 5 µM Mn, 1 µM Mo, 5 µM Zn. The pH and
98 electrical conductivity (EC) values were 5.6 and 2.04 dSm⁻¹ respectively, and were checked
99 every 2 days. The nutrient solution was renewed once every two weeks and continuously
100 aerated in order to maintain an oxygen content higher than 6.0 g m⁻³.

101 Climatic parameters were continuously monitored by a weather station located inside the
102 glasshouse. The minimum and mean air temperatures were 10°C and 16.8°C, respectively,
103 and the relative humidity was 69.6%. Supplementary lighting was provided by high pressure
104 sodium lamps (HPS, SON-T 400 W, Philips) for a constant day length of 9 hours. The
105 cumulative and the daily mean global radiation were 267 and 3.5 MJ m⁻² respectively.

106

107 **2.2 Experimental plan**

108 The treatments were arranged in a totally randomized design with four replicates, each
109 consisting of a tank with 16 plants.

110 Seven days after transplanting, selenium, as sodium selenate (Na₂SeO₄), was added to the
111 nutrient solution at rates of 0 (control), 4.0, 8.0 and 12.0 mg Se L⁻¹. Every two weeks the
112 nutrient solution was replaced with fresh solution containing the same amount of Se, in order
113 to maintain the same Se concentration throughout the experiment. Overall treatments lasted
114 69 days.

115 Plant samplings were performed immediately after the selenium supplementation and then
116 after 13, 27, 41, 55 and 69 days of treatment. At each sampling point, one plant per replicate
117 was harvested. Leaves, stems, inflorescences, and roots were separated and the respective
118 fresh weights (FW) were determined. The samples were oven dried at 50°C up to constant
119 weight and the dry weight (DW) was recorded.

120

121 **2.3 Selenium analysis**

122 Total selenium content was determined at harvest in oven-dried ground leaf samples after
123 digestion with nitric and perchloric acids and reduction by hydrochloric acid (*Zasoski and*
124 *Burau, 1977*). The digests were analyzed by hydride generation atomic absorption
125 spectrophotometry (Varian VGA 77). Glass tubes containing only the chemical reagents

126 were used as blanks for the analytical quality controls in order to constantly monitor for Se
127 contamination in the chemical hood.

128

129 **2.4 Data analysis**

130 Selenium concentration in leaves was calculated on a dry weight basis.

131 Data of total dry weight were used to determine the Relative Growth Rate (RGR) as
132 described by Hunt (1978) on the basis of the following formula:

133

$$RGR = \frac{(\ln DW_2 - \ln DW_1)}{(t_2 - t_1)} \quad (1)$$

134

135 where DW2 and DW1 are the total plant dry weight (g) recorded at times t_2 and t_1 ,
136 respectively.

137 RGR is expressed as $\text{g DW g DW}^{-1} \text{ day}^{-1}$.

138 The rate of Se uptake by plants was calculated from the differences in total Se content (K_{P1} ,
139 K_{P2}) multiplied by the differences in dry weight logarithm of the root (W_{R1} , W_{R2}), and
140 divided by $(T_2 - T_1)$ (Pitman, 1972), as follows:

$$R_K = \frac{(K_{P2} - K_{P1}) \times (\log_e W_{R2} - \log_e W_{R1})}{(T_2 - T_1) \times (W_{R2} - W_{R1})} \quad (2)$$

141

142 Results were expressed as $\mu\text{g g}_{\text{root}}^{-1} \text{ day}^{-1}$.

143 The translocation factor (TF) was calculated as the ratio of the Se concentration in the shoots
144 to the Se concentration in the roots (Renkema et al., 2012).

145 Data were subjected to one-way ANOVA with Se treatment as variables, and mean values
146 were separated by the least significant difference test ($P < 0.05$). Statistical analysis was
147 performed using Statgraphics Plus 5.1 (Manugistic, Rockville, MD).

148 A multiple non-linear regression was used to predict the Se uptake values as a function of the
149 Se concentration in the nutrient solution (SN) and of the plant dry weight.

150 At the end of the experiment, the Bioaccumulation Index (BI) was calculated by dividing the
151 Se concentration in the leaves by the Se concentration in the nutrient solution.

152 All data were tested for homogeneity of error variances using Levene's test (Glaser, 1983).

153

154 **3 Results**

155 **3.1 Plant growth**

156 The biomass of leaves, stem and roots increased steadily during the experiment (Fig. 1). The
157 first inflorescences appeared after 55 days of treatment, and their biomass increased up to the
158 end of the experiment (Table 1).

