

ABSTRACT

1. Introduction

Salt can act as a preservative by inhibiting microbial growth in food products. It can also accelerate oxidation of lipids (Romans et al., 2001; Ruiz, 2007) and fresh meat pigment (Devatkal and Naveena, 2010). This is particularly true in fresh meat products where the primary role of salt in the formula is not as a preservative, but as a flavoring or an aid in protein extraction. In such scenarios salt is rarely included in concentrations greater than 3.0% of the final product. Salt at concentrations below 3.0% increases the activity of lipoxygenase in fresh pork, contributing to the development of rancidity (Jin et al., 2011). Thus, when including salt in product formulations, it is important to consider the positive and potential negative effects that it may have on shelf-life. The term "salt" is typically associated with sodium chloride; however some commercially available salts contain metallic components such as iron, copper, and magnesium, and other transition metals. Sodium chloride alone can act as a prooxidant in meat systems (Kanner et al., 1991), but the other metallic components associated with salt also contribute to oxidation. Unrefined salts often contain a greater concentration of mineral impurities than more refined salts (Kaufman, 1960; Bess et al., 2013). Even so, the market for naturally harvested, unrefined salts is projected to grow by 6.3% to over \$1.34 billion in revenue by 2019 (Markets and Markets, 2014).

Bess et al. (2013) evaluted the rate of lipid oxidation and sensory characteristics of fresh 85 and frozen pork patties manufactured using commercial salts but, reported no difference in lipid oxidation or oxidized flavor attributes between the salts. However, the salts investigated by Bess et al. (2013) did not represent the full spectrum of impurity level found in unrefined salts that have, traditionally, not been used in food processing. The unrefined salt varieties used in the present experiment represent a greater concentration of impurities known to influence the rate of lipid oxidation than what have been used in previous experiments, yet are representative of salt varieties available in the market. Therefore, the objective of this experiment was to evaluate the effects of unrefined salt varieties containing greater porportions of impurities than would be found in salts typically used in commercial food processing on textural properties, lipid oxidation, and sensory characteristics of fresh ground pork patties.

2. Materials and methods

2.1 Raw materials

The experiment closely followed the experimental design described by Bess et al. (2013). Approximately 160 kg of fresh boneless pork trimmings were obtained from pigs slaughtered at the University of Illinois Meat Science Laboratory. Carcasses were fabricated 24 hours after slaughter and the generated trimmings were stored at 4°C overnight and thus used in formulation at 2 d postmortem. A single-sourced master meat block was used to control the variation of response variables due to variation of the meat block. It was then divided into independent batches, prior to salt inclusion. This approach has been used previously as a means to control variation due to raw materials (Hęś et al., 2012; Bess et al., 2013; Comi et al., 2015).

The salt treatment groups included a salt typical to the meat industry, 3 varieties of unrefined salt, and a control group (no added salt; Table 1). A salt representative of what would typically be used in food manufacturing was purchased from a commercial food processing ingredient supplier (Salt A). The 3 unrefined salts, 2 rock salts (B and D) and a sea salt (C) were purchased from grocery stores in Champaign, IL. Salts were selected in order to represent varying concentrations of proxidant metals such as; copper, iron, manganese, calcium, and magnesium, and were based on previous analyses of similar products. Concentrations of known

112 metal prooxidants, as well as $Na⁺$ and Cl ions were later quantified (Table 1) using inductively coupled plasma-optical emission spectroscopy (ICP-OES) (method 985.01; AOAC Int., 2007).

