

1 **Cannabinoid receptor types 1 and 2 and perioxosome proliferator-**
2 **activated receptor- α : distribution in the skin of clinically healthy**
3 **cats and cats with hypersensitivity dermatitis.**

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1 Abstract

2

3 **Background** - Cannabinoid receptors and PPAR- α are gaining recognition
4 as a promising therapeutic target for the treatment of skin disorders.

5

6 **Hypothesis/Objectives** – The aim of this study was to investigate the
7 distribution of cannabinoid type 1 and 2 receptors (CBR1 and CBR2) and
8 peroxisome proliferator-activated receptor alpha (PPAR- α) in feline skin
9 and verify whether changes occur in the course of hypersensitivity
10 dermatitis.

11

12 **Animals** – Twelve privately owned cats were included in the study. Skin
13 samples were obtained from five dermatologically healthy cats and seven
14 cats clinically diagnosed with hypersensitivity dermatitis.

15

16 **Methods** – Hematoxylin and eosin stained skin sections were investigated
17 for histopathological changes. Indirect immunofluorescence for CBR1,
18 CBR2 and PPAR- α was performed on paraffin-embedded sections, and
19 antibody specificity tested by Western blot analysis.

20

21 **Results** – Skin samples from cats with hypersensitivity dermatitis were all
22 histopathologically diagnosed with eosinophilic dermatitis. CB receptors
23 and PPAR- α were distributed throughout the skin in both healthy and
24 allergic cats. In normal feline skin, these receptors were mainly
25 distributed in the epithelial compartment. Receptor expression increased
26 in hypersensitivity compared to healthy skin, with the main distribution
27 changes being in suprabasal CBR1, dermal CBR2 immunolocalization and
28 the marked expression of PPAR- α in hyperplastic epidermis and
29 perivascular infiltrate.

30

31 **Conclusions and clinical importance** –Increased expression of the
32 investigated receptors in the skin of cats with hypersensitivity dermatitis
33 suggests an endogenous protective strategy and paves the way for the
34 use of natural cannabinoid receptor or PPAR- α agonists as a valuable
35 approach to feline hypersensitivity dermatitis.

36 Introduction

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38 Feline hypersensitivity dermatitis (HD) is often encountered in veterinary
39 clinical practice, and results from cutaneous allergic reactions to
40 environmental, food and/or flea allergens^{1,2}. Excluding flea-bite and food-
41 induced HD on the basis of clinical assessment, along with testing for
42 parasiticides and food provocation, non-flea, non food-induced
43 hypersensitive cats are likely to be allergic to environmental allergens^{1,2}.
44 Although sometimes referred to as feline atopic dermatitis³, this latter
45 condition does not always present increased serum levels of IgE⁴.
46 Similarity with either human and canine counterparts is controversial, and
47 feline HD is thus the preferred terminology¹. Feline HD usually manifests
48 with one or more of the following cutaneous reaction patterns: head and
49 neck pruritus with excoriations, self-induced alopecia, miliary dermatitis,
50 and/or eosinophilic lesions (including eosinophilic plaques, eosinophilic
51 granulomas, and indolent ulcers)². These conditions are currently treated
52 by allergen-specific immunotherapy, antihistamines, essential fatty acids,
53 glucocorticoids and cyclosporine⁵. Some cats with non-flea, and/or non-
54 food-induced hypersensitivity dermatitis also benefited from oclacitinib
55 treatment⁵.