159 The addition of Se to the nutrient solution did not significantly affect the biomass production
160 of leaves and inflorescences. Instead, all Se treatments were effective in reducing stem
161 biomass at 27 and 55 days of treatment. Root biomass was reduced only by the highest
162 selenium treatment, i.e. 12 mg Se L⁻¹, after 41 days of treatment (Fig. 1).

163 The Relative Growth Rate (RGR) of basil plants, calculated over the harvest intervals,
164 showed a downward trend in all plants. The increased selenium concentration in the nutrient
165 solution did not significantly affect the RGR. At the end of the experiment, the RGR was
166 about 50% less than at the first sampling in all treatments (data not shown).

167

168 **3.2 Se content and uptake**

169 The addition of Se to the nutrient solution resulted in an increased Se concentration in all
170 plant organs (Fig. 2). Increases in selenium concentrations in the nutrient solution resulted in
171 higher Se concentrations in the plants.

172 In the first part of the experiment, the leaf Se concentration, expressed on a dry weight basis,
173 increased, and then decreased until the end of the experiment. Plants treated with 8 and 12
174 mg Se L⁻¹ reached the maximum leaf Se concentration earlier than plants treated with 4 mg
175 Se L⁻¹, i.e at 27 and at 41 days of treatment, respectively (Fig. 2a).

176 The Se concentration in the stems increased until the first sampling, and then decreased in
177 the plants treated with 4 and 12 mg Se L⁻¹, whereas in plants treated with 8 mg Se L⁻¹ the
178 concentration of selenium decreased after 41 days of treatment (Fig. 2b).

179 In the roots of plants treated with 8 and 12 mg Se L⁻¹ the highest Se concentration was
180 detected after 13 days of treatment, whereas when Se was added at the dose of 4 mg L⁻¹ the
181 highest Se concentration in roots was detected after 27 days of treatment (Fig. 2c).

182 Se in the inflorescences slightly increased until the end of the experiment, however the
183 variance was not significant (Table 1).

184 The total Se content in the plants, calculated as the product of Se concentration (mg Se g⁻¹
185 DW) per dry weight (g), increased after 13 days of treatment at all of the Se rates added to
186 the nutrient solution. The higher the amount of selenium added to the solution, the higher the
187 amount of selenium accumulating in the plant (Fig. 3). In plants treated with 8 mg Se L⁻¹ the
188 total Se accumulated in plants increased until 41 days of treatment and then remained steady.

189 In plants treated with 4 and 12 mg Se L⁻¹ the Se content increased until the end of the
190 experiment, however after 41 days of treatment, the increase was statistically significant only
191 at the dose of 4 mg Se L⁻¹. The Se accumulated in plants treated with 4 mg Se L⁻¹ reached
192 the highest value at the end of the experiment (Fig. 3).

193 The highest Se content in plants treated with 4 or 8 mg Se L⁻¹ was about 7% of the Se
194 concentration in the nutrient solution, whereas in plants treated with 12 mg Se L⁻¹ the highest
195 Se content was about 6 %.

196 The highest percentage of selenium accumulated in the leaves, followed by the roots, stems
197 and inflorescences (Table 2). The percentage of Se in the stems ranged between 7.6% and
198 8.7% and did not show any differences among Se treatments. Instead, the percentage of Se in
199 the leaves, roots and inflorescences was directly affected by the Se concentration in the
200 nutrient solution (Table 2). By increasing the amount of selenium added to the solution, the
201 percentage of selenium significantly increased in the leaves and inflorescences, whereas it
202 significantly decreased in the roots (Table 2). As a result, the translocation factor increased
203 by increasing the Se content in the nutrient solution from 4 to 8 and 12 mg Se L⁻¹ (Table 2).
204 The bioaccumulation index calculated at the end of the experiment was around 3 in all plants
205 treated, irrespective of the amount of selenium added to the nutrient solution. Se
206 accumulation in the leaves in fact increased proportionally to the selenium available in the
207 nutrient solution.

208 The addition of Se to the nutrient solution induced a dose-dependent increase in Se uptake
209 rate (Table 3) which showed the highest value when plants were treated with 12 mg Se L⁻¹.
210 In all treatments, the daily uptake increased during the first 27 days of treatment, and then
211 decreased over time.