2.2 Formulation, packaging, and storage

Five treatment groups (control, Salt A, B, C, and D) were replicated 6 times for a total of 30 independent experimental units in the same manner described by Bess et al. (2013). A master meat block was used to control variation due to raw materials and then divided into 30 separate batches (Hęś et al., 2012; Bess et al., 2013; Comi et al., 2015). Initially, the entire meat block was ground in an industrial meat grinder (model 7552 H12, Biro MFG. CO, Marblehead, OH, U.S.A) through a 1.32 cm plate, thoroughly mixed, and then ground through a 0.32 cm plate using an industrial mixer (model 900E Mixer-Grinder, Hollymatic Corporation, Countryside, IL, U.S.A). After grinding, the master meat block was separated into 30 independent, 5 kg batches prior to salt inclusion. Batch served as the experimental unit because salt treatment was applied independently to each experimental unit (batch) prior to salt inclusion (Hęś et al., 2012; Bess et al., 2013; Comi et al., 2015).

A 227 g sample from each batch was collected before the addition of salt for determination of lipid, moisture, and salt-soluble protein analysis of each and for each salt treatment. Each batch was standardized to 4.325 kg and placed in a bowl chopper (TALSA, model C40P, Xirivella, Valencia, Spain). Salt inclusions were added independently to each experimental unit (batch) at a rate of 1.5 g/100 g of meat by mixing with 5 revolutions of the bowl chopper. The control group 131 was also placed in a bowl chopper for 5 revolutions, but no salt was added. No other ingredients were included in the formulation in order to prevent confounding effects of salt driven oxidation with oxidation or anti-oxidation effects from additional ingredients. This resulted in 30

Salt-soluble protein extractibility of each salt and the control was evaluated using the procedure described by Boler et al. (2011). Extraction buffer was prepared by mixing 0.01M 2- [N-Morpholino]ethanesulfonic acid (MES) in distilled (nanopure) water. This extraction master mix was used to make each extraction buffer, which contained increasing salt concentrations of 0.09 mol/L, 0.26 mol/L, 0.43 mol/L or 0.60 mol/L. Samples were quantified with a BCA Protein Assay Kit (Pierce Protein Research Products, Rockford, IL) and absorbance values were measured at 562 nm using a Synergy HT Multi-Mode Microplate Reader (Bio-Tek, Winooski, VT.). Amount of soluble proteins were calculated using a second order polynomial quadratic equation and were expressed as a percentage of tissue.

2.4 Break strength

Objective CIE *L** (lightness), *a** (redness), and *b** (yellowness; Commission Internationale de l'Eclairage (CIE), 1978) scores were collected with a Minolta CR-400 Chroma 181 meter (Minolta Camera Co., Ltd., Osaka, Japan) utilizing a D_{65} light source and a 0° observer with an aperture size of 8 mm. Measurements were collected at four locations from one patty from each batch at each storage period (n=6), with the aperture placed directly on the patty's surface, and the mean of the four measurements were recorded as the objective color score for *L**, *a**, and *b**. Hue angle, a measurement related to the state of pigments (Ripoll et al., 2011), 186 was calculated using the following equation and reported in degrees: hue angle = tan⁻¹(b^*/a^*) x 187 57.296. Chroma was calculated using the following equation: chroma = $\sqrt{a*^2 \times b*^2}$.

Brown discoloration was measured by a visual evaluation by three trained panelists on the same patty as objective color evaluation for each storage period. Discoloration was evaluated immediately before objective color measurements were recorded, with the overwrap still intact in order to best represent what a consumer would encounter in a store. Discoloration was evaluated on a 10 point scale with a score of zero representing 0% brown discoloration and 10 representing 100% brown discoloration. Simulated retail storage was terminated when the mean discoloration of the patties exceeded a score of 5 (50% discolored).

2.7 Sensory evaluation

Two patties representing each batch and storage time combination (n = 180) were used for sensory evaluation by a trained sensory panel. After each storage time (1, 6, or 11 days), two patties representing each batch were removed from fresh storage and placed in vacuum packaged bags and frozen at - 40°C until sensory evaluation. Panelists were selected from departmental

students and staff and trained according to American Meat Science Association Guidelines (AMSA, 1995). Sensory evaluations were conducted in individual booths under ambient conditions of temperature and humidity and under red light. Before evaluation, panelists participated in a training session to orient them toward scale attributes and anchors. Panelists 204 were presented with salt solutions containing $0-4g/100g$ of salt for saltiness training. Potato puffs cooked in oxidized oil were used for oxidized odor and flavor training. Panelists rated attributes on a 15 cm line scale with anchors at 0, 7.5, and 15 cm with 0 cm representing no oxidized flavor, odor, or salty taste. A score of 15 cm indicated that the sample was extremely intense for each of the characteristics.