56 Alternative non-pharmacological approaches have also been tested and
57 proposed. For example, a micronized formulation of
58 palmitoylethanolamide (PEA)⁶ improved signs (pruritus, erythema and
59 alopecia) and skin lesions, while concurrently decreasing skin mast cell
60 degranulation in cats with eosinophilic lesions⁷. PEA is an endogenous
61 fatty acid amide and an endocannabinoid-related compound, as it shares
62 both synthetic and degradative pathways with prototypic
63 endocannabinoids⁸. Notably, PEA indirectly interacts with the so called
64 cannabinoid receptors type 1 and 2 (CB1, CB2) and has anti-
65 inflammatory properties mediated by peroxisome proliferator-activated
66 receptor-alpha (PPAR- α)^{8,9}. Both CB1 and CB2 have been described in
67 human keratinocytes¹⁰, and several other human skin cell types¹¹. CB1
68 and CB2 are also over-expressed in the skin of dogs affected with atopic
69 dermatitis¹². Implications for skin protective action of cannabinoid
70 receptor agonists have been repeatedly suggested^{11,13-18} and CB receptors
71 are considered to play a crucial role in epidermal differentiation and
72 recovery of the epidermal permeability barrier¹⁹. Currently, several lines
73 of evidence suggest that agonism at CB and CB-related receptors may
74 represent a novel treatment approach to common inflammatory /allergic
75 skin diseases^{20,21}.

76 To the best of our knowledge, no information is available on CB receptors
77 and PPAR- α in feline skin. Here we investigated the distribution of CB1,
78 CB2 and PPAR- α in the skin of dermatologically healthy cats and verified
79 whether changes occur during feline HD.

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83 Methods

84 Animals and samples: Twelve animals were included in the study. Five
85 were dermatologically healthy and were referred for necropsy at the local
86 veterinary hospital. Normal skin samples were obtained from them,
87 specifically from areas reported as common sites of HD lesions¹: 1) *regio*
88 *auricularis*; 2) *regio nasalis*; 3) *regio maxillaris*; 4) *regio colli ventralis*; 5)
89 *regio umbilicalis*; 6) *regio sacralis*; 7) *regio femoris*, (Figure 1)The
90 remaining 7 cats were diagnosed with HD (according to accepted
91 criteria^{1,2}) and skin biopsies collected for histopathological confirmation of
92 the clinical diagnosis. Anamnesis and clinical data are given in Table 1. This
93 research was carried out according to international regulation governing
94 the use of animals for scientific purposes (Directive 2010/63/EU).
95 Institutional ethical committee approval was not required because skin
96 samples were obtained either from necropsies or from animals referred for
97 diagnostic purposes. Written informed consent was obtained from owners
98 for including their cats in the study.

99 Histological analyses: Tissue biopsies were promptly immersed in 10%
100 buffered formalin solution (pH 7.4) for 24 h and then processed for
101 routine paraffin embedding. Five- μ m thick sections were prepared for
102 morphological evaluation (hematoxylin and eosin staining) and
103 investigated for the following parameters: hyperplasia (0-absent, 1-
104 present), ulcer (0-absent, 1-present), type of infiltrate (eosinophils, mast
105 cells, lymphocytes, plasma cells and histiocytes, in order of prevalence).
106 When present, mast cell infiltrate was scored as mild, moderate or severe
107 on the basis of toluidine blue staining. Finally, a morphological diagnosis
108 was provided.

109 Immunofluorescence: Indirect immunofluorescence was performed on
110 paraffin-embedded sections. The following primary antibodies were used:
111 rabbit polyclonal anti-CBR1 (1:100, rabbit polyclonal anti-CBR1, ab23703,
112 Abcam, Cambridge, UK.), rabbit polyclonal anti-CBR2 (1:100, rabbit
113 polyclonal anti-CBR2, ab45942, Abcam, Cambridge, UK) and rabbit
114 polyclonal anti-PPAR- α (1:100, rabbit polyclonal anti-PPAR- α , NBP1-
115 03288, Novus Biologicals, Littleton, USA). Epitope retrieval was carried
116 out at 120°C in a pressure cooker for 5 min with a Tris/EDTA buffer, pH
117 9.0. Non-specific sites were blocked by incubation with 5% normal goat
118 serum (s-1000, Vector Laboratories, Burlingame, USA) and 0.05% Triton-
119 X in 0.1 M PBS, 45 min. After overnight incubation at 4°C with the
120 appropriate primary antibody, sections were rinsed in 0.1 M PBS, (3 x 10
121 min), followed by incubation with a fluorescein-conjugated goat anti-rabbit
122 IgG (goat anti-rabbit IgG, FI-1000, Vector Laboratories, Burlingame,
123 USA), 10 μ g/mL for 1 h at room temperature. Sections were again rinsed
124 in 0.1 M PBS, (3 x 10 min) and mounted with mounting medium
125 containing DAPI (H-1500, Vector Laboratories, Burlingame, USA).
126 Photomicrographs were obtained using a Nikon Eclipse 80i microscope
127 equipped with Nis Elements Br Microscope Imaging Software (Nikon
128 Instruments, Calenzano, Italy). The fluorescence signal was abolished
129 when primary antibody was either omitted or substituted with an