212 Based on these results, we explored the relationship between the uptake of Se by the basil
213 plants, the Se concentration in the nutrient solution and the growth of plants. The results of a
214 multiple linear regression among these variables showed a higher variance at higher Se
215 uptake rate values compared to lower values. We thus decided to apply a multiple non-linear
216 regression, using a logarithmic transformation in order to stabilize the variance. The equation
217 of the fitted model was:

218

$$\log_{10} Se \text{ uptake rate} = \log_{10}(10.09 + 5.38 \times [Se]SN - 2.42 \times total \ plant \ DW) \quad (3)$$

219 $(n=54; r^2=0.74)$

220

221 The results showed a relationship among Se uptake rate, Se concentration in the nutrient
222 solution, and total DW. The regression reported in Fig. 4 was sufficient to explain 74 % of
223 the experimental variability. The plot of residuals appears to exhibit homogeneity, normality,
224 and independence, which means that the variance is normally distributed. Se uptake rate was
225 positively related to the Se concentration of the nutrient solution, and negatively related to
226 total plant dry weight. As plants grow, the total plant dry weight increases, thus the Se
227 uptake rate per unit root decreases with plant age.

228

229 **4 Discussion**

230 Our results showed that selenium, added as sodium selenate to the nutrient solution at rates
231 of 4, 8 and 12 mg Se L⁻¹, did not consistently affect the biomass production of basil plants.
232 As a consequence, the RGR was unaffected by the addition of selenium. No negative effects
233 on biomass production were found in lettuce plants (Smoleń et al., 2014) grown in nutrient
234 solution enriched with 6.33 and 7.88 µM of Se (i.e. 0.5 and 1.5 mg Se L⁻¹), or in spinach
235 plants (Ferrarese et al., 2012) treated with 2.6, 3.9 and 5.2 µM of Se (i.e. 0.21, 0.31 and 0.41
236 mg Se L⁻¹). In contrast, Hawrylak-Nowak et al. (2015). found a decrease in biomass and
237 photosynthetic pigments in cucumber plants when selenate concentrations in the growth
238 medium reached 80 µM (6.2 mg Se L⁻¹). The phytotoxicity effects of selenium are related to
239 the interference with normal S metabolism (Mikkelsen and Wan, 1990; Pilon-Smits and
240 Quinn, 2010) and result in leaf chlorosis and a decrease in protein synthesis and dry matter
241 production (Mengel and Kirkby, 1987). Basil supplemented with selenium at concentrations
242 ranging from 1 to 50 mg Se m⁻² through foliar applications have not been shown to have any
243 growth or biomass response (Oraghi Ardebili et al., 2015). In our experiment no evidence of
244 toxic effects was detected at Se concentrations of 170 and 140 µg g⁻¹, respectively in leaves

245 and roots. The tolerance of basil to selenium could be ascribed to the generally high content
246 of phenolic compounds in the leaves. Phenolics in fact could counteract the oxidative stress
247 due to high Se concentrations (Hartikainen et al., 2000; Sakihama et al., 2002).

248 The selenium added to the nutrient solution was absorbed by the roots, and translocated to
249 the above-ground organs, thus increasing the Se content in the different plant parts. Se
250 accumulated particularly in the leaves which is good because generally only the leaves are
251 consumed. These results are in agreement with studies on tomato by Pezzarossa et al. (1999),
252 and chicory (Stibilj et al., 2011). Opposite results have been found in mustard, sunflower and
253 lupin where the roots accumulated the highest amount of selenium (Ximénez-Embún et al.,
254 2004).

255 An increased Se concentration in leaf tissues when Se was added to the nutrient solution has
256 been observed in several species of leafy vegetables such as lettuce (Malorgio et al., 2009;
257 Smoleń et al., 2014), chicory (Malorgio et al., 2009), and spinach (Ferrarese et al., 2012).

258 In basil plants sprayed with 25 and 50 mg Se m⁻² the concentration of Se in leaves was found
259 to be 2.1 and 6.1 mg kg⁻¹ DW, respectively (Mezeyová et al., 2016). Kopsell et al. (2009)
260 reported that basil shoot Se concentrations increased linearly with increasing selenate-Se
261 concentrations from foliar sprays. The highest shoot Se concentration (22.9 µg g⁻¹ DW) was
262 observed at 32 ml Se L⁻¹ from foliar sprays. No data are currently available in the literature
263 concerning the effects of Se fertilization of basil through nutrient solutions.