A total of 15 sensory evaluation sessions were conducted over the course of 10 days with 210 each session having 6 samples evaluated by 6 trained panelists. No more than two sessions occurred per day and concurrent sessions were held at least 1 hour apart. Samples were allocated to sessions such that all three storage time points for a specific batch were represented in each session, but each salt treatment was not necessarily represented. Sessions were organized such that each salt treatment group was directly compared with each of the other salt varieties during at least one session. This allowed for the control of variation in sensory parameters due to a random session effect.

217 Sensory patties were thawed 12-16 hours at 4° C prior to evaluation. Two patties, representing each experimental unit and time point, were wrapped in aluminum foil and cooked 219 at 191°C for 14 minutes in a convection oven (South Bend Convection Oven, Model V-15, South Bend, IN, USA). Immediately after cooking, patties were cut into 2.54 cm by 2.54 cm portions and placed in small plastic cups with lids, identified with randomized single digit codes, and presented to panelists in numerical order.

224 Because salt treatments were applied independently to each batch, batch $(n = 6)$ served as the experimental unit for all statistical analyses (Hęś et al., 2012; Bess et al., 2013; Comi et al., 226 2015). Least square means were calculated for moisture and extractible lipid percentage using 227 the Mixed procedure of SAS (SAS Inst. Inc., Cary, NC). Salt treatment was the fixed effect and means were separated using the PDIFF option. Statistical analyses for salt-soluble protein extractability, objective and subjective color evaluation, break strength, and TBARS, were conducted using the MIXED procedure of SAS (SAS Inst. Inc., Cary, NC) as repeated measures. Fixed effects were salt treatment, storage time, and the interaction of salt treatment and storage time. Storage time was included in the repeated statement. An autoregressive covariance matrix was selected for each dependent variable based on Akaike's information criteria to minimize variance. Single degree of freedom contrast statements were used to determine differences between pooled salt treatments and the control for each storage time. Least square means for main effects of salt treatment and storage time were separated using PDIFF option of the MIXED procedure of SAS. Replication was included in the models as a random variable for all analyses and panel were used as random variables for analysis of sensory data to account for variation in panelists between sessions.

3. Results

3.1 Analysis of Salts

242 Salt A had the lowest concentration of measured impurities followed by Salt C (Table 1). This was expected as Salt A was a salt typical for use in food manufacturing. Salts B and D had 244 the greatest amount of total impurities due in large part to the greater concentrations of iron (43.9) 245 and 129.4 mg/kg, respectively) compared with Salts A and C (Table 1). Overall, Salt D

246 contained the most impurities as it had the greatest concentration of iron and manganese and

247 proportions of copper, magnesium, and calcium similar to the other 3 salt treatments. Salt A also

248 had the greatest proportion of pooled Na⁺ and Cl⁻ ions (99.41%) followed by Salt B (99.06%),

249 Salt D (97.14%) and Salt C (95.32%).

250 *3.2 Break strength, & Salt-soluble proteins*

251 Patties that did not contain salt (control) had lesser break strength values than all salt treatments

252 $(P < 0.0001)$. There was no interaction of treatment and storage time for break strength ($P =$

253 0.66) and there were no differences among the salt treatments $(P = 0.53; Fig 1)$. Break strength

254 increased the longer the patties were stored $(P < 0.0001)$ with break strength, on average,

255 increasing $(P < 0.0001)$ 7.05 N from d 1 to d 11 of storage.