130 unrelated one. As positive controls, archival paraffin-embedded samples of
131 feline hippocampus (CBR1 antibody), lymph node (CBR2 antibody) and
132 human skin (PPAR- α) were used^{12,22}.

133 Western Blot: Specificity of the antibodies used was tested by Western
134 blot analysis. Briefly, 30 μ g of protein extracts stored from a previous
135 study²³ were resolved by 12% SDS-PAGE gels and transferred onto
136 nitrocellulose membranes (0.2 μ m) using a voltage of 25V for 7 min by a
137 commercial transfer apparatus (Trans-Blot®Turbo™ Transfer System,
138 Bio-Rad, Milano, Italy). After electrophoresis, the membranes were
139 blocked and then incubated with appropriately diluted primary antibodies.
140 HRP-conjugated goat anti-rabbit (1:10000, HRP-goat anti-rabbit antibody
141 ADI-SAB-300J, Enzo life science, Farmingdale, USA) was used as
142 secondary antibody. The chemiluminescent images were acquired by a gel
143 documentation system (LAS 4010, GE Health Care, Milano, Italy).

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145

146 **Results**

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148 **Histopathology**

149 Normal skin samples did not show inflammatory infiltrates or other
150 pathological changes. All HD skin samples were provided with a
151 histopathological diagnosis of eosinophilic dermatitis, most (6/7)
152 presenting focal or multifocal ulcers. Epidermal hyperplasia was a constant
153 morphological alteration in all cases except one that showed diffuse
154 ulcerative changes. Mast cells and eosinophils were present as part of the
155 mixed inflammatory infiltrate in all cases. Details on type of infiltrate and
156 scoring of mast cells are reported in table 2.

157 **Immunofluorescence**

158 Skin of healthy cats - CBR1 showed keratinocyte cytoplasmic
159 immunoreactivity throughout the epidermal layers and hair follicle
160 sheaths, in all areas examined. Differentiated sebocytes and hair bulb
161 matrical cells showed CBR1 membrane staining (Figure 2a, 2b). CBR2
162 localization paralleled CBR1 (Figure 2c, 2d) and was also present in the
163 cytoplasm of apocrine glands. PPAR- α was expressed in the cytoplasm of
164 basal keratinocytes of epidermis, outer epithelial root sheath and isolated
165 dermal papillae (Figure 2e, 2f).

166 Skin of cats with HD - CBR1 showed a cytoplasmic epidermal
167 immunoreactivity, preferentially located in the superficial layers of the
168 hyperplastic epidermis. This staining was markedly increased next to
169 ulcerative lesions. No changes in spatial distribution were observed in
170 adnexa compared to normal skin; the inflammatory infiltrate did not
171 express CBR1 (Figure 3a, 3b).

172 CBR2 immunoreactivity was cytoplasmic in the hyperplastic epidermis and
173 preferentially localized to the upper epidermis. A membrane staining
174 pattern was evident in areas adjacent to ulcerative lesions. The
175 subepidermal inflammatory infiltrate showed immunoreactivity in cells
176 morphologically resembling mast cells; endotheliocytes were also
177 immunopositive for CBR2 (Figure 3c,3d).