264 In our experiment basil efficiently accumulated the Se absorbed by roots in the aerial parts,
265 and the Se concentration in leaves was even higher than results obtained by Kopsell et al.
266 (2009) when the same amount of selenium was applied by foliar spraying. Asher et al.
267 (1977) showed that when selenate was applied to severed tomato roots, the concentration of
268 selenate in the xylem exudates was 6–13 times higher than in the external medium. Since the
269 principal way of selenate translocation in plants is by xylem (Shrift and Ulrich, 1969), this

270 could explain the higher Se content detected when selenium was taken up by roots compared
271 with foliar application.

272 These results clearly indicate the potential of selenizing basil shoots by adding selenate to
273 the nutrient solution.

274 The growing trend in the total Se content accumulated in the plants was more dependent on
275 the biomass, which increased throughout the experiment, than on the Se concentration,
276 which reached the maximum values during the first part of the experiment and then
277 decreased. Our results indicate that in order to obtain leaves with the highest Se
278 concentration, the best harvest time is 4 weeks after treatment for plants treated with 8 and
279 12 mg Se L⁻¹, and after 6 weeks for plants treated with 4 mg Se L⁻¹. The trend in Se
280 concentration in basil leaves is in agreement with previous studies on different vegetable
281 species (Turakainen et al., 2004; White et al., 2007; Cappa et al., 2014; Harris et al., 2014).

282 Selenium concentrations generally increased to a maximum during seedling growth, were
283 highest in the younger plant leaves, and then declined before or upon flowering, when Se
284 moved from the leaves to the reproductive organs. The higher Se uptake during the first
285 weeks of growth might be linked to leaf transpiration. In fact, transpiration increases during
286 leaf expansion and stomata development, then decreases due to the stomatal control of
287 transpiration (Wang et al., 2014). Although Se uptake is actively regulated (Breton and
288 Surdin-Kerjan, 1977; Shibagaki et al., 2002), transpiration stimulates Se translocation
289 through the xylem, reducing the Se concentration in root tissues and inducing a further Se
290 uptake from the nutrient solution. The increase in Se concentration detected in basil
291 inflorescences could be explained by the fact that selenium is easily redistributed through the
292 phloem both as selenate and as the organic compounds, SeMet and SeMSeCys (Carey et al.,
293 2012).

294 The reduction in the daily Se uptake after 27 days of treatment could be explained by a
295 reduced Se absorption due to root senescence, and/or with the dilution effect due to plant
296 growth (Zhang et al., 2014).

297 The different trend in leaf Se concentration seems to be related to the amount of Se in the
298 nutrient solution. Higher Se concentrations (8 and 12 mg L⁻¹) may induce a faster uptake and
299 translocation of Se to the leaves which more quickly reach the highest Se concentration.
300 Zhang et al. (2014) found that rice plants reached the highest Se content at the same time,
301 irrespective of the Se dose used for treatments.

302 Since basil is normally consumed as fresh leaves, Se concentration in the leaves was also
303 calculated on the fresh weight (FW) basis. At concentrations of 4, 8 and 12 mg Se L⁻¹ in the
304 nutrient solution, the Se concentration in basil leaves was 2.8, 7.9 and 16.9 µg g⁻¹ FW,
305 respectively. A daily consumption of 15 g of basil leaves (corresponding to the amount of
306 basil used to prepare the sauce for one portion of 'pasta al pesto') biofortified at 4, 8 and 12
307 mg Se L⁻¹ would provide 42, 118 and 254 µg of Se, respectively. The consumption of 15 g of
308 basil leaves fortified at the higher doses of Se (8 and 12 mg Se L⁻¹) would provide a higher
309 amount of Se than the RDA (55 µg d⁻¹), although still under the daily toxic threshold (400 µg
310 d⁻¹). Instead, the consumption of leaves enriched with 4 mg Se L⁻¹ would not lead to Se
311 toxicity, but could even provide Se supplementation.

312

313 **5 Conclusions**

314 This study provides in-depth knowledge of the Se uptake by basil and crucial information for
315 the Se fortification of basil tissue and for assessing the best harvest time in order to obtain
316 the highest leaf Se concentration. Our data suggest that the addition of selenium as sodium
317 selenate in the nutrient solution could be an efficient system for providing enriched basil
318 plants.