256 All salt treatments had greater amounts of extracted salt-soluble proteins than the no-salt 257 buffer control $(P < 0.001$; Fig 2). Among salt treatments, there was no interaction of 258 concentration and salt treatment $(P = 0.77)$. Salt A and salt B extracted a greater amount of salt-259 soluble proteins than either salts C or D ($P \le 0.03$) overall but, were not different from one 260 another ($P = 0.14$). Extracted salt-soluble protein from salts C and D were not different ($P =$ 261 0.90). When salt concentration was increased from 0.09 mol/L to 0.26 mol/L extracted salt-262 soluble protein increased by 2.42 $g/100 g (P < 0.01)$ regardless of salt treatment. However, as 263 salt concentration was increased to greater than 0.26 mol/L, extracted salt-soluble proteins did 264 not increase $(P \ge 0.19)$.

265 *3.3 TBARS*

266 All salt treatments had greater concentrations of TBARS than the control at each storage 267 time (*P* < 0.0001). Among salt treatments there was an interaction of salt treatment and storage 268 time ($P < 0.01$) for TBARS as values of Salt B did not increase at the same rate as the other 3 269 treatments. Patties treated with Salt B, at each storage time, had less (*P* < 0.01) TBARS than 270 patties treated with Salt C or D. TBARS were lesser in Salt B compared with C and D after d 1 271 (*P* < 0.01) and d 11 of fresh storage (*P* < 0.01). At d 1 and 6 of storage, TBARS of Salts A and B 272 were similar ($P \ge 0.07$) though at d 11. Salt B had less TBARS than salt A ($P = 0.04$). At 1 and 273 11 d of storage, Salts C or D did not differ from Salt A ($P \ge 0.14$), while at d 6, Salt A TBARS 274 were lesser $(P \le 0.0001)$ compared with Salt C and D.

275 *3.4 Color evaluation*

276 Salt inclusion decreased *L** (lightness), *a** (reddness), *b** (yellowness), and hue angle 277 values ($P \le 0.04$) compared with the control (Table 2). There were no significant differences in 278 *L^{*}*, a^* , or b^* among salt treatments ($P > 0.12$). There was an effect of storage time on L^* , a^* , 279 and b^* values among salt treatments ($P < 0.02$). L^* values were unchanged from days 1 to 6 ($P =$ 280 0.49) but increased from days 6 to 11 for all salt-included treatments (*P* < 0.0001). Among salt 281 treatments, patties decreased in redness from day 1 to 6 and from day 6 to 11 by 1.45 and 4.47 282 units, respectively $(P < 0.0001)$. There was no difference in yellowness of salt treatments 283 between 1 and 6 days of storage $(P = 0.37)$ however, day 11 samples were more yellow than 284 samples stored for 6 days ($P < 0.01$), but there was no difference ($P = 0.29$) between patties 285 stored 1 or 11 days. Among salt treatments, there was no significant interaction between salt 286 treatment and duration of storage for L^* , b^* , or hue angle values ($P \ge 0.08$) however there was 287 an interaction of treatment and storage time on redness $(P = 0.02)$ This was attributed to the fact

that the *a** values for the salt B treatments after 1 and 6 days were not significantly different (*P* 289 $= 0.40$) but all other treatments were less red at day 6 than at day 1 ($P \le 0.01$).

Browning discoloration was used as a metric for evaluating the development of metymyoglobin on the surface of the patties. Color is the primary metric by which consumers decide the quality of meat products (Tikk et al., 2008). The simulated retail storage of the patties in the present study was terminated when the mean discoloration exceeded a score 5 (50% discoloration). As expected, discoloration increased over time as all treatments were more discolored with each successive duration of storage time (*P* < 0.0001). Overall, the inclusion of 296 salt increased the development of discoloration $(P < 0.0001)$. Among salt treatments, there was 297 an interaction ($P < 0.0001$) of treatment and storage time as there were no differences after 1 or 6 298 days of storage ($P \ge 0.40$), but at d 11 Salt A was more discolored ($P = 0.01$) than Salt C, Salt C 299 was more discolored than Salt D ($P < 0.01$), and Salt D was more discolored than Salt B ($P =$ 0.02, Fig. 5).