178 PPAR- α was multifocally expressed in the hyperplastic epidermis as
179 cytoplasmic immunoreactivity, preferentially located in the upper
180 keratinocyte layer. Alternating waves of cytoplasmic positivity were also
181 seen throughout the entire thickness of the hyperplastic epidermis. In
182 areas adjacent to ulcerative lesions a strong cytoplasmic immunoreactivity
183 of keratinocytes was detected (Figure 3e, 3f). The subepidermal dermis
184 showed immunoreactivity in endothelial cells and perivascular
185 inflammatory infiltrate: immunoreactivity was seen in cells
186 morphologically resembling mast cells, macrophages and fibroblasts.

187 **Positive controls and Western blot**

188 CBR1 immunostaining was found in the fibers of feline hippocampus
189 (Figure 4a) with two immunoreactive bands at 66 and 81 kDa on Western
190 blot analysis (Figure 4d). CBR2 stained the germinal center of feline
191 secondary lymphatic nodules (Figure 4b) and showed two immunoreactive
192 bands at 30 and 56 kDa (Figure 4d). PPAR- α immunostaining was

193 observed in basal keratinocytes of human epidermis (Figure 4c) with a
194 single immunoreactive band at 30 kDa (Figure 4d).
195
196

197 **Discussion**

198 To the best of our knowledge, this is the first study detailing the
199 expression of CBR1, CBR2 and PPAR- α in the skin of healthy and allergic
200 cats. The histopathological alterations observed in HD cats corresponded
201 to the reaction patterns classically described in literature^{1,2,24}. In fact,
202 irrespective of cause, the infiltrate was predominantly composed of
203 eosinophils, mast cells, histiocytes, lymphocytes and plasma cells
204 associated with epidermal hyperplastic changes and ulcers²⁴.

205 Our study shows CB receptors and PPAR- α to be distributed throughout
206 the skin of both normal and HD cats. Our data paralleled those reported
207 for cannabinoid receptors in normal canine and human skin^{11,12} and for
208 human skin in the case of PPAR- α immunolocalization²².

209 Skin of healthy cats - In normal feline skin, the investigated receptors
210 were preferentially distributed in the epithelial compartment, with only
211 PPAR- α showing occasional non-epithelial immunolocalization (i.e. dermal
212 papilla).

213 The preferential pan-epithelial distribution of CBR1 and CBR2 was
214 previously documented in dog embryos²⁵ and canine skin¹², while in
215 human skin immunolocalization was reported to be layered, i.e., CBR1
216 mostly in the upper layers (spinous and granular) and CBR2 in basal
217 keratinocytes¹¹. Differences in epidermal thickness between humans and
218 pets (6-7 vs 2-3 nucleated cell layers, respectively) might explain this
219 discrepancy. Moreover, data obtained in human skin are somewhat
220 controversial, as CBR1 and CBR2 were described by other authors to be
221 equally distributed in suprabasal layers of epidermis in normal and
222 neoplastic skin²⁶. CBR1 and CBR2 expression in normal skin of cats was
223 not unexpected, since it is well known that endocannabinoids act through
224 these receptors to maintain skin proper function in other species¹⁸.

225 PPAR- α plays an increasingly recognized role in skin homeostasis^{20,21}, yet
226 to the best of our knowledge there is just one study showing the
227 cutaneous distribution of this receptor²². The latter study was performed
228 in normal human skin and showed a clear cytoplasmic pattern in the basal
229 layer of the epidermis²², consistent with our findings. Ligand-dependent
230 nucleo-cytoplasmic shuttling²⁷ might explain the cytoplasmic staining
231 pattern of a nuclear receptor like PPAR- α is. Interestingly, isolated dermal
232 papillae were immunoreactive for PPAR- α . Conceivably, this could relate to
233 hair follicle cycling. Based on morphological parameters, the vast majority
234 of hair follicles were in the late anagen – early catagen phase²⁸. In order
235 to determine if PPAR- α immunoreactivity is linked to a particular hair
236 cycling stage, however, a comparison of serial sections stained by
237 hematoxylin-eosin and immunohistochemistry is needed.