319 Further studies are needed to better understand the physiological mechanism that regulates
320 the Se uptake during the growth cycle of basil plants. Physiological measurements such as
321 photosynthetic activity, transpiration rate and stomatal conductance, and studying the
322 expression of the genes responsible for Se uptake and translocation could contribute to
323 improving our knowledge.

324

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457

458 **Table 1.** Biomass (g DW plant⁻¹) and Se concentration (μg g⁻¹ DW) of inflorescences of
 459 basil plants after 55 and 69 days of treatment.

| Se added (mg L ⁻¹) | Biomass of inflorescences (g DW plant ⁻¹) | | Selenium concentration in inflorescences (μg g ⁻¹ DW) | |
|-----------------------------------|--|------|--|--------|
| | Days of treatment | | | |
| | 55 | 69 | 55 | 69 |
| 0 | 0.890 | 2.50 | 0.3 d | 0.3 d |
| 4 | 0.538 | 1.88 | 8.1 c | 8.8 c |
| 8 | 0.685 | 2.64 | 25.8 b | 33.8 b |
| 12 | 0.600 | 1.98 | 85.6 a | 93.0 a |
| Significance | | | | |
| Se concentration | ns | ns | *** | *** |

460 Values followed by different letters in the same column differ significantly at 5% level by the LSD
 461 test. Significance level: *** P ≤ 0.001; ** P ≤ 0.01; * P ≤ 0.05; ns = not significant.

462

463 **Table 2.** Proportion of selenium in different parts and Se translocation factor (shoot Se
 464 concentration / root Se concentration) in basil plants subjected to different Se treatments.

| Selenium distribution in plants | | | | | |
|-----------------------------------|---------|------|---------|----------------|----------------------|
| Se added (mg L ⁻¹) | leaf | stem | roots | inflorescences | Translocation Factor |
| 4 | 53.4% b | 8.6% | 36.6% a | 1.4% c | 23% b |
| 8 | 64.2% a | 7.6% | 24.6% b | 3.6% b | 53% a |
| 12 | 65.2% a | 8.7% | 20.2% c | 5.9% a | 56% a |
| Significance | | | | | |
| Se concentration | *** | ns | *** | ** | *** |

465 Values followed by different letters in the same column differ significantly at 5% level by the LSD
 466 test. Significance level: *** $P \leq 0.001$; ** $P \leq 0.01$; * $P \leq 0.05$; ns = not significant.

467

468 **Table 3.** Se uptake rate ($\mu\text{g Se g root}^{-1} \text{ day}^{-1}$) in basil plants subjected to different Se
 469 treatments.

| Se added (mg L^{-1}) | Se uptake rate ($\mu\text{g Se g}_{\text{root}}^{-1} \text{ day}^{-1}$) | | | | |
|------------------------------------|---|---------|---------|--------|--------|
| | Days of treatment | | | | |
| | 13 | 27 | 41 | 55 | 69 |
| 0 | 0.27 d | 0.22 d | 0.16 d | 0.15 d | 0.06 d |
| 4 | 22.9 c | 31.1 c | 24.8 c | 14.5 c | 10.4 c |
| 8 | 49.6 b | 59.6 b | 58.5 b | 31.1 b | 23.5 b |
| 12 | 67.4 a | 130.3 a | 117.9 a | 59.8 a | 32.3 a |
| Significance | | | | | |
| Se concentration | *** | *** | *** | *** | *** |

470 Values followed by different letters in the same column differ significantly at 5% level by the LSD
 471 test. Significance level: *** $P \leq 0.001$; ** $P \leq 0.01$; * $P \leq 0.05$; ns = not significant.

472

473 **Figure 1.** Biomass production (g DW plant^{-1}) of leaves (A), stem (B), and roots (C) in basil
474 plants subjected to different Se treatments. Values are means with standard errors ($n=4$).

475

476 **Figure 2.** Se concentration ($\mu\text{g g}^{-1}$ DW) in leaves (A), stem (B), and roots (C) of basil plants
477 subjected to different Se treatments. Values are means with standard errors ($n=4$).

478

479 **Figure 3.** Se content (mg plant^{-1}) in basil plants subjected to different Se treatments during
480 the growth cycle. The statistical analysis was made separately for each sampling during the
481 growth cycle. Values are means with standard errors ($n=4$).

482

483 **Figure 4.** Plot of residual values vs predicted values of $\log_{10}(\text{Se uptake rate})$, obtained with
484 Equation 3.