3.5 Sensory evaluation

At d 1 oxidized odor and flavor evaluations were low (Oxidized odor < 4.1; Oxidized flavor < 4.5) and would not be considered oxidized by the calibration used for this panel. There were no differences between the control and salt treatments after 1 or 6 days of storage (*P* ≥ 0.34) for oxidized flavor, however control patties had less oxidized flavor after 11 days of storage (*P* < 0.0001) compared with the pooled salt treatments. There was no interaction of of 307 storage time and salt treatment $(P = 0.86)$ and there were no differences in oxidized flavor 308 among salt treatments ($P = 0.54$) of storage (Fig 6a). All treatments increased in oxidized flavor

309 over time ($P < 0.0001$). Oxidized flavor did not increase ($P = 0.41$) between d 1 and d 6 but did 310 increase from d 6 to d 11 (*P* < 0.0001).

311 Panelists were unable to detect any differences in oxidized odor between the control and 312 the salt treatments ($P \ge 0.29$) after 1 or 6 d of storage (Fig 6b). After 11 days of fresh storage 313 control patties had a less oxidized odor than salt treatments (*P* < 0.0001). There was no 314 interaction of salt treatment and storage time $(P = 0.98)$ among salt treatments. Furthermore, 315 there were no differences in oxidized odor among the salt treatments $(P = 0.94)$ after 1, 6, or 11 d 316 of storage. There was no difference in oxidized odor between days 1 and 6 of storage among salt 317 treatments ($P = 0.36$) but, oxidized odor increased between day 6 and 11 ($P < 0.0001$).

318 Perceived saltiness was increased by the inclusion of salt in the ground pork patties (*P* < 319 0.0001) compared with the control regardless of storage day (Fig 6c). There was no interaction 320 of salt treatment and storage time $(P = 0.89)$. There were no differences in the panelists 321 evaluations for saltiness among salt treatments ($P = 0.47$). Among salt treatments, panelists 322 found no difference in saltiness between patties stored 1 day or 6 days ($P = 0.14$) or between day 323 6 and 11 ($P = 0.11$), and found that patties stored for 11 days were saltier than those stored for 1 324 day $(P < 0.01)$.

325 4. **Discussion**

The role of salt as a proxidant was confirmed in the present experiment, in agreement with previous reports (Kanner et al., 1991; Devatkal and Naveena, 2010; Bess et al., 2013). The role of transition metals such as iron and copper as prooxidants has also been documented (Ladikos & Lougovois, 1990; St. Angelo et al., 1996). Bess et al. (2013) investigated the characteristics of a variety of commercial salts of varying purity, but were unable to detect

differences in lipid oxidation despite the differences in concentrations of known prooxidants. The objective of the present experiment was to investigate the effects of salts that contained impurity levels beyond the concentrations used in previous studies, but would still be representative of unrefined salts on the market.

Salts A and B were able to extract more salt soluble proteins than either Salt C or D, but the greater extraction of myofibrillar proteins did not result in differences in break strength which indicates that regardless of salt purity, there was sufficient concentrations of chloride ions to aid extraction and binding of myofibrillar protein. As patties were stored longer, break strength increased, similar to Hand et al. (1992), that reported the cohesiveness, a measure of binding between meat particles, of coarse-ground sausage patties increased as preblended batters were held for longer periods of time.