238 Skin of cats with HD – Irrespective of cause, we observed a mixed
239 inflammatory infiltrate, epidermal hyperplasia and ulcerative lesions, as
240 reported by others in feline HD²⁴.

241 Spatial distribution of the investigated receptors changed in the skin of
242 cats with HD compared to normal skin: CBR1 was still confined in
243 epidermis but its distribution, although cytoplasmic, was generally
244 suprabasal and more evident in areas surrounding ulcers. CBR2

245 immunoreactivity paralleled that of CBR1 in the hyperplastic epidermis,
246 and showed a membrane expression in areas surrounding ulcers;
247 moreover, CBR2 was present in endothelium and infiltrating cells in the
248 dermis. The pattern observed might thus correspond to an upregulation of
249 both CBR1 and CBR2.

250 The endocannabinoid system is involved in attenuation of skin allergic
251 response: in mice with experimentally-induced skin allergy, genetic
252 ablation of CBR1 and CBR2 resulted in a more severe dermatitis²⁹ and
253 higher skin levels of PEA compared with wild-type counterparts³⁰.
254 Furthermore, CBR1 inhibited epidermal keratinocyte growth¹⁷ and
255 different CBR2 agonists were reduced skin inflammation in several
256 experimental models of allergy^{15,31,32}. As such, the increased CBR1 and
257 CBR2 expression in feline HD skin, as well as CBR2 immunoreactivity of
258 dermal resident and infiltrating cells might be regarded as a skin response
259 to inflammation, aimed at restoring homeostasis. A delicate balance
260 between CBR1 and CBR2 signaling is essential for skin health, with CBR1
261 being involved in increasing inflammation while CBR2 overactivation in a
262 decreased immune response, as recently reported¹⁸. Why CBR1 should be
263 over-expressed in the hyperplastic epidermis and not found in the dermal
264 infiltrate, while CBR2 is over-expressed in both skin compartments is
265 unclear, but might reflect different pathways regulating inflammation.
266 The present study documents, for the first time, distribution of PPAR- α in
267 the skin of HD cats. Immunostaining was markedly increased compared to
268 healthy skin, with a "wave" of PPAR- α expression in hyperplastic
269 epidermis. Particularly high expression was seen next to ulcerative
270 lesions, dermal blood vessels and perivascular infiltrate (mast cells and
271 dermal endotheliocytes/fibroblasts). This finding is in line with previous
272 data showing over-expression of PPAR- α in epidermal keratinocytes under
273 allergic conditions³⁰. Interestingly, recent findings increasingly point to
274 activation of PPAR- α playing an essential role in the inhibition of skin
275 inflammation in the course of dermatitis. In fact, PPAR- α agonists inhibit
276 inflammatory infiltrates in a murine model of atopic dermatitis³³ and
277 improve clinical signs³⁴. During wound healing, PPAR- α is mainly involved
278 in the early inflammatory phase, mediating rapid re-epithelialization³⁵. The
279 above effects are consistent with the dual role of PPAR- α in skin, acting to
280 restore the epidermal barrier and provide anti-inflammatory activity²⁰. Our
281 results suggest that the observed increased PPAR- α expression
282 corresponds to an improved availability of the target to perform its
283 protective action.

284 PEA, an endocannabinoid congener, exhibits increased skin levels in
285 experimentally-induced and naturally-occurring hypersensitive
286 dermatitis^{30,36}. PEA can act via a so-called "entourage effect" by indirectly
287 operating through cannabinoid receptors and as an endogenous agonist
288 for PPAR- α ⁸. The increased expression of CB receptors and PPAR- α
289 detected in the skin of HD cats might thus be part of a broader protective
290 strategy involving their respective ligands and biosynthetic/degradative
291 pathways. Further studies are warranted to address this question.
292 Although performed in a small number of animals our findings, together

293 with data on the benefits of micronized PEA in eosinophilic cats⁷ proposes
294 the endocannabinoid system as a potential therapeutic target for feline
295 HD.

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384

385 Figure Legends

386

387 Figure 1: image showing areas where skin samples were collected: 1)
388 *regio auricularis*; 2) *regio nasalis*; 3) *regio maxillaris*; 4) *regio colli*
389 *ventralis*; 5) *regio umbilicalis*; 6) *regio sacralis*; 7) *regio femoris*.

390

391 Figure 2: Photomicrographs showing CBR1, CBR2 and PPAR- α
392 immunolocalization in normal feline skin. CBR1 was expressed by
393 epidermis (a) and sebaceous glands (b). CBR2 immunolocalized to
394 epidermis, hair follicle walls and sebaceous glands (c) as well as inner
395 epithelial root sheath cells in the hair bulb (d). Basal keratinocytes (e) and
396 hair papilla cells of one of two hair bulbs (f) expressed PPAR- α . Scale bar:
397 50 μ m.

398

399 Figure 3: Photomicrographs showing CBR1, CBR2 and PPAR- α
400 immunolocalization in feline HD skin. CBR1 immunolocalized in the
401 epidermis (a) and markedly increased next to an ulcer (b; asterisk).
402 Epidermis, endothelial (full arrowhead) and subepidermal perivascular
403 cells (empty arrowhead) expressed CBR2 (c), keratinocytes displayed a
404 membrane pattern next to an ulcer (d; asterisk). PPAR- α immunolocalized
405 in basal and upper cells of hyperplastic epidermis (e) as well as in
406 keratinocytes adjacent to ulcer (f; asterisk). Scale bar: 50 μ m.

407

408 Figure 4: Photomicrographs showing CBR1, CBR2 and PPAR- α
409 immunolocalization in samples used as positive control (a, b, c) and
410 Western blot analysis (d). a) CBR1 localizes to fibers of cat hippocampus;
411 b) CBR2 immunostaining of the germinal center of a reactive cat lymph
412 node; c) human epidermal basal keratinocytes show immunoreactivity
413 against PPAR- α antibody; d) immunoreactive bands obtained for the used
414 antibodies on feline protein extracts. Scale bars: 50 μ m.

415

416 Tables

417

418 Table 1: Anamnestic data of the HD cats

	Breed	Age (months)	Sex	Anatomical location	Clinical diagnosis
1	European	72	F	Abdomen, Thigh	NFNFIHD
2	European	12	M	Neck	FBH
3	European	8	M	Neck	NFNFIHD
4	European	9	F	Neck	FIHD
5	European	48	M	Interscapular area	FIHD
6	European	72	F	Abdomen, Lip	NFNFIHD
7	European	48	M	Neck	NFNFIHD

419 NFNFIHD = non-flea non-food-induced hypersensitivity dermatitis; FIHD =
420 food-induced hypersensitivity dermatitis; and FBH = flea bite
421 hypersensitivity.

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423 Table 2: Histological findings in HD cats

	Hyperplasia	Ulcer	Type of infiltrate	Mast cell infiltrate
1	nd	1	M,P,N,L,H,E	severe
2	1	1	E,L,M,H	moderate
3	1	0	E,M,P,L,H	moderate
4	1	1	M,E,N,H	moderate
5	1	1	E,M,H	severe
6	1	1	M,P,E,L,H	severe
7	1	1	M,E,N	moderate

424 0-absent, 1-present, M=Mast cells, P= Plasma cells, N= Neutrophils; L=
425 Lymphocytes; H= Histiocytes; E= Eosinophils

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