Salih et al. (1989) reported there was no difference in lipid oxidation between pure salt 343 and rock salt in ground turkey breast, despite the fact that the rock salt contained 37 mg/kg more iron than the pure salt. The salts used in this study represented a wider spectrum of iron than used in previous work, with Salt B having 43.9 mg/kg and Salt D having 129.4 mg/kg of iron, 346 compared to with $\langle 0.1 \text{ mg/kg} \rangle$ in either Salt A or Salt C. With such a wide spectrum of impurity levels, particularly in repsect to iron, it was expected that Salts A and C would be least susceptible to lipid oxidation and Salts B and D, which contained the greatest levels of iron, would have had the most lipid oxidation products. However, Salts A, C, and D did not differ in TBARS after d 1 or d 11 of fresh storage and most surprisingly, Salt B had consistently lesser TBARS than Salt C throughout the duration of the study. The differences in TBARS may be the result of prooxidants that were not quantified in the salts. Despite the differences in lipid oxidation, panelists were unable to detect differences in oxidized flavor or odor among the salt

During fresh storage the patties treated with salt increased in lightness and browning discoloration while decreasing in redness, in agreement with previous studies (Devatkal and Naveena, 2010) but did not differ in hue angle. There was no effect of salt treatment on *L**, *a**, or *b****,** however there was an interaction of salt treatment and storage time for *a** values, with Salt B being more red than Salts C and D after 11 days of storage while having lesser TBARS than Salts C or D. Similarly, Salt A had less TBARS at 11 days than Salts C and D. Browning discoloration also followed a pattern similar to the results for TBARS at d 11 with Salt B being the least discolored of the treatments.

The majority of salts evaluated in this study would not be used in the commercial meat processing industry as they would be considered novel or gourmet in nature, and likely cost prohibitive. Even so, the results of this study show that although there were differences among the salt treatments in terms of lipid oxidation and color, those differences did not result in differnces in sensory characteristics. Previous studies have shown that elevated levels of impurities beyond what would be found in most commercial salts increase lipid oxidation rates. The levels of prooxidant impurities in unrefined salts used in this experiment did not differ enough to result in differences in lipid oxidation that would be detectable to the consumer and would likely be even less importance in formulations including antioxidants. In conclusion, the impurity levels in salts used in meat products should be of minimal concern to processors when formulating products.

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Table 1. Characteristics of each salt variety and proximate composition of batches prior to salt inclusion

^{ab}Means within a row lacking a common superscript differ ($P < 0.05$)

¹Data are LSmeans and reported SEM is the maximum SEM among treatments

²Proximate composition of ground pork batches

^{abc}LS means within row under main effects lacking a common superscript are different ($P < 0.05$).

¹Data are presented as least square means and reported SEM is the maxium SEM among treatments.

²P-value of single degree of freedom contrast comparing LS mean of No Salt (control) with LS mean of pooled salt treatments.

 ${}^3L^*$ = Lightness, a^* = redness, b^* = yellowness, hue angle = tan⁻¹(b^*/a^*) x 57.296, chroma = $\sqrt{(a^*^2 \times b^*^2)}$

⁴Units were assigned by trained panelists using a 15 cm anchored, unstructured line scale where $0 = no$ oxidized flavor, oxidized odor, or salt flavor and 15 $=$ extreme oxidized flavor, oxidized odor, or saltiness

Figures

Figure 1. Effects of salt treatment and salt concentration on salt soluble protein extraction of fresh ground pork. Salt treatments within concentration not sharing a common superscript differ (*P* < 0.05). Inset displays *P*-values of single degree of freedom contrast comparing no salt with pooled salt treatments, fixed effects of salt treatment, salt concentration, and salt*concentration interaction.

Figure 2. Effects of salt variety and storage time on lipid oxidation (TBARS) of fresh, ground pork patties stored for 1, 6, or 11 days. Salt treatments within storage time not sharing a common superscript differ (*P* < 0.05). Inset displays *P*-value of single degree of freedom contrast comparing no salt with the pooled salt treatments, fixed effects of salt treatment, storage time, and salt*storage time interaction.

Figure 3. Effects of salt variety and storage time on brown discoloration of fresh, ground pork patties stored for 1, 6, or 11 days. Salt treatments within storage time not sharing a common superscript differ (*P* < 0.05). Inset displays *P*-value of single degree of freedom contrast comparing no salt with pooled salt treatments, fixed effects of salt treatment, storage time, and salt*storage time interaction.